Omid Toupchian

List of Publications by Year in descending order

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Version: 2024-02-01

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#	Article	IF	CITATIONS
1	Effect of DHA-rich fish oil on PPARγ target genes related to lipid metabolism in type 2 diabetes: A randomized, double-blind, placebo-controlled clinical trial. Journal of Clinical Lipidology, 2015, 9, 770-777.	0.6	43
2	The Effect of Resveratrol Supplementation on Cardioâ€Metabolic Risk Factors in Patients with Type 2 Diabetes: A Randomized, Doubleâ€Blind Controlled Trial. Phytotherapy Research, 2019, 33, 3153-3162.	2.8	39
3	Associations between Maternal Dietary Patterns and Perinatal Outcomes: A Systematic Review and Meta-Analysis of Cohort Studies. Advances in Nutrition, 2021, 12, 1332-1352.	2.9	39
4	Zinc Supplementation and Body Weight: A Systematic Review and Dose–Response Meta-analysis of Randomized Controlled Trials. Advances in Nutrition, 2020, 11, 398-411.	2.9	31
5	Effects of DHA-enriched fish oil on monocyte/macrophage activation marker sCD163, asymmetric dimethyl arginine, and insulin resistance in type 2 diabetic patients. Journal of Clinical Lipidology, 2016, 10, 798-807.	0.6	16
6	DHA-enriched fish oil upregulates cyclin-dependent kinase inhibitor 2A (P16INK) expression and downregulates telomerase activity without modulating effects of PPARÎ ³ Pro12Ala polymorphism in type 2 diabetic patients: A randomized, double-blind, placebo-controlled clinical trial. Clinical Nutrition, 2018, 37, 91-98.	2.3	13
7	Effects of DHA Supplementation on Vascular Function, Telomerase Activity in PBMC, Expression of Inflammatory Cytokines, and PPARγ-LXRα-ABCA1 Pathway in Patients With Type 2 Diabetes Mellitus: Study Protocol for Randomized Controlled Clinical Trial. Acta Medica Iranica, 2016, 54, 410-7.	0.8	9
8	Effects of Calcium and Vitamin D Co-supplementation on the Lipid Profile: A Systematic Review and Meta-analysis. Clinical Therapeutics, 2021, 43, 274-296.	1.1	8
9	The effect of resveratrol supplementation on the expression levels of factors associated with cellular senescence and sCD163/sTWEAK ratio in patients with type 2 diabetes mellitus: study protocol for a double-blind controlled randomised clinical trial. BMJ Open, 2019, 9, e026337.	0.8	7
10	The effects of resveratrol supplementation on <scp><i>PPARα</i>, <i>p16</i>, <i>p53</i>, <i>p53</i>, <i>p21</i> gene expressions, and <scp>sCD163</scp>/<scp>sTWEAK</scp> ratio in patients with type 2 diabetes mellitus: A <scp>doubleâ€blind</scp> controlled randomized trial. Phytotherapy Research, 2021, 35, 3205-3213.</scp>	2.8	7
11	The effect of vitamin D supplementation on serum levels of fibroblast growth factor- 23: A systematic review and meta-analysis of randomized controlled trials. Journal of Steroid Biochemistry and Molecular Biology, 2022, 215, 106012.	1.2	3