

Andrew Steptoe

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

825
papers

55,141
citations

117
h-index

202
g-index

873
ext. papers

64,601
ext. citations

5.9
avg. IF

8.33
L-index

#	Paper	IF	Citations
825	Development of a measure of the motives underlying the selection of food: the food choice questionnaire. <i>Appetite</i> , 1995 , 25, 267-84	4.5	1161
824	Social isolation, loneliness, and all-cause mortality in older men and women. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2013 , 110, 5797-801	11.5	1089
823	Subjective wellbeing, health, and ageing. <i>Lancet, The</i> , 2015 , 385, 640-648	40	1012
822	Positive psychological well-being and mortality: a quantitative review of prospective observational studies. <i>Psychosomatic Medicine</i> , 2008 , 70, 741-56	3.7	891
821	The effects of acute psychological stress on circulating inflammatory factors in humans: a review and meta-analysis. <i>Brain, Behavior, and Immunity</i> , 2007 , 21, 901-12	16.6	880
820	Cohort profile: the English longitudinal study of ageing. <i>International Journal of Epidemiology</i> , 2013 , 42, 1640-8	7.8	720
819	Gender differences in food choice: the contribution of health beliefs and dieting. <i>Annals of Behavioral Medicine</i> , 2004 , 27, 107-16	4.5	712
818	Cortisol awakening response and psychosocial factors: a systematic review and meta-analysis. <i>Biological Psychology</i> , 2009 , 80, 265-78	3.2	708
817	Stress and cardiovascular disease. <i>Nature Reviews Cardiology</i> , 2012 , 9, 360-70	14.8	675
816	Do stress-related psychosocial factors contribute to cancer incidence and survival?. <i>Nature Clinical Practice Oncology</i> , 2008 , 5, 466-75		621
815	Job strain as a risk factor for coronary heart disease: a collaborative meta-analysis of individual participant data. <i>Lancet, The</i> , 2012 , 380, 1491-7	40	606
814	Genetic variants associated with subjective well-being, depressive symptoms, and neuroticism identified through genome-wide analyses. <i>Nature Genetics</i> , 2016 , 48, 624-33	36.3	602
813	Inflammation causes mood changes through alterations in subgenual cingulate activity and mesolimbic connectivity. <i>Biological Psychiatry</i> , 2009 , 66, 407-14	7.9	533
812	Greater cardiovascular responses to laboratory mental stress are associated with poor subsequent cardiovascular risk status: a meta-analysis of prospective evidence. <i>Hypertension</i> , 2010 , 55, 1026-32	8.5	516
811	Socioeconomic status and the 25 D25 risk factors as determinants of premature mortality: a multicohort study and meta-analysis of 17 million men and women. <i>Lancet, The</i> , 2017 , 389, 1229-1237	40	511
810	The association of anger and hostility with future coronary heart disease: a meta-analytic review of prospective evidence. <i>Journal of the American College of Cardiology</i> , 2009 , 53, 936-46	15.1	508
809	Loneliness, social isolation, and behavioral and biological health indicators in older adults. <i>Health Psychology</i> , 2011 , 30, 377-85	5	495

808	Positive affect and health-related neuroendocrine, cardiovascular, and inflammatory processes. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2005 , 102, 6508-12	11.5	492
807	Mental stress induces transient endothelial dysfunction in humans. <i>Circulation</i> , 2000 , 102, 2473-8	16.7	491
806	Grip strength across the life course: normative data from twelve British studies. <i>PLoS ONE</i> , 2014 , 9, e113637	3.7	452
805	Stress and cardiovascular disease: an update on current knowledge. <i>Annual Review of Public Health</i> , 2013 , 34, 337-54	20.6	437
804	Neighborhood problems as sources of chronic stress: development of a measure of neighborhood problems, and associations with socioeconomic status and health. <i>Annals of Behavioral Medicine</i> , 2001 , 23, 177-85	4.5	414
803	Associations of C-reactive protein and interleukin-6 with cognitive symptoms of depression: 12-year follow-up of the Whitehall II study. <i>Psychological Medicine</i> , 2009 , 39, 413-23	6.9	401
802	Socioeconomic differences in attitudes and beliefs about healthy lifestyles. <i>Journal of Epidemiology and Community Health</i> , 2003 , 57, 440-3	5.1	376
801	Loneliness and neuroendocrine, cardiovascular, and inflammatory stress responses in middle-aged men and women. <i>Psychoneuroendocrinology</i> , 2004 , 29, 593-611	5	370
800	Long working hours and risk of coronary heart disease and stroke: a systematic review and meta-analysis of published and unpublished data for 603,838 individuals. <i>Lancet, The</i> , 2015 , 386, 1739-46 ⁴⁰	4.0	368
799	Differences in cortisol awakening response on work days and weekends in women and men from the Whitehall II cohort. <i>Psychoneuroendocrinology</i> , 2004 , 29, 516-28	5	347
798	Positive affect and psychobiological processes relevant to health. <i>Journal of Personality</i> , 2009 , 77, 1747-764	4.6	346
797	Effects of stress on the development and progression of cardiovascular disease. <i>Nature Reviews Cardiology</i> , 2018 , 15, 215-229	14.8	345
796	Stress, dietary restraint and food intake. <i>Journal of Psychosomatic Research</i> , 2000 , 48, 195-202	4.1	344
795	Body image and weight control in young adults: international comparisons in university students from 22 countries. <i>International Journal of Obesity</i> , 2006 , 30, 644-51	5.5	336
794	Association between low functional health literacy and mortality in older adults: longitudinal cohort study. <i>BMJ, The</i> , 2012 , 344, e1602	5.9	329
793	Social isolation and loneliness: relationships with cognitive function during 4 years of follow-up in the English Longitudinal Study of Ageing. <i>Psychosomatic Medicine</i> , 2013 , 75, 161-70	3.7	323
792	Functional health literacy and health-promoting behaviour in a national sample of British adults. <i>Journal of Epidemiology and Community Health</i> , 2007 , 61, 1086-90	5.1	313
791	Positive affect, psychological well-being, and good sleep. <i>Journal of Psychosomatic Research</i> , 2008 , 64, 409-15	4.1	284

790	Peripheral inflammation is associated with altered substantia nigra activity and psychomotor slowing in humans. <i>Biological Psychiatry</i> , 2008 , 63, 1022-9	7.9	283
789	Trends in physical activity and sedentary behaviour in adolescence: ethnic and socioeconomic differences. <i>British Journal of Sports Medicine</i> , 2007 , 41, 140-4	10.3	279
788	Trajectories of anxiety and depressive symptoms during enforced isolation due to COVID-19 in England: a longitudinal observational study. <i>Lancet Psychiatry</i> , 2021 , 8, 141-149	23.3	270
787	The relationship between life satisfaction and health behavior: a cross-cultural analysis of young adults. <i>International Journal of Behavioral Medicine</i> , 2009 , 16, 259-68	2.6	265
786	Sports participation and emotional wellbeing in adolescents. <i>Lancet, The</i> , 1996 , 347, 1789-92	40	262
785	Health literacy and health actions: a review and a framework from health psychology. <i>Health Education and Behavior</i> , 2009 , 36, 860-77	4.2	258
784	Stress, social support and health-related behavior: a study of smoking, alcohol consumption and physical exercise. <i>Journal of Psychosomatic Research</i> , 1996 , 41, 171-80	4.1	257
783	Sleep duration and health in young adults. <i>Archives of Internal Medicine</i> , 2006 , 166, 1689-92		252
782	The influence of partner's behavior on health behavior change: the English Longitudinal Study of Ageing. <i>JAMA Internal Medicine</i> , 2015 , 175, 385-92	11.5	250
781	Neural origins of human sickness in interoceptive responses to inflammation. <i>Biological Psychiatry</i> , 2009 , 66, 415-22	7.9	244
780	Religiosity/spirituality and mortality. A systematic quantitative review. <i>Psychotherapy and Psychosomatics</i> , 2009 , 78, 81-90	9.4	229
779	Job strain and anger expression predict early morning elevations in salivary cortisol. <i>Psychosomatic Medicine</i> , 2000 , 62, 286-92	3.7	229
778	Psychosocial factors in the development of coronary artery disease. <i>Progress in Cardiovascular Diseases</i> , 2004 , 46, 337-47	8.5	227
777	Leisure-time physical activity in university students from 23 countries: associations with health beliefs, risk awareness, and national economic development. <i>Preventive Medicine</i> , 2004 , 39, 182-90	4.3	223
776	Stress and adiposity: a meta-analysis of longitudinal studies. <i>Obesity</i> , 2011 , 19, 771-8	8	219
775	Work-related psychosocial factors and the development of ischemic heart disease: a systematic review. <i>Cardiology in Review</i> , 2009 , 17, 83-97	3.2	219
774	Cortisol responses to mild psychological stress are inversely associated with proinflammatory cytokines. <i>Brain, Behavior, and Immunity</i> , 2003 , 17, 373-83	16.6	219
773	Acute inflammation and negative mood: mediation by cytokine activation. <i>Brain, Behavior, and Immunity</i> , 2005 , 19, 345-50	16.6	217

772	Overweight, obesity, and risk of cardiometabolic multimorbidity: pooled analysis of individual-level data for 120 813 adults from 16 cohort studies from the USA and Europe. <i>Lancet Public Health, The</i> , 2017 , 2, e277-e285	22.4	214
771	Depressive symptoms, social support, and personal health behaviors in young men and women.. <i>Health Psychology</i> , 2001 , 20, 223-227	5	213
770	A bidirectional relationship between psychosocial factors and atopic disorders: a systematic review and meta-analysis. <i>Psychosomatic Medicine</i> , 2008 , 70, 102-116	3.7	205
769	Acute mental stress elicits delayed increases in circulating inflammatory cytokine levels. <i>Clinical Science</i> , 2001 , 101, 185-192	6.5	200
768	Subjective socioeconomic position, gender and cortisol responses to waking in an elderly population. <i>Psychoneuroendocrinology</i> , 2005 , 30, 582-90	5	194
767	Locus of control and health behaviour revisited: a multivariate analysis of young adults from 18 countries. <i>British Journal of Psychology</i> , 2001 , 92, 659-72	4	184
766	Sociodemographic, developmental, environmental, and psychological correlates of physical activity and sedentary behavior at age 11 to 12. <i>Annals of Behavioral Medicine</i> , 2005 , 29, 2-11	4.5	183
765	Work stress, socioeconomic status and neuroendocrine activation over the working day. <i>Social Science and Medicine</i> , 2004 , 58, 1523-30	5.1	180
764	Trends in smoking, diet, physical exercise, and attitudes toward health in European university students from 13 countries, 1990-2000. <i>Preventive Medicine</i> , 2002 , 35, 97-104	4.3	180
763	The role of psychobiological pathways in socio-economic inequalities in cardiovascular disease risk. <i>European Heart Journal</i> , 2002 , 23, 13-25	9.5	177
762	Dose-response relationship between physical activity and mental health: the Scottish Health Survey. <i>British Journal of Sports Medicine</i> , 2009 , 43, 1111-4	10.3	176
761	Behavioural counselling in general practice for the promotion of healthy behaviour among adults at increased risk of coronary heart disease: randomised trial. <i>BMJ: British Medical Journal</i> , 1999 , 319, 943-7; discussion 947-8		174
760	Social isolation and loneliness: Prospective associations with functional status in older adults. <i>Health Psychology</i> , 2017 , 36, 179-187	5	172
759	Invited review. The links between stress and illness. <i>Journal of Psychosomatic Research</i> , 1991 , 35, 633-44	4.1	172
758	Socioeconomic status and stress-related biological responses over the working day. <i>Psychosomatic Medicine</i> , 2003 , 65, 461-70	3.7	170
757	Pulse wave velocity as a measure of blood pressure change. <i>Psychophysiology</i> , 1976 , 13, 86-90	4.1	170
756	The effects of exercise training on mental well-being in the normal population: a controlled trial. <i>Journal of Psychosomatic Research</i> , 1989 , 33, 47-61	4.1	164
755	Leisure-time physical exercise: prevalence, attitudinal correlates, and behavioral correlates among young Europeans from 21 countries. <i>Preventive Medicine</i> , 1997 , 26, 845-54	4.3	163

754	Effort-Reward Imbalance at Work and Incident Coronary Heart Disease: A Multicohort Study of 90,164 Individuals. <i>Epidemiology</i> , 2017 , 28, 619-626	3.1	161
753	Social isolation and stress-related cardiovascular, lipid, and cortisol responses. <i>Annals of Behavioral Medicine</i> , 2009 , 37, 29-37	4.5	160
752	Smoking, cortisol and nicotine. <i>International Journal of Psychophysiology</i> , 2006 , 59, 228-35	2.9	159
751	Neuroendocrine and inflammatory factors associated with positive affect in healthy men and women: the Whitehall II study. <i>American Journal of Epidemiology</i> , 2008 , 167, 96-102	3.8	157
750	Loneliness and stress-related inflammatory and neuroendocrine responses in older men and women. <i>Psychoneuroendocrinology</i> , 2012 , 37, 1801-9	5	156
749	Stress responsivity and socioeconomic status: a mechanism for increased cardiovascular disease risk?. <i>European Heart Journal</i> , 2002 , 23, 1757-63	9.5	155
748	The European Health and Behaviour Survey: rationale, methods and initial results from the United Kingdom. <i>Social Science and Medicine</i> , 1991 , 33, 925-36	5.1	155
747	Depressive symptoms, socio-economic background, sense of control, and cultural factors in university students from 23 countries. <i>International Journal of Behavioral Medicine</i> , 2007 , 14, 97-107	2.6	154
746	Positive affect and psychobiological processes. <i>Neuroscience and Biobehavioral Reviews</i> , 2010 , 35, 69-75	9	153
745	Type 2 diabetes mellitus and psychological stress - a modifiable risk factor. <i>Nature Reviews Endocrinology</i> , 2017 , 13, 547-560	15.2	152
744	Socioeconomic status and stress-induced increases in interleukin-6. <i>Brain, Behavior, and Immunity</i> , 2004 , 18, 281-90	16.6	152
743	Neuroendocrine and cardiovascular correlates of positive affect measured by ecological momentary assessment and by questionnaire. <i>Psychoneuroendocrinology</i> , 2007 , 32, 56-64	5	151
742	Circulating human heat shock protein 60 in the plasma of British civil servants: relationship to physiological and psychosocial stress. <i>Circulation</i> , 2002 , 106, 196-201	16.7	150
741	Blood pressure reactions to acute psychological stress and future blood pressure status: a 10-year follow-up of men in the Whitehall II study. <i>Psychosomatic Medicine</i> , 2001 , 63, 737-43	3.7	148
740	Systematic review of mental stress-induced myocardial ischaemia. <i>European Heart Journal</i> , 2003 , 24, 690-703	9.5	147
739	Dispositional optimism and health behaviour in community-dwelling older people: associations with healthy ageing. <i>British Journal of Health Psychology</i> , 2006 , 11, 71-84	8.3	145
738	Positive affect and biological function in everyday life. <i>Neurobiology of Aging</i> , 2005 , 26 Suppl 1, 108-12	5.6	144
737	The contribution of gender-role orientation, work factors and home stressors to psychological well-being and sickness absence in male- and female-dominated occupational groups. <i>Social Science and Medicine</i> , 2002 , 54, 481-92	5.1	142

736	Long working hours, socioeconomic status, and the risk of incident type 2 diabetes: a meta-analysis of published and unpublished data from 222 120 individuals. <i>Lancet Diabetes and Endocrinology</i> , 2015 , 3, 27-34	18.1	141
735	Inflammatory cytokines, socioeconomic status, and acute stress responsivity. <i>Brain, Behavior, and Immunity</i> , 2002 , 16, 774-84	16.6	140
734	The effects of exercise training on mood and perceived coping ability in anxious adults from the general population. <i>Journal of Psychosomatic Research</i> , 1989 , 33, 537-47	4.1	140
733	Emotional triggering of cardiac events. <i>Neuroscience and Biobehavioral Reviews</i> , 2009 , 33, 63-70	9	137
732	A Comparison of Affect Ratings Obtained with Ecological Momentary Assessment and the Day Reconstruction Method. <i>Social Indicators Research</i> , 2010 , 99, 269-283	2.7	136
731	Socioeconomic status, C-reactive protein, immune factors, and responses to acute mental stress. <i>Brain, Behavior, and Immunity</i> , 2003 , 17, 286-95	16.6	135
730	Acute effects of aerobic exercise on mood.. <i>Health Psychology</i> , 1988 , 7, 329-340	5	135
729	Perceived job insecurity as a risk factor for incident coronary heart disease: systematic review and meta-analysis. <i>BMJ, The</i> , 2013 , 347, f4746	5.9	133
728	Associations between social isolation, loneliness, and objective physical activity in older men and women. <i>BMC Public Health</i> , 2019 , 19, 74	4.1	132
727	Loneliness during a strict lockdown: Trajectories and predictors during the COVID-19 pandemic in 38,217 United Kingdom adults. <i>Social Science and Medicine</i> , 2020 , 265, 113521	5.1	132
726	Job strain as a risk factor for type 2 diabetes: a pooled analysis of 124,808 men and women. <i>Diabetes Care</i> , 2014 , 37, 2268-75	14.6	131
725	The effect of acute aerobic exercise on stress related blood pressure responses: a systematic review and meta-analysis. <i>Biological Psychology</i> , 2006 , 71, 183-90	3.2	131
724	Behavioral and emotional triggers of acute coronary syndromes: a systematic review and critique. <i>Psychosomatic Medicine</i> , 2005 , 67, 179-86	3.7	130
723	An investigation of coping strategies associated with job stress in teachers. <i>British Journal of Educational Psychology</i> , 1999 , 69 (Pt 4), 517-31	3.2	130
722	Pulse wave velocity and blood pressure change: calibration and applications. <i>Psychophysiology</i> , 1976 , 13, 488-93	4.1	130
721	Mindfulness on-the-go: Effects of a mindfulness meditation app on work stress and well-being. <i>Journal of Occupational Health Psychology</i> , 2019 , 24, 127-138	5.7	126
720	Health behaviour, risk awareness and emotional well-being in students from Eastern Europe and Western Europe. <i>Social Science and Medicine</i> , 2001 , 53, 1621-30	5.1	125
719	Blood pressure publication guidelines. Society for Psychophysical Research. <i>Psychophysiology</i> , 1996 , 33, 1-12	4.1	125

718	Job strain and cardiovascular disease risk factors: meta-analysis of individual-participant data from 47,000 men and women. <i>PLoS ONE</i> , 2013 , 8, e67323	3.7	125
717	Acute mental stress elicits delayed increases in circulating inflammatory cytokine levels. <i>Clinical Science</i> , 2001 , 101, 185	6.5	123
716	The impact of behavioral counseling on stage of change in fat intake, physical activity, and cigarette smoking in adults at increased risk of coronary heart disease. <i>American Journal of Public Health</i> , 2001 , 91, 265-9	5.1	123
715	Emotions and stress increase respiratory resistance in asthma. <i>Psychosomatic Medicine</i> , 2000 , 62, 401-12	3.7	123
714	Synergistic effects of psychological and immune stressors on inflammatory cytokine and sickness responses in humans. <i>Brain, Behavior, and Immunity</i> , 2009 , 23, 217-24	16.6	122
713	The cortisol awakening response in relation to objective and subjective measures of waking in the morning. <i>Psychoneuroendocrinology</i> , 2008 , 33, 77-82	5	122
712	Shorter telomeres with high telomerase activity are associated with raised allostatic load and impoverished psychosocial resources. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2014 , 111, 4519-24	11.5	121
711	Motives underlying healthy eating: using the Food Choice Questionnaire to explain variation in dietary intake. <i>Journal of Biosocial Science</i> , 1998 , 30, 165-79	1.6	121
710	Temporal trend in dementia incidence since 2002 and projections for prevalence in England and Wales to 2040: modelling study. <i>BMJ, The</i> , 2017 , 358, j2856	5.9	117
709	Cortisol awakening response is elevated in acute coronary syndrome patients with type-D personality. <i>Journal of Psychosomatic Research</i> , 2007 , 62, 419-25	4.1	117
708	Impaired cardiovascular recovery following stress predicts 3-year increases in blood pressure. <i>Journal of Hypertension</i> , 2005 , 23, 529-36	1.9	117
707	Social Isolation, Loneliness, and Health Behaviors at Older Ages: Longitudinal Cohort Study. <i>Annals of Behavioral Medicine</i> , 2018 , 52, 582-593	4.5	116
706	How neighborhoods and physical functioning are related: the roles of neighborhood socioeconomic status, perceived neighborhood strain, and individual health risk factors. <i>Annals of Behavioral Medicine</i> , 2004 , 27, 91-9	4.5	116
705	Assessment of baroreceptor reflex function during mental stress and relaxation. <i>Psychophysiology</i> , 1989 , 26, 140-7	4.1	116
704	Job strain in relation to body mass index: pooled analysis of 160 000 adults from 13 cohort studies. <i>Journal of Internal Medicine</i> , 2012 , 272, 65-73	10.8	115
703	Age and gender differences in physical capability levels from mid-life onwards: the harmonisation and meta-analysis of data from eight UK cohort studies. <i>PLoS ONE</i> , 2011 , 6, e27899	3.7	114
702	Psychological stress activates interleukin-1beta gene expression in human mononuclear cells. <i>Brain, Behavior, and Immunity</i> , 2005 , 19, 540-6	16.6	113
701	Lack of association between depressive symptoms and markers of immune and vascular inflammation in middle-aged men and women. <i>Psychological Medicine</i> , 2003 , 33, 667-74	6.9	112

700	Effort-reward imbalance, overcommitment, and measures of cortisol and blood pressure over the working day. <i>Psychosomatic Medicine</i> , 2004 , 66, 323-9	3.7	110
699	Quality of life and affective well-being in middle-aged and older people with chronic medical illnesses: a cross-sectional population based study. <i>PLoS ONE</i> , 2011 , 6, e18952	3.7	109
698	Happiness and Health. <i>Annual Review of Public Health</i> , 2019 , 40, 339-359	20.6	109
697	Psychological, cardiovascular, and metabolic correlates of individual differences in cortisol stress recovery in young men. <i>Psychoneuroendocrinology</i> , 2001 , 26, 375-91	5	108
696	Psychosocial factors and sleep efficiency: discrepancies between subjective and objective evaluations of sleep. <i>Psychosomatic Medicine</i> , 2011 , 73, 810-6	3.7	107
695	Platelets, coronary heart disease, and stress. <i>Brain, Behavior, and Immunity</i> , 2006 , 20, 113-9	16.6	107
694	Behavioural counselling to increase consumption of fruit and vegetables in low income adults: randomised trial. <i>BMJ, The</i> , 2003 , 326, 855	5.9	106
693	Psychosocial stress and susceptibility to upper respiratory tract illness in an adult population sample. <i>Psychosomatic Medicine</i> , 1996 , 58, 404-12	3.7	106
692	Stage fright in orchestral musicians: a study of cognitive and behavioural strategies in performance anxiety. <i>British Journal of Psychology</i> , 1987 , 78 (Pt 2), 241-9	4	106
691	Changes in financial strain over three years, ambulatory blood pressure, and cortisol responses to awakening. <i>Psychosomatic Medicine</i> , 2005 , 67, 281-7	3.7	105
690	Cardiovascular risk and responsivity to mental stress: the influence of age, gender and risk factors. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , 1996 , 3, 83-93		105
689	Cardiac baroreflex function during postural change assessed using non-invasive spontaneous sequence analysis in young men. <i>Cardiovascular Research</i> , 1990 , 24, 627-32	9.9	105
688	Childhood socioeconomic position and objectively measured physical capability levels in adulthood: a systematic review and meta-analysis. <i>PLoS ONE</i> , 2011 , 6, e15564	3.7	104
687	Dispositional optimism and stress-induced changes in immunity and negative mood. <i>Brain, Behavior, and Immunity</i> , 2009 , 23, 810-6	16.6	104
686	Stress, hassles and variations in alcohol consumption, food choice and physical exercise: A diary study. <i>British Journal of Health Psychology</i> , 1998 , 3, 51-63	8.3	103
685	Satisfaction with communication, medical knowledge, and coping style in patients with metastatic cancer. <i>Social Science and Medicine</i> , 1991 , 32, 627-32	5.1	103
684	Long working hours and alcohol use: systematic review and meta-analysis of published studies and unpublished individual participant data. <i>BMJ, The</i> , 2015 , 350, g7772	5.9	102
683	Body mass index, muscle strength and physical performance in older adults from eight cohort studies: the HALCYon programme. <i>PLoS ONE</i> , 2013 , 8, e56483	3.7	102

682	Low-intensity physical activity is associated with reduced risk of incident type 2 diabetes in older adults: evidence from the English Longitudinal Study of Ageing. <i>Diabetologia</i> , 2010 , 53, 1877-85	10.3	102
681	Health-related behaviors in older adults relationships with socioeconomic status. <i>American Journal of Preventive Medicine</i> , 2010 , 38, 39-46	6.1	101
680	The effects of psychological intervention on atopic dermatitis. A systematic review and meta-analysis. <i>International Archives of Allergy and Immunology</i> , 2007 , 144, 1-9	3.7	101
679	The influence of low job control on ambulatory blood pressure and perceived stress over the working day in men and women from the Whitehall II cohort. <i>Journal of Hypertension</i> , 2004 , 22, 915-20	1.9	101
678	Emotional triggers of acute coronary syndromes: strength of evidence, biological processes, and clinical implications. <i>Progress in Cardiovascular Diseases</i> , 2007 , 49, 353-65	8.5	99
677	Life events and social support as moderators of individual differences in cardiovascular and cortisol reactivity.. <i>Journal of Personality and Social Psychology</i> , 1998 , 75, 1273-1281	6.5	99
676	Behavioral response demands, cardiovascular reactivity, and essential hypertension. <i>Psychosomatic Medicine</i> , 1984 , 46, 33-48	3.7	99
675	Positive affect measured using ecological momentary assessment and survival in older men and women. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2011 , 108, 18244-8	11.5	98
674	An international comparison of tobacco smoking, beliefs and risk awareness in university students from 23 countries. <i>Addiction</i> , 2002 , 97, 1561-71	4.6	98
673	Disruption of multisystem responses to stress in type 2 diabetes: investigating the dynamics of allostatic load. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2014 , 111, 15693-8	11.5	96
672	Enjoying life and living longer. <i>Archives of Internal Medicine</i> , 2012 , 172, 273-5		96
671	Association between physical fitness, parasympathetic control, and proinflammatory responses to mental stress. <i>Psychosomatic Medicine</i> , 2007 , 69, 660-6	3.7	96
670	Educational attainment but not measures of current socioeconomic circumstances are associated with leukocyte telomere length in healthy older men and women. <i>Brain, Behavior, and Immunity</i> , 2011 , 25, 1292-8	16.6	94
669	A longitudinal study of work load and variations in psychological well-being, cortisol, smoking, and alcohol consumption. <i>Annals of Behavioral Medicine</i> , 1998 , 20, 84-91	4.5	94
668	The effects of chronic tea intake on platelet activation and inflammation: a double-blind placebo controlled trial. <i>Atherosclerosis</i> , 2007 , 193, 277-82	3.1	94
667	The Impact of Subjective Well-being on Mortality: A Meta-Analysis of Longitudinal Studies in the General Population. <i>Psychosomatic Medicine</i> , 2017 , 79, 565-575	3.7	93
666	Enjoyment of life and declining physical function at older ages: a longitudinal cohort study. <i>Cmaj</i> , 2014 , 186, E150-6	3.5	93
665	Is a cancer diagnosis a trigger for health behaviour change? Findings from a prospective, population-based study. <i>British Journal of Cancer</i> , 2013 , 108, 2407-12	8.7	93

664	Salivary cortisol responses to mental stress are associated with coronary artery calcification in healthy men and women. <i>European Heart Journal</i> , 2010 , 31, 424-9	9.5	93
663	Pathophysiological processes underlying emotional triggering of acute cardiac events. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2006 , 103, 4322-7	11.5	93
662	International study of heavy drinking: attitudes and sociodemographic factors in university students. <i>Journal of American College Health</i> , 2006 , 55, 83-9	2.2	93
661	Psychological and social predictors of changes in fruit and vegetable consumption over 12 months following behavioral and nutrition education counseling. <i>Health Psychology</i> , 2004 , 23, 574-81	5	93
660	Psychosocial predictors of changes in physical activity in overweight sedentary adults following counseling in primary care. <i>Preventive Medicine</i> , 2000 , 31, 183-94	4.3	93
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