Carleigh H Boone

List of Publications by Year
in descending order

Source: https://exaly.com/author-pdf/12095497/publications.pdf

Version: 2024-02-01

21	647	567281 15	713466 21
papers	citations	h-index	g-index

22	22	22	1090
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	The effect of training volume and intensity on improvements in muscular strength and size in resistance-trained men. Physiological Reports, 2015, 3, e12472.	1.7	130
2	Muscle quality index improves with resistance exercise training in older adults. Experimental Gerontology, 2014, 53, 1-6.	2.8	74
3	Î²-Hydroxy-Î²-methylbutyrate (HMB)-free acid attenuates circulating TNF-Î± and TNFR1 expression postresistance exercise. Journal of Applied Physiology, 2013, 115, 1173-1182.	2.5	55
4	Exercise-Induced Hormone Elevations Are Related to Muscle Growth. Journal of Strength and Conditioning Research, 2017, 31, 45-53.	2.1	42
5	Intramuscular anabolic signaling and endocrine response following high volume and high intensity resistance exercise protocols in trained men. Physiological Reports, 2015, 3, e12466.	1.7	41
6	Resistance training does not induce uniform adaptations to quadriceps. PLoS ONE, 2018, 13, e0198304.	2.5	38
7	Resistance training intensity and volume affect changes in rate of force development in resistance-trained men. European Journal of Applied Physiology, 2016, 116, 2367-2374.	2.5	35
8	Effects of Î²-hydroxy-Î²-methylbutyrate free acid and cold water immersion on post-exercise markers of muscle damage. Amino Acids, 2014, 46, 1501-1511.	2.7	32
9	Physical Differences Between Forwards and Backs in American Collegiate Rugby Players. Journal of Strength and Conditioning Research, 2016, 30, 2382-2391.	2.1	32
10	Effects of Î²-hydroxy-Î²-methylbutyrate free acid and cold water immersion on expression of CR3 and MIP-1Î² following resistance exercise. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2014, 306, R483-R489.	1.8	21
11	Effects ofÎ²-Hydroxy-Î²-methylbutyrate Free Acid Ingestion and Resistance Exercise on the Acute Endocrine Response. International Journal of Endocrinology, 2015, 2015, 1-7.	1.5	21
12	Monocyte Recruitment after High-Intensity and High-Volume Resistance Exercise. Medicine and Science in Sports and Exercise, 2016, 48, 1169-1178.	0.4	20
13	Scanning plane comparison of ultrasoundâ€derived morphological characteristics of the vastus lateralis. Clinical Anatomy, 2017, 30, 533-542.	2.7	17
14	Muscle strength and hypertrophy occur independently of protein supplementation during short-term resistance training in untrained men. Applied Physiology, Nutrition and Metabolism, 2015, 40, 797-802.	1.9	16
15	Intramuscular MAPK signaling following high volume and high intensity resistance exercise protocols in trained men. European Journal of Applied Physiology, 2016, 116, 1663-1670.	2.5	16
16	Homogeneity of echo intensity values in transverse ultrasound images. Muscle and Nerve, 2017, 56, 93-98.	2.2	12
17	Changes in Plasma Aldosterone and Electrolytes Following High-Volume and High-Intensity Resistance Exercise Protocols in Trained Men. Journal of Strength and Conditioning Research, 2016, 30, 1917-1923.	2.1	11
18	Developmental associations with muscle morphology, physical performance, and asymmetry in youth judo athletes. Sport Sciences for Health, 2018, 14, 555-562.	1.3	11

#	Article	IF	Citations
19	The Effect of Post-Resistance Exercise Amino Acids on Plasma MCP-1 and CCR2 Expression. Nutrients, 2016, 8, 409.	4.1	10
20	Protein supplementation does not alter intramuscular anabolic signaling or endocrine response after resistance exercise in trained men. Nutrition Research, 2015, 35, 990-1000.	2.9	9
21	Post-resistance exercise ingestion of milk protein attenuates plasma TNFÎ± and TNFr1 expression on monocyte subpopulations. Amino Acids, 2017, 49, 1415-1426.	2.7	2