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List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1297924/publications.pdf>

Version: 2024-02-01

9
papers

86
citations

1684188
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1474206
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times ranked

122
citing authors

#	ARTICLE	IF	CITATIONS
1	Sodium and Potassium Intake in Healthy Adults in Thessaloniki Greater Metropolitan Areaâ€”The Salt Intake in Northern Greece (SING) Study. <i>Nutrients</i> , 2017, 9, 417.	4.1	23
2	Nutritional and Nutrition-Related Biomarkers as Prognostic Factors of Sarcopenia, and Their Role in Disease Progression. <i>Diseases</i> (Basel, Switzerland), 2022, 10, 42.	2.5	18
3	Effect of periodic abstinence from dairy products for approximately half of the year on bone health in adults following the Christian Orthodox Church fasting rules for decades. <i>Archives of Osteoporosis</i> , 2019, 14, 68.	2.4	13
4	The Christian Orthodox Church Fasting Diet Is Associated with Lower Levels of Depression and Anxiety and a Better Cognitive Performance in Middle Life. <i>Nutrients</i> , 2021, 13, 627.	4.1	10
5	Bone status of young adults with periodic avoidance of dairy products since childhood. <i>European Journal of Pediatrics</i> , 2020, 179, 645-651.	2.7	9
6	The significant effect on musculoskeletal metabolism and bone density of the Eastern Mediterranean Christian Orthodox Church fasting. <i>European Journal of Clinical Nutrition</i> , 2020, 74, 1736-1742.	2.9	4
7	Vitamin D status, vitamin D intake, and sunlight exposure in adults adhering or not to periodic religious fasting for decades. <i>International Journal of Food Sciences and Nutrition</i> , 2021, 72, 1-8.	2.8	4
8	Effects of Periodic Religious Fasting for Decades on Nutrient Intakes and the Blood Biochemical Profile. <i>Nutrients</i> , 2021, 13, 3963.	4.1	3
9	Dietary protein intake from different animal and plant sources plays a minor role in the bone health of adults with or without intermittent fasting for decades. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 72, 1-9.	2.8	2