

Thomas M Larsen

List of Publications by Year in Descending Order

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Version: 2024-04-26

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

61
papers

2,193
citations

20
h-index

46
g-index

65
ext. papers

2,657
ext. citations

6.8
avg, IF

4.64
L-index

#	Paper	IF	Citations
61	Dietary carbohydrate restriction augments weight loss-induced improvements in glycaemic control and liver fat in individuals with type 2 diabetes: a randomised controlled trial.. <i>Diabetologia</i> , 2022 , 65, 506	10.3	3
60	Goal achievement and adaptive goal adjustment in a behavioral intervention for participants with prediabetes. <i>Journal of Health Psychology</i> , 2021 , 26, 2743-2755	3.1	
59	Associations of quantity and quality of carbohydrate sources with subjective appetite sensations during 3-year weight-loss maintenance: Results from the PREVIEW intervention study.. <i>Clinical Nutrition</i> , 2021 , 41, 219-230	5.9	0
58	Appraisal of Triglyceride-Related Markers as Early Predictors of Metabolic Outcomes in the PREVIEW Lifestyle Intervention: A Controlled Trial. <i>Frontiers in Nutrition</i> , 2021 , 8, 733697	6.2	0
57	What Is the Profile of Overweight Individuals Who Are Unsuccessful Responders to a Low-Energy Diet? A PREVIEW Sub-study. <i>Frontiers in Nutrition</i> , 2021 , 8, 707682	6.2	0
56	Effects of a Self-Prepared Carbohydrate-Reduced High-Protein Diet on Cardiovascular Disease Risk Markers in Patients with Type 2 Diabetes. <i>Nutrients</i> , 2021 , 13,	6.7	2
55	Dose-Dependent Associations of Dietary Glycemic Index, Glycemic Load, and Fiber With 3-Year Weight Loss Maintenance and Glycemic Status in a High-Risk Population: A Secondary Analysis of the Diabetes Prevention Study PREVIEW. <i>Diabetes Care</i> , 2021 , 44, 1672-1681	14.6	5
54	AuthorsTreply to Kahn's comment. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 1940-1941	4.5	
53	A High-Protein, Low Glycemic Index Diet Suppresses Hunger but Not Weight Regain After Weight Loss: Results From a Large, 3-Years Randomized Trial (PREVIEW). <i>Frontiers in Nutrition</i> , 2021 , 8, 685648	6.2	0
52	Body weight and metabolic risk factors in patients with type 2 diabetes on a self-selected high-protein low-carbohydrate diet. <i>European Journal of Nutrition</i> , 2021 , 60, 4473-4482	5.2	3
51	The PREVIEW intervention study: Results from a 3-year randomized 2 x 2 factorial multinational trial investigating the role of protein, glycaemic index and physical activity for prevention of type 2 diabetes. <i>Diabetes, Obesity and Metabolism</i> , 2021 , 23, 324-337	6.7	18
50	Sagittal abdominal diameter and waist circumference appear to be equally good as identifiers of cardiometabolic risk. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 518-527	4.5	7
49	Effects of carbohydrate restriction on postprandial glucose metabolism, -cell function, gut hormone secretion, and satiety in patients with Type 2 diabetes. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2021 , 320, E7-E18	6	6
48	Sex, Food, and the Gut Microbiota: Disparate Response to Caloric Restriction Diet with Fiber Supplementation in Women and Men. <i>Molecular Nutrition and Food Research</i> , 2021 , 65, e2000996	5.9	7
47	Effects of a highly controlled carbohydrate-reduced high-protein diet on markers of oxidatively generated nucleic acid modifications and inflammation in weight stable participants with type 2 diabetes; a randomized controlled trial. <i>Scandinavian Journal of Clinical and Laboratory Investigation</i> , 2020 , 90, 101-107	2	3
46	Weight loss at your fingertips personalized nutrition using fasting glucose and insulin. <i>Proceedings of the Nutrition Society</i> , 2020 , 79,	2.9	1
45	Compositional analysis of the associations between 24-h movement behaviours and cardio-metabolic risk factors in overweight and obese adults with pre-diabetes from the PREVIEW study: cross-sectional baseline analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 29	8.4	11

44	Levels of Circulating miR-122 are Associated with Weight Loss and Metabolic Syndrome. <i>Obesity</i> , 2020 , 28, 493-501	8	12
43	Pretreatment Prevotella-to-Bacteroides ratio and salivary amylase gene copy number as prognostic markers for dietary weight loss. <i>American Journal of Clinical Nutrition</i> , 2020 , 111, 1079-1086	7	15
42	Associations between the proportion of fat-free mass loss during weight loss, changes in appetite, and subsequent weight change: results from a randomized 2-stage dietary intervention trial. <i>American Journal of Clinical Nutrition</i> , 2020 , 111, 536-544	7	14
41	Nutritional interest of dietary fiber and prebiotics in obesity: Lessons from the MyNewGut consortium. <i>Clinical Nutrition</i> , 2020 , 39, 414-424	5.9	51
40	The effect of inulin and resistant maltodextrin on weight loss during energy restriction: a randomised, placebo-controlled, double-blinded intervention. <i>European Journal of Nutrition</i> , 2020 , 59, 2507-2524	5.2	18
39	Protein intake and the incidence of pre-diabetes and diabetes in 4 population-based studies: the PREVIEW project. <i>American Journal of Clinical Nutrition</i> , 2019 , 109, 1310-1318	7	16
38	Weight loss at your fingertips: personalized nutrition with fasting glucose and insulin using a novel statistical approach. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 1529-1535	5.2	14
37	Biomarkers of Individual Foods, and Separation of Diets Using Untargeted LC-MS-based Plasma Metabolomics in a Randomized Controlled Trial. <i>Molecular Nutrition and Food Research</i> , 2019 , 63, e1800213	5.9	24
36	A carbohydrate-reduced high-protein diet improves HbA and liver fat content in weight stable participants with type 2 diabetes: a randomised controlled trial. <i>Diabetologia</i> , 2019 , 62, 2066-2078	10.3	47
35	The PREVIEW Study. <i>European Journal of Health Psychology</i> , 2019 , 26, 10-20	1.1	1
34	Weight loss decreases self-reported appetite and alters food preferences in overweight and obese adults: Observational data from the DiOGenes study. <i>Appetite</i> , 2018 , 125, 314-322	4.5	16
33	Genome-Wide Interactions with Dairy Intake for Body Mass Index in Adults of European Descent. <i>Molecular Nutrition and Food Research</i> , 2018 , 62, 1700347	5.9	5
32	Men and women respond differently to rapid weight loss: Metabolic outcomes of a multi-centre intervention study after a low-energy diet in 2500 overweight, individuals with pre-diabetes (PREVIEW). <i>Diabetes, Obesity and Metabolism</i> , 2018 , 20, 2840-2851	6.7	73
31	Higher Protein Intake Is Not Associated with Decreased Kidney Function in Pre-Diabetic Older Adults Following a One-Year Intervention-A Preview Sub-Study. <i>Nutrients</i> , 2018 , 10,	6.7	14
30	PREVIEW study-influence of a behavior modification intervention (PREMIT) in over 2300 people with pre-diabetes: intention, self-efficacy and outcome expectancies during the early phase of a lifestyle intervention. <i>Psychology Research and Behavior Management</i> , 2018 , 11, 383-394	3.8	9
29	Demographic and Social-Cognitive Factors Associated with Weight Loss in Overweight, Pre-diabetic Participants of the PREVIEW Study. <i>International Journal of Behavioral Medicine</i> , 2018 , 25, 682-692	2.6	11
28	The effect of three different ad libitum diets for weight loss maintenance: a randomized 18-month trial. <i>European Journal of Nutrition</i> , 2017 , 56, 727-738	5.2	10
27	Pretreatment fasting plasma glucose and insulin modify dietary weight loss success: results from 3 randomized clinical trials. <i>American Journal of Clinical Nutrition</i> , 2017 , 106, 499-505	7	114

26	PREVIEW: Prevention of Diabetes through Lifestyle Intervention and Population Studies in Europe and around the World. Design, Methods, and Baseline Participant Description of an Adult Cohort Enrolled into a Three-Year Randomised Clinical Trial. <i>Nutrients</i> , 2017 , 9,	6.7	53
25	A Protein Diet Score, Including Plant and Animal Protein, Investigating the Association with HbA1c and eGFR-The PREVIEW Project. <i>Nutrients</i> , 2017 , 9,	6.7	10
24	Dietary Intake of Protein from Different Sources and Weight Regain, Changes in Body Composition and Cardiometabolic Risk Factors after Weight Loss: The DIOGenes Study. <i>Nutrients</i> , 2017 , 9,	6.7	19
23	Effect of a Nine-Month Web- and App-Based Workplace Intervention to Promote Healthy Lifestyle and Weight Loss for Employees in the Social Welfare and Health Care Sector: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2017 , 19, e108	7.6	39
22	Experiences From a Web- and App-Based Workplace Health Promotion Intervention Among Employees in the Social and Health Care Sector Based on Use-Data and Qualitative Interviews. <i>Journal of Medical Internet Research</i> , 2017 , 19, e350	7.6	11
21	Pretreatment Fasting Plasma Glucose Modifies Dietary Weight Loss Maintenance Success: Results from a Stratified RCT. <i>Obesity</i> , 2017 , 25, 2045-2048	8	21
20	A weight-loss program adapted to the menstrual cycle increases weight loss in healthy, overweight, premenopausal women: a 6-mo randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2016 , 104, 15-20	7	13
19	The New Nordic Diet: phosphorus content and absorption. <i>European Journal of Nutrition</i> , 2016 , 55, 991-65.2	6.2	9
18	PREVIEW Behavior Modification Intervention Toolbox (PREMIT): A Study Protocol for a Psychological Element of a Multicenter Project. <i>Frontiers in Psychology</i> , 2016 , 7, 1136	3.4	15
17	Childhood predictors of adult fatty liver. The Cardiovascular Risk in Young Finns Study. <i>Journal of Hepatology</i> , 2016 , 65, 784-790	13.4	36
16	New Nordic Diet versus Average Danish Diet: A Randomized Controlled Trial Revealed Healthy Long-Term Effects of the New Nordic Diet by GC-MS Blood Plasma Metabolomics. <i>Journal of Proteome Research</i> , 2016 , 15, 1939-54	5.6	41
15	New Nordic Diet-Induced Weight Loss Is Accompanied by Changes in Metabolism and AMPK Signaling in Adipose Tissue. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 3509-19	5.6	33
14	Gene-Environment Interactions of Circadian-Related Genes for Cardiometabolic Traits. <i>Diabetes Care</i> , 2015 , 38, 1456-66	14.6	36
13	Health effect of the New Nordic Diet in adults with increased waist circumference: a 6-mo randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2014 , 99, 35-45	7	136
12	Associations between dairy protein intake and body weight and risk markers of diabetes and CVD during weight maintenance. <i>British Journal of Nutrition</i> , 2014 , 111, 944-53	3.6	9
11	Impact of weight loss and maintenance with ad libitum diets varying in protein and glycemic index content on metabolic syndrome. <i>Nutrition</i> , 2014 , 30, 410-7	4.8	14
10	Postprandial coagulation activation in overweight individuals after weight loss: acute and long-term effects of a high-monounsaturated fat diet and a low-fat diet. <i>Thrombosis Research</i> , 2014 , 133, 327-33	8.2	12
9	The global warming potential of two healthy Nordic diets compared with the average Danish diet. <i>Climatic Change</i> , 2013 , 116, 249-262	4.5	101

8	Thermic effect of a meal and appetite in adults: an individual participant data meta-analysis of meal-test trials. <i>Food and Nutrition Research</i> , 2013 , 57,	3.1	13
7	1 The use of an ad libitum higher-protein, low-glycemic index diet in overweight children: the Diogenes Study. <i>FASEB Journal</i> , 2013 , 27, 249.8	0.9	1
6	Assessment of the effect of high or low protein diet on the human urine metabolome as measured by NMR. <i>Nutrients</i> , 2012 , 4, 112-31	6.7	68
5	Standardization of factors that influence human urine metabolomics. <i>Metabolomics</i> , 2011 , 7, 71-83	4.7	57
4	Diets with high or low protein content and glycemic index for weight-loss maintenance. <i>New England Journal of Medicine</i> , 2010 , 363, 2102-13	59.2	604
3	Long-term dietary patterns and carotid artery intima media thickness: the Cardiovascular Risk in Young Finns Study. <i>British Journal of Nutrition</i> , 2009 , 102, 1507-12	3.6	56
2	Effect of tesofensine on bodyweight loss, body composition, and quality of life in obese patients: a randomised, double-blind, placebo-controlled trial. <i>Lancet, The</i> , 2008 , 372, 1906-1913	4.0	139
1	Major dietary patterns and cardiovascular risk factors from childhood to adulthood. The Cardiovascular Risk in Young Finns Study. <i>British Journal of Nutrition</i> , 2007 , 98, 218-25	3.6	117