Alice Minghetti

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Effects of a cluster-randomized exercise intervention on cardiovascular health in preschoolers. Journal of Child Health Care, 2023, 27, 424-434.	1.4	1
2	Physical Performance, Cardiovascular Health and Psychosocial Wellbeing in Older Adults Compared to Oldest-Old Residential Seniors. International Journal of Environmental Research and Public Health, 2022, 19, 1451.	2.6	3
3	Beneficial effects of an intergenerational exercise intervention on health-related physical and psychosocial outcomes in Swiss preschool children and residential seniors: a clinical trial. PeerJ, 2021, 9, e11292.	2.0	8
4	Is improved fitness following a 12-week exercise program associated with decreased symptom severity, better wellbeing, and fewer sleep complaints in patients with major depressive disorders? A secondary analysis of a randomized controlled trial. Journal of Psychiatric Research, 2019, 113, 58-64.	3.1	23
5	Sprint Interval Training and Continuous Aerobic Exercise Training Have Similar Effects on Exercise Motivation and Affective Responses to Exercise in Patients With Major Depressive Disorders: A Randomized Controlled Trial. Frontiers in Psychiatry, 2018, 9, 694.	2.6	26
6	Effects of different endurance exercise modalities on retinal vessel diameters in unipolar depression. Microvascular Research, 2018, 120, 111-116.	2.5	14
7	Effects of Endurance Exercise Modalities on Arterial Stiffness in Patients Suffering from Unipolar Depression: A Randomized Controlled Trial. Frontiers in Psychiatry, 2018, 8, 311.	2.6	20
8	Moderating Effects of Exercise Duration and Intensity in Neuromuscular vs. Endurance Exercise Interventions for the Treatment of Depression: A Meta-Analytical Review. Frontiers in Psychiatry, 2018, 9, 305.	2.6	51
9	Sprint interval training (SIT) substantially reduces depressive symptoms in major depressive disorder (MDD): A randomized controlled trial. Psychiatry Research, 2018, 265, 292-297.	3.3	33
10	Superior Effects of High-Intensity Interval Training vs. Moderate Continuous Training on Arterial Stiffness in Episodic Migraine: A Randomized Controlled Trial. Frontiers in Physiology, 2017, 8, 1086.	2.8	28