

Alexis Ortiz

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

58

papers

373

citations

11

h-index

18

g-index

76

ext. papers

462

ext. citations

1.5

avg, IF

3.59

L-index

#	Paper	IF	Citations
58	Core musculature co-contraction during suspension training exercises.. <i>Journal of Bodywork and Movement Therapies</i> , 2022 , 30, 82-88	1.6	
57	Effectiveness of a Home-Based Exercise Intervention in the Fitness Profile of Hispanic Survivors of Breast Cancer. <i>Rehabilitation Oncology</i> , 2021 , 39, 175-183	0.8	1
56	Narrated Dissection Videos and Peer-Mentoring to Enhance Anatomy Performance of Underrepresented Minority Students in Physical Therapy Education. <i>Anatomical Sciences Education</i> , 2020 , 13, 794-799	6.8	3
55	Weekly Sedentary And Standing Time As Predictors Of Body Composition In Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 144-144	1.2	
54	Validation Of Step Length Between An Anti-Gravity Treadmill And A 2-Dimensional Camera System. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 937-938	1.2	
53	Test-retest Reliability And Concurrent Validity Of An In-shoe Pressure System During Two Landing Maneuvers. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 936-936	1.2	
52	Cardiometabolic Characterization Of People Living With HIV Seeking Treatment In The South Texas Region. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 428-428	1.2	
51	Effectiveness of an 8-Week Aerobic Exercise Program on Autonomic Function in People Living with HIV Taking Anti-Retroviral Therapy: A Pilot Randomized Controlled Trial. <i>AIDS Research and Human Retroviruses</i> , 2020 , 36, 283-290	1.6	3
50	Blood Flow Restriction as an Exercise Alternative to Ameliorate the Effects of Aging. <i>Current Geriatrics Reports</i> , 2020 , 9, 128-133	1.3	1
49	Landing Evaluation in Soccer Players with or without Anterior Cruciate Ligament Reconstruction. <i>International Journal of Sports Medicine</i> , 2020 , 41, 962-971	3.6	2
48	Youth physical health and years in American homeschools: are they related?. <i>Health Promotion International</i> , 2020 , 35, 512-517	3	1
47	The effects of exercise on lipid profile and blood glucose levels in people living with HIV: A systematic review of randomized controlled trials. <i>AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV</i> , 2020 , 32, 882-889	2.2	2
46	Assessment of Countermovement Jump Performance in First Position (Saut) in Healthy Adults. <i>Sports Health</i> , 2019 , 11, 186-191	4.7	2
45	Immediate Effect of Whole Body Vibration on Saut Height and Balance in Female Professional Contemporary Dancers A Randomized Controlled Trial. <i>Journal of Dance Medicine and Science</i> , 2019 , 23, 3-10	0.7	2
44	Balance as an assessment of health-related quality of life in people living with HIV. <i>Journal of Human Sport and Exercise</i> , 2019 , 14,	1.5	2
43	The Effects of Aerobic Exercise on Heart Rate Variability in People Living with HIV. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 987-987	1.2	
42	Validation of a Built-In Gait Analytics System for Lower Body Positive Pressure Treadmills. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 705-705	1.2	

41	Gait Mechanics between a Lower Body Positive Pressure and Regular Treadmill. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 705-705	1.2	
40	Criterion Validity and Sensitivity to Change of a Pediatric Bioelectrical Impedance Analysis Scale in Adolescents. <i>Childhood Obesity</i> , 2019 , 15, 142-148	2.5	5
39	Dietary and Physical Activity Outcomes Determine Energy Balance in U.S. Adults Aged 50-74 Years. <i>Journal of Aging and Physical Activity</i> , 2018 , 26, 561-569	1.6	2
38	How Healthy Is Homeschool? An Analysis of Body Composition and Cardiovascular Disease Risk. <i>Journal of School Health</i> , 2018 , 88, 132-138	2.1	4
37	Relationship between physical activity, disability, and physical fitness profile in sedentary Latina breast cancer survivors. <i>Physiotherapy Theory and Practice</i> , 2018 , 34, 783-794	1.5	17
36	Management of a Patient with Lateral Elbow Pain Secondary to Acute Adverse Neural Irritation. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 522	1.2	
35	Biomechanical Evaluation Of Landing Maneuvers In Soccer Players With An Anterior Cruciate Ligament Reconstruction. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 40	1.2	
34	Dietary Patterns in Puerto Rican and Mexican-American Breast Cancer Survivors: A Pilot Study. <i>Journal of Immigrant and Minority Health</i> , 2017 , 19, 341-348	2.2	10
33	Longitudinal social cognitive influences on physical activity and sedentary time in Hispanic breast cancer survivors. <i>Psycho-Oncology</i> , 2017 , 26, 214-221	3.9	25
32	Muscular and Cardiorespiratory Fitness in Homeschool versus Public School Children. <i>Pediatric Exercise Science</i> , 2017 , 29, 371-376	2	4
31	Validity of Fitbit [®] active minutes as compared with a research-grade accelerometer and self-reported measures. <i>BMJ Open Sport and Exercise Medicine</i> , 2017 , 3, e000254	3.4	37
30	Motor Skill Proficiency Among Homeschooled Children. <i>Journal of Motor Learning and Development</i> , 2017 , 5, 336-345	1.4	0
29	Resistance Training as an Intervention for People Living With HIV/AIDS. <i>Strength and Conditioning Journal</i> , 2017 , 39, 64-70	2	2
28	A pilot study to determine the effect of one physical therapy session on physical activity levels for individuals with chronic low back pain. <i>BMC Research Notes</i> , 2017 , 10, 691	2.3	
27	Prediabetes And Diabetes In College-aged Students At A Hispanic-serving Institution In South Texas. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 1018	1.2	
26	MUSCLE ACTIVATION PATTERNS DURING SUSPENSION TRAINING EXERCISES. <i>International Journal of Sports Physical Therapy</i> , 2017 , 12, 42-52	1.4	11
25	Effect of Fatigue on Landing Biomechanics in Soccer Players with an Anterior Cruciate Ligament Reconstruction. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 515	1.2	
24	EMG activity of selected rotator cuff musculature during grade III distraction and posterior glide glenohumeral mobilization: results of a pilot trial comparing painful and non-painful shoulders. <i>Journal of Manual and Manipulative Therapy</i> , 2016 , 24, 7-13	1.6	5

23	Reliability and concurrent validity between two-dimensional and three-dimensional evaluations of knee valgus during drop jumps. <i>Open Access Journal of Sports Medicine</i> , 2016 , 7, 65-73	2.9	14
22	A comparison of work-related physical activity levels between inpatient and outpatient physical therapists: an observational cohort trial. <i>BMC Research Notes</i> , 2016 , 9, 313	2.3	4
21	Muscle Activation Patterns during TRX Suspension Training Exercises. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 937	1.2	4
20	COMPARISON OF ECCENTRIC AND CONCENTRIC EXERCISE INTERVENTIONS IN ADULTS WITH SUBACROMIAL IMPINGEMENT SYNDROME. <i>International Journal of Sports Physical Therapy</i> , 2015 , 10, 441-55	1.4	15
19	Biomechanical deficiencies in women with semitendinosus-gracilis anterior cruciate ligament reconstruction during drop jumps. <i>PM and R</i> , 2014 , 6, 1097-106	2.2	15
18	Exercise for Adults Living with Human Immunodeficiency Virus Infection in the Era of Highly Active Antiretroviral Therapy. <i>International Journal of Physical Medicine & Rehabilitation</i> , 2014 , 02,		6
17	Long-Term Participation in a Community-Based Fitness Program for Hispanic Adults Living with HIV Influences Health-Related Outcomes Fitness in Hispanic Adults Living with HIV 2014 , 2, 1-7		3
16	β-Hydroxy-β-Methylbutyrate Supplementation in Special Populations. <i>Strength and Conditioning Journal</i> , 2013 , 35, 73-77	2	
15	Landing mechanics during side hopping and crossover hopping maneuvers in noninjured women and women with anterior cruciate ligament reconstruction. <i>PM and R</i> , 2011 , 3, 13-20	2.2	29
14	Biomechanical evaluation of the athlete's knee: from basic science to clinical application. <i>PM and R</i> , 2011 , 3, 365-71	2.2	10
13	Fatigue effects on knee joint stability during two jump tasks in women. <i>Journal of Strength and Conditioning Research</i> , 2010 , 24, 1019-27	3.2	32
12	Association Between Anatomical Measurements and Dynamic Knee Valgus in Healthy Women And Women With ACL Reconstruction. <i>FASEB Journal</i> , 2010 , 24, 637.9	0.9	
11	Effectiveness of a 6-week injury prevention program on kinematics and kinetic variables in adolescent female soccer players: a pilot study. <i>Puerto Rico Health Sciences Journal</i> , 2010 , 29, 40-8	0.5	14
10	Effectiveness of a back school program in the application of body mechanics principles. <i>Puerto Rico Health Sciences Journal</i> , 2009 , 28, 48-53	0.5	1
9	Landing mechanics between noninjured women and women with anterior cruciate ligament reconstruction during 2 jump tasks. <i>American Journal of Sports Medicine</i> , 2008 , 36, 149-57	6.8	66
8	Landing Mechanics During Sidestepping and Crossover Maneuvers in Non-Injured Women and Women With ACL Reconstruction. <i>Medicine and Science in Sports and Exercise</i> , 2008 , 40, S446	1.2	
7	Effectiveness Of Aquatic Therapy Versus Land Therapy In Athletes With Lower Extremity Injuries. <i>Medicine and Science in Sports and Exercise</i> , 2008 , 40, S441	1.2	
6	Neuromuscular Control During Sidestepping and Cross- Over Maneuvers Among Noninjured Women and Women With ACL Reconstruction. <i>Medicine and Science in Sports and Exercise</i> , 2008 , 40, S445 ^{1,2}		

5	Kinematic and kinetic reliability of two jumping and landing physical performance tasks in young adult women. <i>North American Journal of Sports Physical Therapy: NAJSPT</i> , 2007 , 2, 104-12		5
4	RELIABILITY OF SELECTED PHYSICAL PERFORMANCE TESTS IN YOUNG ADULT WOMEN. <i>Journal of Strength and Conditioning Research</i> , 2005 , 19, 39-44	3.2	1
3	Reliability of selected physical performance tests in young adult women. <i>Journal of Strength and Conditioning Research</i> , 2005 , 19, 39-44	3.2	12
2	Forearm Injury-Gymnastics. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, S350	1.2	
1	Reliability of Selected Physical Performance Tests in Young Adult Women. <i>Medicine and Science in Sports and Exercise</i> , 2004 , 36, S116	1.2	