

Daniel Bonnar

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1210477/publications.pdf>

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8
papers

321
citations

1307594
7
h-index

1588992
8
g-index

8
all docs

8
docs citations

8
times ranked

427
citing authors

#	ARTICLE	IF	CITATIONS
1	Evaluation of a Brief Sleep Intervention Designed to Improve the Sleep, Mood, and Cognitive Performance of Esports Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4146.	2.6	6
2	Sleep Characteristics and Mood of Professional Esports Athletes: A Multi-National Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 664.	2.6	22
3	Sleep Characteristics and Risk Factors of Korean Esports Athletes: An Exploratory Study. <i>Sleep Medicine Research</i> , 2020, 11, 77-87.	0.6	12
4	Sleep and performance in Eathletes: for the win!. <i>Sleep Health</i> , 2019, 5, 647-650.	2.5	31
5	Risk Factors and Sleep Intervention Considerations in Esports: A Review and Practical Guide. <i>Sleep Medicine Research</i> , 2019, 10, 59-66.	0.6	19
6	Sleep Interventions Designed to Improve Athletic Performance and Recovery: A Systematic Review of Current Approaches. <i>Sports Medicine</i> , 2018, 48, 683-703.	6.5	141
7	Evaluation of novel school-based interventions for adolescent sleep problems: does parental involvement and bright light improve outcomes?. <i>Sleep Health</i> , 2015, 1, 66-74.	2.5	80
8	Caffeine and Sleep in Adolescents: A Systematic Review. <i>Journal of Caffeine Research</i> , 2015, 5, 105-114.	0.9	10