Ulla Toft

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

73	1,785	24	39
papers	citations	h-index	g-index
82	2,154 ext. citations	5	4.92
ext. papers		avg, IF	L-index

#	Paper	IF	Citations
73	Protocol for a cluster-randomized non-inferiority trial of the effect of direct access to publicly subsidized physiotherapy for adults with musculoskeletal pain <i>Contemporary Clinical Trials</i> , 2021 , 113, 106648	2.3	O
72	Predicting Individual Risk of Emergency Hospital Admissions - A Retrospective Validation Study. <i>Risk Management and Healthcare Policy</i> , 2021 , 14, 3865-3872	2.8	2
71	Impact of a sodium-reduced bread intervention with and without dietary counseling on sodium intake-a cluster randomized controlled trial among Danish families. <i>European Journal of Clinical Nutrition</i> , 2020 , 74, 1334-1344	5.2	3
70	Repositioning of the global epicentre of non-optimal cholesterol. <i>Nature</i> , 2020 , 582, 73-77	50.4	48
69	The national implementation of Proactive Health SupportTin Denmark since 2017: Expectations and challenges for the telephone-based self-management program. <i>Health Policy</i> , 2020 , 124, 674-678	3.2	3
68	Combined Influence of Waist and Hip Circumference on Risk of Death in a Large Cohort of European and Australian Adults. <i>Journal of the American Heart Association</i> , 2020 , 9, e015189	6	6
67	Proactive health support (PaHS) - telephone-based self-management support for persons at risk of hospital admission: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2020 , 93, 106004	2.3	5
66	The Effects of Two Intervention Strategies to Reduce the Intake of Salt and the Sodium-To-Potassium Ratio on Cardiovascular Risk Factors. A 4-Month Randomised Controlled Study among Healthy Families. <i>Nutrients</i> , 2020 , 12,	6.7	3
65	Uncarboxylated matrix Gla-protein: A biomarker of vitamin K status and cardiovascular risk. <i>Clinical Biochemistry</i> , 2020 , 83, 49-56	3.5	14
64	Price and sales volume of sugar-sweetened beverages, diet drinks, sweets and chocolates: analysis of Danish retail scanner data. <i>European Journal of Clinical Nutrition</i> , 2020 , 74, 581-587	5.2	
63	The effect of introducing a free breakfast club on eating habits among students at vocational schools. <i>BMC Public Health</i> , 2019 , 19, 369	4.1	6
62	Salt Reduction Intervention in Families Investigating Metabolic, Behavioral and Health Effects of Targeted Intake Reductions: Study Protocol for a Four Months Three-Armed, Randomized, Controlled "Real-Life" Trial. International Journal of Environmental Research and Public Health, 2019,	4.6	5
61	16, Soluble urokinase plasminogen activator receptor is linearly associated with dietary quality and predicts mortality. <i>British Journal of Nutrition</i> , 2019 , 121, 699-708	3.6	5
60	Children as visionary change agents in Danish school health promotion. <i>Health Promotion International</i> , 2019 , 34, e18-e27	3	6
59	Quality of dietary fat and genetic risk of type 2 diabetes: individual participant data meta-analysis. <i>BMJ, The</i> , 2019 , 366, l4292	5.9	23
58	Effect of implementing school meals compared with packed lunches on quality of dietary intake among children aged 7-13 years. <i>Journal of Nutritional Science</i> , 2019 , 8, e3	2.7	6
57	Dietary patterns and physical activity in people with schizophrenia and increased waist circumference. <i>Schizophrenia Research</i> , 2018 , 199, 109-115	3.6	33

(2016-2018)

56	Eating Habits and Physical Activity among Danish Families with Young Children. Part 1: Intervention Development and Implementation. International Journal of Environmental Research and Public	4.6	14
55	Project SoL-A Community-Based, Multi-Component Health Promotion Intervention to Improve Healthy Eating and Physical Activity Practices among Danish Families with Young Children Part 2: Evaluation. International Journal of Environmental Research and Public Health, 2018, 15,	4.6	10
54	Dairy Consumption and Body Mass Index Among Adults: Mendelian Randomization Analysis of 184802 Individuals from 25 Studies. <i>Clinical Chemistry</i> , 2018 , 64, 183-191	5.5	24
53	Population-based studies of relationships between dietary acidity load, insulin resistance and incident diabetes in Danes. <i>Nutrition Journal</i> , 2018 , 17, 91	4.3	9
52	Validation of the HeartDiet questionnaire. Danish Medical Journal, 2018, 65,	3.8	4
51	Discounts on fruit and vegetables combined with a space management intervention increased sales in supermarkets. <i>European Journal of Clinical Nutrition</i> , 2017 , 71, 476-480	5.2	16
50	FGF21 Is a Sugar-Induced Hormone Associated with Sweet Intake and Preference in Humans. <i>Cell Metabolism</i> , 2017 , 25, 1045-1053.e6	24.6	123
49	Accessibility of fast food outlets is associated with fast food intake. A study in the Capital Region of Denmark. <i>Health and Place</i> , 2017 , 48, 102-110	4.6	13
48	Alcohol consumption and its interaction with adiposity-associated genetic variants in relation to subsequent changes in waist circumference and body weight. <i>Nutrition Journal</i> , 2017 , 16, 51	4.3	5
47	The obesity-associated risk of cardiovascular disease and all-cause mortality is not lower in Inuit compared to Europeans: A cohort study of Greenlandic Inuit, Nunavik Inuit and Danes. <i>Atherosclerosis</i> , 2017 , 265, 207-214	3.1	10
46	Interactions between genetic variants associated with adiposity traits and soft drinks in relation to longitudinal changes in body weight and waist circumference. <i>American Journal of Clinical Nutrition</i> , 2016 , 104, 816-26	7	31
45	Precursors of age-related macular degeneration: associations with vitamin A and interaction with CFHY402H in the Inter99 Eye Study. <i>Acta Ophthalmologica</i> , 2016 , 94, 657-662	3.7	4
44	Relative validity and reproducibility of a parent-administered semi-quantitative FFQ for assessing food intake in Danish children aged 3-9 years. <i>Public Health Nutrition</i> , 2016 , 19, 1184-94	3.3	24
43	The association between accessibility of local convenience stores and unhealthy diet. <i>European Journal of Public Health</i> , 2016 , 26, 634-9	2.1	11
42	Reliable Quantification of the Potential for Equations Based on Spot Urine Samples to Estimate Population Salt Intake: Protocol for a Systematic Review and Meta-Analysis. <i>JMIR Research Protocols</i> , 2016 , 5, e190	2	4
41	Serum 25-Hydroxyvitamin D Status and Longitudinal Changes in Weight and Waist Circumference: Influence of Genetic Predisposition to Adiposity. <i>PLoS ONE</i> , 2016 , 11, e0153611	3.7	5
40	Substituting sugar confectionery with fruit and healthy snacks at checkout - a win-win strategy for consumers and food stores? a study on consumer attitudes and sales effects of a healthy supermarket intervention. <i>BMC Public Health</i> , 2016 , 16, 1184	4.1	29
39	Temporal changes in sugar-sweetened soft drink intake and variation across municipalities in the Capital Region of Denmark. <i>Preventive Medicine Reports</i> , 2016 , 4, 364-9	2.6	4

38	Gene-Environment Interactions of Circadian-Related Genes for Cardiometabolic Traits. <i>Diabetes Care</i> , 2015 , 38, 1456-66	14.6	36
37	The long-term effect of screening and lifestyle counseling on changes in physical activity and diet: the Inter99 Study - a randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 33	8.4	18
36	The Danish fat tax-Effects on consumption patterns and risk of ischaemic heart disease. <i>Preventive Medicine</i> , 2015 , 77, 200-3	4.3	22
35	Habitual sleep duration is associated with BMI and macronutrient intake and may be modified by CLOCK genetic variants. <i>American Journal of Clinical Nutrition</i> , 2015 , 101, 135-43	7	75
34	Estimated daily salt intake in relation to blood pressure and blood lipids: the role of obesity. <i>European Journal of Preventive Cardiology</i> , 2015 , 22, 1567-74	3.9	15
33	The development in body mass index, overweight and obesity in three regions in Denmark. <i>European Journal of Public Health</i> , 2015 , 25, 273-8	2.1	9
32	The long-term effect of a population-based life-style intervention on smoking and alcohol consumption. The Inter99 Studya randomized controlled trial. <i>Addiction</i> , 2015 , 110, 1853-60	4.6	31
31	The rise and fall of the world's first fat tax. <i>Health Policy</i> , 2015 , 119, 737-42	3.2	56
30	Cohort Profile: the Health2006 cohort, research centre for prevention and health. <i>International Journal of Epidemiology</i> , 2014 , 43, 568-75	7.8	76
29	Interaction between genetic predisposition to obesity and dietary calcium in relation to subsequent change in body weight and waist circumference. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 957-65	7	18
28	Dietary ascorbic acid and subsequent change in body weight and waist circumference: associations may depend on genetic predisposition to obesitya prospective study of three independent cohorts. <i>Nutrition Journal</i> , 2014 , 13, 43	4.3	11
27	Revitalizing the setting approach - supersettings for sustainable impact in community health promotion. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 118	8.4	71
26	Estimating salt intake in a Caucasian population: can spot urine substitute 24-hour urine samples?. <i>European Journal of Preventive Cardiology</i> , 2014 , 21, 1300-7	3.9	38
25	Effect of screening and lifestyle counselling on incidence of ischaemic heart disease in general population: Inter99 randomised trial. <i>BMJ, The</i> , 2014 , 348, g3617	5.9	147
24	FTO genetic variants, dietary intake and body mass index: insights from 177,330 individuals. <i>Human Molecular Genetics</i> , 2014 , 23, 6961-72	5.6	120
23	Interaction between genetic predisposition to adiposity and dietary protein in relation to subsequent change in body weight and waist circumference. <i>PLoS ONE</i> , 2014 , 9, e110890	3.7	13
22	Three-year effects on dietary quality of health education: a randomized controlled trial of people with screen-detected dysglycaemia (The ADDITION study, Denmark). <i>European Journal of Public Health</i> , 2013 , 23, 393-8	2.1	5
21	Validation of a digital photographic method for assessment of dietary quality of school lunch sandwiches brought from home. <i>Food and Nutrition Research</i> , 2013 , 57,	3.1	11

(2006-2012)

Does a population-based multi-factorial lifestyle intervention increase social inequality in dietary habits? The Inter99 study. <i>Preventive Medicine</i> , 2012 , 54, 88-93	4.3	9
Sedentary leisure time behavior, snacking habits and cardiovascular biomarkers: the Inter99 Study. <i>European Journal of Preventive Cardiology</i> , 2012 , 19, 1111-9	3.9	27
Evaluation of flavonoids and enterolactone in overnight urine as intake biomarkers of fruits, vegetables and beverages in the Inter99 cohort study using the method of triads. <i>British Journal of Nutrition</i> , 2012 , 108, 1904-12	3.6	22
Development and validation of a Meal Index of dietary Quality (Meal IQ) to assess the dietary quality of school lunches. <i>Public Health Nutrition</i> , 2012 , 15, 2091-9	3.3	12
Motives to quit smoking and reasons to relapse differ by socioeconomic status. <i>Preventive Medicine</i> , 2011 , 52, 48-52	4.3	45
P2-305 Five-year changes in dietary indexes are associated with changes in cardiovascular risk factors. <i>Journal of Epidemiology and Community Health</i> , 2011 , 65, A306-A306	5.1	
The association between active and passive smoking and frequent pain in a general population. <i>European Journal of Pain</i> , 2011 , 15, 77-83	3.7	39
Identifying fast-food restaurants using a central register as a measure of the food environment. <i>Scandinavian Journal of Public Health</i> , 2011 , 39, 864-9	3	11
Combined analyses of 20 common obesity susceptibility variants. <i>Diabetes</i> , 2010 , 59, 1667-73	0.9	51
Dietary patterns predict changes in two-hour post-oral glucose tolerance test plasma glucose concentrations in middle-aged adults. <i>Journal of Nutrition</i> , 2009 , 139, 588-93	4.1	7
The impact of a population-based multi-factorial lifestyle intervention on alcohol intake: the Inter99 study. <i>Preventive Medicine</i> , 2009 , 49, 115-21	4.3	12
Five years of lifestyle intervention improved self-reported mental and physical health in a general population: the Inter99 study. <i>Preventive Medicine</i> , 2009 , 49, 424-8	4.3	22
The relationship between lifestyle and self-reported health in a general population: the Inter99 study. <i>Preventive Medicine</i> , 2009 , 49, 418-23	4.3	46
The effect of adding group-based counselling to individual lifestyle counselling on changes in dietary intake. The Inter99 studya randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008 , 5, 59	8.4	5
High risk strategy in smoking cessation is feasible on a population-based level. The Inter99 study. <i>Preventive Medicine</i> , 2008 , 46, 579-84	4.3	35
The impact of a population-based multi-factorial lifestyle intervention on changes in long-term dietary habits: the Inter99 study. <i>Preventive Medicine</i> , 2008 , 47, 378-83	4.3	28
Identification and reproducibility of dietary patterns in a Danish cohort: the Inter99 study. <i>British Journal of Nutrition</i> , 2008 , 99, 1089-98	3.6	23
The association between atopy and factors influencing folate metabolism: is low folate status causally related to the development of atopy?. <i>International Journal of Epidemiology</i> , 2006 , 35, 954-61	7.8	51
	habits? The Inter99 study. <i>Preventive Medicine</i> , 2012, 54, 88-93 Sedentary leisure time behavior, snacking habits and cardiovascular biomarkers: the Inter99 Study. <i>European Journal of Preventive Cardiology</i> , 2012, 19, 1111-9 Evaluation of flavonoids and enterolactone in overnight urine as intake biomarkers of fruits, vegetables and beverages in the Inter99 cohort study using the method of triads. <i>British Journal of Nutrition</i> , 2012, 108, 1904-12 Development and validation of a Meal Index of dietary Quality (Meal IQ) to assess the dietary quality of school lunches. <i>Public Health Nutrition</i> , 2012, 15, 2091-9 Motives to quit smoking and reasons to relapse differ by socioeconomic status. <i>Preventive Medicine</i> , 2011, 52, 48-52 P2-305 Five-year changes in dietary indexes are associated with changes in cardiovascular risk factors. <i>Journal of Epidemiology and Community Health</i> , 2011, 65, A306-A306 The association between active and passive smoking and frequent pain in a general population. <i>European Journal of Pain</i> , 2011, 15, 77-83 Identifying fast-food restaurants using a central register as a measure of the food environment. <i>Scandinavian Journal of Public Health</i> , 2011, 39, 864-9 Combined analyses of 20 common obesity susceptibility variants. <i>Diabetes</i> , 2010, 59, 1667-73 Dietary patterns predict changes in two-hour post-oral glucose tolerance test plasma glucose concentrations in middle-aged adults. <i>Journal of Nutrition</i> , 2009, 139, 588-93 The impact of a population-based multi-factorial lifestyle intervention on alcohol intake: the Inter99 study. <i>Preventive Medicine</i> , 2009, 49, 115-21 Five years of lifestyle intervention improved self-reported mental and physical health in a general population: the Inter99 study. <i>Preventive Medicine</i> , 2009, 49, 418-23 The relationship between lifestyle and self-reported mental and physical health in a dietary intake. The Inter99 study. <i>Preventive Medicine</i> , 2009, 49, 418-23 The effect of adding group-based counselling to individual lifestyle counselling on c	Sedentary leisure time behavior, snacking habits and cardiovascular biomarkers: the Inter99 Study. European Journal of Preventive Cardiology, 2012, 19, 1111-9 Evaluation of flavonoids and enterolactone in overnight urine as intake biomarkers of fruits, vegetables and beverages in the Inter99 cohort study using the method of triads. British Journal of Nutrition, 2012, 108, 1904-12 Development and validation of a Meal Index of dietary Quality (Meal IQ) to assess the dietary quality of school funches. Public Health Nutrition, 2012, 15, 2091-9 Motives to quit smoking and reasons to relapse differ by socioeconomic status. Preventive Medicine 2011, 2011, 52, 48-52 P2-305 Five-year changes in dietary indexes are associated with changes in cardiovascular risk factors. Journal of Epidemiology and Community Health, 2011, 65, A306-A306 The association between active and passive smoking and frequent pain in a general population. European Journal of Pain, 2011, 15, 77-83 Identifying fast-food restaurants using a central register as a measure of the food environment. Scandinavian Journal of Public Health, 2011, 39, 864-9 Combined analyses of 20 common obesity susceptibility variants. Diabetes, 2010, 59, 1667-73 Dietary patterns predict changes in two-hour post-oral glucose tolerance test plasma glucose concentrations in middle-aged adults. Journal of Nutrition, 2009, 139, 588-93 The impact of a population-based multi-factorial lifestyle intervention on alcohol intake: the Inter99 study. Preventive Medicine, 2009, 49, 115-21 Five years of lifestyle intervention improved self-reported mental and physical health in a general population: the Inter99 study. Preventive Medicine, 2009, 49, 424-8 The relationship between lifestyle and self-reported health in a general population: the Inter99 study. Preventive Medicine, 2009, 49, 424-8 The effect of adding group-based counselling to individual lifestyle counselling on changes in dietary intake. The Inter99 study. Preventive Medicine, 2008, 47, 378-83 High risk strategy

study. Is differ reporting a problem:. American Journal of Clinical National, 2000, 84, 841-3		
study: is underreporting a problem?. <i>American Journal of Clinical Nutrition</i> , 2006 , 84, 641-5	7	43