

# Mark A Lumley

## List of Publications by Year in descending order

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Version: 2024-02-01

117  
papers

6,147  
citations

53660

45  
h-index

76769

74  
g-index

118  
all docs

118  
docs citations

118  
times ranked

5273  
citing authors

#	ARTICLE	IF	CITATIONS
1	Pain and emotion: a biopsychosocial review of recent research. <i>Journal of Clinical Psychology</i> , 2011, 67, 942-968.	1.0	544
2	The Assessment of Alexithymia in Medical Settings: Implications for Understanding and Treating Health Problems. <i>Journal of Personality Assessment</i> , 2007, 89, 230-246.	1.3	376
3	How are alexithymia and physical illness linked? A review and critique of pathways. <i>Journal of Psychosomatic Research</i> , 1996, 41, 505-518.	1.2	297
4	Trauma Resilience Training for Police: Psychophysiological and Performance Effects. <i>Journal of Police and Criminal Psychology</i> , 2009, 24, 1-9.	1.2	171
5	Health effects of emotional disclosure in rheumatoid arthritis patients.. <i>Health Psychology</i> , 1997, 16, 331-340.	1.3	165
6	For Whom Does It Work? Moderators of the Effects of Written Emotional Disclosure in a Randomized Trial Among Women With Chronic Pelvic Pain. <i>Psychosomatic Medicine</i> , 2004, 66, 174-183.	1.3	151
7	Assessing alexithymia and related emotional ability constructs using multiple methods: Interrelationships among measures.. <i>Emotion</i> , 2005, 5, 329-342.	1.5	146
8	Age and gender differences in cardiac reactivity and subjective emotion responses to emotional autobiographical memories.. <i>Emotion</i> , 2003, 3, 115-126.	1.5	144
9	Emotions and emotional approach and avoidance strategies in fibromyalgia. <i>Journal of Psychosomatic Research</i> , 2008, 64, 159-167.	1.2	140
10	Emotional awareness and expression therapy, cognitive behavioral therapy, and education for fibromyalgia: a cluster-randomized controlled trial. <i>Pain</i> , 2017, 158, 2354-2363.	2.0	140
11	Alexithymia and negative emotional conditions. <i>Journal of Psychosomatic Research</i> , 2000, 49, 51-54.	1.2	130
12	The relationships of cognitive coping and pain control beliefs to pain and adjustment among African-American and Caucasian women with rheumatoid arthritis. <i>Arthritis and Rheumatism</i> , 1998, 11, 80-88.	6.7	127
13	Alexithymia, social support and health problems. <i>Journal of Psychosomatic Research</i> , 1996, 41, 519-530.	1.2	122
14	Alexithymia, Emotional Disclosure, and Health: A Program of Research. <i>Journal of Personality</i> , 2004, 72, 1271-1300.	1.8	110
15	Stress management through written emotional disclosure improves academic performance among college students with physical symptoms.. <i>Journal of Educational Psychology</i> , 2003, 95, 641-649.	2.1	106
16	The relationship of alexithymia to pain severity and impairment among patients with chronic myofascial pain. <i>Journal of Psychosomatic Research</i> , 2002, 53, 823-830.	1.2	102
17	Testing the Alexithymia Hypothesis: Physiological and Subjective Responses During Relaxation and Stress. <i>Journal of Nervous and Mental Disease</i> , 1997, 185, 233-239.	0.5	98
18	International Stakeholder Community of Pain Experts and Leaders Call for an Urgent Action on Forced Opioid Tapering. <i>Pain Medicine</i> , 2019, 20, 429-433.	0.9	94

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19	Change in coping and defense mechanisms across adulthood: Longitudinal findings in a European American sample.. <i>Developmental Psychology</i> , 2014, 50, 634-648.	1.2	92
20	Relaxation Training and Written Emotional Disclosure for Tension or Migraine Headaches: A Randomized, Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2008, 36, 21-32.	1.7	91
21	Sustained Pain Reduction Through Affective Self-awareness in Fibromyalgia: A Randomized Controlled Trial. <i>Journal of General Internal Medicine</i> , 2010, 25, 1064-1070.	1.3	87
22	Effect of Pain Reprocessing Therapy vs Placebo and Usual Care for Patients With Chronic Back Pain. <i>JAMA Psychiatry</i> , 2022, 79, 13.	6.0	85
23	Alexithymia and Health Care Utilization. <i>Psychosomatic Medicine</i> , 1996, 58, 197-202.	1.3	83
24	The effects of a novel psychological attribution and emotional awareness and expression therapy for chronic musculoskeletal pain: A preliminary, uncontrolled trial. <i>Journal of Psychosomatic Research</i> , 2016, 81, 1-8.	1.2	81
25	Psychosocial functioning in the Ehlers-Danlos syndrome. <i>American Journal of Medical Genetics Part A</i> , 1994, 53, 149-152.	2.4	78
26	Alexithymia in chronic pain patients. <i>Comprehensive Psychiatry</i> , 1997, 38, 160-165.	1.5	78
27	The health effects of at-home written emotional disclosure in fibromyalgia: A randomized trial. <i>Annals of Behavioral Medicine</i> , 2006, 32, 135-146.	1.7	77
28	Alexithymia and Pathological Gambling. <i>Psychotherapy and Psychosomatics</i> , 1995, 63, 201-206.	4.0	76
29	Alexithymia in individuals with chronic pain and its relation to pain intensity, physical interference, depression, and anxiety: a systematic review and meta-analysis. <i>Pain</i> , 2019, 160, 994-1006.	2.0	68
30	Acculturation and post-migration psychological symptoms among Iraqi refugees: A path analysis.. <i>American Journal of Orthopsychiatry</i> , 2018, 88, 38-47.	1.0	68
31	Health Effects of Written Emotional Disclosure in Adolescents with Asthma: A Randomized, Controlled Trial. <i>Journal of Pediatric Psychology</i> , 2006, 31, 557-568.	1.1	67
32	Effects of anger and anger regulation styles on pain in daily life of women with fibromyalgia: A diary study. <i>European Journal of Pain</i> , 2010, 14, 176-182.	1.4	67
33	The Relationship of Alexithymia to Subjective and Biomedical Measures of Disease. <i>Psychosomatics</i> , 1997, 38, 497-502.	2.5	65
34	Contrasting emotional approach coping with passive coping for chronic myofascial pain. <i>Annals of Behavioral Medicine</i> , 2002, 24, 326-335.	1.7	65
35	Emotional Awareness and Expression Therapy for Chronic Pain: Rationale, Principles and Techniques, Evidence, and Critical Review. <i>Current Rheumatology Reports</i> , 2019, 21, 30.	2.1	63
36	Psychological Therapy for Centralized Pain: An Integrative Assessment and Treatment Model. <i>Psychosomatic Medicine</i> , 2019, 81, 114-124.	1.3	62

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37	The Psychological Mindedness Scale: Factor structure, convergent validity and gender in a non-psychiatric sample. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2002, 75, 131-150.	1.3	61
38	Alexithymia and Pain in Three Chronic Pain Samples: Comparing Caucasians and African Americans. <i>Pain Medicine</i> , 2005, 6, 251-261.	0.9	59
39	Potentially traumatic events and mental health problems among children of Iraqi refugees: The roles of relationships with parents and feelings about school.. <i>American Journal of Orthopsychiatry</i> , 2016, 86, 384-392.	1.0	57
40	Alexithymia and pain in temporomandibular disorder. <i>Journal of Psychosomatic Research</i> , 2005, 59, 85-88.	1.2	52
41	Unemployment in Iraqi refugees: The interaction of pre and postâ€displacement trauma. <i>Scandinavian Journal of Psychology</i> , 2016, 57, 564-570.	0.8	52
42	The effects of anger and sadness on clinical pain reports and experimentallyâ€induced pain thresholds in women with and without fibromyalgia. <i>Arthritis Care and Research</i> , 2010, 62, 1370-1376.	1.5	51
43	The matchâ€mismatch model of emotion processing styles and emotion regulation strategies in fibromyalgia. <i>Journal of Psychosomatic Research</i> , 2012, 72, 45-50.	1.2	49
44	Posttraumatic Stress Symptoms Mediate the Effects of Trauma Exposure on Clinical Indicators of Central Sensitization in Patients With Chronic Pain. <i>Clinical Journal of Pain</i> , 2019, 35, 385-393.	0.8	48
45	Written Emotional Disclosure: Testing Whether Social Disclosure Matters. <i>Journal of Social and Clinical Psychology</i> , 2007, 26, 362-384.	0.2	47
46	An emotional exposure-based treatment of traumatic stress for people with chronic pain: Preliminary results for fibromyalgia syndrome.. <i>Psychotherapy</i> , 2008, 45, 165-172.	0.7	47
47	Emotional disclosure interventions for chronic pain: from the laboratory to the clinic. <i>Translational Behavioral Medicine</i> , 2012, 2, 73-81.	1.2	46
48	A preliminary experimental examination of worldview verification, perceived racism, and stress reactivity in African Americans.. <i>Health Psychology</i> , 2016, 35, 366-375.	1.3	44
49	Potentially coercive self-citation by peer reviewers: A cross-sectional study. <i>Journal of Psychosomatic Research</i> , 2015, 78, 1-6.	1.2	43
50	Short-Term Psychodynamic Psychotherapy for Functional Somatic Disorders: A Meta-Analysis of Randomized Controlled Trials. <i>Psychotherapy and Psychosomatics</i> , 2020, 89, 363-370.	4.0	43
51	Alexithymia and Negative Affect: Relationship to Cigarette Smoking, Nicotine Dependence, and Smoking Cessation. <i>Psychotherapy and Psychosomatics</i> , 1994, 61, 156-162.	4.0	40
52	Effects of Anger Awareness and Expression Training versus Relaxation Training on Headaches: A Randomized Trial. <i>Annals of Behavioral Medicine</i> , 2013, 46, 181-192.	1.7	40
53	A life-stress, emotional awareness, and expression interview for primary care patients with medically unexplained symptoms: A randomized controlled trial.. <i>Health Psychology</i> , 2018, 37, 282-290.	1.3	37
54	Psychosocial factors related to unrecognized acute myocardial infarction. <i>American Journal of Cardiology</i> , 1995, 75, 1211-1213.	0.7	35

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55	Emotional Awareness and Expression Therapy Achieves Greater Pain Reduction than Cognitive Behavioral Therapy in Older Adults with Chronic Musculoskeletal Pain: A Preliminary Randomized Comparison Trial. <i>Pain Medicine</i> , 2020, 21, 2811-2822.	0.9	35
56	Kidnapping and Mental Health in Iraqi Refugees: The Role of Resilience. <i>Journal of Immigrant and Minority Health</i> , 2017, 19, 98-107.	0.8	34
57	Emotional approach coping and self-efficacy moderate the effects of written emotional disclosure and relaxation training for people with migraine headaches. <i>British Journal of Health Psychology</i> , 2008, 13, 67-71.	1.9	32
58	Effects of written emotional disclosure among repressive and alexithymic people.. , 0, , 75-95.		30
59	A Perspective-Taking Manipulation Leads to Greater Empathy and Less Pain During the Cold Pressor Task. <i>Journal of Pain</i> , 2015, 16, 1176-1185.	0.7	29
60	Prevalence and relevance of Type D personality in fibromyalgia. <i>General Hospital Psychiatry</i> , 2016, 39, 66-72.	1.2	29
61	Short-term psychodynamic psychotherapy for functional somatic disorders: A systematic review and meta-analysis of within-treatment effects. <i>Journal of Psychosomatic Research</i> , 2021, 145, 110473.	1.2	29
62	The Effects of a Life Stress Emotional Awareness and Expression Interview for Women with Chronic Urogenital Pain: A Randomized Controlled Trial. <i>Pain Medicine</i> , 2019, 20, 1321-1329.	0.9	28
63	Alexithymia and Polysomnographic Measures of Sleep in Healthy Adults. <i>Psychosomatic Medicine</i> , 2001, 63, 56-61.	1.3	26
64	Does emotional disclosure about stress improve health in rheumatoid arthritis? Randomized, controlled trials of written and spoken disclosure. <i>Pain</i> , 2011, 152, 866-877.	2.0	26
65	Emotion regulation as a transdiagnostic factor underlying co-occurring chronic pain and problematic opioid use.. <i>American Psychologist</i> , 2020, 75, 796-810.	3.8	23
66	Silent versus symptomatic myocardial ischemia: The role of psychological and medical factors.. <i>Health Psychology</i> , 1997, 16, 123-130.	1.3	22
67	Discrimination and anger control as pathways linking socioeconomic disadvantage to allostatic load in midlife. <i>Journal of Psychosomatic Research</i> , 2017, 103, 83-90.	1.2	22
68	The Effects of a Pain Psychology and Neuroscience Self-Evaluation Internet Intervention. <i>Clinical Journal of Pain</i> , 2020, 36, 683-692.	0.8	21
69	Internet-Administered Emotional Awareness and Expression Therapy for Somatic Symptom Disorder With Centralized Symptoms: A Preliminary Efficacy Trial. <i>Frontiers in Psychiatry</i> , 2021, 12, 620359.	1.3	19
70	Trauma matters: psychological interventions for comorbid psychosocial trauma and chronic pain. <i>Pain</i> , 2022, 163, 599-603.	2.0	18
71	Refinement and Preliminary Testing of an Imagery-Based Program to Improve Coping and Performance and Prevent Trauma among Urban Police Officers. <i>Journal of Police and Criminal Psychology</i> , 2017, 32, 1-10.	1.2	17
72	Alexithymia, Defenses, and Ego Strength: Cross-Sectional and Longitudinal Relationships with Psychological Well-Being and Depression. <i>Journal of Happiness Studies</i> , 2017, 18, 1799-1813.	1.9	17

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73	Relationship of alexithymia to cardiovascular disease risk factors among African Americans. <i>Comprehensive Psychiatry</i> , 2007, 48, 34-41.	1.5	15
74	Determinants of resource needs and utilization among refugees over time. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2016, 51, 539-549.	1.6	15
75	A Systematic Review of the Effectiveness of Psychological Treatments for IBS in Gastroenterology Settings: Promising but in Need of Further Study. <i>Digestive Diseases and Sciences</i> , 2018, 63, 2189-2201.	1.1	15
76	Functional independence after acquired brain injury: Prospective effects of health self-efficacy and cognitive impairment.. <i>Rehabilitation Psychology</i> , 2018, 63, 595-603.	0.7	14
77	Alexithymia and Physical Health Problems: A Critique of Potential Pathways and a Research Agenda. , 2008, , 43-68.		13
78	Stress, Emotional Skill, and Illness in Children: The Importance of Distinguishing between Children's and Parents' Reports of Illness. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 2001, 42, 405-412.	3.1	12
79	Psychological Trauma Exposure and Pain-Related Outcomes Among People with Chronic Low Back Pain: Moderated Mediation by Thought Suppression and Social Constraints. <i>Annals of Behavioral Medicine</i> , 2017, 51, 316-320.	1.7	12
80	Emotional awareness and other emotional processes: implications for the assessment and treatment of chronic pain. <i>Pain Management</i> , 2021, 11, 325-332.	0.7	12
81	The impact of COVID-19 stress on pain and fatigue in people with and without a central sensitivity syndrome. <i>Journal of Psychosomatic Research</i> , 2021, 151, 110655.	1.2	12
82	Psychosocial Correlates of Pregnant Women's Attitudes Toward Prenatal Maternal Serum Screening and Invasive Diagnostic Testing: Beyond Traditional Risk Status. <i>Genetic Testing and Molecular Biomarkers</i> , 2006, 10, 131-138.	1.7	11
83	The Impact of Emotion-Related Autonomic Nervous System Responsiveness on Pain Sensitivity in Female Patients With Fibromyalgia. <i>Psychosomatic Medicine</i> , 2013, 75, 765-773.	1.3	11
84	The Relationship of Chronic and Momentary Work Stress to Cardiac Reactivity in Female Managers. <i>Psychosomatic Medicine</i> , 2014, 76, 512-518.	1.3	11
85	Emotions matter: The role of emotional approach coping in chronic pain. <i>European Journal of Pain</i> , 2020, 24, 1775-1784.	1.4	11
86	Self-reported physical and psychological symptoms among victims and perpetrators of bullying in Arab American Adolescents. <i>Journal of Child and Adolescent Psychiatric Nursing</i> , 2020, 33, 201-208.	0.8	11
87	Comparison of self-citation by peer reviewers in a journal with single-blind peer review versus a journal with open peer review. <i>Journal of Psychosomatic Research</i> , 2015, 79, 561-565.	1.2	10
88	Indicators of Cognitive Impairment From a Medical Record Review: Correlations With Early (30-d) Readmissions Among Hospitalized Patients in a Nephrology Unit. <i>Psychosomatics</i> , 2017, 58, 173-179.	2.5	10
89	Telomere length and procedural justice predict stress reactivity responses to unfair outcomes in African Americans. <i>Psychoneuroendocrinology</i> , 2017, 86, 104-109.	1.3	9
90	Clinical psychology PhD students' admission experiences: Implications for recruiting racial/ethnic minority and LGBTQ students. <i>Journal of Clinical Psychology</i> , 2021, 77, 105-120.	1.0	9

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91	Justice for all? Beliefs about justice for self and others and telomere length in African Americans.. Cultural Diversity and Ethnic Minority Psychology, 2018, 24, 498-509.	1.3	9
92	Targeting Interventions: Moderators of the Effects of Expressive Writing and Assertiveness Training on the Adjustment of International University Students. International Journal for the Advancement of Counselling, 2011, 33, 101-112.	0.5	8
93	Assessing Anger Expression: Construct Validity of Three Emotion Expression-Related Measures. Journal of Personality Assessment, 2016, 98, 640-648.	1.3	8
94	Family Consultation to Reduce Early Hospital Readmissions among Patients with End Stage Kidney Disease. Clinical Journal of the American Society of Nephrology: CJASN, 2018, 13, 850-857.	2.2	8
95	Problematic Prescription Opioid Use in a Chronic Pain Treatment Facility: The Role of Emotional Processes. Substance Use and Misuse, 2019, 54, 495-505.	0.7	8
96	Dysfunctional neuroplasticity in newly arrived Middle Eastern refugees in the U.S.: Association with environmental exposures and mental health symptoms. PLoS ONE, 2020, 15, e0230030.	1.1	8
97	Emotional Processing and Its Association to Somatic Symptom Change in Emotional Awareness and Expression Therapy for Somatic Symptom Disorder: A Preliminary Mediation Investigation. Frontiers in Psychology, 2021, 12, 712518.	1.1	8
98	Do others really know us better? Predicting migraine activity from self- and other-ratings of negative emotion. Journal of Psychosomatic Research, 2005, 58, 253-258.	1.2	7
99	Pressure Pain Tolerance Predicts the Success of Emotional Awareness and Expression Therapy in Patients With Fibromyalgia. Clinical Journal of Pain, 2020, 36, 562-566.	0.8	7
100	A novel couple-based intervention for chronic pain and relationship distress: A pilot study.. Couple and Family Psychology: Research and Practice, 2020, 9, 13-32.	0.9	6
101	Beyond traumatic events and chronic low back pain. Pain, 2015, 156, 565-566.	2.0	5
102	The role of social constraints and catastrophizing in pelvic and urogenital pain. International Urogynecology Journal, 2016, 27, 1157-1162.	0.7	5
103	Ambivalence over emotional expression and perceived social constraints as moderators of relaxation training and emotional awareness and expression training for irritable bowel syndrome. General Hospital Psychiatry, 2018, 53, 38-43.	1.2	4
104	Commentary: On the ethics of recruiting students and patients. Journal of Psychosomatic Research, 2013, 75, 399-400.	1.2	3
105	Effects of reduced time in bed on daytime sleepiness and recovery sleep in fibromyalgia and rheumatoid arthritis. Journal of Psychosomatic Research, 2015, 79, 27-31.	1.2	3
106	The working alliance and Clinician-assisted Emotional Disclosure for rheumatoid arthritis. Journal of Psychosomatic Research, 2018, 104, 9-15.	1.2	3
107	The Development of Posttraumatic Stress Disorder and Depression Symptoms in Iraqi Refugees. Journal of Nervous and Mental Disease, 2021, 209, 585-591.	0.5	3
108	Does Written Emotional Disclosure about Stress Improve College Students' Academic Performance? Results from Three Randomized, Controlled Studies. The Journal of College Student Retention: Research and Practice, 2011, 12, 407-428.	0.9	2

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109	Behavioral inhibition and activation systems in traumatic brain injury.. Rehabilitation Psychology, 2016, 61, 397-407.	0.7	2
110	Writing about justice and injustice: Complex effects on affect, performance, threat, and biological responses to acute social stress among african American women and men. Social Science and Medicine, 2022, , 115019.	1.8	2
111	Effects of a Sexual Health Interview among Arab American Women: An Experimental Disclosure Study. Archives of Sexual Behavior, 2021, 50, 373-384.	1.2	1
112	Reflections on hybrid transdiagnostic treatment, pain reduction, and emotion regulation. Pain, 2019, 160, 1689-1690.	2.0	0
113	Development of a Multicomponent Intervention to Initiate Health Behavior Change in Primary Care: The Kickstart Health Program. Journal of Clinical Psychology in Medical Settings, 2021, 28, 694-705.	0.8	0
114	Title is missing!. , 2020, 15, e0230030.		0
115	Title is missing!. , 2020, 15, e0230030.		0
116	Title is missing!. , 2020, 15, e0230030.		0
117	Title is missing!. , 2020, 15, e0230030.		0