

# Sari Stenholm

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

111 papers	2,557 citations	28 h-index	47 g-index
124 ext. papers	3,535 ext. citations	5 avg, IF	5.11 L-index

#	Paper	IF	Citations
111	Residential greenness and risks of depression: Longitudinal associations with different greenness indicators and spatial scales in a Finnish population cohort.. <i>Health and Place</i> , <b>2022</b> , 74, 102760	4.6	0
110	Concurrent changes in physical activity and body mass index among 66 852 public sector employees over a 16-year follow-up: multitrajectory analysis of a cohort study in Finland.. <i>BMJ Open</i> , <b>2022</b> , 12, e057692	3.92	0
109	Association of alcohol use with years lived without major chronic diseases: A multicohort study from the IPD-Work consortium and UK Biobank. <i>Lancet Regional Health - Europe, The</i> , <b>2022</b> , 19, 100417		0
108	Shift work, work time control, and informal caregiving as risk factors for sleep disturbances in an ageing municipal workforce. <i>Scandinavian Journal of Work, Environment and Health</i> , <b>2021</b> , 47, 181-190	4.3	2
107	Changes in physical activity by context and residential greenness among recent retirees: Longitudinal GPS and accelerometer study.. <i>Health and Place</i> , <b>2021</b> , 73, 102732	4.6	
106	Shift work, work time control, and informal caregiving as risk factors for sleep disturbances in an ageing municipal workforce. <i>Scandinavian Journal of Work, Environment and Health</i> , <b>2021</b> , 47, 181-190	4.3	1
105	Persistence of sleep difficulties for over 16 years amongst 66,948 working-aged adults. <i>PLoS ONE</i> , <b>2021</b> , 16, e0259500	3.7	0
104	Daily Physical Activity Patterns and Their Association With Health-Related Physical Fitness Among Aging Workers-The Finnish Retirement and Aging Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2021</b> , 76, 1242-1250	6.4	3
103	Social network ties before and after retirement: a cohort study. <i>European Journal of Ageing</i> , <b>2021</b> , 18, 503-512	3.6	3
102	Contexts of sedentary time and physical activity among ageing workers and recent retirees: cross-sectional GPS and accelerometer study. <i>BMJ Open</i> , <b>2021</b> , 11, e042600	3	1
101	Trajectories of work ability from mid-life to pensionable age and their association with retirement timing. <i>Journal of Epidemiology and Community Health</i> , <b>2021</b> , 75, 1098-1103	5.1	0
100	Modifications to residential neighbourhood characteristics and risk of 79 common health conditions: a prospective cohort study. <i>Lancet Public Health, The</i> , <b>2021</b> , 6, e396-e407	22.4	8
99	Educational Differences in Decline in Maximum Gait Speed in Older Adults Over an 11-Year Follow-up. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2021</b> , 76, 703-709	6.4	4
98	The Effect of Consumer-based Activity Tracker Intervention on Physical Activity among Recent Retirees-An RCT Study. <i>Medicine and Science in Sports and Exercise</i> , <b>2021</b> , 53, 1756-1765	1.2	6
97	Workplace discrimination as risk factor for long-term sickness absence: Longitudinal analyses of onset and changes in workplace adversity. <i>PLoS ONE</i> , <b>2021</b> , 16, e0255697	3.7	1
96	Type 2 Diabetes as a Predictor of Muscle Strength Decline over 11 years among Men and Women Aged 55 Years and Older. <i>Gerontology</i> , <b>2021</b> , 1-9	5.5	0
95	Association of job strain with accelerometer-based sleep duration and timing of sleep among older employees. <i>Journal of Sleep Research</i> , <b>2021</b> , e13498	5.8	0

94	Social relationships as predictors of extended employment beyond the pensionable age: a cohort study. <i>European Journal of Ageing</i> , <b>2021</b> , 18, 491-501	3.6	1
93	Socioeconomic Inequalities in Disability-free Life Expectancy in Older People from England and the United States: A Cross-national Population-Based Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2020</b> , 75, 906-913	6.4	25
92	Trajectories of self-rated health before and after retirement: evidence from two cohort studies. <i>Occupational and Environmental Medicine</i> , <b>2020</b> , 77, 70-76	2.1	8
91	Commuting time to work and behaviour-related health: a fixed-effect analysis. <i>Occupational and Environmental Medicine</i> , <b>2020</b> , 77, 77-83	2.1	9
90	Association between socioeconomic status and the development of mental and physical health conditions in adulthood: a multi-cohort study. <i>Lancet Public Health</i> , <b>2020</b> , 5, e140-e149	22.4	132
89	Diet quality as a predictor of cardiometabolic disease-free life expectancy: the Whitehall II cohort study. <i>American Journal of Clinical Nutrition</i> , <b>2020</b> , 111, 787-794	7	17
88	Operationalization of a frailty index among older adults in the InCHIANTI study: predictive ability for all-cause and cardiovascular disease mortality. <i>Aging Clinical and Experimental Research</i> , <b>2020</b> , 32, 1025-1034	4.8	7
87	Association of Healthy Lifestyle With Years Lived Without Major Chronic Diseases. <i>JAMA Internal Medicine</i> , <b>2020</b> , 180, 760-768	11.5	59
86	Psychotropic medication before and after disability retirement by pre-retirement perceived work-related stress. <i>European Journal of Public Health</i> , <b>2020</b> , 30, 158-163	2.1	1
85	Comparison of Sedentary Time Between Thigh-Worn and Wrist-Worn Accelerometers. <i>Journal for the Measurement of Physical Behaviour</i> , <b>2020</b> , 3, 234-243	2.3	5
84	Thigh-worn accelerometry for measuring movement and posture across the 24-hour cycle: a scoping review and expert statement. <i>BMJ Open Sport and Exercise Medicine</i> , <b>2020</b> , 6, e000874	3.4	15
83	Sleep Tracking of a Commercially Available Smart Ring and Smartwatch Against Medical-Grade Actigraphy in Everyday Settings: Instrument Validation Study. <i>JMIR MHealth and UHealth</i> , <b>2020</b> , 8, e204655	5.5	25
82	Longitudinal change in physical functioning and dropout due to death among the oldest old: a comparison of three methods of analysis. <i>European Journal of Ageing</i> , <b>2020</b> , 17, 207-216	3.6	4
81	Excess body weight, cigarette smoking, and type II diabetes incidence in the national FINRISK studies. <i>Annals of Epidemiology</i> , <b>2020</b> , 42, 12-18	6.4	3
80	The relation of work-related factors with ambulatory blood pressure and nocturnal blood pressure dipping among aging workers. <i>International Archives of Occupational and Environmental Health</i> , <b>2020</b> , 93, 563-570	3.2	1
79	Changes in accelerometer-measured sleep during the transition to retirement: the Finnish Retirement and Aging (FIREA) study. <i>Sleep</i> , <b>2020</b> , 43,	1.1	6
78	Effort-reward imbalance at work and risk of type 2 diabetes in a national sample of 50,552 workers in Denmark: A prospective study linking survey and register data. <i>Journal of Psychosomatic Research</i> , <b>2020</b> , 128, 109867	4.1	12
77	Concurrent changes in sleep and physical activity during the transition to retirement: a prospective cohort study. <i>Sleep Medicine</i> , <b>2020</b> , 68, 35-41	4.6	1

76	Long working hours and change in body weight: analysis of individual-participant data from 19 cohort studies. <i>International Journal of Obesity</i> , <b>2020</b> , 44, 1368-1375	5.5	7
75	Onset of Workplace Bullying and Risk of Weight Gain: A Multicohort Longitudinal Study. <i>Obesity</i> , <b>2020</b> , 28, 2216-2223	8	0
74	Comparison between recent and long-term physical activity levels as predictors of cardiometabolic risk: a cohort study. <i>BMJ Open</i> , <b>2020</b> , 10, e033797	3	4
73	Cross-sectional associations of neighbourhood socioeconomic disadvantage and greenness with accelerometer-measured leisure-time physical activity in a cohort of ageing workers. <i>BMJ Open</i> , <b>2020</b> , 10, e038673	3	5
72	Association between retirement and mortality: working longer, living longer? A systematic review and meta-analysis. <i>Journal of Epidemiology and Community Health</i> , <b>2020</b> , 74, 473-480	5.1	4
71	Physical Activity across Retirement Transition by Occupation and Mode of Commute. <i>Medicine and Science in Sports and Exercise</i> , <b>2020</b> , 52, 1900-1907	1.2	6
70	Circulating cell-free DNA level predicts all-cause mortality independent of other predictors in the Health 2000 survey. <i>Scientific Reports</i> , <b>2020</b> , 10, 13809	4.9	6
69	Neighbourhood characteristics as a predictor of adherence to dietary recommendations: A population-based cohort study of Finnish adults. <i>Scandinavian Journal of Public Health</i> , <b>2020</b> , 1403494820971497	2.1	9
68	Objectively Measured Sedentary Time Before and After Transition to Retirement: The Finnish Retirement and Aging Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2020</b> , 75, 1737-1743	6.4	5
67	Associations of accelerometer-based sleep duration and self-reported sleep difficulties with cognitive function in late mid-life: the Finnish Retirement and Aging Study. <i>Sleep Medicine</i> , <b>2020</b> , 68, 42-49	4.6	4
66	Midlife Cardiovascular Status and Old Age Physical Functioning Trajectories in Older Businessmen. <i>Journal of the American Geriatrics Society</i> , <b>2019</b> , 67, 2490-2496	5.6	3
65	Does removal of work stress explain improved sleep following retirement? The Finnish Retirement and Aging study. <i>Sleep</i> , <b>2019</b> , 42,	1.1	6
64	Projecting long-term trends in mobility limitations: impact of excess weight, smoking and physical inactivity. <i>Journal of Epidemiology and Community Health</i> , <b>2019</b> , 73, 443-450	5.1	2
63	Natural Course of Frailty Components in People Who Develop Frailty Syndrome: Evidence From Two Cohort Studies. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2019</b> , 74, 667-674	6.4	31
62	Multicohort study of change in job strain, poor mental health and incident cardiometabolic disease. <i>Occupational and Environmental Medicine</i> , <b>2019</b> , 76, 785-792	2.1	10
61	Neighborhood socioeconomic status and adherence to dietary recommendations among Finnish adults: A retrospective follow-up study. <i>Health and Place</i> , <b>2019</b> , 55, 43-50	4.6	15
60	Socioeconomic differences in healthy and disease-free life expectancy between ages 50 and 75: a multi-cohort study. <i>European Journal of Public Health</i> , <b>2019</b> , 29, 267-272	2.1	16
59	Workplace bullying and workplace violence as risk factors for cardiovascular disease: a multi-cohort study. <i>European Heart Journal</i> , <b>2019</b> , 40, 1124-1134	9.5	40

58	Daily physical activity patterns among aging workers: the Finnish Retirement and Aging Study (FIREA). <i>Occupational and Environmental Medicine</i> , <b>2019</b> , 76, 33-39	2.1	11
57	Changes in Smoking During Retirement Transition: A Longitudinal Cohort Study. <i>Scandinavian Journal of Public Health</i> , <b>2019</b> , 47, 876-884	3	1
56	Long working hours, anthropometry, lung function, blood pressure and blood-based biomarkers: cross-sectional findings from the CONSTANCES study. <i>Journal of Epidemiology and Community Health</i> , <b>2019</b> , 73, 130-135	5.1	11
55	Sleep Duration and Sleep Disturbances as Predictors of Healthy and Chronic Disease-Free Life Expectancy Between Ages 50 and 75: A Pooled Analysis of Three Cohorts. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2019</b> , 74, 204-210	6.4	19
54	Changes in non-occupational sedentary behaviours across the retirement transition: the Finnish Retirement and Aging (FIREA) study. <i>Journal of Epidemiology and Community Health</i> , <b>2018</b> , 72, 695-701	5.1	25
53	Change in physical activity and accumulation of cardiometabolic risk factors. <i>Preventive Medicine</i> , <b>2018</b> , 112, 31-37	4.3	13
52	Changes in Sleep Difficulties During the Transition to Statutory Retirement. <i>Sleep</i> , <b>2018</b> , 41,	1.1	20
51	Association Between Employment Status and Objectively Measured Physical Activity and Sedentary Behavior-The Maastricht Study. <i>Journal of Occupational and Environmental Medicine</i> , <b>2018</b> , 60, 309-315	2	14
50	Physical activity level as a predictor of healthy and chronic disease-free life expectancy between ages 50 and 75. <i>Age and Ageing</i> , <b>2018</b> , 47, 423-429	3	22
49	Association between education and television viewing among older working and retired people: a comparative study of Finland and Japan. <i>BMC Public Health</i> , <b>2018</b> , 18, 917	4.1	2
48	Job strain and loss of healthy life years between ages 50 and 75 by sex and occupational position: analyses of 64 934 individuals from four prospective cohort studies. <i>Occupational and Environmental Medicine</i> , <b>2018</b> , 75, 486-493	2.1	20
47	Workplace bullying and violence as risk factors for type 2 diabetes: a multicohort study and meta-analysis. <i>Diabetologia</i> , <b>2018</b> , 61, 75-83	10.3	44
46	Classification and Processing of 24-Hour Wrist Accelerometer Data. <i>Journal for the Measurement of Physical Behaviour</i> , <b>2018</b> , 1, 51-59	2.3	9
45	OCCUPATIONAL STATUS AND OBJECTIVELY MEASURED PHYSICAL ACTIVITY AND SEDENTARY BEHAVIOR. <i>Innovation in Aging</i> , <b>2018</b> , 2, 63-63	0.1	78
44	Sleep Before and After Retirement. <i>Current Sleep Medicine Reports</i> , <b>2018</b> , 4, 278-283	1.2	8
43	Obesity and loss of disease-free years owing to major non-communicable diseases: a multicohort study. <i>Lancet Public Health</i> , <b>2018</b> , 3, e490-e497	22.4	138
42	International Differences in the Risk of Death from Smoking and Obesity: The Case of the United States and Finland. <i>SSM - Population Health</i> , <b>2017</b> , 3, 141-152	3.8	3
41	Body mass index as a predictor of healthy and disease-free life expectancy between ages 50 and 75: a multicohort study. <i>International Journal of Obesity</i> , <b>2017</b> , 41, 769-775	5.5	59

40	Change in organizational justice as a predictor of insomnia symptoms: longitudinal study analysing observational data as a non-randomized pseudo-trial. <i>International Journal of Epidemiology</i> , <b>2017</b> , 46, 1277-1284	7.8	8
39	Physical occupational exposures and health expectancies in a French occupational cohort. <i>Occupational and Environmental Medicine</i> , <b>2017</b> , 74, 176-183	2.1	11
38	Trajectories of risky drinking around the time of statutory retirement: a longitudinal latent class analysis. <i>Addiction</i> , <b>2017</b> , 112, 1163-1170	4.6	21
37	Body Mass Index and Waist Circumference as Predictors of Disability in Nonagenarians: The Vitality 90+ Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2017</b> , 72, 1569-1574	6.4	9
36	Social networks and patterns of health risk behaviours over two decades: A multi-cohort study. <i>Journal of Psychosomatic Research</i> , <b>2017</b> , 99, 45-58	4.1	2
35	Work stress, anthropometry, lung function, blood pressure, and blood-based biomarkers: a cross-sectional study of 43,593 French men and women. <i>Scientific Reports</i> , <b>2017</b> , 7, 9282	4.9	29
34	HEALTH EXPECTANCY BETWEEN AGES 50-75 IN RELATION TO PHYSICAL AND PSYCHOSOCIAL OCCUPATIONAL EXPOSURES. <i>Innovation in Aging</i> , <b>2017</b> , 1, 609-609	0.1	78
33	Does retirement benefit health?. <i>Preventive Medicine</i> , <b>2017</b> , 100, 294-295	4.3	9
32	Change in Job Strain as a Predictor of Change in Insomnia Symptoms: Analyzing Observational Data as a Non-randomized Pseudo-Trial. <i>Sleep</i> , <b>2017</b> , 40,	1.1	19
31	Change in body mass index during transition to statutory retirement: an occupational cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 85	8.4	11
30	DIABETES AS A PREDICTOR OF MUSCLE STRENGTH DECLINE AMONG INDIVIDUALS AGE 55 AND OLDER. <i>Innovation in Aging</i> , <b>2017</b> , 1, 1382-1382	0.1	78
29	Occupational class and working beyond the retirement age: a cohort study. <i>Scandinavian Journal of Work, Environment and Health</i> , <b>2017</b> , 43, 426-435	4.3	28
28	Changes in Sleep Duration During Transition to Statutory Retirement: A Longitudinal Cohort Study. <i>Sleep</i> , <b>2017</b> , 40,	1.1	21
27	Trajectories of self-rated health in the last 15 years of life by cause of death. <i>European Journal of Epidemiology</i> , <b>2016</b> , 31, 177-85	12.1	43
26	Association of Physical Activity History With Physical Function and Mortality in Old Age. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2016</b> , 71, 496-501	6.4	53
25	Association Between Distance From Home to Tobacco Outlet and Smoking Cessation and Relapse. <i>JAMA Internal Medicine</i> , <b>2016</b> , 176, 1512-1519	11.5	34
24	Change in Neighborhood Disadvantage and Change in Smoking Behaviors in Adults: A Longitudinal, Within-individual Study. <i>Epidemiology</i> , <b>2016</b> , 27, 803-9	3.1	13
23	Changes in physical activity during transition to retirement: a cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 51	8.4	50



22	Association of Self-Rated Health in Midlife With Mortality and Old Age Frailty: A 26-Year Follow-Up of Initially Healthy Men. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2016</b> , 71, 923-8	6.4	30
21	Cohort Profile: The Helsinki Businessmen Study (HBS). <i>International Journal of Epidemiology</i> , <b>2016</b> , 45, 1074-1074h	7.8	34
20	Smoking, physical inactivity and obesity as predictors of healthy and disease-free life expectancy between ages 50 and 75: a multicohort study. <i>International Journal of Epidemiology</i> , <b>2016</b> , 45, 1260-1270	7.8	64
19	Short Physical Performance Battery and all-cause mortality: systematic review and meta-analysis. <i>BMC Medicine</i> , <b>2016</b> , 14, 215	11.4	307
18	Comorbidity and functional trajectories from midlife to old age: the Health and Retirement Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2015</b> , 70, 332-8	6.4	90
17	The widening BMI distribution in the United States. <i>American Journal of Clinical Nutrition</i> , <b>2015</b> , 101, 1307-8	7	1
16	Physiological factors contributing to mobility loss over 9 years of follow-up: Results from the InCHIANTI study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2015</b> , 70, 591-7	6.4	18
15	Length of sick leave as a risk marker of hip fracture: a nationwide cohort study from Sweden. <i>Osteoporosis International</i> , <b>2015</b> , 26, 943-9	5.3	4
14	Patterns of weight gain in middle-aged and older US adults, 1992-2010. <i>Epidemiology</i> , <b>2015</b> , 26, 165-8	3.1	28
13	Childhood Psychosocial Adversity and Adult Neighborhood Disadvantage as Predictors of Cardiovascular Disease: A Cohort Study. <i>Circulation</i> , <b>2015</b> , 132, 371-9	16.7	51
12	Association of Body Mass Index and Waist Circumference With Physical Functioning: The Vitality 90+ Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2015</b> , 70, 885-91	6.4	21
11	Is change in availability of sports facilities associated with change in physical activity? A prospective cohort study. <i>Preventive Medicine</i> , <b>2015</b> , 73, 10-4	4.3	24
10	Age-related trajectories of physical functioning in work and retirement: the role of sociodemographic factors, lifestyle and disease. <i>Journal of Epidemiology and Community Health</i> , <b>2014</b> , 68, 503-9	5.1	49
9	Obesity and muscle strength as long-term determinants of all-cause mortality--a 33-year follow-up of the Mini-Finland Health Examination Survey. <i>International Journal of Obesity</i> , <b>2014</b> , 38, 1126-32	5.5	60
8	Green and blue areas as predictors of overweight and obesity in an 8-year follow-up study. <i>Obesity</i> , <b>2014</b> , 22, 1910-7	8	40
7	Response to the letter "overadjustment in regression analyses: considerations when evaluating relationships between body mass index, muscle strength, and body size". <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2014</b> , 69, 618-9	6.4	6
6	The prognostic value of repeated measures of lower extremity performance: should we measure more than once?. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2014</b> , 69, 894-9	6.4	20
5	Self-rated health in the last 12 years of life compared to matched surviving controls: the Health and Retirement Study. <i>PLoS ONE</i> , <b>2014</b> , 9, e107879	3.7	27

4	Self-reported sleep duration and time in bed as predictors of physical function decline: results from the InCHIANTI study. <i>Sleep</i> , <b>2011</b> , 34, 1583-93	1.1	57
3	Obesity history as a predictor of walking limitation at old age. <i>Obesity</i> , <b>2007</b> , 15, 929-38	8	60
2	Sleep Tracking of a Commercially Available Smart Ring and Smartwatch Against Medical-Grade Actigraphy in Everyday Settings: Instrument Validation Study (Preprint)		1
1	Why do men extend their employment beyond pensionable age more often than women? a cohort study. <i>European Journal of Ageing</i> , <sup>1</sup>	3.6	