

Karin Gravare Silbernagel

List of Publications by Year in descending order

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Version: 2024-02-01

115
papers

6,981
citations

76196

40
h-index

62479

80
g-index

119
all docs

119
docs citations

119
times ranked

3829
citing authors

#	ARTICLE	IF	CITATIONS
1	2016 Consensus statement on return to sport from the First World Congress in Sports Physical Therapy, Bern. British Journal of Sports Medicine, 2016, 50, 853-864.	3.1	552
2	Pathogenesis of tendinopathies: inflammation or degeneration?. Arthritis Research and Therapy, 2009, 11, 235.	1.6	410
3	Tendinopathy. Nature Reviews Disease Primers, 2021, 7, 1.	18.1	388
4	The Achilles Tendon Total Rupture Score (ATRS). American Journal of Sports Medicine, 2007, 35, 421-426.	1.9	381
5	A test battery for evaluating hop performance in patients with an ACL injury and patients who have undergone ACL reconstruction. Knee Surgery, Sports Traumatology, Arthroscopy, 2006, 14, 778-788.	2.3	371
6	Acute Achilles Tendon Rupture. American Journal of Sports Medicine, 2010, 38, 2186-2193.	1.9	343
7	Continued Sports Activity, Using a Pain-Monitoring Model, during Rehabilitation in Patients with Achilles Tendinopathy. American Journal of Sports Medicine, 2007, 35, 897-906.	1.9	296
8	Stable Surgical Repair With Accelerated Rehabilitation Versus Nonsurgical Treatment for Acute Achilles Tendon Ruptures. American Journal of Sports Medicine, 2013, 41, 2867-2876.	1.9	254
9	Major functional deficits persist 2Âyears after acute Achilles tendon rupture. Knee Surgery, Sports Traumatology, Arthroscopy, 2011, 19, 1385-1393.	2.3	194
10	Deficits in Heel-Rise Height and Achilles Tendon Elongation Occur in Patients Recovering From an Achilles Tendon Rupture. American Journal of Sports Medicine, 2012, 40, 1564-1571.	1.9	189
11	Evaluation of lower leg function in patients with Achilles tendinopathy. Knee Surgery, Sports Traumatology, Arthroscopy, 2006, 14, 1207-1217.	2.3	162
12	A new measurement of heel-rise endurance with the ability to detect functional deficits in patients with Achilles tendon rupture. Knee Surgery, Sports Traumatology, Arthroscopy, 2010, 18, 258-264.	2.3	147
13	The Majority of Patients With Achilles Tendinopathy Recover Fully When Treated With Exercise Alone. American Journal of Sports Medicine, 2011, 39, 607-613.	1.9	146
14	Muscle strength and functional performance in patients with anterior cruciate ligament injury treated with training and surgical reconstruction or training only: A two to fiveâ€year followup. Arthritis and Rheumatism, 2008, 59, 1773-1779.	6.7	133
15	ICON 2019: International Scientific Tendinopathy Symposium Consensus: Clinical Terminology. British Journal of Sports Medicine, 2020, 54, 260-262.	3.1	133
16	Psychological factors are important to return to pre-injury sport activity after anterior cruciate ligament reconstruction: expect and motivate to satisfy. Knee Surgery, Sports Traumatology, Arthroscopy, 2017, 25, 1375-1384.	2.3	123
17	Knee extension and flexion muscle power after anterior cruciate ligament reconstruction with patellar tendon graft or hamstring tendons graft: a cross-sectional comparison 3Âyears post surgery. Knee Surgery, Sports Traumatology, Arthroscopy, 2009, 17, 162-169.	2.3	105
18	Return to play post-Achilles tendon rupture: a systematic review and meta-analysis of rate and measures of return to play. British Journal of Sports Medicine, 2016, 50, 1325-1332.	3.1	103

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19	Current Clinical Concepts: Conservative Management of Achilles Tendinopathy. <i>Journal of Athletic Training</i> , 2020, 55, 438-447.	0.9	95
20	A Proposed Return-to-Sport Program for Patients With Midportion Achilles Tendinopathy: Rationale and Implementation. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 876-886.	1.7	91
21	Eccentric or Concentric Exercises for the Treatment of Tendinopathies?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 853-863.	1.7	87
22	Full symptomatic recovery does not ensure full recovery of muscle-tendon function in patients with Achilles tendinopathy * COMMENTARY. <i>British Journal of Sports Medicine</i> , 2007, 41, 276-280.	3.1	86
23	Continuous Shear Wave Elastography: A New Method to Measure Viscoelastic Properties of Tendons in Vivo. <i>Ultrasound in Medicine and Biology</i> , 2015, 41, 1518-1529.	0.7	86
24	ICON 2019 "International Scientific Tendinopathy Symposium Consensus: There are nine core health-related domains for tendinopathy (CORE DOMAINS): Delphi study of healthcare professionals and patients. <i>British Journal of Sports Medicine</i> , 2020, 54, 444-451.	3.1	85
25	Predictors of Clinical Outcome After Acute Achilles Tendon Ruptures. <i>American Journal of Sports Medicine</i> , 2014, 42, 1448-1455.	1.9	82
26	Compensatory muscle activation caused by tendon lengthening post-Achilles tendon rupture. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2015, 23, 868-874.	2.3	73
27	A new surgical method to treat chronic ruptures and reruptures of the Achilles tendon. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2008, 16, 614-620.	2.3	67
28	Cross-cultural adaptation of the VISA-A questionnaire, an index of clinical severity for patients with Achilles tendinopathy, with reliability, validity and structure evaluations. <i>BMC Musculoskeletal Disorders</i> , 2005, 6, 12.	0.8	65
29	Rehabilitation after anatomical ankle ligament repair or reconstruction. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2016, 24, 1130-1139.	2.3	64
30	Outcome Evaluation in Tendinopathy: Foundations of Assessment and a Summary of Selected Measures. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 950-964.	1.7	56
31	Modifiable risk factors for patellar tendinopathy in athletes: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2018, 52, 1575-1585.	3.1	56
32	Shear-stress sensing by PIEZO1 regulates tendon stiffness in rodents and influences jumping performance in humans. <i>Nature Biomedical Engineering</i> , 2021, 5, 1457-1471.	11.6	54
33	Nonsurgical treatment and early return to activity leads to improved Achilles tendon fatigue mechanics and functional outcomes during early healing in an animal model. <i>Journal of Orthopaedic Research</i> , 2016, 34, 2172-2180.	1.2	53
34	Elevated Knee Joint Kinetics and Reduced Ankle Kinetics Are Present During Jogging and Hopping After Achilles Tendon Ruptures. <i>American Journal of Sports Medicine</i> , 2017, 45, 1124-1133.	1.9	52
35	Calf Muscle Performance Deficits Remain 7 Years After an Achilles Tendon Rupture. <i>American Journal of Sports Medicine</i> , 2018, 46, 470-477.	1.9	52
36	ICON PART-T 2019 "International Scientific Tendinopathy Symposium Consensus: recommended standards for reporting participant characteristics in tendinopathy research (PART-T). <i>British Journal of Sports Medicine</i> , 2020, 54, 627-630.	3.1	52

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37	Cross cultural adaptation of the Achilles tendon Total Rupture Score with reliability, validity and responsiveness evaluation. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013, 21, 1356-1360.	2.3	51
38	Heel-Rise Height Deficit 1 Year After Achilles Tendon Rupture Relates to Changes in Ankle Biomechanics 6 Years After Injury. <i>American Journal of Sports Medicine</i> , 2017, 45, 3060-3068.	1.9	51
39	Sex Differences in Outcome After an Acute Achilles Tendon Rupture. <i>Orthopaedic Journal of Sports Medicine</i> , 2015, 3, 232596711558676.	0.8	47
40	Achilles Tendon Resting Angle Relates to Tendon Length and Function. <i>Foot and Ankle International</i> , 2018, 39, 343-348.	1.1	45
41	Quantification of Mechanical Properties in Healthy Achilles Tendon Using Continuous Shear Wave Elastography: A Reliability and Validation Study. <i>Ultrasound in Medicine and Biology</i> , 2019, 45, 1574-1585.	0.7	45
42	A real-time EMG-driven musculoskeletal model of the ankle. <i>Multibody System Dynamics</i> , 2012, 28, 169-180.	1.7	43
43	Surgical repair of the ruptured Achilles tendon: the cost-effectiveness of open versus percutaneous repair. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013, 21, 1361-1368.	2.3	41
44	Acute Ultrasonography Investigation to Predict Reruptures and Outcomes in Patients With an Achilles Tendon Rupture. <i>Orthopaedic Journal of Sports Medicine</i> , 2016, 4, 232596711666792.	0.8	41
45	Extended field of view ultrasound imaging to evaluate Achilles tendon length and thickness: a reliability and validity study. <i>Muscles, Ligaments and Tendons Journal</i> , 2016, 6, 104-110.	0.1	41
46	Cost-effectiveness analysis of surgical versus non-surgical management of acute Achilles tendon ruptures. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018, 26, 3074-3082.	2.3	36
47	The Achilles tendon resting angle as an indirect measure of Achilles tendon length following rupture, repair, and rehabilitation. <i>Asia-Pacific Journal of Sports Medicine, Arthroscopy, Rehabilitation and Technology</i> , 2015, 2, 49-55.	0.4	35
48	Viscoelastic properties of healthy achilles tendon are independent of isometric plantar flexion strength and cross-sectional area. <i>Journal of Orthopaedic Research</i> , 2015, 33, 926-931.	1.2	33
49	Early mobilization does not reduce the risk of deep venous thrombosis after Achilles tendon rupture: a randomized controlled trial. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2020, 28, 312-319.	2.3	30
50	Exercise Progression to Incrementally Load the Achilles Tendon. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 124-130.	0.2	30
51	Functional Outcome of Percutaneous Achilles Repair. <i>Orthopaedic Journal of Sports Medicine</i> , 2013, 1, 232596711349458.	0.8	29
52	Preinjury and Postinjury Running Analysis Along With Measurements of Strength and Tendon Length in a Patient With a Surgically Repaired Achilles Tendon Rupture. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2012, 42, 521-529.	1.7	28
53	Defining Components of Early Functional Rehabilitation for Acute Achilles Tendon Rupture: A Systematic Review. <i>Orthopaedic Journal of Sports Medicine</i> , 2019, 7, 232596711988407.	0.8	26
54	Tendon morphology and mechanical properties assessed by ultrasound show change early in recovery and potential prognostic ability for 6-month outcomes. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2019, 27, 2831-2839.	2.3	26

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55	THE DEGREE OF TENDINOSIS IS RELATED TO SYMPTOM SEVERITY AND PHYSICAL ACTIVITY LEVELS IN PATIENTS WITH MIDPORTION ACHILLES TENDINOPATHY. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 196-207.	0.5	26
56	Functional Outcomes of Achilles Tendon Minimally Invasive Repair Using 4- and 6-Strand Nonabsorbable Suture: A Cohort Comparison Study. <i>Orthopaedic Journal of Sports Medicine</i> , 2017, 5, 232596711772334.	0.8	25
57	Does Early Functional Mobilization Affect Long-Term Outcomes After an Achilles Tendon Rupture? A Randomized Clinical Trial. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712090652.	0.8	25
58	Patients with an Achilles tendon re-rupture have long-term functional deficits in function and worse patient-reported outcome than primary ruptures. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018, 26, 3063-3072.	2.3	22
59	Lower extremity work along with triceps surae structure and activation is altered with jumping after Achilles tendon repair. <i>Journal of Orthopaedic Research</i> , 2019, 37, 933-941.	1.2	22
60	Changes in Tendon Elongation and Muscle Atrophy Over Time After Achilles Tendon Rupture Repair: A Prospective Cohort Study on the Effects of Early Functional Mobilization. <i>American Journal of Sports Medicine</i> , 2020, 48, 3296-3305.	1.9	21
61	Tendon Morphology and Mechanical Properties Are Associated With the Recovery of Symptoms and Function in Patients With Achilles Tendinopathy. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712091727.	0.8	19
62	Individuals Post Achilles Tendon Rupture Exhibit Asymmetrical Knee and Ankle Kinetics and Loading Rates During a Drop Countermovement Jump. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2018, 48, 34-43.	1.7	18
63	Distinguishing Quadriceps Tendinopathy and Patellar Tendinopathy: Semantics or Significant?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2019, 49, 627-630.	1.7	18
64	Age and Tightness of Repair Are Predictors of Heel-Rise Height After Achilles Tendon Rupture. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712090955.	0.8	18
65	Kinesiophobia Severity Categories and Clinically Meaningful Symptom Change in Persons With Achilles Tendinopathy in a Cross-Sectional Study: Implications for Assessment and Willingness to Exercise. <i>Frontiers in Pain Research</i> , 2021, 2, 739051.	0.9	18
66	Fear of Movement and Reinjury in Sports Medicine: Relevance for Rehabilitation and Return to Sport. <i>Physical Therapy</i> , 2022, 102, .	1.1	18
67	Isometric exercise for acute pain relief: is it relevant in tendinopathy management?. <i>British Journal of Sports Medicine</i> , 2019, 53, 1330-1331.	3.1	17
68	Achilles tendon cross-sectional area at 12 weeks post-rupture relates to 1-year heel-rise height. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2020, 28, 245-252.	2.3	17
69	Does One Size Fit All When It Comes to Exercise Treatment for Achilles Tendinopathy?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2014, 44, 42-44.	1.7	15
70	High Plantar Force Loading After Achilles Tendon Rupture Repair With Early Functional Mobilization. <i>American Journal of Sports Medicine</i> , 2019, 47, 894-900.	1.9	15
71	Pain-guided activity modification during treatment for patellar tendinopathy: a feasibility and pilot randomized clinical trial. <i>Pilot and Feasibility Studies</i> , 2021, 7, 58.	0.5	15
72	Beyond the Diagnosis: Using Patient Characteristics and Domains of Tendon Health to Identify Latent Subgroups of Achilles Tendinopathy. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 440-448.	1.7	15

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73	ICON 2020â€™International Scientific Tendinopathy Symposium Consensus: A Systematic Review of Outcome Measures Reported in Clinical Trials of Achilles Tendinopathy. <i>Sports Medicine</i> , 2022, 52, 613-641.	3.1	15
74	No difference in strength and clinical outcome between early and late repair after Achilles tendon rupture. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2020, 28, 1587-1594.	2.3	14
75	Changes in gait mechanics and muscle activity with wedge height in an orthopaedic boot. <i>Gait and Posture</i> , 2019, 70, 59-64.	0.6	13
76	Relationship between mechanical properties (shear modulus and viscosity), age, and sex in uninjured Achilles tendons. <i>Translational Sports Medicine</i> , 2020, 3, 321-327.	0.5	13
77	Aspects of treatment for posterior heel pain in young athletes. <i>Open Access Journal of Sports Medicine</i> , 2010, 1, 223.	0.6	12
78	Resistance Exercises in Early Functional Rehabilitation for Achilles Tendon Ruptures Are Poorly Described: A Scoping Review. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2020, 50, 681-690.	1.7	12
79	Immediate effect of photobiomodulation therapy on Achilles tendon morphology and mechanical properties: An exploratory study. <i>Translational Sports Medicine</i> , 2019, 2, 164-172.	0.5	11
80	Relationships between tendon structure and clinical impairments in patients with patellar tendinopathy. <i>Journal of Orthopaedic Research</i> , 2022, 40, 2320-2329.	1.2	11
81	A Prospective Cohort Study on the Effect of a Balance Training Program, Including Calf Muscle Strengthening, in Community-Dwelling Older Adults. <i>Journal of Geriatric Physical Therapy</i> , 2016, 39, 125-131.	0.6	10
82	Return to competition after an Achilles tendon rupture using both on and off the field load monitoring as guidance: A case report of a top-level soccer player. <i>Physical Therapy in Sport</i> , 2018, 29, 70-78.	0.8	10
83	The Effect of Quadriceps Muscle Length on Maximum Neuromuscular Electrical Stimulation Evoked Contraction, Muscle Architecture, and Tendon-Aponeurosis Stiffness. <i>Frontiers in Physiology</i> , 2021, 12, 633589.	1.3	10
84	Chronic hyperglycemia, hypercholesterolemia, and metabolic syndrome are associated with risk of tendon injury. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1822-1831.	1.3	10
85	Muscle fatigue after Achilles tendon rupture: A limited heel-rise test with electromyography reveals decreased endurance. <i>European Journal of Physiotherapy</i> , 2015, 17, 200-207.	0.7	9
86	Side-to-side differences in Achilles tendon geometry and mechanical properties following achilles tendon rupture. <i>Muscles, Ligaments and Tendons Journal</i> , 2017, 7, 541.	0.1	9
87	THE DEGREE OF TENDINOSIS IS RELATED TO SYMPTOM SEVERITY AND PHYSICAL ACTIVITY LEVELS IN PATIENTS WITH MIDPORTION ACHILLES TENDINOPATHY. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 196-207.	0.5	8
88	A prospective study on dinghy sailorsâ€™ training habits and injury incidence with a comparison between elite sailor and club sailor during a 12-month period. <i>British Journal of Sports Medicine</i> , 2013, 47, 826-831.	3.1	7
89	Muscle activation during maximum voluntary contraction and m-wave related in healthy but not in injured conditions: Implications when normalizing electromyography. <i>Clinical Biomechanics</i> , 2019, 69, 104-108.	0.5	7
90	Success Criteria and Preclinical Testing of Multifunctional Hydrogels for Tendon Regeneration. <i>Tissue Engineering - Part C: Methods</i> , 2020, 26, 506-518.	1.1	7

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91	â€œI've been to physical therapy before, but not for the knees.â€•A qualitative study exploring barriers and facilitators to physical therapy utilization for knee osteoarthritis. <i>Musculoskeletal Care</i> , 2020, 18, 477-486.	0.6	7
92	The Impact of the Degree of Kinesiophobia on Recovery in Patients With Achilles Tendinopathy. <i>Physical Therapy</i> , 2021, 101, .	1.1	7
93	FROM ACUTE ACHILLES TENDON RUPTURE TO RETURN TO PLAY - A CASE REPORT EVALUATING RECOVERY OF TENDON STRUCTURE, MECHANICAL PROPERTIES, CLINICAL AND FUNCTIONAL OUTCOMES. <i>International Journal of Sports Physical Therapy</i> , 2016, 11, 1150-1159.	0.5	7
94	FREQUENCY OF PATHOLOGY ON DIAGNOSTIC ULTRASOUND AND RELATIONSHIP TO PATIENT DEMOGRAPHICS IN INDIVIDUALS WITH INSERTIONAL ACHILLES TENDINOPATHY. <i>International Journal of Sports Physical Therapy</i> , 2019, 14, 761-769.	0.5	7
95	Tendon loading in runners with Achilles tendinopathy: Relations to pain, structure, and function during returnâ€•toâ€•sport. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 1201-1212.	1.3	7
96	Evaluating the relationship between gait and clinical measures of plantar flexor function. <i>Journal of Electromyography and Kinesiology</i> , 2018, 43, 41-47.	0.7	6
97	Functional Ankle Range of Motion but Not Peak Achilles Tendon Force Diminished With Heel-Rise and Jumping Tasks After Achilles Tendon Repair. <i>American Journal of Sports Medicine</i> , 2021, 49, 2439-2446.	1.9	6
98	Effects of kinesiophobia and pain on performance and willingness to perform jumping tests in Achilles tendinopathy: A cross-sectional study. <i>Physical Therapy in Sport</i> , 2021, 50, 139-144.	0.8	6
99	Characteristics of human knee muscle coordination during isometric contractions in a standing posture: The effect of limb task. <i>Journal of Electromyography and Kinesiology</i> , 2013, 23, 1398-1405.	0.7	5
100	Calf Endurance and Achilles Tendon Structure in Classical Ballet Dancers. <i>Journal of Dance Medicine and Science</i> , 2017, 21, 64-69.	0.2	5
101	No effects of early functional mobilization on gait patterns after acute Achilles tendon rupture repair. <i>Journal of Orthopaedic Research</i> , 2022, 40, 1932-1942.	1.2	5
102	The effects of knee and hip joint angles on patellar tendon loading during quadriceps neuromuscular electrical stimulation. <i>Translational Sports Medicine</i> , 2021, 4, 587-596.	0.5	4
103	DISTAL FIBULAR STRESS FRACTURE IN A FEMALE RECREATIONAL RUNNER: A CASE REPORT WITH MUSCULOSKELETAL ULTRASOUND IMAGING FINDINGS. <i>International Journal of Sports Physical Therapy</i> , 2015, 10, 1050-8.	0.5	3
104	Are randomised control trials best for evaluating the effect of complex physical therapy interventions?. <i>British Journal of Sports Medicine</i> , 2018, 52, 949-950.	3.1	2
105	JOSPT Infographics: When a Picture Tells Far More Than a Thousand Words. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 262-263.	1.7	2
106	Current Consensus for Rehabilitation Protocols of the Surgically Repaired Acute Mid-Substance Achilles Rupture: A Systematic Review and Recommendations From the â€œGAITâ€•Study Group. <i>Journal of Foot and Ankle Surgery</i> , 2022, 61, 855-861.	0.5	2
107	Letter to the Editor. <i>American Journal of Sports Medicine</i> , 2007, 35, 1208-1209.	1.9	1
108	Treatment of Chronic Achilles Tendinopathies. , 2014, , 191-200.		1

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109	Efficacy of high-volume injections with and without corticosteroid compared with sham for Achilles tendinopathy: a protocol for a randomised controlled trial. <i>BMJ Open Sport and Exercise Medicine</i> , 2021, 7, e001136.	1.4	1
110	Nonsurgical Treatment of Achilles Tendinopathy. , 2015, , 2187-2199.		0
111	Treatment of Achilles Tendinopathies. , 2019, , 173-186.		0
112	Increased risk of deep venous thrombosis in patients with poor ankle dorsiflexion after lower limb immobilization. <i>OTA International the Open Access Journal of Orthopaedic Trauma</i> , 2019, 2, e038.	0.4	0
113	Impact of seated and standing positions on triceps surae muscle activation in unilateral Achilles tendon rupture. <i>Translational Sports Medicine</i> , 2020, 3, 3-8.	0.5	0
114	Rehabilitation of Tendinopathy in Basketball. , 2020, , 749-763.		0
115	Rehabilitation of Foot and Ankle Injuries in Basketball Players. , 2020, , 737-747.		0