Karen M Birch

List of Publications by Year in descending order

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1163117 1372567 11 296 8 10 citations h-index g-index papers 12 12 12 528 all docs docs citations times ranked citing authors

#	Article	IF	CITATIONS
1	Heavy and moderate interval exercise training alters lowâ€flowâ€mediated constriction but does not increase circulating progenitor cells in healthy humans. Experimental Physiology, 2012, 97, 375-385.	2.0	66
2	Female athlete triad. BMJ: British Medical Journal, 2005, 330, 244-246.	2.3	63
3	Human Exercise-Induced Circulating Progenitor Cell Mobilization Is Nitric Oxide-Dependent and Is Blunted in South Asian Men. Arteriosclerosis, Thrombosis, and Vascular Biology, 2010, 30, 878-884.	2.4	55
4	Blood Orange Juice Consumption Increases Flow-Mediated Dilation in Adults with Overweight and Obesity: A Randomized Controlled Trial. Journal of Nutrition, 2020, 150, 2287-2294.	2.9	34
5	Moderate and heavy metabolic stress interval training improve arterial stiffness and heart rate dynamics in humans. European Journal of Applied Physiology, 2013, 113, 839-849.	2.5	28
6	Sprint Interval and Sprint Continuous Training Increases Circulating CD34+ Cells and Cardio-Respiratory Fitness in Young Healthy Women. PLoS ONE, 2014, 9, e108720.	2.5	17
7	Research Exploring Physical Activity in Care Homes (REACH): study protocol for a randomised controlled trial. Trials, 2017, 18, 182.	1.6	15
8	An investigation into the optimal wear time criteria necessary to reliably estimate physical activity and sedentary behaviour from ActiGraph wGT3X+ accelerometer data in older care home residents. BMC Geriatrics, 2022, 22, 136.	2.7	9
9	Interval exercise increases angiogenic cell function in postmenopausal women. BMJ Open Sport and Exercise Medicine, 2017, 3, e000248.	2.9	7
10	Nobiletin Protects Endothelial Cell Function via Upregulation of eNOS/ET-1 and Antioxidant Status-Related Genes under Nonstimulated and Inflammatory Conditions. Journal of Food Quality, 2022, 2022, 1-8.	2.6	1
11	Strategies to enhance routine physical activity in care home residents: the REACH research programme including a cluster feasibility RCT. Programme Grants for Applied Research, 2021, 9, 1-314.	1.0	O