Ulla Toft

List of Publications by Year
in descending order

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79 papers	2,453 citations	218592 26 h-index	223716 46 g-index
82 all docs	82 docs citations	82 times ranked	5451 citing authors

#	Article	IF	Citations
1	Effect of screening and lifestyle counselling on incidence of ischaemic heart disease in general population: Inter99 randomised trial. BMJ, The, 2014, 348, g3617-g3617.	3.0	212
2	FGF21 Is a Sugar-Induced Hormone Associated with Sweet Intake and Preference in Humans. Cell Metabolism, 2017, 25, 1045-1053.e6.	7.2	169
3	FTO genetic variants, dietary intake and body mass index: insights from 177 330 individuals. Human Molecular Genetics, 2014, 23, 6961-6972.	1.4	143
4	Repositioning of the global epicentre of non-optimal cholesterol. Nature, 2020, 582, 73-77.	13.7	138
5	Revitalizing the setting approach â€“ supersettings for sustainable impact in community health promotion. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 118.	2.0	106
6	Habitual sleep duration is associated with BMI and macronutrient intake and may be modified by CLOCK genetic variants. American Journal of Clinical Nutrition, 2015, 101, 135-143.	2.2	93
7	Cohort Profile: The Health2006 cohort, Research Centre for Prevention and Health. International Journal of Epidemiology, 2014, 43, 568-575.	0.9	83
8	The rise and fall of the world's first fat tax. Health Policy, 2015, 119, 737-742.	1.4	76
9	The relationship between lifestyle and self-reported health in a general population. Preventive Medicine, 2009, 49, 418-423.	1.6	61
10	Dietary patterns and physical activity in people with schizophrenia and increased waist circumference. Schizophrenia Research, 2018, 199, 109-115.	1.1	61
11	Motives to quit smoking and reasons to relapse differ by socioeconomic status. Preventive Medicine, 2011, 52, 48-52.	1.6	60
12	The association between atopy and factors influencing folate metabolism: is low folate status causally related to the development of atopy?. International Journal of Epidemiology, 2006, 35, 954-961.	0.9	58
13	Combined Analyses of 20 Common Obesity Susceptibility Variants. Diabetes, 2010, 59, 1667-1673.	0.3	55
14	The association between active and passive smoking and frequent pain in a general population. European Journal of Pain, 2011, 15, 77-83.	1.4	54
15	Gene-Environment Interactions of Circadian-Related Genes for Cardiometabolic Traits. Diabetes Care, 2015, 38, 1456-1466.	4.3	52
16	Association between dietary glycemic index, glycemic load, and body mass index in the Inter99 study: is underreporting a problem?. American Journal of Clinical Nutrition, 2006, 84, 641-645.	2.2	48
17	Estimating salt intake in a Caucasian population: can spot urine substitute 24-hour urine samples?. European Journal of Preventive Cardiology, 2014, 21, 1300-1307.	0.8	48
18	Interactions between genetic variants associated with adiposity traits and soft drinks in relation to longitudinal changes in body weight and waist circumference. American Journal of Clinical Nutrition, 2016, 104, 816-826.	2.2	44

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19	Sedentary leisure time behavior, snacking habits and cardiovascular biomarkers: the Inter99 Study. European Journal of Preventive Cardiology, 2012, 19, 1111-1119.	0.8	41
20	Substituting sugar confectionery with fruit and healthy snacks at checkout â€“ a win-win strategy for consumers and food stores? a study on consumer attitudes and sales effects of a healthy supermarket intervention. BMC Public Health, 2016, 16, 1184.	1.2	39
21	High risk strategy in smoking cessation is feasible on a population-based level. The Inter99 study. Preventive Medicine, 2008, 46, 579-584.	1.6	36
22	The longâ€term effect of a populationâ€based lifeâ€style intervention on smoking and alcohol consumption. The Inter99 Studyâ€"a randomized controlled trial. Addiction, 2015, 110, 1853-1860.	1.7	35
23	Dairy Consumption and Body Mass Index Among Adults: Mendelian Randomization Analysis of 184802 Individuals from 25 Studies. Clinical Chemistry, 2018, 64, 183-191.	1.5	34
24	The Danish fat taxâ€"Effects on consumption patterns and risk of ischaemic heart disease. Preventive Medicine, 2015, 77, 200-203.	1.6	31
25	The impact of a population-based multi-factorial lifestyle intervention on changes in long-term dietary habits. Preventive Medicine, 2008, 47, 378-383.	1.6	30
26	Quality of dietary fat and genetic risk of type 2 diabetes: individual participant data meta-analysis. BMJ: British Medical Journal, 2019, 366, l4292.	2.4	28
27	Five years of lifestyle intervention improved self-reported mental and physical health in a general population. Preventive Medicine, 2009, 49, 424-428.	1.6	27
28	Relative validity and reproducibility of a parent-administered semi-quantitative FFQ for assessing food intake in Danish children aged 3â€"9 years. Public Health Nutrition, 2016, 19, 1184-1194.	1.1	27
29	Discounts on fruit and vegetables combined with a space management intervention increased sales in supermarkets. European Journal of Clinical Nutrition, 2017, 71, 476-480.	1.3	26
30	Project SoLâ€"A Community-Based, Multi-Component Health Promotion Intervention to Improve Eating Habits and Physical Activity among Danish Families with Young Children. Part 1: Intervention Development and Implementation. International Journal of Environmental Research and Public Health, 2018, 15, 1097.	1.2	25
31	Identification and reproducibility of dietary patterns in a Danish cohort: the Inter99 study. British Journal of Nutrition, 2008, 99, 1089-1098.	1.2	24
32	Evaluation of flavonoids and enterolactone in overnight urine as intake biomarkers of fruits, vegetables and beverages in the Inter99 cohort study using the method of triads. British Journal of Nutrition, 2012, 108, 1904-1912.	1.2	24
33	Accessibility of fast food outlets is associated with fast food intake. A study in the Capital Region of Denmark. Health and Place, 2017, 48, 102-110.	1.5	24
34	Uncarboxylated matrix Gla-protein: A biomarker of vitamin K status and cardiovascular risk. Clinical Biochemistry, 2020, 83, 49-56.	0.8	23
35	The long-term effect of screening and lifestyle counseling on changes in physical activity and diet: the Inter99 Study â€" a randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 33.	2.0	22
36	Interaction between genetic predisposition to obesity and dietary calcium in relation to subsequent change in body weight and waist circumference. American Journal of Clinical Nutrition, 2014, 99, 957-965.	2.2	20

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37	Population-based studies of relationships between dietary acidity load, insulin resistance and incident diabetes in Danes. Nutrition Journal, 2018, 17, 91.	1.5	19
38	Estimated daily salt intake in relation to blood pressure and blood lipids: the role of obesity. European Journal of Preventive Cardiology, 2015, 22, 1567-1574.	0.8	18
39	The association between accessibility of local convenience stores and unhealthy diet. European Journal of Public Health, 2016, 26, 634-639.	0.1	17
40	Validation of a digital photographic method for assessment of dietary quality of school lunch sandwiches brought from home. Food and Nutrition Research, 2013, 57, 20243.	1.2	16
41	Evaluation of dietary intake in a Danish population: the Inter99 study. Scandinavian Journal of Nutrition, 2004, 48, 136-143.	0.2	15
42	The obesity-associated risk of cardiovascular disease and all-cause mortality is not lower in Inuit compared to Europeans: A cohort study of Greenlandic Inuit, Nunavik Inuit and Danes. Atherosclerosis, 2017, 265, 207-214.	0.4	15
43	Project SoLâ€"A Community-Based, Multi-Component Health Promotion Intervention to Improve Healthy Eating and Physical Activity Practices among Danish Families with Young Children Part 2: Evaluation. International Journal of Environmental Research and Public Health, 2018, 15, 1513.	1.2	15
44	Interaction between Genetic Predisposition to Adiposity and Dietary Protein in Relation to Subsequent Change in Body Weight and Waist Circumference. PLoS ONE, 2014, 9, e110890.	1.1	14
45	The impact of a population-based multi-factorial lifestyle intervention on alcohol intake. Preventive Medicine, 2009, 49, 115-121.	1.6	13
46	Identifying fast-food restaurants using a central register as a measure of the food environment. Scandinavian Journal of Public Health, 2011, 39, 864-869.	1.2	13
47	Does a population-based multi-factorial lifestyle intervention increase social inequality in dietary habits? The Inter99 study. Preventive Medicine, 2012, 54, 88-93.	1.6	13
48	Development and validation of a Meal Index of dietary Quality (Meal IQ) to assess the dietary quality of school lunches. Public Health Nutrition, 2012, 15, 2091-2099.	1.1	12
49	Dietary ascorbic acid and subsequent change in body weight and waist circumference: associations may depend on genetic predisposition to obesity - a prospective study of three independent cohorts. Nutrition Journal, 2014, 13, 43.	1.5	12
50	Children as visionary change agents in Danish school health promotion. Health Promotion International, 2019, 34, e18-e27.	0.9	12
51	The effect of introducing a free breakfast club on eating habits among students at vocational schools. BMC Public Health, 2019, 19, 369.	1.2	12
52	Effect of implementing school meals compared with packed lunches on quality of dietary intake among children aged 7â€"13 years. Journal of Nutritional Science, 2019, 8, e3.	0.7	12
53	Combined Influence of Waist and Hip Circumference on Risk of Death in a Large Cohort of European and Australian Adults. Journal of the American Heart Association, 2020, 9, e015189.	1.6	12
54	The development in body mass index, overweight and obesity in three regions in Denmark. European Journal of Public Health, 2015, 25, 273-278.	0.1	10

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55	Impact of a sodium-reduced bread intervention with and without dietary counseling on sodium intakeâ€"a cluster randomized controlled trial among Danish families. European Journal of Clinical Nutrition, 2020, 74, 1334-1344.	1.3	10
56	Serum 25-Hydroxyvitamin D Status and Longitudinal Changes in Weight and Waist Circumference: Influence of Genetic Predisposition to Adiposity. PLoS ONE, 2016, 11, e0153611.	1.1	9
57	Precursors of ageâ€related macular degeneration: associations with vitamin A and interaction with <scp>CFHY</scp>402H in the Inter99 Eye Study. Acta Ophthalmologica, 2016, 94, 657-662.	0.6	9
58	Salt Reduction Intervention in Families Investigating Metabolic, Behavioral and Health Effects of Targeted Intake Reductions: Study Protocol for a Four Months Three-Armed, Randomized, Controlled â€œReal-Lifeâ€•Trial. International Journal of Environmental Research and Public Health, 2019, 16, 3532.	1.2	9
59	Proactive health support (PaHS) â€“ telephone-based self-management support for persons at risk of hospital admission: Study protocol for a randomized controlled trial. Contemporary Clinical Trials, 2020, 93, 106004.	0.8	9
60	The effect of adding group-based counselling to individual lifestyle counselling on changes in dietary intake. The Inter99 study â€“ a randomized controlled trial. International Journal of Behavioral Nutrition and Physical Activity, 2008, 5, 59.	2.0	8
61	The Effects of Two Intervention Strategies to Reduce the Intake of Salt and the Sodium-To-Potassium Ratio on Cardiovascular Risk Factors. A 4-Month Randomised Controlled Study among Healthy Families. Nutrients, 2020, 12, 1467.	1.7	8
62	Dietary Patterns Predict Changes in Two-Hour Post-Oral Glucose Tolerance Test Plasma Glucose Concentrations in Middle-Aged Adults. Journal of Nutrition, 2009, 139, 588-593.	1.3	7
63	Predicting Individual Risk of Emergency Hospital Admissions â€“ A Retrospective Validation Study. Risk Management and Healthcare Policy, 2021, Volume 14, 3865-3872.	1.2	7
64	Three-year effects on dietary quality of health education: a randomized controlled trial of people with screen-detected dysglycaemia (The ADDITION study, Denmark). European Journal of Public Health, 2013, 23, 393-398.	0.1	6
65	Alcohol consumption and its interaction with adiposity-associated genetic variants in relation to subsequent changes in waist circumference and body weight. Nutrition Journal, 2017, 16, 51.	1.5	6
66	The national implementation of 'Proactive Health Support' in Denmark since 2017: Expectations and challenges for the telephone-based self-management program. Health Policy, 2020, 124, 674-678.	1.4	6
67	Temporal changes in sugar-sweetened soft drink intake and variation across municipalities in the Capital Region of Denmark. Preventive Medicine Reports, 2016, 4, 364-369.	0.8	5
68	Soluble urokinase plasminogen activator receptor is linearly associated with dietary quality and predicts mortality. British Journal of Nutrition, 2019, 121, 699-708.	1.2	5
69	Effectiveness of food environment policies in improving population diets: a review of systematic reviews. European Journal of Clinical Nutrition, 2022, 76, 637-646.	1.3	5
70	Reliable Quantification of the Potential for Equations Based on Spot Urine Samples to Estimate Population Salt Intake: Protocol for a Systematic Review and Meta-Analysis. JMIR Research Protocols, 2016, 5, e190.	0.5	4
71	Validation of the HeartDiet questionnaire. Danish Medical Journal, 2018, 65, .	0.5	4
72	The Danish SoL Project: Effects of a Multi-Component Community-Based Health Promotion Intervention on Prevention of Overweight among 3â€“8-Year-Old Children. International Journal of Environmental Research and Public Health, 2021, 18, 8419.	1.2	3

#	ARTICLE	IF	CITATIONS
73	The quantitative evaluation of the Health and Local Community Project (SoL). European Journal of Public Health, 2016, 26, .	0.1	2
74	Protocol for a cluster-randomized non-inferiority trial of the effect of direct access to publicly subsidized physiotherapy for adults with musculoskeletal pain. Contemporary Clinical Trials, 2022, 113, 106648.	0.8	2
75	Price and sales volume of sugar-sweetened beverages, diet drinks, sweets and chocolates: analysis of Danish retail scanner data. European Journal of Clinical Nutrition, 2020, 74, 581-587.	1.3	1
76	Three-year follow-up of a multi-component community-driven health promotion intervention in Denmark. Health Promotion International, 2022, , .	0.9	1
77	P2-305 Five-year changes in dietary indexes are associated with changes in cardiovascular risk factors. Journal of Epidemiology and Community Health, 2011, 65, A306-A306.	2.0	0
78	Effects of salt reduction on cardiovascular risk factors. The STRIVE-study. European Journal of Public Health, 2019, 29, .	0.1	0
79	Effect of salt reduced bread alone or with dietary counselling on 24-hour excretion of sodium, potassium and sodium/potassium ratio. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0