## Alberto HernÃ;ndez-Reyes

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1380923/publications.pdf

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#	Article	IF	CITATIONS
1	Waist Circumference as a Preventive Tool of Atherogenic Dyslipidemia and Obesity-Associated Cardiovascular Risk in Young Adults Males: A Cross-Sectional Pilot Study. Diagnostics, 2020, 10, 1033.	1.3	9
2	Effects of Self-Weighing During Weight Loss Treatment: A 6-Month Randomized Controlled Trial. Frontiers in Psychology, 2020, 11, 397.	1.1	3
3	Effectiveness of PUSH notifications from a mobile app for improving the body composition of overweight or obese women: a protocol of a three-armed randomized controlled trial. BMC Medical Informatics and Decision Making, 2020, 20, 40.	1.5	7
4	Push Notifications From a Mobile App to Improve the Body Composition of Overweight or Obese Women: Randomized Controlled Trial. JMIR MHealth and UHealth, 2020, 8, e13747.	1.8	28
5	Proposal for the User-Centered Design Approach for Health Apps Based on Successful Experiences: Integrative Review. JMIR MHealth and UHealth, 2020, 8, e14376.	1.8	36
6	Effect of an mHealth Intervention Using a Pedometer App With Full In-Person Counseling on Body Composition of Overweight Adults: Randomized Controlled Weight Loss Trial. JMIR MHealth and UHealth, 2020, 8, e16999.	1.8	6
7	Changes in body composition with a hypocaloric diet combined with sedentary, moderate and high-intense physical activity: a randomized controlled trial. BMC Women's Health, 2019, 19, 167.	0.8	27