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List of Publications by Year in descending order

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19
papers

1,389
citations

687363

13
h-index

839539

18
g-index

20
all docs

20
docs citations

20
times ranked

1606
citing authors

#	ARTICLE	IF	CITATIONS
1	Cognitive behavioral therapy for insomnia in patients with mental disorders and comorbid insomnia: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2022, 62, 101597.	8.5	80
2	Insomnia evaluation and treatment during peripartum: a joint position paper from the European Insomnia Network task force "Sleep and Women," the Italian "MarcA" Society and international experts task force for perinatal mental health. <i>Archives of Women's Mental Health</i> , 2022, 25, 561-575.	2.6	6
3	Insomnia disorder: State of the science and challenges for the future. <i>Journal of Sleep Research</i> , 2022, 31, .	3.2	77
4	Dysfunctional sleep-related cognition and anxiety mediate the relationship between multidimensional perfectionism and insomnia symptoms. <i>Cognitive Processing</i> , 2020, 21, 141-148.	1.4	19
5	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. <i>Journal of Sleep Research</i> , 2020, 29, e12967.	3.2	138
6	Interventions for sleep problems during pregnancy: A systematic review. <i>Sleep Medicine Reviews</i> , 2020, 50, 101234.	8.5	72
7	Insomnia and poor sleep quality during peripartum: a family issue with potential long term consequences on mental health. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2020, , 1-9.	1.5	11
8	The Association between Diurnal Sleep Patterns and Emotions in Infants and Toddlers Attending Nursery. <i>Brain Sciences</i> , 2020, 10, 891.	2.3	5
9	Reply to Zhang et al.: Commentary interventions for sleep problems during pregnancy. <i>Sleep Medicine Reviews</i> , 2020, 51, 101284.	8.5	0
10	The efficacy of cognitive and behavior therapies for insomnia on daytime symptoms: A systematic review and network meta-analysis. <i>Clinical Psychology Review</i> , 2020, 80, 101873.	11.4	62
11	Cognitive behavioural therapy for insomnia does not appear to have a substantial impact on early markers of cardiovascular disease: A preliminary randomized controlled trial. <i>Journal of Sleep Research</i> , 2020, 29, e13102.	3.2	16
12	Considering Sleep, Mood, and Stress in a Family Context: A Preliminary Study. <i>Clocks & Sleep</i> , 2019, 1, 259-272.	2.0	9
13	Can spectral power predict subjective sleep quality in healthy individuals?. <i>Journal of Sleep Research</i> , 2019, 28, e12848.	3.2	26
14	Insomnia as a predictor of mental disorders: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 96-105.	8.5	614
15	The effectiveness of behavioural and cognitive behavioural therapies for insomnia on depressive and fatigue symptoms: A systematic review and network meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 37, 114-129.	8.5	114
16	Reference Data for Polysomnography-Measured and Subjective Sleep in Healthy Adults. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 523-532.	2.6	61
17	Does Perfectionism Increase the Risk for Dropout From Cognitive Behavioral Therapy for Insomnia?. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 487-488.	2.6	15
18	Perfectionism and Polysomnography-Determined Markers of Poor Sleep. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 1319-1326.	2.6	20

#	ARTICLE	IF	CITATIONS
19	Insomnia with objective short sleep duration is associated with longer duration of insomnia in the Freiburg Insomnia Cohort compared to insomnia with normal sleep duration, but not with hypertension. PLoS ONE, 2017, 12, e0180339.	2.5	43