

Karin Gravare Silbernagel

List of Publications by Year in descending order

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Version: 2024-02-01

115
papers

6,981
citations

76326

40
h-index

62596

80
g-index

119
all docs

119
docs citations

119
times ranked

3829
citing authors

#	ARTICLE	IF	CITATIONS
1	No effects of early functional mobilization on gait patterns after acute Achilles tendon rupture repair. <i>Journal of Orthopaedic Research</i> , 2022, 40, 1932-1942.	2.3	5
2	ICON 2020"International Scientific Tendinopathy Symposium Consensus: A Systematic Review of Outcome Measures Reported in Clinical Trials of Achilles Tendinopathy. <i>Sports Medicine</i> , 2022, 52, 613-641.	6.5	15
3	Relationships between tendon structure and clinical impairments in patients with patellar tendinopathy. <i>Journal of Orthopaedic Research</i> , 2022, 40, 2320-2329.	2.3	11
4	Fear of Movement and Reinjury in Sports Medicine: Relevance for Rehabilitation and Return to Sport. <i>Physical Therapy</i> , 2022, 102, .	2.4	18
5	Current Consensus for Rehabilitation Protocols of the Surgically Repaired Acute Mid-Substance Achilles Rupture: A Systematic Review and Recommendations From the "GAIT" Study Group. <i>Journal of Foot and Ankle Surgery</i> , 2022, 61, 855-861.	1.0	2
6	Tendon loading in runners with Achilles tendinopathy: Relations to pain, structure, and function during return to sport. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 1201-1212.	2.9	7
7	Exercise Progression to Incrementally Load the Achilles Tendon. <i>Medicine and Science in Sports and Exercise</i> , 2021, 53, 124-130.	0.4	30
8	Tendinopathy. <i>Nature Reviews Disease Primers</i> , 2021, 7, 1.	30.5	388
9	Pain-guided activity modification during treatment for patellar tendinopathy: a feasibility and pilot randomized clinical trial. <i>Pilot and Feasibility Studies</i> , 2021, 7, 58.	1.2	15
10	The Effect of Quadriceps Muscle Length on Maximum Neuromuscular Electrical Stimulation Evoked Contraction, Muscle Architecture, and Tendon-Aponeurosis Stiffness. <i>Frontiers in Physiology</i> , 2021, 12, 633589.	2.8	10
11	Shear-stress sensing by PIEZO1 regulates tendon stiffness in rodents and influences jumping performance in humans. <i>Nature Biomedical Engineering</i> , 2021, 5, 1457-1471.	22.5	54
12	Chronic hyperglycemia, hypercholesterolemia, and metabolic syndrome are associated with risk of tendon injury. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1822-1831.	2.9	10
13	JOSPT Infographics: When a Picture Tells Far More Than a Thousand Words. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 262-263.	3.5	2
14	Functional Ankle Range of Motion but Not Peak Achilles Tendon Force Diminished With Heel-Rise and Jumping Tasks After Achilles Tendon Repair. <i>American Journal of Sports Medicine</i> , 2021, 49, 2439-2446.	4.2	6
15	The effects of knee and hip joint angles on patellar tendon loading during quadriceps neuromuscular electrical stimulation. <i>Translational Sports Medicine</i> , 2021, 4, 587-596.	1.1	4
16	Effects of kinesiophobia and pain on performance and willingness to perform jumping tests in Achilles tendinopathy: A cross-sectional study. <i>Physical Therapy in Sport</i> , 2021, 50, 139-144.	1.9	6
17	The Impact of the Degree of Kinesiophobia on Recovery in Patients With Achilles Tendinopathy. <i>Physical Therapy</i> , 2021, 101, .	2.4	7
18	Beyond the Diagnosis: Using Patient Characteristics and Domains of Tendon Health to Identify Latent Subgroups of Achilles Tendinopathy. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2021, 51, 440-448.	3.5	15

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19	Kinesiophobia Severity Categories and Clinically Meaningful Symptom Change in Persons With Achilles Tendinopathy in a Cross-Sectional Study: Implications for Assessment and Willingness to Exercise. <i>Frontiers in Pain Research</i> , 2021, 2, 739051.	2.0	18
20	Efficacy of high-volume injections with and without corticosteroid compared with sham for Achilles tendinopathy: a protocol for a randomised controlled trial. <i>BMJ Open Sport and Exercise Medicine</i> , 2021, 7, e001136.	2.9	1
21	No difference in strength and clinical outcome between early and late repair after Achilles tendon rupture. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2020, 28, 1587-1594.	4.2	14
22	ICON PART-T 2019â€œInternational Scientific Tendinopathy Symposium Consensus: recommended standards for reporting participant characteristics in tendinopathy research (PART-T). <i>British Journal of Sports Medicine</i> , 2020, 54, 627-630.	6.7	52
23	ICON 2019: International Scientific Tendinopathy Symposium Consensus: Clinical Terminology. <i>British Journal of Sports Medicine</i> , 2020, 54, 260-262.	6.7	133
24	Achilles tendon cross-sectional area at 12 weeks post-rupture relates to 1-year heel-rise height. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2020, 28, 245-252.	4.2	17
25	Early mobilization does not reduce the risk of deep venous thrombosis after Achilles tendon rupture: a randomized controlled trial. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2020, 28, 312-319.	4.2	30
26	ICON 2019â€œInternational Scientific Tendinopathy Symposium Consensus: There are nine core health-related domains for tendinopathy (CORE DOMAINS): Delphi study of healthcare professionals and patients. <i>British Journal of Sports Medicine</i> , 2020, 54, 444-451.	6.7	85
27	Impact of seated and standing positions on triceps surae muscle activation in unilateral Achilles tendon rupture. <i>Translational Sports Medicine</i> , 2020, 3, 3-8.	1.1	0
28	Changes in Tendon Elongation and Muscle Atrophy Over Time After Achilles Tendon Rupture Repair: A Prospective Cohort Study on the Effects of Early Functional Mobilization. <i>American Journal of Sports Medicine</i> , 2020, 48, 3296-3305.	4.2	21
29	Success Criteria and Preclinical Testing of Multifunctional Hydrogels for Tendon Regeneration. <i>Tissue Engineering - Part C: Methods</i> , 2020, 26, 506-518.	2.1	7
30	Resistance Exercises in Early Functional Rehabilitation for Achilles Tendon Ruptures Are Poorly Described: A Scoping Review. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2020, 50, 681-690.	3.5	12
31	Does Early Functional Mobilization Affect Long-Term Outcomes After an Achilles Tendon Rupture? A Randomized Clinical Trial. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712090652.	1.7	25
32	â€œI've been to physical therapy before, but not for the knees.â€œ A qualitative study exploring barriers and facilitators to physical therapy utilization for knee osteoarthritis. <i>Musculoskeletal Care</i> , 2020, 18, 477-486.	1.4	7
33	Relationship between mechanical properties (shear modulus and viscosity), age, and sex in uninjured Achilles tendons. <i>Translational Sports Medicine</i> , 2020, 3, 321-327.	1.1	13
34	Tendon Morphology and Mechanical Properties Are Associated With the Recovery of Symptoms and Function in Patients With Achilles Tendinopathy. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712091727.	1.7	19
35	Age and Tightness of Repair Are Predictors of Heel-Rise Height After Achilles Tendon Rupture. <i>Orthopaedic Journal of Sports Medicine</i> , 2020, 8, 232596712090955.	1.7	18
36	Current Clinical Concepts: Conservative Management of Achilles Tendinopathy. <i>Journal of Athletic Training</i> , 2020, 55, 438-447.	1.8	95

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37	Rehabilitation of Tendinopathy in Basketball. , 2020, , 749-763.		0
38	Rehabilitation of Foot and Ankle Injuries in Basketball Players. , 2020, , 737-747.		0
39	Muscle activation during maximum voluntary contraction and m-wave related in healthy but not in injured conditions: Implications when normalizing electromyography. <i>Clinical Biomechanics</i> , 2019, 69, 104-108.	1.2	7
40	Distinguishing Quadriceps Tendinopathy and Patellar Tendinopathy: Semantics or Significant?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2019, 49, 627-630.	3.5	18
41	Isometric exercise for acute pain relief: is it relevant in tendinopathy management?. <i>British Journal of Sports Medicine</i> , 2019, 53, 1330-1331.	6.7	17
42	Quantification of Mechanical Properties in Healthy Achilles Tendon Using Continuous Shear Wave Elastography: A Reliability and Validation Study. <i>Ultrasound in Medicine and Biology</i> , 2019, 45, 1574-1585.	1.5	45
43	Treatment of Achilles Tendinopathies. , 2019, , 173-186.		0
44	Immediate effect of photobiomodulation therapy on Achilles tendon morphology and mechanical properties: An exploratory study. <i>Translational Sports Medicine</i> , 2019, 2, 164-172.	1.1	11
45	Changes in gait mechanics and muscle activity with wedge height in an orthopaedic boot. <i>Gait and Posture</i> , 2019, 70, 59-64.	1.4	13
46	High Plantar Force Loading After Achilles Tendon Rupture Repair With Early Functional Mobilization. <i>American Journal of Sports Medicine</i> , 2019, 47, 894-900.	4.2	15
47	Lower extremity work along with triceps surae structure and activation is altered with jumping after Achilles tendon repair. <i>Journal of Orthopaedic Research</i> , 2019, 37, 933-941.	2.3	22
48	Defining Components of Early Functional Rehabilitation for Acute Achilles Tendon Rupture: A Systematic Review. <i>Orthopaedic Journal of Sports Medicine</i> , 2019, 7, 232596711988407.	1.7	26
49	Increased risk of deep venous thrombosis in patients with poor ankle dorsiflexion after lower limb immobilization. <i>OTA International the Open Access Journal of Orthopaedic Trauma</i> , 2019, 2, e038.	1.0	0
50	Tendon morphology and mechanical properties assessed by ultrasound show change early in recovery and potential prognostic ability for 6-month outcomes. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2019, 27, 2831-2839.	4.2	26
51	FREQUENCY OF PATHOLOGY ON DIAGNOSTIC ULTRASOUND AND RELATIONSHIP TO PATIENT DEMOGRAPHICS IN INDIVIDUALS WITH INSERTIONAL ACHILLES TENDINOPATHY. <i>International Journal of Sports Physical Therapy</i> , 2019, 14, 761-769.	1.3	7
52	Patients with an Achilles tendon re-rupture have long-term functional deficits in function and worse patient-reported outcome than primary ruptures. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018, 26, 3063-3072.	4.2	22
53	Achilles Tendon Resting Angle Relates to Tendon Length and Function. <i>Foot and Ankle International</i> , 2018, 39, 343-348.	2.3	45
54	Are randomised control trials best for evaluating the effect of complex physical therapy interventions?. <i>British Journal of Sports Medicine</i> , 2018, 52, 949-950.	6.7	2

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55	Cost-effectiveness analysis of surgical versus non-surgical management of acute Achilles tendon ruptures. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2018, 26, 3074-3082.	4.2	36
56	Return to competition after an Achilles tendon rupture using both on and off the field load monitoring as guidance: A case report of a top-level soccer player. <i>Physical Therapy in Sport</i> , 2018, 29, 70-78.	1.9	10
57	Calf Muscle Performance Deficits Remain 7 Years After an Achilles Tendon Rupture. <i>American Journal of Sports Medicine</i> , 2018, 46, 470-477.	4.2	52
58	Individuals Post Achilles Tendon Rupture Exhibit Asymmetrical Knee and Ankle Kinetics and Loading Rates During a Drop Countermovement Jump. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2018, 48, 34-43.	3.5	18
59	Evaluating the relationship between gait and clinical measures of plantar flexor function. <i>Journal of Electromyography and Kinesiology</i> , 2018, 43, 41-47.	1.7	6
60	Modifiable risk factors for patellar tendinopathy in athletes: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2018, 52, 1575-1585.	6.7	56
61	THE DEGREE OF TENDINOSIS IS RELATED TO SYMPTOM SEVERITY AND PHYSICAL ACTIVITY LEVELS IN PATIENTS WITH MIDPORTION ACHILLES TENDINOPATHY. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 196-207.	1.3	26
62	THE DEGREE OF TENDINOSIS IS RELATED TO SYMPTOM SEVERITY AND PHYSICAL ACTIVITY LEVELS IN PATIENTS WITH MIDPORTION ACHILLES TENDINOPATHY. <i>International Journal of Sports Physical Therapy</i> , 2018, 13, 196-207.	1.3	8
63	Elevated Knee Joint Kinetics and Reduced Ankle Kinetics Are Present During Jogging and Hopping After Achilles Tendon Ruptures. <i>American Journal of Sports Medicine</i> , 2017, 45, 1124-1133.	4.2	52
64	Functional Outcomes of Achilles Tendon Minimally Invasive Repair Using 4- and 6-Strand Nonabsorbable Suture: A Cohort Comparison Study. <i>Orthopaedic Journal of Sports Medicine</i> , 2017, 5, 232596711772334.	1.7	25
65	Heel-Rise Height Deficit 1 Year After Achilles Tendon Rupture Relates to Changes in Ankle Biomechanics 6 Years After Injury. <i>American Journal of Sports Medicine</i> , 2017, 45, 3060-3068.	4.2	51
66	Psychological factors are important to return to pre-injury sport activity after anterior cruciate ligament reconstruction: expect and motivate to satisfy. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2017, 25, 1375-1384.	4.2	123
67	Calf Endurance and Achilles Tendon Structure in Classical Ballet Dancers. <i>Journal of Dance Medicine and Science</i> , 2017, 21, 64-69.	0.7	5
68	Side-to-side differences in Achilles tendon geometry and mechanical properties following achilles tendon rupture. <i>Muscles, Ligaments and Tendons Journal</i> , 2017, 7, 541.	0.3	9
69	A Prospective Cohort Study on the Effect of a Balance Training Program, Including Calf Muscle Strengthening, in Community-Dwelling Older Adults. <i>Journal of Geriatric Physical Therapy</i> , 2016, 39, 125-131.	1.1	10
70	Nonsurgical treatment and early return to activity leads to improved Achilles tendon fatigue mechanics and functional outcomes during early healing in an animal model. <i>Journal of Orthopaedic Research</i> , 2016, 34, 2172-2180.	2.3	53
71	Return to play post-Achilles tendon rupture: a systematic review and meta-analysis of rate and measures of return to play. <i>British Journal of Sports Medicine</i> , 2016, 50, 1325-1332.	6.7	103
72	2016 Consensus statement on return to sport from the First World Congress in Sports Physical Therapy, Bern. <i>British Journal of Sports Medicine</i> , 2016, 50, 853-864.	6.7	552

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73	Acute Ultrasonography Investigation to Predict Reruptures and Outcomes in Patients With an Achilles Tendon Rupture. <i>Orthopaedic Journal of Sports Medicine</i> , 2016, 4, 232596711666792.	1.7	41
74	Rehabilitation after anatomical ankle ligament repair or reconstruction. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2016, 24, 1130-1139.	4.2	64
75	Extended field of view ultrasound imaging to evaluate Achilles tendon length and thickness: a reliability and validity study. <i>Muscles, Ligaments and Tendons Journal</i> , 2016, 6, 104-10.	0.3	41
76	FROM ACUTE ACHILLES TENDON RUPTURE TO RETURN TO PLAY - A CASE REPORT EVALUATING RECOVERY OF TENDON STRUCTURE, MECHANICAL PROPERTIES, CLINICAL AND FUNCTIONAL OUTCOMES. <i>International Journal of Sports Physical Therapy</i> , 2016, 11, 1150-1159.	1.3	7
77	The Achilles tendon resting angle as an indirect measure of Achilles tendon length following rupture, repair, and rehabilitation. <i>Asia-Pacific Journal of Sports Medicine, Arthroscopy, Rehabilitation and Technology</i> , 2015, 2, 49-55.	1.0	35
78	Viscoelastic properties of healthy achilles tendon are independent of isometric plantar flexion strength and cross-sectional area. <i>Journal of Orthopaedic Research</i> , 2015, 33, 926-931.	2.3	33
79	Continuous Shear Wave Elastography: A New Method to Measure Viscoelastic Properties of Tendons in Vivo. <i>Ultrasound in Medicine and Biology</i> , 2015, 41, 1518-1529.	1.5	86
80	Muscle fatigue after Achilles tendon rupture: A limited heel-rise test with electromyography reveals decreased endurance. <i>European Journal of Physiotherapy</i> , 2015, 17, 200-207.	1.3	9
81	A Proposed Return-to-Sport Program for Patients With Midportion Achilles Tendinopathy: Rationale and Implementation. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 876-886.	3.5	91
82	Outcome Evaluation in Tendinopathy: Foundations of Assessment and a Summary of Selected Measures. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 950-964.	3.5	56
83	Eccentric or Concentric Exercises for the Treatment of Tendinopathies?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2015, 45, 853-863.	3.5	87
84	Nonsurgical Treatment of Achilles Tendinopathy. , 2015, , 2187-2199.		0
85	Sex Differences in Outcome After an Acute Achilles Tendon Rupture. <i>Orthopaedic Journal of Sports Medicine</i> , 2015, 3, 232596711558676.	1.7	47
86	Compensatory muscle activation caused by tendon lengthening post-Achilles tendon rupture. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2015, 23, 868-874.	4.2	73
87	DISTAL FIBULAR STRESS FRACTURE IN A FEMALE RECREATIONAL RUNNER: A CASE REPORT WITH MUSCULOSKELETAL ULTRASOUND IMAGING FINDINGS. <i>International Journal of Sports Physical Therapy</i> , 2015, 10, 1050-8.	1.3	3
88	Treatment of Chronic Achilles Tendinopathies. , 2014, , 191-200.		1
89	Predictors of Clinical Outcome After Acute Achilles Tendon Ruptures. <i>American Journal of Sports Medicine</i> , 2014, 42, 1448-1455.	4.2	82
90	Does One Size Fit All When It Comes to Exercise Treatment for Achilles Tendinopathy?. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2014, 44, 42-44.	3.5	15

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91	Cross cultural adaptation of the Achilles tendon Total Rupture Score with reliability, validity and responsiveness evaluation. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013, 21, 1356-1360.	4.2	51
92	Surgical repair of the ruptured Achilles tendon: the cost-effectiveness of open versus percutaneous repair. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013, 21, 1361-1368.	4.2	41
93	A prospective study on dinghy sailors's training habits and injury incidence with a comparison between elite sailor and club sailor during a 12-month period. <i>British Journal of Sports Medicine</i> , 2013, 47, 826-831.	6.7	7
94	Stable Surgical Repair With Accelerated Rehabilitation Versus Nonsurgical Treatment for Acute Achilles Tendon Ruptures. <i>American Journal of Sports Medicine</i> , 2013, 41, 2867-2876.	4.2	254
95	Characteristics of human knee muscle coordination during isometric contractions in a standing posture: The effect of limb task. <i>Journal of Electromyography and Kinesiology</i> , 2013, 23, 1398-1405.	1.7	5
96	Functional Outcome of Percutaneous Achilles Repair. <i>Orthopaedic Journal of Sports Medicine</i> , 2013, 1, 232596711349458.	1.7	29
97	Preinjury and Postinjury Running Analysis Along With Measurements of Strength and Tendon Length in a Patient With a Surgically Repaired Achilles Tendon Rupture. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2012, 42, 521-529.	3.5	28
98	Deficits in Heel-Rise Height and Achilles Tendon Elongation Occur in Patients Recovering From an Achilles Tendon Rupture. <i>American Journal of Sports Medicine</i> , 2012, 40, 1564-1571.	4.2	189
99	A real-time EMG-driven musculoskeletal model of the ankle. <i>Multibody System Dynamics</i> , 2012, 28, 169-180.	2.7	43
100	The Majority of Patients With Achilles Tendinopathy Recover Fully When Treated With Exercise Alone. <i>American Journal of Sports Medicine</i> , 2011, 39, 607-613.	4.2	146
101	Major functional deficits persist 2 years after acute Achilles tendon rupture. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2011, 19, 1385-1393.	4.2	194
102	A new measurement of heel-rise endurance with the ability to detect functional deficits in patients with Achilles tendon rupture. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2010, 18, 258-264.	4.2	147
103	Aspects of treatment for posterior heel pain in young athletes. <i>Open Access Journal of Sports Medicine</i> , 2010, 1, 223.	1.3	12
104	Acute Achilles Tendon Rupture. <i>American Journal of Sports Medicine</i> , 2010, 38, 2186-2193.	4.2	343
105	Knee extension and flexion muscle power after anterior cruciate ligament reconstruction with patellar tendon graft or hamstring tendons graft: a cross-sectional comparison 3 years post surgery. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2009, 17, 162-169.	4.2	105
106	Pathogenesis of tendinopathies: inflammation or degeneration?. <i>Arthritis Research and Therapy</i> , 2009, 11, 235.	3.5	410
107	A new surgical method to treat chronic ruptures and reruptures of the Achilles tendon. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2008, 16, 614-620.	4.2	67
108	Muscle strength and functional performance in patients with anterior cruciate ligament injury treated with training and surgical reconstruction or training only: A two to five year followup. <i>Arthritis and Rheumatism</i> , 2008, 59, 1773-1779.	6.7	133

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109	Continued Sports Activity, Using a Pain-Monitoring Model, during Rehabilitation in Patients with Achilles Tendinopathy. American Journal of Sports Medicine, 2007, 35, 897-906.	4.2	296
110	Full symptomatic recovery does not ensure full recovery of muscle-tendon function in patients with Achilles tendinopathy * COMMENTARY. British Journal of Sports Medicine, 2007, 41, 276-280.	6.7	86
111	The Achilles Tendon Total Rupture Score (ATRS). American Journal of Sports Medicine, 2007, 35, 421-426.	4.2	381
112	Letter to the Editor. American Journal of Sports Medicine, 2007, 35, 1208-1209.	4.2	1
113	A test battery for evaluating hop performance in patients with an ACL injury and patients who have undergone ACL reconstruction. Knee Surgery, Sports Traumatology, Arthroscopy, 2006, 14, 778-788.	4.2	371
114	Evaluation of lower leg function in patients with Achilles tendinopathy. Knee Surgery, Sports Traumatology, Arthroscopy, 2006, 14, 1207-1217.	4.2	162
115	Cross-cultural adaptation of the VISA-A questionnaire, an index of clinical severity for patients with Achilles tendinopathy, with reliability, validity and structure evaluations. BMC Musculoskeletal Disorders, 2005, 6, 12.	1.9	65