

# Jonas Bloch Thorlund

## List of Publications by Year in descending order

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Version: 2024-02-01

83  
papers

2,497  
citations

346980

22  
h-index

232693

48  
g-index

83  
all docs

83  
docs citations

83  
times ranked

2652  
citing authors

#	ARTICLE	IF	CITATIONS
1	Readiness for return to sport in non-surgically treated patients with anterior cruciate ligament injury following a public municipal rehabilitation program. <i>Physical Therapy in Sport</i> , 2022, 53, 7-13.	0.8	1
2	Early Surgery or Exercise and Education for Meniscal Tears in Young Adults. , 2022, 1, .		16
3	Does Pain Medication Use Influence the Outcome of 8 Weeks of Education and Exercise Therapy in Patients with Knee or Hip Osteoarthritis? An Observational Study. <i>Pain Medicine</i> , 2022, , .	0.9	0
4	Changes in medial-to-lateral knee joint loading patterns assessed by Dual-Energy X-ray Absorptiometry following supervised neuromuscular exercise therapy and patient education in patients with knee osteoarthritis: an exploratory cohort study. <i>Physiotherapy Theory and Practice</i> , 2022, , 1-10.	0.6	0
5	Knee extensor muscle weakness is a risk factor for the development of knee osteoarthritis: an updated systematic review and meta-analysis including 46 819 men and women. <i>British Journal of Sports Medicine</i> , 2022, 56, 349-355.	3.1	48
6	Knee and hip osteoarthritis are more alike than different in baseline characteristics and outcomes: a longitudinal study of 32,599 patients participating in supervised education and exercise therapy. <i>Osteoarthritis and Cartilage</i> , 2022, 30, 681-688.	0.6	12
7	Sports Participation and Performance 5 Years After Arthroscopic Partial Meniscectomy: A Retrospective Cohort Study of 288 Patients. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2022, 52, 224-232.	1.7	0
8	Patients use fewer analgesics following supervised exercise therapy and patient education: an observational study of 16 499 patients with knee or hip osteoarthritis. <i>British Journal of Sports Medicine</i> , 2021, 55, 670-675.	3.1	19
9	Less improvement following meniscal repair compared with arthroscopic partial meniscectomy: a prospective cohort study of patient-reported outcomes in 150 young adults at 1- and 5-yearsâ€™ follow-up. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2021, 92, 589-596.	1.2	6
10	The translated Danish version of the Western Ontario Meniscal Evaluation Tool (WOMET) is reliable and responsive. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2021, 29, 4278-4285.	2.3	3
11	Assessing baseline dependency of anchor-based minimal important change (MIC): donâ€™t stratify on the baseline score!. <i>Quality of Life Research</i> , 2021, 30, 2773-2782.	1.5	11
12	A Cognitive Functional Therapy+ Pathway Versus an Interdisciplinary Pain Management Pathway for Patients With Severe Chronic Low Back Pain (CONFETTI Trial): Protocol for a Pragmatic Randomized Controlled Trial. <i>Physical Therapy</i> , 2021, 101, .	1.1	1
13	Long-term follow-up after acute achilles tendon rupture â€™ Does treatment strategy influence functional outcomes?. <i>Foot</i> , 2021, 47, 101769.	0.4	7
14	Cutoff Values to Interpret Short-term Treatment Outcomes After Arthroscopic Meniscal Surgery, Measured With the Knee Injury and Osteoarthritis Outcome Score. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 281-288.	1.7	12
15	Wild goose chase â€™ no predictable patient subgroups benefit from meniscal surgery: patient-reported outcomes of 641 patients 1 year after surgery. <i>British Journal of Sports Medicine</i> , 2020, 54, 13-22.	3.1	20
16	Inappropriate opioid dispensing in patients with knee and hip osteoarthritis: a population-based cohort study. <i>Osteoarthritis and Cartilage</i> , 2020, 28, 146-153.	0.6	17
17	Critically appraised paper: Physical therapy was noninferior to partial meniscectomy for improving knee function in patients with nonobstructive meniscal tears [commentary]. <i>Journal of Physiotherapy</i> , 2020, 66, 269.	0.7	0
18	Sick leave before and after arthroscopic partial meniscectomy due to traumatic meniscal tear. <i>Osteoarthritis and Cartilage Open</i> , 2020, 2, 100040.	0.9	2

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19	Early tibial subchondral bone texture changes after arthroscopic partial meniscectomy in knees without radiographic OA: A prospective cohort study. <i>Journal of Orthopaedic Research</i> , 2020, 38, 1819-1825.	1.2	2
20	Infographic. Exercise therapy for meniscal tears: evidence and recommendations. <i>British Journal of Sports Medicine</i> , 2019, 53, 315-316.	3.1	2
21	Association of specific meniscal pathologies and other structural pathologies with self-reported mechanical symptoms: A cross-sectional study of 566 patients undergoing meniscal surgery. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 151-157.	0.6	4
22	Danish version of the National Institutes of Health "Chronic Prostatitis Symptom Index (NIH-CPSI) questionnaire: a linguistic translation, cross-cultural adaptation and test-re-test reliability study. <i>Scandinavian Journal of Urology</i> , 2019, 53, 62-68.	0.6	1
23	Opioid use in knee or hip osteoarthritis: a region-wide population-based cohort study. <i>Osteoarthritis and Cartilage</i> , 2019, 27, 871-877.	0.6	50
24	Knee osteoarthritis risk is increased 4-6 fold after knee injury " a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019, 53, 1454-1463.	3.1	158
25	Changes in total lower limb support moment in middle-aged patients undergoing arthroscopic partial meniscectomy " A longitudinal observational cohort study. <i>Knee</i> , 2019, 26, 595-602.	0.8	2
26	The association between smoking and knee osteoarthritis in a cohort of Danish patients undergoing knee arthroscopy. <i>BMC Musculoskeletal Disorders</i> , 2019, 20, 141.	0.8	6
27	Conundrum of mechanical knee symptoms: signifying feature of a meniscal tear?. <i>British Journal of Sports Medicine</i> , 2019, 53, 299-303.	3.1	12
28	Room for improvement: a randomised controlled trial with nested qualitative interviews on space, place and treatment delivery. <i>British Journal of Sports Medicine</i> , 2019, 53, 359-367.	3.1	9
29	Patient-reported symptoms and changes up to 1 year after meniscal surgery. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2018, 89, 336-344.	1.2	8
30	Risk factors, diagnosis and non-surgical treatment for meniscal tears: evidence and recommendations: a statement paper commissioned by the Danish Society of Sports Physical Therapy (DSSF). <i>British Journal of Sports Medicine</i> , 2018, 52, 557-565.	3.1	23
31	A 12-week supervised exercise therapy program for young adults with a meniscal tear: Program development and feasibility study. <i>Journal of Bodywork and Movement Therapies</i> , 2018, 22, 786-791.	0.5	11
32	4"Change in patient-reported outcomes in patients with and without mechanical symptoms undergoing arthroscopic meniscal surgery: a prospective cohort study. , 2018, , .		0
33	Change in patient-reported outcomes in patients with and without mechanical symptoms undergoing arthroscopic meniscal surgery: A prospective cohort study. <i>Osteoarthritis and Cartilage</i> , 2018, 26, 1008-1016.	0.6	12
34	Association of malalignment, muscular dysfunction, proprioception, laxity and abnormal joint loading with tibiofemoral knee osteoarthritis - a systematic review and meta-analysis. <i>BMC Musculoskeletal Disorders</i> , 2018, 19, 273.	0.8	52
35	Effect of knee unloading shoes on regional plantar forces in people with symptomatic knee osteoarthritis " an exploratory study. <i>Journal of Foot and Ankle Research</i> , 2018, 11, 34.	0.7	6
36	The effect of targeted exercise on knee-muscle function in patients with persistent hamstring deficiency following ACL reconstruction " study protocol for a randomized controlled trial. <i>Trials</i> , 2018, 19, 75.	0.7	9

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37	Association of osteoarthritis risk factors with knee and hip pain in a population-based sample of 29-59-year olds in Denmark: a cross-sectional analysis. <i>BMC Musculoskeletal Disorders</i> , 2018, 19, 300.	0.8	15
38	It is time to stop meniscectomy. <i>British Journal of Sports Medicine</i> , 2017, 51, 490-491.	3.1	8
39	Structural pathology is not related to patient-reported pain and function in patients undergoing meniscal surgery. <i>British Journal of Sports Medicine</i> , 2017, 51, 525-530.	3.1	39
40	Trajectory of self-reported pain and function and knee extensor muscle strength in young patients undergoing arthroscopic surgery for meniscal tears: A systematic review and meta-analysis. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 712-717.	0.6	9
41	Knee extensor strength and body weight in adolescent men and the risk of knee osteoarthritis by middle age. <i>Annals of the Rheumatic Diseases</i> , 2017, 76, 1657-1661.	0.5	20
42	Deconstructing a popular myth: why knee arthroscopy is no better than placebo surgery for degenerative meniscal tears. <i>British Journal of Sports Medicine</i> , 2017, 51, 1630-1631.	3.1	4
43	Study protocol for a randomised controlled trial of meniscal surgery compared with exercise and patient education for treatment of meniscal tears in young adults. <i>BMJ Open</i> , 2017, 7, e017436.	0.8	21
44	Signs of knee osteoarthritis common in 620 patients undergoing arthroscopic surgery for meniscal tear. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2017, 88, 90-95.	1.2	33
45	Recovery of lower extremity muscle strength and functional performance in middle-aged patients undergoing arthroscopic partial meniscectomy. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2017, 25, 347-354.	2.3	14
46	Patient reported outcomes in patients undergoing arthroscopic partial meniscectomy for traumatic or degenerative meniscal tears: comparative prospective cohort study. <i>BMJ: British Medical Journal</i> , 2017, 356, j356.	2.4	65
47	Immediate effect of valgus bracing on knee joint moments in meniscectomised patients: An exploratory study. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 964-969.	0.6	8
48	Over-optimistic patient expectations of recovery and leisure activities after arthroscopic meniscus surgery. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2016, 87, 615-621.	1.2	37
49	Routine knee arthroscopic surgery for the painful knee in middle-aged and old patients—time to abandon ship. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2016, 87, 2-4.	1.2	20
50	Effect of Knee Extensor Strength on Incident Radiographic and Symptomatic Knee Osteoarthritis in Individuals With Meniscal Pathology: Data From the Multicenter Osteoarthritis Study. <i>Arthritis Care and Research</i> , 2016, 68, 1640-1646.	1.5	18
51	Pain trajectory and exercise-induced pain flares during 8 weeks of neuromuscular exercise in individuals with knee and hip pain. <i>Osteoarthritis and Cartilage</i> , 2016, 24, 589-592.	0.6	51
52	Changes in knee joint load indices from before to 12 months after arthroscopic partial meniscectomy: a prospective cohort study. <i>Osteoarthritis and Cartilage</i> , 2016, 24, 1153-1159.	0.6	49
53	Large regional differences in incidence of arthroscopic meniscal procedures in the public and private sector in Denmark. <i>BMJ Open</i> , 2015, 5, e006659-e006659.	0.8	20
54	Exploring the effect of space and place on response to exercise therapy for knee and hip pain—a protocol for a double-blind randomised controlled clinical trial: the CONEX trial. <i>BMJ Open</i> , 2015, 5, e007701-e007701.	0.8	6

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55	Knee extensor muscle weakness is a risk factor for development of knee osteoarthritis. A systematic review and meta-analysis. <i>Osteoarthritis and Cartilage</i> , 2015, 23, 171-177.	0.6	315
56	Alterations in molecular muscle mass regulators after 8 days immobilizing Special Forces mission. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, 175-183.	1.3	2
57	Altered knee joint neuromuscular control during landing from a jump in 10-15 year old children with Generalised Joint Hypermobility. A substudy of the CHAMPS-study Denmark. <i>Journal of Electromyography and Kinesiology</i> , 2015, 25, 501-507.	0.7	19
58	Forward lunge knee biomechanics before and after partial meniscectomy. <i>Knee</i> , 2015, 22, 506-509.	0.8	17
59	Knee Extensor Muscle Strength in Middle-Aged and Older Individuals Undergoing Arthroscopic Partial Meniscectomy: A Systematic Review and Meta-Analysis. <i>Arthritis Care and Research</i> , 2015, 67, 1289-1296.	1.5	28
60	Arthroscopic surgery for degenerative knee: systematic review and meta-analysis of benefits and harms. <i>British Journal of Sports Medicine</i> , 2015, 49, 1229-1235.	3.1	188
61	Arthroscopic surgery for degenerative knee: systematic review and meta-analysis of benefits and harms. <i>BMJ</i> , 2015, 350, h2747-h2747.	3.0	260
62	A more correct interpretation. <i>Cmaj</i> , 2015, 187, 358.1-358.	0.9	0
63	Large increase in arthroscopic meniscus surgery in the middle-aged and older population in Denmark from 2000 to 2011. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2014, 85, 287-292.	1.2	137
64	A positive viewpoint regarding arthroscopy for degenerative knee conditions. <i>Monthly Notices of the Royal Astronomical Society: Letters</i> , 2014, 85, 681-685.	1.2	9
65	Stretch-shortening cycle muscle power in women and men aged 18-81 years: Influence of age and gender. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 717-726.	1.3	36
66	Down on one knee: soft tissue knee injuries across the lifespan. <i>Arthritis Research and Therapy</i> , 2014, 16, 499.	1.6	0
67	Knee joint laxity and passive stiffness in meniscectomized patients compared with healthy controls. <i>Knee</i> , 2014, 21, 886-890.	0.8	6
68	Range of motion, neuromechanical, and architectural adaptations to plantar flexor stretch training in humans. <i>Journal of Applied Physiology</i> , 2014, 117, 452-462.	1.2	93
69	The relationship between patellofemoral and tibiofemoral morphology and gait biomechanics following arthroscopic partial medial meniscectomy. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013, 21, 1097-1103.	2.3	22
70	Knee Arthroscopy Cohort Southern Denmark (KACS): protocol for a prospective cohort study. <i>BMJ Open</i> , 2013, 3, e003399.	0.8	29
71	Patients with severe acquired brain injury show increased arousal in tilt-table training. <i>Danish Medical Journal</i> , 2013, 60, A4739.	0.5	20
72	Neuromuscular Function during a Forward Lunge in Meniscectomized Patients. <i>Medicine and Science in Sports and Exercise</i> , 2012, 44, 1358-1365.	0.2	11

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73	Muscle strength and functional performance in patients at high risk of knee osteoarthritis: a follow-up study. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2012, 20, 1110-1117.	2.3	23
74	Vibratory perception threshold in young and middle-aged patients at high risk of knee osteoarthritis compared to controls. <i>Arthritis Care and Research</i> , 2012, 64, 144-148.	1.5	13
75	Transitional Postural Stability Differs Between Male and Female Team Handball Players: Potential Implications for ACL Injury. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 530-531.	0.2	0
76	Changes in muscle strength and morphology after muscle unloading in Special Forces missions. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011, 21, e56-63.	1.3	9
77	Clinically Assessed Mediolateral Knee Motion. <i>Clinical Journal of Sport Medicine</i> , 2011, 21, 515-520.	0.9	1
78	Neuromuscular Function during Stair Descent in Meniscectomized Patients and Controls. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 1272-1279.	0.2	8
79	Thigh muscle strength, functional capacity, and self-reported function in patients at high risk of knee osteoarthritis compared with controls. <i>Arthritis Care and Research</i> , 2010, 62, 1244-1251.	1.5	28
80	Rapid Muscle Force Capacity Changes after Soccer Match Play. <i>International Journal of Sports Medicine</i> , 2009, 30, 273-278.	0.8	100
81	Acute fatigue-induced changes in muscle mechanical properties and neuromuscular activity in elite handball players following a handball match. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2008, 18, 462-472.	1.3	127
82	Changes in Maximum Muscle Strength and Rapid Muscle Force Characteristics after Long-Term Special Support and Reconnaissance Missions: A Preliminary Report. <i>Military Medicine</i> , 2008, 173, 889-894.	0.4	14
83	Pain medication use in youth athletes: A cross-sectional study of 466 youth handball players. <i>Translational Sports Medicine</i> , 0, , .	0.5	3