

# Eric C Westman

## List of Publications by Year in descending order

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Version: 2024-02-01

54  
papers

4,271  
citations

257101

24  
h-index

189595

50  
g-index

55  
all docs

55  
docs citations

55  
times ranked

3857  
citing authors

#	ARTICLE	IF	CITATIONS
1	A case study of overfeeding 3 different diets. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2021, 28, 446-452.	1.2	2
2	Type 2 Diabetes Mellitus: A Pathophysiologic Perspective. <i>Frontiers in Nutrition</i> , 2021, 8, 707371.	1.6	24
3	Editorial: Carbohydrate restriction: from the "bedside"™ to the "bench"™. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2021, 28, 435-436.	1.2	0
4	Editorial: Carbohydrate-Restricted Nutrition and Diabetes Mellitus. <i>Frontiers in Nutrition</i> , 2021, 8, 827990.	1.6	0
5	Using a low-carbohydrate diet to treat obesity and type 2 diabetes mellitus. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2020, 27, 255-260.	1.2	16
6	Editorial: Exploring the untapped potential of low-carbohydrate diets. <i>Current Opinion in Endocrinology, Diabetes and Obesity</i> , 2020, 27, 253-254.	1.2	1
7	Application of nutrient essentiality criteria to dietary carbohydrates. <i>Nutrition Research Reviews</i> , 2020, 33, 260-270.	2.1	11
8	Ketogenic Diet for Obesity and Diabetes. <i>JAMA Internal Medicine</i> , 2019, 179, 1734.	2.6	14
9	Implementing a low-carbohydrate, ketogenic diet to manage type 2 diabetes mellitus. <i>Expert Review of Endocrinology and Metabolism</i> , 2018, 13, 263-272.	1.2	65
10	Management of Type 1 Diabetes With a Very Low-Carbohydrate Diet. <i>Pediatrics</i> , 2018, 141, .	1.0	87
11	Weight Loss: A Patient and Physician's Perspective. <i>Advances in Therapy</i> , 2016, 33, 1049-1053.	1.3	0
12	Dietary carbohydrate restriction as the first approach in diabetes management: Critical review and evidence base. <i>Nutrition</i> , 2015, 31, 1-13.	1.1	666
13	Meclizine Enhancement of Sensorimotor Gating in Healthy Male Subjects with High Startle Responses and Low Prepulse Inhibition. <i>Neuropsychopharmacology</i> , 2014, 39, 651-659.	2.8	1
14	Nicotine and Non-Nicotine Smoking Factors Differentially Modulate Craving, Withdrawal and Cerebral Blood Flow as Measured with Arterial Spin Labeling. <i>Neuropsychopharmacology</i> , 2014, 39, 2750-2759.	2.8	22
15	Low glycemic diet for weight loss in hypertriglyceridemic patients attending a lipid clinic. <i>Journal of Clinical Lipidology</i> , 2010, 4, 508-514.	0.6	5
16	Comparison of a reduced carbohydrate and reduced fat diet for LDL, HDL, and VLDL subclasses during 9-months of weight maintenance subsequent to weight loss. <i>Lipids in Health and Disease</i> , 2010, 9, 54.	1.2	15
17	The Effects of Varying Dietary Carbohydrate and Fat Content on Survival in a Murine LNCaP Prostate Cancer Xenograft Model. <i>Cancer Prevention Research</i> , 2009, 2, 557-565.	0.7	98
18	Rethinking dietary saturated fats. <i>Lipid Technology</i> , 2009, 21, 109-111.	0.3	1

#	ARTICLE	IF	CITATIONS
19	Carbohydrate-restricted diets for obesity and related diseases: An update. <i>Current Atherosclerosis Reports</i> , 2009, 11, 462-9.	2.0	22
20	Has carbohydrate-restriction been forgotten as a treatment for diabetes mellitus? A perspective on the ACCORD study design. <i>Nutrition and Metabolism</i> , 2008, 5, 10.	1.3	19
21	The effect of a low-carbohydrate, ketogenic diet versus a low-glycemic index diet on glycemic control in type 2 diabetes mellitus. <i>Nutrition and Metabolism</i> , 2008, 5, 36.	1.3	329
22	Dietary carbohydrate restriction in type 2 diabetes mellitus and metabolic syndrome: time for a critical appraisal. <i>Nutrition and Metabolism</i> , 2008, 5, 9.	1.3	197
23	Dietary Carbohydrate Restriction in The Treatment of Diabetes and Metabolic Syndrome. <i>Lippincott S Bone and Joint Newsletter</i> , 2008, 34, 1-5.	0.0	10
24	Low-carbohydrate nutrition and metabolism. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 276-284.	2.2	270
25	Comparison of a low carbohydrate and low fat diet for weight maintenance in overweight or obese adults enrolled in a clinical weight management program. <i>Nutrition Journal</i> , 2007, 6, 36.	1.5	33
26	The Effects of a Low-Carbohydrate Ketogenic Diet and a Low-Fat Diet on Mood, Hunger, and Other Self-Reported Symptoms. <i>Obesity</i> , 2007, 15, 182-182.	1.5	155
27	The Effect of a Low-Carbohydrate, Ketogenic Diet on Nonalcoholic Fatty Liver Disease: A Pilot Study. <i>Digestive Diseases and Sciences</i> , 2007, 52, 589-593.	1.1	181
28	Low carbohydrate diets in family practice: what can we learn from an internet-based support group. <i>Nutrition Journal</i> , 2006, 5, 26.	1.5	31
29	Effect of a low-carbohydrate, ketogenic diet program compared to a low-fat diet on fasting lipoprotein subclasses. <i>International Journal of Cardiology</i> , 2006, 110, 212-216.	0.8	94
30	Carbohydrate restriction is effective in improving atherogenic dyslipidemia even in the absence of weight loss. <i>American Journal of Clinical Nutrition</i> , 2006, 84, 1549.	2.2	6
31	A Very Low-Carbohydrate Diet Improves Gastroesophageal Reflux and Its Symptoms. <i>Digestive Diseases and Sciences</i> , 2006, 51, 1307-1312.	1.1	70
32	Dietary Treatment of Diabetes Mellitus in the Pre-Insulin Era (1914-1922). <i>Perspectives in Biology and Medicine</i> , 2006, 49, 77-83.	0.3	63
33	Insulin Resistance from a Low Carbohydrate, High Fat Diet Perspective. <i>Metabolic Syndrome and Related Disorders</i> , 2005, 3, 14-18.	0.5	9
34	Comment: decreased warfarin effect after initiation of high-protein, low-carbohydrate diets. <i>Annals of Pharmacotherapy</i> , 2005, 39, 1371-1372.	0.9	4
35	A low-carbohydrate, ketogenic diet to treat type 2 diabetes. <i>Nutrition and Metabolism</i> , 2005, 2, 34.	1.3	192
36	Clinical Experience of a Carbohydrate-Restricted Diet for the Metabolic Syndrome. <i>Metabolic Syndrome and Related Disorders</i> , 2004, 2, 180-186.	0.5	6

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37	Postprandial triglycerides in response to high fat: role of dietary carbohydrate. <i>European Journal of Clinical Investigation</i> , 2004, 34, 74-74.	1.7	2
38	Binge Eating, Quality of Life and Physical Activity Improve after Roux-en-Y Gastric Bypass for Morbid Obesity. <i>Obesity Surgery</i> , 2004, 14, 341-348.	1.1	93
39	A Low-Carbohydrate, Ketogenic Diet versus a Low-Fat Diet To Treat Obesity and Hyperlipidemia. <i>Annals of Internal Medicine</i> , 2004, 140, 769.	2.0	777
40	A review of low-carbohydrate ketogenic diets. <i>Current Atherosclerosis Reports</i> , 2003, 5, 476-483.	2.0	104
41	Diets and Clinical Coronary Events. <i>Circulation</i> , 2003, 107, 10-16.	1.6	41
42	Clinical Experience of a Carbohydrate-Restricted Diet: Effect on Diabetes Mellitus. <i>Metabolic Syndrome and Related Disorders</i> , 2003, 1, 233-237.	0.5	24
43	A Pilot Trial of a Low-Carbohydrate, Ketogenic Diet in Patients with Type 2 Diabetes. <i>Metabolic Syndrome and Related Disorders</i> , 2003, 1, 239-243.	0.5	20
44	Clinical Use of a Carbohydrate-Restricted Diet to Treat the Dyslipidemia of the Metabolic Syndrome. <i>Metabolic Syndrome and Related Disorders</i> , 2003, 1, 227-232.	0.5	12
45	The Effects of a Low-Carbohydrate Regimen on Glycemic Control and Serum Lipids in Diabetes Mellitus. <i>Metabolic Syndrome and Related Disorders</i> , 2003, 1, 291-298.	0.5	38
46	Reply to HB MacDonald. <i>American Journal of Clinical Nutrition</i> , 2002, 75, 951.	2.2	14
47	Is dietary carbohydrate essential for human nutrition?. <i>American Journal of Clinical Nutrition</i> , 2002, 75, 951-953.	2.2	53
48	Effect of 6-month adherence to a very low carbohydrate diet program. <i>American Journal of Medicine</i> , 2002, 113, 30-36.	0.6	246
49	Very-low-carbohydrate weight-loss diets revisited.. <i>Cleveland Clinic Journal of Medicine</i> , 2002, 69, 849-849.	0.6	61
50	Use of Bupropion SR in a Pharmacist-Managed Outpatient Smoking-Cessation Program. <i>Pharmacotherapy</i> , 2001, 21, 636-641.	1.2	23
51	Oral nicotine solution for smoking cessation: a pilot tolerability study. <i>Nicotine and Tobacco Research</i> , 2001, 3, 391-396.	1.4	25
52	Review: Self-help interventions alone minimally increase smoking cessation. <i>ACP Journal Club</i> , 1999, 130, 41.	0.1	0
53	Airway sensory replacement as a treatment for smoking cessation. <i>Drug Development Research</i> , 1996, 38, 257-262.	1.4	11
54	Pharmacokinetics of a Transdermal Nicotine Patch Compared to Nicotine Gum. <i>Drug Development and Industrial Pharmacy</i> , 1993, 19, 1999-2010.	0.9	2