## Ranjani B Iyer

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1265964/publications.pdf

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1937685 2272923 4 40 4 4 citations h-index g-index papers 5 5 5 20 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	The Impact of Heartfulness-based Elective on Middle School Students. American Journal of Health Behavior, 2019, 43, 812-823.	1.4	16
2	Using Heartfulness Meditation and Brainwave Entrainment to Improve Teenage Mental Wellbeing. Frontiers in Psychology, 2021, 12, 742892.	2.1	10
3	A Relaxation App (HeartBot) for Stress and Emotional Well-Being Over a 21-Day Challenge: Randomized Survey Study. JMIR Formative Research, 2021, 5, e22041.	1.4	7
4	Impact of the Heartfulness program on loneliness in high schoolers: Randomized survey study. Applied Psychology: Health and Well-Being, 2023, 15, 66-79.	3.0	7