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List of Publications by Year in descending order

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Version: 2024-02-01

19
papers

1,389
citations

687363

13
h-index

839539

18
g-index

20
all docs

20
docs citations

20
times ranked

1606
citing authors

#	ARTICLE	IF	CITATIONS
1	Insomnia as a predictor of mental disorders: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 96-105.	8.5	614
2	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. <i>Journal of Sleep Research</i> , 2020, 29, e12967.	3.2	138
3	The effectiveness of behavioural and cognitive behavioural therapies for insomnia on depressive and fatigue symptoms: A systematic review and network meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 37, 114-129.	8.5	114
4	Cognitive behavioral therapy for insomnia in patients with mental disorders and comorbid insomnia: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2022, 62, 101597.	8.5	80
5	Insomnia disorder: State of the science and challenges for the future. <i>Journal of Sleep Research</i> , 2022, 31, .	3.2	77
6	Interventions for sleep problems during pregnancy: A systematic review. <i>Sleep Medicine Reviews</i> , 2020, 50, 101234.	8.5	72
7	The efficacy of cognitive and behavior therapies for insomnia on daytime symptoms: A systematic review and network meta-analysis. <i>Clinical Psychology Review</i> , 2020, 80, 101873.	11.4	62
8	Reference Data for Polysomnography-Measured and Subjective Sleep in Healthy Adults. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 523-532.	2.6	61
9	Insomnia with objective short sleep duration is associated with longer duration of insomnia in the Freiburg Insomnia Cohort compared to insomnia with normal sleep duration, but not with hypertension. <i>PLoS ONE</i> , 2017, 12, e0180339.	2.5	43
10	Can spectral power predict subjective sleep quality in healthy individuals?. <i>Journal of Sleep Research</i> , 2019, 28, e12848.	3.2	26
11	Perfectionism and Polysomnography-Determined Markers of Poor Sleep. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 1319-1326.	2.6	20
12	Dysfunctional sleep-related cognition and anxiety mediate the relationship between multidimensional perfectionism and insomnia symptoms. <i>Cognitive Processing</i> , 2020, 21, 141-148.	1.4	19
13	Cognitive behavioural therapy for insomnia does not appear to have a substantial impact on early markers of cardiovascular disease: A preliminary randomized controlled trial. <i>Journal of Sleep Research</i> , 2020, 29, e13102.	3.2	16
14	Does Perfectionism Increase the Risk for Dropout From Cognitive Behavioral Therapy for Insomnia?. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 487-488.	2.6	15
15	Insomnia and poor sleep quality during peripartum: a family issue with potential long term consequences on mental health. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2020, , 1-9.	1.5	11
16	Considering Sleep, Mood, and Stress in a Family Context: A Preliminary Study. <i>Clocks & Sleep</i> , 2019, 1, 259-272.	2.0	9
17	Insomnia evaluation and treatment during peripartum: a joint position paper from the European Insomnia Network task force "Sleep and Women," the Italian "MarcA" Society and international experts task force for perinatal mental health. <i>Archives of Women's Mental Health</i> , 2022, 25, 561-575.	2.6	6
18	The Association between Diurnal Sleep Patterns and Emotions in Infants and Toddlers Attending Nursery. <i>Brain Sciences</i> , 2020, 10, 891.	2.3	5

#	ARTICLE	IF	CITATIONS
19	Reply to Zhang etÂal.: Commentary interventions for sleep problems during pregnancy. Sleep Medicine Reviews, 2020, 51, 101284.	8.5	0