

# Pablo Tomas-Carus

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1331574/publications.pdf>

Version: 2024-02-01

37  
papers

803  
citations

567281

15  
h-index

501196

28  
g-index

38  
all docs

38  
docs citations

38  
times ranked

900  
citing authors

#	ARTICLE	IF	CITATIONS
1	A low fermentable oligo-di-mono saccharides and polyols(FODMAP) diet reduced pain and improve ddaily life in fibromyalgia patients. Scandinavian Journal of Pain, 2016, 13, 166-172.	1.3	103
2	Aquatic Training and Detraining on Fitness and Quality of Life in Fibromyalgia. Medicine and Science in Sports and Exercise, 2007, 39, 1044-1050.	0.4	97
3	Eight months of physical training in warm water improves physical and mental health in women with fibromyalgia: A randomized controlled trial. Journal of Rehabilitation Medicine, 2008, 40, 248-252.	1.1	92
4	Improvements of muscle strength predicted benefits in HRQOL and postural balance in women with fibromyalgia: an 8-month randomized controlled trial. Rheumatology, 2009, 48, 1147-1151.	1.9	68
5	Cost-utility of an 8-month aquatic training for women with fibromyalgia: a randomized controlled trial. Arthritis Research and Therapy, 2008, 10, R24.	3.5	55
6	Fitness efficacy of vibratory exercise compared to walking in postmenopausal women. European Journal of Applied Physiology, 2009, 106, 741-748.	2.5	37
7	Shoulder Rotator Cuff Balance, Strength, and Endurance in Young Swimmers During a Competitive Season. Journal of Strength and Conditioning Research, 2013, 27, 2562-2568.	2.1	37
8	Dual task performance and history of falls in community-dwelling older adults. Experimental Gerontology, 2019, 120, 35-39.	2.8	31
9	Health-related quality of life and physical activity in persons at high risk for type 2 diabetes. Disability and Rehabilitation, 2009, 31, 799-805.	1.8	24
10	Can Hypoxic Conditioning Improve Bone Metabolism? A Systematic Review. International Journal of Environmental Research and Public Health, 2019, 16, 1799.	2.6	24
11	Risk for physical dependence in communityâ€dwelling older adults: The role of fear of falling, falls and fallâ€related injuries. International Journal of Older People Nursing, 2020, 15, e12310.	1.3	22
12	Does a landâ€based compensatory strengthâ€training programme influences the rotator cuff balance of young competitive swimmers?. European Journal of Sport Science, 2015, 15, 764-772.	2.7	21
13	Breathing Exercises Must Be a Real and Effective Intervention to Consider in Women with Fibromyalgia: A Pilot Randomized Controlled Trial. Journal of Alternative and Complementary Medicine, 2018, 24, 825-832.	2.1	16
14	The Automatic Assessment of Strength and Mobility in Older Adults: A Test-Retest Reliability Study. Medicina (Lithuania), 2019, 55, 270.	2.0	16
15	A randomized controlled trial on the effects of combined aerobic-resistance exercise on muscle strength and fatigue, glycemic control and health-related quality of life of type 2 diabetes patients. Journal of Sports Medicine and Physical Fitness, 2016, 56, 572-8.	0.7	16
16	Does an In-Season Detraining Period Affect the Shoulder Rotator Cuff Strength and Balance of Young Swimmers?. Journal of Strength and Conditioning Research, 2014, 28, 2054-2062.	2.1	15
17	Increased Physical Activity and Fitness above the 50th Percentile Avoid the Threat of Older Adults Becoming Institutionalized: A Cross-sectional Pilot Study. Rejuvenation Research, 2016, 19, 13-20.	1.8	14
18	Effects of Whole-Body Vibration Training Combined With Cyclic Hypoxia on Bone Mineral Density in Elderly People. Frontiers in Physiology, 2019, 10, 1122.	2.8	14

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19	Short-Term Skin Temperature Responses to Endurance Exercise: A Systematic Review of Methods and Future Challenges in the Use of Infrared Thermography. <i>Life</i> , 2021, 11, 1286.	2.4	11
20	Evaluation of 18-Week Whole-Body Vibration Training in Normobaric Hypoxia on Lower Extremity Muscle Strength in an Elderly Population. <i>High Altitude Medicine and Biology</i> , 2019, 20, 157-164.	0.9	10
21	Understanding fall risk factors in community-dwelling older adults: A cross-sectional study. <i>International Journal of Older People Nursing</i> , 2020, 15, e12294.	1.3	10
22	Test-Retest Reliability of Isokinetic Strength Measurements in Lower Limbs in Elderly. <i>Biology</i> , 2022, 11, 802.	2.8	10
23	Test-Retest Reliability of Isokinetic Arm Strength Measurements in Competitive Swimmers. <i>Journal of Human Kinetics</i> , 2018, 65, 5-11.	1.5	6
24	Effects of whole-body vibration under hypoxic exposure on muscle mass and functional mobility in older adults. <i>Aging Clinical and Experimental Research</i> , 2020, 32, 625-632.	2.9	6
25	Differences between two types of dual tasks according to the educational level in older adults. <i>Archives of Gerontology and Geriatrics</i> , 2020, 91, 104216.	3.0	4
26	Effects on performance of active and passive hypoxia as a re-warm-up routine before a 100-metre swimming time trial: a randomized crossover study. <i>Biology of Sport</i> , 2020, 37, 113-119.	3.2	4
27	Perfil de força isocinética dos rotadores dos ombros em jovens nadadores. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2012, 14, .	0.5	3
28	Non-supervised breathing exercise regimen in women with fibromyalgia: A quasi-experimental exploratory study. <i>Complementary Therapies in Clinical Practice</i> , 2019, 35, 170-176.	1.7	3
29	High Levels of Physical Activity May Promote a Reduction in Bone Mineral Density in Peritoneal Dialysis. <i>Medicina (Lithuania)</i> , 2020, 56, 464.	2.0	2
30	Impact of Active and Passive Hypoxia as Re-Warm-Up Activities on Rugby Players' Performance. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2971.	2.6	2
31	Test-Retest Reliability of Isokinetic Knee Strength Measurements in Type 2 Diabetes Mellitus Patients. <i>Sustainability</i> , 2021, 13, 1343.	3.2	2
32	Urinary endogenous steroids and their relationships with BMD and body composition in healthy young males. <i>Endocrine</i> , 2012, 42, 205-207.	2.3	1
33	Test-Retest Intra-Session Reliability of Isokinetic Knee Strength Measurements in Obese Children. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 5923.	2.5	1
34	Introdução às metodologias da investigação em motricidade humana. Manual prático de análises de dados com SPSS. , 0, , .		1
35	What Mathematical Models Are Accurate for Prescribing Aerobic Exercise in Women with Fibromyalgia?. <i>Biology</i> , 2022, 11, 704.	2.8	1
36	Una visión general del Gua Sha y su utilización en la celulitis: un estudio de caso. <i>Revista Internacional De Acupuntura</i> , 2018, 12, 50-52.	0.1	0

#	ARTICLE	IF	CITATIONS
37	Factors influencing physical activity: A cross-sectional study of the community-dwelling older adults in a Portuguese rural area. <i>International Journal of Older People Nursing</i> , 2021, 16, e12371.	1.3	0