Pedro J Marin

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Low intensity blood flow restriction training: a meta-analysis. European Journal of Applied Physiology, 2012, 112, 1849-1859.	2.5	334
2	Effects of Vibration Training on Muscle Strength: A Meta-Analysis. Journal of Strength and Conditioning Research, 2010, 24, 548-556.	2.1	143
3	Effects of Vibration Training on Muscle Power: A Meta-Analysis. Journal of Strength and Conditioning Research, 2010, 24, 871-878.	2.1	118
4	Neuromuscular Activity During Whole-Body Vibration of Different Amplitudes and Footwear Conditions: Implications for Prescription of Vibratory Stimulation. Journal of Strength and Conditioning Research, 2009, 23, 2311-2316.	2.1	92
5	The Optimal Load for Maximal Power Production During Lower-Body Resistance Exercises: A Meta-Analysis. Sports Medicine, 2015, 45, 1191-1205.	6.5	69
6	Reporting Guidelines for Whole-Body Vibration Studies in Humans, Animals and Cell Cultures: A Consensus Statement from an International Group of Experts. Biology, 2021, 10, 965.	2.8	62
7	Effect of iTonic Whole-Body Vibration on Delayed-Onset Muscle Soreness Among Untrained Individuals. Journal of Strength and Conditioning Research, 2009, 23, 1677-1682.	2.1	51
8	Effects of Whole-Body Vibration on Muscle Architecture, Muscle Strength, and Balance in Stroke Patients. American Journal of Physical Medicine and Rehabilitation, 2013, 92, 881-888.	1.4	51
9	Towards reporting guidelines of research using whole-body vibration as training or treatment regimen in human subjects—A Delphi consensus study. PLoS ONE, 2020, 15, e0235905.	2.5	43
10	Adaptation of Perceptual Responses to Low-Load Blood Flow Restriction Training. Journal of Strength and Conditioning Research, 2017, 31, 765-772.	2.1	35
11	Acute Effects of Whole-Body Vibration on the Pain Level, Flexibility, and Cardiovascular Responses in Individuals With Metabolic Syndrome. Dose-Response, 2018, 16, 155932581880213.	1.6	34
12	Whole-body vibration increases upper and lower body muscle activity in older adults: Potential use of vibration accessories. Journal of Electromyography and Kinesiology, 2012, 22, 456-462.	1.7	33
13	The validity and reliability of a new instrumented device for measuring ankle dorsiflexion range of motion. International Journal of Sports Physical Therapy, 2015, 10, 197-202.	1.3	33
14	RELATIONSHIPS BETWEEN FUNCTIONAL MOVEMENT TESTS AND PERFORMANCE TESTS IN YOUNG ELITE MALE BASKETBALL PLAYERS. International Journal of Sports Physical Therapy, 2015, 10, 628-38.	1.3	31
15	A comparison of training intensity between whole-body vibration and conventional squat exercise. Journal of Electromyography and Kinesiology, 2011, 21, 616-621.	1.7	27
16	QUALITY OF LIFE OF PATIENTS WITH METABOLIC SYNDROME IS IMPROVED AFTER WHOLE BODY VIBRATION EXERCISES. Tropical Journal of Obstetrics and Gynaecology, 2017, 14, 59-65.	0.3	24
17	The Mechanism Of Auriculotherapy: A Case Report Based On The Fractal Structure Of Meridian System. Tropical Journal of Obstetrics and Gynaecology, 2014, 11, 30.	0.3	23
18	Whole Body Vibration Exercises and the Improvement of the Flexibility in Patient with Metabolic Syndrome. Rehabilitation Research and Practice, 2014, 2014, 1-10.	0.6	22

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19	Cross transfer acute effects of foam rolling with vibration on ankle dorsiflexion range of motion. Journal of Musculoskeletal Neuronal Interactions, 2018, 18, 262-267.	0.1	21
20	Acute Effects of Whole-Body Vibration on Neuromuscular Responses in Older Individuals: Implications for Prescription of Vibratory Stimulation. Journal of Strength and Conditioning Research, 2012, 26, 232-239.	2.1	20
21	Whole-body vibration alters blood flow velocity and neuromuscular activity in Friedreich's ataxia. Clinical Physiology and Functional Imaging, 2010, 31, no-no.	1.2	19
22	Wholeâ€body vibration as a method of recovery for soccer players. European Journal of Sport Science, 2012, 12, 2-8.	2.7	16
23	Whole-Body Vibration Applied During Upper Body Exercise Improves Performance. Journal of Strength and Conditioning Research, 2013, 27, 1807-1812.	2.1	16
24	Do whole body vibration exercises affect lower limbs neuromuscular activity in populations with a medical condition? A systematic review. Restorative Neurology and Neuroscience, 2017, 35, 667-681.	0.7	15
25	Associations between ankle dorsiflexion range of motion and foot and ankle strength in young adults. Journal of Physical Therapy Science, 2017, 29, 1363-1367.	0.6	14
26	Can whole body vibration exercises affect growth hormone concentration? A systematic review. Growth Factors, 2017, 35, 189-200.	1.7	13
27	Influence of isolated or simultaneous application of electromyostimulation and vibration on leg blood flow. European Journal of Applied Physiology, 2015, 115, 1747-1755.	2.5	12
28	Could whole body vibration exercises influence the risk factors for fractures in women with osteoporosis?. Osteoporosis and Sarcopenia, 2016, 2, 214-220.	1.9	12
29	Free-Weight Augmentation With Elastic Bands Improves Bench Press Kinematics in Professional Rugby Players. Journal of Strength and Conditioning Research, 2016, 30, 2493-2499.	2.1	10
30	Can Whole-Body Vibration Exercises in Different Positions Change Muscular Activity of Upper Limbs? A Randomized Trial. Dose-Response, 2018, 16, 155932581880436.	1.6	10
31	Effects of vibration training and detraining on balance and muscle strength in older adults. Journal of Sports Science and Medicine, 2011, 10, 559-64.	1.6	10
32	Effects of Different Magnitudes of Whole-Body Vibration on Dynamic Squatting Performance. Journal of Strength and Conditioning Research, 2015, 29, 2881-2887.	2.1	8
33	Influence of "In Series―Elastic Resistance on Muscular Performance During a Biceps-curl Set on the Cable Machine. Journal of Strength and Conditioning Research, 2010, 24, 2449-2455.	2.1	7
34	Acute effects of wholeâ€body vibrations on balance, maximal force and perceived exertion: Vertical platform versus oscillating platform. European Journal of Sport Science, 2012, 12, 425-430.	2.7	6
35	Test-retest reliability of a smartphone app for measuring core stability for two dynamic exercises. PeerJ, 2019, 7, e7485.	2.0	6
36	Vertical wholeâ€body vibrations improve the total volume of a biceps curl set to failure. European Journal of Sport Science, 2010, 10, 385-390.	2.7	5

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37	Mechanical power production assessment during weightlifting exercises. A systematic review. Sports Biomechanics, 2020, , 1-27.	1.6	5
38	Comparison of 1-Repetition-Maximum Performance Across 3 Weightlifting Overhead Pressing Exercises and Sport Groups. International Journal of Sports Physiology and Performance, 2020, 15, 862-867.	2.3	5
39	Does Sex Impact the Differences and Relationships in the One Repetition Maximum Performance Across Weightlifting Overhead Pressing Exercises?. Journal of Strength and Conditioning Research, 2022, 36, 1930-1935.	2.1	4
40	Reliability and Validity of the OMNI-Vibration Exercise Scale of Perceived Exertion. Journal of Sports Science and Medicine, 2012, 11, 438-43.	1.6	4
41	AGE DIFFERENCES IN MEASURES OF FUNCTIONAL MOVEMENT AND PERFORMANCE IN HIGHLY YOUTH BASKETBALL PLAYERS. International Journal of Sports Physical Therapy, 2017, 12, 812-821.	1.3	4
42	Inter-day reliability of the Upper Body Test for shoulder and pelvic girdle stability in adults. Brazilian Journal of Physical Therapy, 2020, 24, 161-166.	2.5	3
43	Acute Neuromuscular Responses to Whole-Body Vibration of Systemic Lupus Erythematosus Individuals: A Randomized Pilot Study. Applied Sciences (Switzerland), 2021, 11, 138.	2.5	3
44	Acute blood flow restricted exercise to treat Duchenne muscular dystrophy: would it be efficacious?. Frontiers in Physiology, 2013, 4, 114.	2.8	2
45	The effects of whole-body vibration on EMG activity of the lower body muscles in supine static bridge position. Journal of Musculoskeletal Neuronal Interactions, 2021, 21, 59-67.	0.1	2
46	Are Core Stability Tests Related to Single Leg Squat Performance in Active Females?. International Journal of Environmental Research and Public Health, 2021, 18, 5548.	2.6	1
47	Validity and inter-rater reliability of ankle motion observed during a single leg squat. PeerJ, 2022, 10, e12990.	2.0	1
48	Authors' Reply to Li: The Effects of Body Mass on Optimal Load for Power During Resistance Training. Sports Medicine, 2016, 46, 447-449.	6.5	0
49	Effect of cycling exercise on lumbopelvic control performance in elite female cyclists. Journal of Musculoskeletal Neuronal Interactions, 2021, 21, 475-480.	0.1	0
50	Short-term effects of lumbopelvic complex stability training in elite female road cyclists Journal of Musculoskeletal Neuronal Interactions, 2022, 22, 62-69.	0.1	0