

# M G Santana

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1280449/publications.pdf>

Version: 2024-02-01

30  
papers

809  
citations

623734

14  
h-index

552781

26  
g-index

32  
all docs

32  
docs citations

32  
times ranked

1319  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Effects of moderate aerobic exercise training on chronic primary insomnia. <i>Sleep Medicine</i> , 2011, 12, 1018-1027.  | 1.6 | 125       |
| 2  | Sleep disorders, sleepiness and traffic safety: a public health menace. <i>Brazilian Journal of Medical and Biological Research</i> , 2006, 39, 863-871.   | 1.5 | 93        |
| 3  | Moderate exercise training modulates cytokine profile and sleep in elderly people. <i>Cytokine</i> , 2012, 60, 731-735.  | 3.2 | 91        |
| 4  | Is exercise an alternative treatment for chronic insomnia?. <i>Clinics</i> , 2012, 67, 653-659.  | 1.5 | 87        |
| 5  | Exercise training improves sleep pattern and metabolic profile in elderly people in a time-dependent manner. <i>Lipids in Health and Disease</i> , 2011, 10, 1-6.  | 3.0 | 86        |
| 6  | Changes in the Salivary Biomarkers Induced by an Effort Test. <i>International Journal of Sports Medicine</i> , 2010, 31, 377-381.   | 1.7 | 48        |
| 7  | Sleep patterns and sleep-related complaints of Brazilian interstate bus drivers. <i>Brazilian Journal of Medical and Biological Research</i> , 2000, 33, 71-77.  | 1.5 | 45        |
| 8  | Exercise Improves Immune Function, Antidepressive Response, and Sleep Quality in Patients with Chronic Primary Insomnia. <i>BioMed Research International</i> , 2014, 2014, 1-7.                                   | 1.9 | 44        |
| 9  | Effects of resistance exercise training and stretching on chronic insomnia. <i>Revista Brasileira De Psiquiatria</i> , 2019, 41, 51-57.  | 1.7 | 36        |
| 10 | The influence of physical exercise and leisure activity on neuropsychological functioning in older adults. <i>Age</i> , 2015, 37, 9815.  | 3.0 | 26        |
| 11 | The effects of a session of resistance training on sleep patterns in the elderly. <i>European Journal of Applied Physiology</i> , 2012, 112, 2403-2408.  | 2.5 | 22        |
| 12 | Chronotype and anxiety are associated in patients with chronic primary insomnia. <i>Revista Brasileira De Psiquiatria</i> , 2017, 39, 183-186.   | 1.7 | 19        |
| 13 | Is the six-minute walk test appropriate for detecting changes in cardiorespiratory fitness in healthy elderly men?. <i>Journal of Science and Medicine in Sport</i> , 2012, 15, 259-265.                           | 1.3 | 18        |
| 14 | Testing the sleep hygiene recommendation against nighttime exercise. <i>Sleep and Breathing</i> , 2021, 25, 2189-2196.   | 1.7 | 9         |
| 15 | The Prevalence of Anxiety and Depression Symptoms among Brazilian Computer Science Students. , 2020, , .   |     | 8         |
| 16 | Knowledge among physical education professionals about poliomyelitis and post-poliomyelitis syndrome: a cross-sectional study in Brazil. <i>Degenerative Neurological and Neuromuscular Disease</i> , 2013, 3, 41. | 1.3 | 5         |
| 17 | Effects of Xbox Kinect exercise training on sleep quality, anxiety and functional capacity in older adults. <i>Journal of Bodywork and Movement Therapies</i> , 2021, 28, 271-275.                                 | 1.2 | 5         |
| 18 | Chronic Exercise Promotes Alterations in the Neuroendocrine Profile of Elderly People. <i>Hormone and Metabolic Research</i> , 2012, 44, 975-979.  | 1.5 | 3         |

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|----|--|-----|-----------|
| 19 | Analysis of type 2 diabetes mellitus and arterial hypertension content in exercise physiology textbooks. American Journal of Physiology - Advances in Physiology Education, 2019, 43, 253-258.                   | 1.6 | 3         |
| 20 | Efeito de video games ativos sobre a capacidade funcional e o humor de idosos: revisão sistemática e meta-análise. Revista Brasileira De Atividade Física E Saúde, 2017, 22, 523-532.                            | 0.1 | 3         |
| 21 | Comparação entre diferentes métodos de análise do componente lento do consumo de oxigênio: uma abordagem no domínio muito intenso de exercício. Revista Brasileira De Medicina Do Esporte, 2007, 13, 241-244.    | 0.2 | 2         |
| 22 | Variação diurna e resposta da cinética do VO <sub>2</sub> de ciclistas durante exercício muito intenso. Revista Brasileira De Medicina Do Esporte, 2008, 14, 227-230.  | 0.2 | 2         |
| 23 | Predictors of muscle strength in older individuals. Medical Express, 2016, 3, .  | 0.2 | 2         |
| 24 | Presence of exercise physiology or similar coursework in the curricula of Brazilian health science undergraduate programs. American Journal of Physiology - Advances in Physiology Education, 2021, 45, 172-177. | 1.6 | 1         |
| 25 | Knowledge of healthcare professionals about poliomyelitis and postpoliomyelitis: a cross-sectional study. Sao Paulo Medical Journal, 2021, 139, 464-475.   | 0.9 | 1         |
| 26 | Exercise and non-exercise aerobic power prediction models using six-minute walk test. Medical Express, 2016, 3, .  | 0.2 | 1         |
| 27 | Efeito da (in)atividade física nas queixas de insônia, humor e qualidade de vida de pacientes com hipertensão arterial. Revista Brasileira De Educação Física E Esporte: RBEFE, 2020, 34, 385-393.               | 0.1 | 1         |
| 28 | Association of Positive and Negative Feelings with Anxiety and Depression Symptoms among Computer Science Students during the COVID-19 Pandemic. , 0, , .  |     | 1         |
| 29 | Improvements in Chronic Primary Insomnia after Exercise Training Are Correlated with Changes in Metabolic and Hormonal Profile. Journal of Hormones, 2014, 2014, 1-6.  | 0.2 | 0         |
| 30 | Nighttime vigorous exercise: Is lack of sleep disruption good enough?. Sleep Medicine Reviews, 2021, 60, 101560.   | 8.5 | 0         |