

# Piotr Ostaszewski

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/12200688/publications.pdf>

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7  
papers

331  
citations

1478505

6  
h-index

1720034

7  
g-index

7  
all docs

7  
docs citations

7  
times ranked

440  
citing authors

#	ARTICLE	IF	CITATIONS
1	Creatine and $\beta$ -hydroxy- $\beta$ -methylbutyrate (HMB) additively increase lean body mass and muscle strength during a weight-training program. <i>Nutrition</i> , 2001, 17, 558-566.	2.4	163
2	Green tea extract supplementation gives protection against exercise-induced oxidative damage in healthy men. <i>Nutrition Research</i> , 2011, 31, 813-821.	2.9	69
3	Effect of a Single Dose of Green Tea Polyphenols on the Blood Markers of Exercise-Induced Oxidative Stress in Soccer Players. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2012, 22, 486-496.	2.1	46
4	Effects of $\beta$ -Hydroxy- $\beta$ -Methylbutyrate and $\beta$ -Oryzanol on Blood Biochemical Markers in Exercising Thoroughbred Race Horses. <i>Journal of Equine Veterinary Science</i> , 2012, 32, 542-551.	0.9	23
5	The effect of a high dose of 3-hydroxy-3-methylbutyrate on protein metabolism in growing lambs. <i>British Journal of Nutrition</i> , 1997, 77, 885-896.	2.3	13
6	Characterisation of equine satellite cell transcriptomic profile response to $\beta$ -hydroxy- $\beta$ -methylbutyrate (HMB). <i>British Journal of Nutrition</i> , 2016, 116, 1315-1325.	2.3	12
7	Effect of $\beta$ -hydroxy- $\beta$ -methylbutyrate on miRNA expression in differentiating equine satellite cells exposed to hydrogen peroxide. <i>Genes and Nutrition</i> , 2018, 13, 10.	2.5	5