

# Marcela Gonzalez-Gross

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1320431/publications.pdf>

Version: 2024-02-01

56  
papers

1,470  
citations

411340

20  
h-index

388640

36  
g-index

58  
all docs

58  
docs citations

58  
times ranked

2397  
citing authors

#	ARTICLE	IF	CITATIONS
1	Adherence Factors Related to Exercise Prescriptions in Healthcare Settings: A Review of the Scientific Literature. <i>Research Quarterly for Exercise and Sport</i> , 2022, 93, 16-25.	0.8	7
2	Combined Body Mass Index and Waist-to-Height Ratio and Its Association with Lifestyle and Health Factors among Spanish Children: The PASOS Study. <i>Nutrients</i> , 2022, 14, 234.	1.7	3
3	Determinants of Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Nutrients</i> , 2022, 14, 738.	1.7	12
4	Eating out of Home: Influence on Nutrition, Health, and Policies: A Scoping Review. <i>Nutrients</i> , 2022, 14, 1265.	1.7	20
5	Differences among Sociodemographic Variables, Physical Fitness Levels, and Body Composition with Adherence to Regular Physical Activity in Older Adults from the EXERNET Multicenter Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3853.	1.2	2
6	Basal Values of Biochemical and Hematological Parameters in Elite Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3059.	1.2	12
7	Social Environment and Food and Beverage Intake in European Adolescents: The Helena Study. , 2022, , 1-13.		2
8	New Evidence on Regucalcin, Body Composition, and Walking Ability Adaptations to Multicomponent Exercise Training in Functionally Limited and Frail Older Adults. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 363.	1.2	0
9	Are Physical Activity and Sedentary Screen Time Levels Associated With Food Consumption in European Adolescents? The HELENA Study. , 2022, , 1-12.		2
10	Physical exercise training in the syllabus of Bachelor of Science in nursing degrees: an environmental scan. <i>Contemporary Nurse</i> , 2022, 58, 192-211.	0.4	2
11	Associations between food portion sizes, insulin resistance, VO2 max and metabolic syndrome in European adolescents: The HELENA study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2022, 32, 2061-2073.	1.1	2
12	Cardiometabolic Risk is Positively Associated with Underreporting and Inversely Associated with Overreporting of Energy Intake Among European Adolescents: The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) Study. <i>Journal of Nutrition</i> , 2021, 151, 675-684.	1.3	2
13	Mediterranean Diet, Screen-Time-Based Sedentary Behavior and Their Interaction Effect on Adiposity in European Adolescents: The HELENA Study. <i>Nutrients</i> , 2021, 13, 474.	1.7	9
14	Screen Time and Parents' Education Level Are Associated with Poor Adherence to the Mediterranean Diet in Spanish Children and Adolescents: The PASOS Study. <i>Journal of Clinical Medicine</i> , 2021, 10, 795.	1.0	29
15	A Pandemic within the Pandemic? Physical Activity Levels Substantially Decreased in Countries Affected by COVID-19. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 2235.	1.2	152
16	The Association between Portion Sizes from High-Energy-Dense Foods and Body Composition in European Adolescents: The HELENA Study. <i>Nutrients</i> , 2021, 13, 954.	1.7	8
17	Multicomponent Home-Based Training Program for Chronic Kidney Disease Patients during Movement Restriction. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3416.	1.2	3
18	Associations between Daily Movement Distribution, Bone Structure, Falls, and Fractures in Older Adults: A Compositional Data Analysis Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3757.	1.2	4

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19	Vitamin D Status in Spanish Elite Team Sport Players. <i>Nutrients</i> , 2021, 13, 1311.	1.7	12
20	Impact of the Home Confinement Related to COVID-19 on the Device-Assessed Physical Activity and Sedentary Patterns of Spanish Older Adults. <i>BioMed Research International</i> , 2021, 2021, 1-8.	0.9	11
21	Analysis of Effectiveness of a Supplement Combining <i>Harpagophytum procumbens</i> , <i>Zingiber officinale</i> and <i>Bixa orellana</i> in Healthy Recreational Runners with Self-Reported Knee Pain: A Pilot, Randomized, Triple-Blind, Placebo-Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 5538.	1.2	7
22	Fitness vs Fatness as Determinants of Survival in Noninstitutionalized Older Adults: The EXERNET Multicenter Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2021, , .	1.7	2
23	Fatness-Fit Patterns, Drug Consumption, and Polypharmacy in Older Adults: The EXERNET Multi-Center Study. <i>Nutrients</i> , 2021, 13, 2872.	1.7	1
24	Is Energy Expenditure or Physical Activity Considered When Energy Intake Is Measured? A Scoping Review 1975-2015. <i>Nutrients</i> , 2021, 13, 3262.	1.7	3
25	Impact of COVID-19 Confinement on Physical Activity and Sedentary Behaviour in Spanish University Students: Role of Gender. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 369.	1.2	108
26	Breakfast Dietary Pattern Is Inversely Associated with Overweight/Obesity in European Adolescents: The HELENA Study. <i>Children</i> , 2021, 8, 1044.	0.6	8
27	Body Dissatisfaction and Its Association with Health-Related Factors in Rural and Urban Mexican Adolescents from the State of Jalisco. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12215.	1.2	0
28	Health Risk, Functional Markers and Cognitive Status in Institutionalized Older Adults: A Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7303.	1.2	6
29	Design and Validity of a Choice-Modeling Questionnaire to Analyze the Feasibility of Implementing Physical Activity on Prescription at Primary Health-Care Settings. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6627.	1.2	4
30	Restrict exercise! Preferences Regarding Digital Home Training Programs during Confinements Associated with the COVID-19 Pandemic. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6515.	1.2	20
31	Interaction Effect of the Mediterranean Diet and an Obesity Genetic Risk Score on Adiposity and Metabolic Syndrome in Adolescents: The HELENA Study. <i>Nutrients</i> , 2020, 12, 3841.	1.7	11
32	Health-Related Factors in Rural and Urban Mexican Adolescents from the State of Jalisco: The HELENA-MEX Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8959.	1.2	8
33	Free Sugar Consumption and Obesity in European Adolescents: The HELENA Study. <i>Nutrients</i> , 2020, 12, 3747.	1.7	9
34	The Effects of Age, Organized Physical Activity and Sedentarism on Fitness in Older Adults: An 8-Year Longitudinal Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4312.	1.2	18
35	Plate Waste Generated by Spanish Households and Out-of-Home Consumption: Results from the ANIBES Study. <i>Nutrients</i> , 2020, 12, 1641.	1.7	4
36	Active Commuting, Physical Activity, and Sedentary Behaviors in Children and Adolescents from Spain: Findings from the ANIBES Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 668.	1.2	29

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37	Sodium Intake from Foods Exceeds Recommended Limits in the Spanish Population: The ANIBES Study. <i>Nutrients</i> , 2019, 11, 2451.	1.7	24
38	Adequacy of Critical Nutrients Affecting the Quality of the Spanish Diet in the ANIBES Study. <i>Nutrients</i> , 2019, 11, 2328.	1.7	13
39	Palm Oil on the Edge. <i>Nutrients</i> , 2019, 11, 2008.	1.7	49
40	Current Food Consumption amongst the Spanish ANIBES Study Population. <i>Nutrients</i> , 2019, 11, 2663.	1.7	57
41	Association between Physical Condition and Body Composition, Nutrient Intake, Sociodemographic Characteristics, and Lifestyle Habits in Older Spanish Adults. <i>Nutrients</i> , 2018, 10, 1608.	1.7	17
42	Added Sugars and Low- and No-Calorie Sweeteners in a Representative Sample of Food Products Consumed by the Spanish ANIBES Study Population. <i>Nutrients</i> , 2018, 10, 1265.	1.7	17
43	Dietary Intake and Food Sources of Niacin, Riboflavin, Thiamin and Vitamin B6 in a Representative Sample of the Spanish Population. The ANIBES Study. <i>Nutrients</i> , 2018, 10, 846.	1.7	40
44	Reported Dietary Intake, Disparity between the Reported Consumption and the Level Needed for Adequacy and Food Sources of Calcium, Phosphorus, Magnesium and Vitamin D in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , 2017, 9, 168.	1.7	90
45	Iron Intake and Dietary Sources in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , 2017, 9, 203.	1.7	36
46	Reported Dietary Intake and Food Sources of Zinc, Selenium, and Vitamins A, E and C in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , 2017, 9, 697.	1.7	76
47	Western and Mediterranean Dietary Patterns and Physical Activity and Fitness among Spanish Older Adults. <i>Nutrients</i> , 2017, 9, 704.	1.7	29
48	Dietary Intake of Individual (Free and Intrinsic) Sugars and Food Sources in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , 2017, 9, 275.	1.7	50
49	Intake and Dietary Food Sources of Fibre in Spain: Differences with Regard to the Prevalence of Excess Body Weight and Abdominal Obesity in Adults of the ANIBES Study. <i>Nutrients</i> , 2017, 9, 326.	1.7	23
50	Lifestyle Patterns and Weight Status in Spanish Adults: The ANIBES Study. <i>Nutrients</i> , 2017, 9, 606.	1.7	29
51	Macronutrient Distribution and Dietary Sources in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , 2016, 8, 177.	1.7	76
52	Beverage Consumption Habits and Association with Total Water and Energy Intakes in the Spanish Population: Findings of the ANIBES Study. <i>Nutrients</i> , 2016, 8, 232.	1.7	52
53	Physical Activity and Beverage Consumption among Adolescents. <i>Nutrients</i> , 2016, 8, 389.	1.7	16
54	Clustering of Dietary Patterns, Lifestyles, and Overweight among Spanish Children and Adolescents in the ANIBES Study. <i>Nutrients</i> , 2016, 8, 11.	1.7	88

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55	The ANIBES Study on Energy Balance in Spain: Design, Protocol and Methodology. <i>Nutrients</i> , 2015, 7, 970-998.	1.7	59
56	Energy Intake, Profile, and Dietary Sources in the Spanish Population: Findings of the ANIBES Study. <i>Nutrients</i> , 2015, 7, 4739-4762.	1.7	93