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List of Publications by Year in descending order

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1162889 1281743 12 734 8 11 citations g-index h-index papers 12 12 12 692 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Beneficial effects of a Paleolithic diet on cardiovascular risk factors in type 2 diabetes: a randomized cross-over pilot study. Cardiovascular Diabetology, 2009, 8, 35.	2.7	208
2	Efficacy and safety of low and very low carbohydrate diets for type 2 diabetes remission: systematic review and meta-analysis of published and unpublished randomized trial data. BMJ, The, 2021, 372, m4743.	3.0	186
3	Subjective satiety and other experiences of a Paleolithic diet compared to a diabetes diet in patients with type 2 diabetes. Nutrition Journal, 2013, 12, 105.	1.5	96
4	Palaeolithic diet decreases fasting plasma leptin concentrations more than a diabetes diet in patients with type 2 diabetes: a randomised cross-over trial. Cardiovascular Diabetology, 2016, 15, 80.	2.7	71
5	A paleolithic diet is more satiating per calorie than a mediterranean-like diet in individuals with ischemic heart disease. Nutrition and Metabolism, 2010, 7, 85.	1.3	62
6	A Paleolithic diet confers higher insulin sensitivity, lower C-reactive protein and lower blood pressure than a cereal-based diet in domestic pigs. Nutrition and Metabolism, 2006, 3, 39.	1.3	45
7	Agrarian diet and diseases of affluence – Do evolutionary novel dietary lectins cause leptin resistance?. BMC Endocrine Disorders, 2005, 5, 10.	0.9	35
8	Probiotic fruit beverages with different polyphenol profiles attenuated early insulin response. Nutrition Journal, 2018, 17, 34.	1.5	16
9	Digested wheat gluten inhibits binding between leptin and its receptor. BMC Biochemistry, 2015, 16, 3.	4.4	8
10	Assessing compliance with Paleolithic diet by calculating Paleolithic Diet Fraction as the fraction of intake from Paleolithic food groups. Clinical Nutrition Experimental, 2019, 25, 29-35.	2.0	3
11	C-reactive protein in traditional melanesians on Kitava. BMC Cardiovascular Disorders, 2020, 20, 524.	0.7	3
12	A healthy diet with and without cereal grains and dairy products in patients with type 2 diabetes: study protocol for a random-order cross-over pilot study - Alimentation and Diabetes in Lanzarote -ADILAN. Trials, 2014, 15, 2.	0.7	1