David Ja Jenkins

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161 56 9,430 95 h-index g-index citations papers 10,632 5.46 171 5.7 L-index avg, IF ext. papers ext. citations

#	Paper	IF	Citations
161	Glycemic index: overview of implications in health and disease. <i>American Journal of Clinical Nutrition</i> , 2002 , 76, 266S-273S	7	601
160	Nibbling versus gorging: metabolic advantages of increased meal frequency. <i>New England Journal of Medicine</i> , 1989 , 321, 929-34	59.2	356
159	Importance of weight management in type 2 diabetes: review with meta-analysis of clinical studies. Journal of the American College of Nutrition, 2003 , 22, 331-9	3.5	322
158	Dose response of almonds on coronary heart disease risk factors: blood lipids, oxidized low-density lipoproteins, lipoprotein(a), homocysteine, and pulmonary nitric oxide: a randomized, controlled, crossover trial. <i>Circulation</i> , 2002 , 106, 1327-32	16.7	282
157	Food Consumption and its Impact on Cardiovascular Disease: Importance of Solutions Focused on the Globalized Food System: A Report From the Workshop Convened by the World Heart Federation. <i>Journal of the American College of Cardiology</i> , 2015 , 66, 1590-1614	15.1	255
156	A low-fat vegan diet and a conventional diabetes diet in the treatment of type 2 diabetes: a randomized, controlled, 74-wk clinical trial. <i>American Journal of Clinical Nutrition</i> , 2009 , 89, 1588S-1596	s ⁷	255
155	Effects of high- and low-isoflavone soyfoods on blood lipids, oxidized LDL, homocysteine, and blood pressure in hyperlipidemic men and women. <i>American Journal of Clinical Nutrition</i> , 2002 , 76, 365-	·72	245
154	Role of cell walls in the bioaccessibility of lipids in almond seeds. <i>American Journal of Clinical Nutrition</i> , 2004 , 80, 604-13	7	228
153	The link between dietary fibre and human health. Food Hydrocolloids, 2010, 24, 42-48	10.6	220
152	Viscous and nonviscous fibres, nonabsorbable and low glycaemic index carbohydrates, blood lipids and coronary heart disease. <i>Current Opinion in Lipidology</i> , 2000 , 11, 49-56	4.4	220
151	Effect of fructose on body weight in controlled feeding trials: a systematic review and meta-analysis. <i>Annals of Internal Medicine</i> , 2012 , 156, 291-304	8	200
150	Soluble fiber intake at a dose approved by the US Food and Drug Administration for a claim of health benefits: serum lipid risk factors for cardiovascular disease assessed in a randomized controlled crossover trial. <i>American Journal of Clinical Nutrition</i> , 2002 , 75, 834-9	7	189
149	Direct comparison of a dietary portfolio of cholesterol-lowering foods with a statin in hypercholesterolemic participants. <i>American Journal of Clinical Nutrition</i> , 2005 , 81, 380-7	7	181
148	Physiological effects of resistant starches on fecal bulk, short chain fatty acids, blood lipids and glycemic index. <i>Journal of the American College of Nutrition</i> , 1998 , 17, 609-16	3.5	176
147	Health aspects of partially defatted flaxseed, including effects on serum lipids, oxidative measures, and ex vivo androgen and progestin activity: a controlled crossover trial. <i>American Journal of Clinical Nutrition</i> , 1999 , 69, 395-402	7	161
146	Steroid hormone activity of flavonoids and related compounds. <i>Breast Cancer Research and Treatment</i> , 2000 , 62, 35-49	4.4	147
145	Effect of fructose on blood pressure: a systematic review and meta-analysis of controlled feeding trials. <i>Hypertension</i> , 2012 , 59, 787-95	8.5	142

(2008-1994)

144	Glycaemic index of 102 complex carbohydrate foods in patients with diabetes. <i>Nutrition Research</i> , 1994 , 14, 651-669	4	140
143	Assessment of the longer-term effects of a dietary portfolio of cholesterol-lowering foods in hypercholesterolemia. <i>American Journal of Clinical Nutrition</i> , 2006 , 83, 582-91	7	138
142	A dietary portfolio approach to cholesterol reduction: combined effects of plant sterols, vegetable proteins, and viscous fibers in hypercholesterolemia. <i>Metabolism: Clinical and Experimental</i> , 2002 , 51, 1596-604	12.7	127
141	Supplemental Vitamins and Minerals for CVD Prevention and Treatment. <i>Journal of the American College of Cardiology</i> , 2018 , 71, 2570-2584	15.1	127
140	Effect of fructose on postprandial triglycerides: a systematic review and meta-analysis of controlled feeding trials. <i>Atherosclerosis</i> , 2014 , 232, 125-33	3.1	126
139	Effects of high- and low-isoflavone (phytoestrogen) soy foods on inflammatory biomarkers and proinflammatory cytokines in middle-aged men and women. <i>Metabolism: Clinical and Experimental</i> , 2002 , 51, 919-24	12.7	126
138	Type 2 diabetes and the vegetarian diet. American Journal of Clinical Nutrition, 2003, 78, 610S-616S	7	120
137	Almonds and postprandial glycemiaa dose-response study. <i>Metabolism: Clinical and Experimental</i> , 2007 , 56, 400-4	12.7	119
136	Effect of dietary pulse intake on established therapeutic lipid targets for cardiovascular risk reduction: a systematic review and meta-analysis of randomized controlled trials. <i>Cmaj</i> , 2014 , 186, E252	2-62	111
135	Vegetarian and vegan diets in type 2 diabetes management. <i>Nutrition Reviews</i> , 2009 , 67, 255-63	6.4	106
134	Effects of dietary pulse consumption on body weight: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , 2016 , 103, 1213-23	7	106
133	Effect of dietary pulses on blood pressure: a systematic review and meta-analysis of controlled feeding trials. <i>American Journal of Hypertension</i> , 2014 , 27, 56-64	2.3	105
132	Effect of a very-high-fiber vegetable, fruit, and nut diet on serum lipids and colonic function. <i>Metabolism: Clinical and Experimental</i> , 2001 , 50, 494-503	12.7	101
131	Sugar-sweetened beverage consumption and incident hypertension: a systematic review and meta-analysis of prospective cohorts. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 914-21	7	99
130	The effect of combining plant sterols, soy protein, viscous fibers, and almonds in treating hypercholesterolemia. <i>Metabolism: Clinical and Experimental</i> , 2003 , 52, 1478-83	12.7	92
129	Dietary cholesterol and egg yolks: not for patients at risk of vascular disease. <i>Canadian Journal of Cardiology</i> , 2010 , 26, e336-9	3.8	91
128	A low-fat vegan diet elicits greater macronutrient changes, but is comparable in adherence and acceptability, compared with a more conventional diabetes diet among individuals with type 2 diabetes. <i>Journal of the American Dietetic Association</i> , 2009 , 109, 263-72		91
127	Changes in nutrient intake and dietary quality among participants with type 2 diabetes following a low-fat vegan diet or a conventional diabetes diet for 22 weeks. <i>Journal of the American Dietetic Association</i> , 2008 , 108, 1636-45		91

126	Nuts as a replacement for carbohydrates in the diabetic diet. <i>Diabetes Care</i> , 2011 , 34, 1706-11	14.6	84
125	Methodology for adding glycemic load values to the National Cancer Institute Diet History Questionnaire database. <i>Journal of the American Dietetic Association</i> , 2006 , 106, 393-402		82
124	Dietary fiber, the evolution of the human diet and coronary heart disease. <i>Nutrition Research</i> , 1998 , 18, 633-652	4	79
123	Glycemic index and glycemic load in endometrial cancer. <i>International Journal of Cancer</i> , 2003 , 105, 404	-7 .5	77
122	High-protein diets in hyperlipidemia: effect of wheat gluten on serum lipids, uric acid, and renal function. <i>American Journal of Clinical Nutrition</i> , 2001 , 74, 57-63	7	77
121	Effect of a Diet High in Monounsaturated Fat From Almonds on Plasma Cholesterol and Lipoproteins. <i>Journal of the American College of Nutrition</i> , 1992 , 11, 126-130	3.5	70
120	Effect of vegetarian dietary patterns on cardiometabolic risk factors in diabetes: A systematic review and meta-analysis of randomized controlled trials. <i>Clinical Nutrition</i> , 2019 , 38, 1133-1145	5.9	69
119	Effect of soy protein foods on low-density lipoprotein oxidation and ex vivo sex hormone receptor activitya controlled crossover trial. <i>Metabolism: Clinical and Experimental</i> , 2000 , 49, 537-43	12.7	68
118	DHA-enriched high-oleic acid canola oil improves lipid profile and lowers predicted cardiovascular disease risk in the canola oil multicenter randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2014 , 100, 88-97	7	67
117	Comparison of regular and parboiled rices: explanation of discrepancies between reported glycemic responses to rice. <i>Nutrition Research</i> , 1986 , 6, 349-357	4	66
116	The effect of strawberries in a cholesterol-lowering dietary portfolio. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 1636-44	12.7	64
115	Portfolio Dietary Pattern and Cardiovascular Disease: A Systematic Review and Meta-analysis of Controlled Trials. <i>Progress in Cardiovascular Diseases</i> , 2018 , 61, 43-53	8.5	64
114	Egg yolk consumption and carotid plaque. <i>Atherosclerosis</i> , 2012 , 224, 469-73	3.1	63
113	The effect of wheat bran particle size on laxation and colonic fermentation. <i>Journal of the American College of Nutrition</i> , 1999 , 18, 339-45	3.5	63
112	Glycemic index, glycemic load and risk of prostate cancer. <i>International Journal of Cancer</i> , 2004 , 112, 446-50	7.5	62
111	Effect of soy-based breakfast cereal on blood lipids and oxidized low-density lipoprotein. <i>Metabolism: Clinical and Experimental</i> , 2000 , 49, 1496-500	12.7	62
110	Dietary pulses, satiety and food intake: a systematic review and meta-analysis of acute feeding trials. <i>Obesity</i> , 2014 , 22, 1773-80	8	61
109	Effect of lowering the glycemic load with canola oil on glycemic control and cardiovascular risk factors: a randomized controlled trial. <i>Diabetes Care</i> , 2014 , 37, 1806-14	14.6	59

(2006-2009)

108	The glycemic index: physiological significance. <i>Journal of the American College of Nutrition</i> , 2009 , 28 Suppl, 439S-445S	3.5	59	
107	Fat versus carbohydrate in insulin resistance, obesity, diabetes and cardiovascular disease. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2003 , 6, 165-76	3.8	59	
106	High-complex carbohydrate or lente carbohydrate foods?. <i>American Journal of Medicine</i> , 2002 , 113 Suppl 9B, 30S-37S	2.4	57	•
105	Effect of a diet high in vegetables, fruit, and nuts on serum lipids. <i>Metabolism: Clinical and Experimental</i> , 1997 , 46, 530-7	12.7	56	
104	Strawberry intake, lipids, C-reactive protein, and the risk of cardiovascular disease in women. <i>Journal of the American College of Nutrition</i> , 2007 , 26, 303-10	3.5	56	
103	Viscous fibers, health claims, and strategies to reduce cardiovascular disease risk. <i>American Journal of Clinical Nutrition</i> , 2000 , 71, 401-2	7	56	
102	Relation of total sugars, fructose and sucrose with incident type 2 diabetes: a systematic review and meta-analysis of prospective cohort studies. <i>Cmaj</i> , 2017 , 189, E711-E720	3.5	52	
101	Effects of canola and high-oleic-acid canola oils on abdominal fat mass in individuals with central obesity. <i>Obesity</i> , 2016 , 24, 2261-2268	8	51	
100	Flavonoids and steroid hormone-dependent cancers. <i>Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences</i> , 2002 , 777, 219-32	3.2	51	
99	Comparable postprandial glucose reductions with viscous fiber blend enriched biscuits in healthy subjects and patients with diabetes mellitus: acute randomized controlled clinical trial. <i>Croatian Medical Journal</i> , 2008 , 49, 772-82	1.6	47	
98	Effect of Replacing Animal Protein with Plant Protein on Glycemic Control in Diabetes: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2015 , 7, 9804-24	6.7	46	
97	Combined effect of vegetable protein (soy) and soluble fiber added to a standard cholesterol-lowering diet. <i>Metabolism: Clinical and Experimental</i> , 1999 , 48, 809-16	12.7	46	
96	Effect of nibbling versus gorging on cardiovascular risk factors: serum uric acid and blood lipids. <i>Metabolism: Clinical and Experimental</i> , 1995 , 44, 549-55	12.7	44	
95	Lectins in foods and their relation to starch digestibility. <i>Nutrition Research</i> , 1985 , 5, 919-929	4	43	
94	The effect on the blood lipid profile of soy foods combined with a prebiotic: a randomized controlled trial. <i>Metabolism: Clinical and Experimental</i> , 2010 , 59, 1331-40	12.7	42	
93	Soy Consumption and Phytoestrogens: Effect on Serum Prostate Specific Antigen When Blood Lipids and Oxidized Low-Density Lipoprotein are Reduced in Hyperlipidemic Men. <i>Journal of Urology</i> , 2003 , 169, 507-511	2.5	42	
92	Flavonoids can block PSA production by breast and prostate cancer cell lines. <i>Clinica Chimica Acta</i> , 2002 , 317, 17-26	6.2	42	
91	Carbohydrate, glycemic index, and glycemic load and colorectal adenomas in the Prostate, Lung, Colorectal, and Ovarian Screening Study. <i>American Journal of Clinical Nutrition</i> , 2006 , 84, 1184-92	7	41	

90	Glycemic index and load and risk of upper aero-digestive tract neoplasms (Italy). <i>Cancer Causes and Control</i> , 2003 , 14, 657-62	2.8	39
89	Glycemic Index, Glycemic Load, and Cardiovascular Disease and Mortality. <i>New England Journal of Medicine</i> , 2021 , 384, 1312-1322	59.2	39
88	High-oleic canola oil consumption enriches LDL particle cholesteryl oleate content and reduces LDL proteoglycan binding in humans. <i>Atherosclerosis</i> , 2015 , 238, 231-8	3.1	38
87	Effect of plant sterols in combination with other cholesterol-lowering foods. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 130-9	12.7	38
86	Hypocholesterolemic effect of vegetable protein in a hypocaloric diet. <i>Atherosclerosis</i> , 1989 , 78, 99-107	3.1	38
85	Is fructose a story of mice but not men?. <i>Journal of the American Dietetic Association</i> , 2011 , 111, 219-20; author reply 220-2		36
84	Equol status and blood lipid profile in hyperlipidemia after consumption of diets containing soy foods. <i>American Journal of Clinical Nutrition</i> , 2012 , 95, 564-71	7	36
83	Effect of almonds on insulin secretion and insulin resistance in nondiabetic hyperlipidemic subjects: a randomized controlled crossover trial. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 882-7	12.7	36
82	The apolipoprotein E gene and the serum low-density lipoprotein cholesterol response to dietary fiber. <i>Metabolism: Clinical and Experimental</i> , 1993 , 42, 585-93	12.7	36
81	Viscous dietary fibre and metabolic effects. Clinical Nutrition Supplements, 2004, 1, 39-49		35
80	Modulation of androgen and progesterone receptors by phytochemicals in breast cancer cell lines. <i>Biochemical and Biophysical Research Communications</i> , 1998 , 248, 935-9	3.4	33
79	Metabolic response to test meals containing different carbohydrate foods: 1. Relationship between rate of digestion and plasma insulin response. <i>Nutrition Research</i> , 1988 , 8, 573-581	4	33
78	Simple skinfold-thickness measurements complement conventional anthropometric assessments in predicting glucose tolerance. <i>American Journal of Clinical Nutrition</i> , 2001 , 73, 567-73	7	32
77	Effect of wheat bran on serum lipids: influence of particle size and wheat protein. <i>Journal of the American College of Nutrition</i> , 1999 , 18, 159-65	3.5	32
76	Association between components of the insulin-like growth factor system and endometrial cancer risk. <i>Oncology</i> , 2004 , 67, 54-9	3.6	30
75	Applying the precautionary principle to nutrition and cancer. <i>Journal of the American College of Nutrition</i> , 2014 , 33, 239-46	3.5	29
74	Too much sugar, too much carbohydrate, or just too much?. <i>American Journal of Clinical Nutrition</i> , 2004 , 79, 711-2	7	28
73	The Garden of Edenplant based diets, the genetic drive to conserve cholesterol and its implications for heart disease in the 21st century. <i>Comparative Biochemistry and Physiology Part A, Molecular & amplifications Physiology</i> 2003, 136, 141, 51	2.6	28

(2021-2000)

72	The effect on serum lipids and oxidized low-density lipoprotein of supplementing self-selected low-fat diets with soluble-fiber, soy, and vegetable protein foods. <i>Metabolism: Clinical and Experimental</i> , 2000 , 49, 67-72	12.7	28
71	Effect of Current Dietary Recommendations on Weight Loss and Cardiovascular Risk Factors. Journal of the American College of Cardiology, 2017 , 69, 1103-1112	15.1	24
70	Resistant starches. Current Opinion in Gastroenterology, 2000, 16, 178-83	3	24
69	Heterogeneity in randomized controlled trials of long chain (fish) omega-3 fatty acids in restenosis, secondary prevention and ventricular arrhythmias. <i>Journal of the American College of Nutrition</i> , 2008 , 27, 367-78	3.5	23
68	A novel source of wheat fiber and protein: effects on fecal bulk and serum lipids. <i>American Journal of Clinical Nutrition</i> , 1999 , 69, 226-30	7	22
67	Relation of Total Sugars, Sucrose, Fructose, and Added Sugars With the Risk of Cardiovascular Disease: A Systematic Review and Dose-Response Meta-analysis of Prospective Cohort Studies. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 2399-2414	6.4	22
66	Effect of antibiotics as cholesterol-lowering agents. <i>Metabolism: Clinical and Experimental</i> , 2005 , 54, 10	3 <u>-</u> 11227	21
65	Effect of fiber-rich foods on the composition of intestinal microflora. <i>Nutrition Research</i> , 1994 , 14, 523-	53/5	21
64	Test-retest reliability of peripheral arterial tonometry in the metabolic syndrome. <i>Diabetes and Vascular Disease Research</i> , 2014 , 11, 201-7	3.3	20
63	New 11 beta-aryl-substituted steroids exhibit both progestational and antiprogestational activity. <i>Steroids</i> , 1998 , 63, 523-30	2.8	20
62	Psyllium reduces blood lipids in men and women with hyperlipidemia. <i>American Journal of the Medical Sciences</i> , 1994 , 307, 269-73	2.2	20
61	Effects of natural products and nutraceuticals on steroid hormone-regulated gene expression. <i>Clinica Chimica Acta</i> , 2001 , 312, 213-9	6.2	19
60	Colonic bacterial activity and serum lipid risk factors for cardiovascular disease. <i>Metabolism: Clinical and Experimental</i> , 1999 , 48, 264-8	12.7	19
59	Simple and complex carbohydrates. <i>Nutrition Reviews</i> , 1986 , 44, 44-9	6.4	18
58	Dietary fibre, carbohydrate metabolism and diabetes. <i>Molecular Aspects of Medicine</i> , 1987 , 9, 97-112	16.7	14
57	The Relationship Between Metformin and Serum Prostate-Specific Antigen Levels. <i>Prostate</i> , 2016 , 76, 1445-53	4.2	13
56	Dilution of the 75-g oral glucose tolerance test improves overall tolerability but not reproducibility in subjects with different body compositions. <i>Diabetes Research and Clinical Practice</i> , 2001 , 51, 87-95	7.4	13
55	Supplemental Vitamins and Minerals for Cardiovascular Disease Prevention and Treatment: JACC Focus Seminar. <i>Journal of the American College of Cardiology</i> , 2021 , 77, 423-436	15.1	13

54	Beta-oxidation of linoleate in obese men undergoing weight loss. <i>American Journal of Clinical Nutrition</i> , 2001 , 73, 709-14	7	12
53	Consumption of a dietary portfolio of cholesterol lowering foods improves blood lipids without affecting concentrations of fat soluble compounds. <i>Nutrition Journal</i> , 2014 , 13, 101	4.3	11
52	Reply to letter by Abraira and Lawrence. American Journal of Clinical Nutrition, 1983, 37, 153-154	7	9
51	The glycemic index: methodology and use. <i>Nestle Nutrition Workshop Series Clinical & Performance Programme</i> , 2006 , 11, 43-56		8
50	Starchy foods, type of fiber, and cancer risk. <i>Preventive Medicine</i> , 1987 , 16, 545-53	4.3	8
49	Egg yolk consumption, smoking and carotid plaque: reply to letters to the Editor by Sean Lucan and T Dylan Olver et al. <i>Atherosclerosis</i> , 2013 , 227, 189-91	3.1	7
48	Nonalcoholic fatty liver, nonalcoholic steatohepatitis, ectopic fat, and the glycemic index. <i>American Journal of Clinical Nutrition</i> , 2006 , 84, 3-4	7	7
47	Effect of a low glycemic index diet versus a high-cereal fibre diet on markers of subclinical cardiac injury in healthy individuals with type 2 diabetes mellitus: An exploratory analysis of a randomized dietary trial. <i>Clinical Biochemistry</i> , 2017 , 50, 1104-1109	3.5	5
46	Functional foods to increase the efficacy of diet in lowering serum cholesterol. <i>Canadian Journal of Cardiology</i> , 2011 , 27, 397-400	3.8	5
45	Nutritional determinants of the metabolic syndrome. <i>Journal of Nutrigenetics and Nutrigenomics</i> , 2008 , 1, 109-17		5
44	Development and evaluation of a competitive time-resolved immunofluorometric assay for the estrogen-regulated protein pS2. <i>Journal of Clinical Laboratory Analysis</i> , 1999 , 13, 241-5	3	4
43	The In Vitro And In Vivo Anti-Amylase Activity Of Starch Blockers. <i>Journal of Plant Foods</i> , 1983 , 5, 23-30		4
42	Biomarkers of cardiometabolic health and nutritional status in individuals with positive celiac disease serology. <i>Nutrition and Health</i> , 2018 , 24, 37-45	2.1	3
41	Postprandial effects of almond consumption on human osteoclast precursorsan ex vivo study. <i>Metabolism: Clinical and Experimental</i> , 2011 , 60, 923-9	12.7	3
40	Almond (Prunus dulcis) Seeds and Oxidative Stress 2011 , 161-166		3
39	Nutritional considerations for older adults with type 2 diabetes. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2008 , 27, 363-80		3
38	Diet and cholesterol reduction. <i>Annals of Internal Medicine</i> , 2005 , 142, 793-5	8	3
37	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021 , 40, 2825-2836	5.9	3

(2000-2021)

36	Almond Bioaccessibility in a Randomized Crossover Trial: Is a Calorie a Calorie?. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 2386-2397	6.4	3
35	Continuous therapy with transdermal nitroglycerin does not affect biomarkers of vascular inflammation and injury in healthy volunteers. <i>Canadian Journal of Physiology and Pharmacology</i> , 2009 , 87, 455-9	2.4	2
34	Adipose Tissue Insulin Resistance Is Longitudinally Associated With Adipose Tissue Dysfunction, Circulating Lipids, and Dysglycemia: The PROMISE Cohort. <i>Diabetes Care</i> , 2021 , 44, 1682-1691	14.6	2
33	Different Food Sources of Fructose-Containing Sugars and Fasting Blood Uric Acid Levels: A Systematic Review and Meta-Analysis of Controlled Feeding Trials. <i>Journal of Nutrition</i> , 2021 , 151, 2409	- 2 421	2
32	ABO Genotype Does Not Modify the Association between the "Blood-Type" Diet and Biomarkers of Cardiometabolic Disease in Overweight Adults. <i>Journal of Nutrition</i> , 2018 , 148, 518-525	4.1	1
31	Reply to Letters from Dr Maria Luz Fernandez, Eddie Vos, and Dr Niva Shapira. <i>Canadian Journal of Cardiology</i> , 2011 , 27, 264.e7-264.e8	3.8	1
30	Nutriceuticals and Functional Foods for Cholesterol Reduction 2009, 376-386		1
29	Apolipoprotein E R112; R251G: a carboxy-terminal variant found in patients with hyperlipidemia and coronary heart disease. <i>Mutation Research - Mutation Research Genomics</i> , 1997 , 382, 57-65		1
28	Assessment of the Longer Term Effects of a Dietary Portfolio of Cholesterol Lowering Foods in Hypercholesterolemia. <i>FASEB Journal</i> , 2006 , 20, A10	0.9	1
27	Strawberries to improve palatability of a cholesterol lowering diet. <i>FASEB Journal</i> , 2007 , 21, A1093	0.9	1
26	Effectiveness of a vegan based high soy protein diet on weight loss and serum lipids. <i>FASEB Journal</i> , 2007 , 21, A57	0.9	1
25	Effect of pulses as part of a low glycemic index diet compared to a high fiber diet on HbA1c and blood lipids in type 2 diabetes. <i>FASEB Journal</i> , 2012 , 26, 117.3	0.9	1
24	Flecainide and elevated liver enzymes in 🛭 -antitrypsin deficiency. <i>HeartRhythm Case Reports</i> , 2016 , 2, 237-240	1	O
23	A Web-Based Health Application to Translate Nutrition Therapy for Cardiovascular Risk Reduction in Primary Care (PortfolioDiet.app): Quality Improvement and Usability Testing Study <i>JMIR Human Factors</i> , 2022 , 9, e34704	2.5	Ο
22	Implications of the Glycemic Index in Obesity 2010 , 219-230		
21	Reply to A Walker and B Walker. <i>American Journal of Clinical Nutrition</i> , 2005 , 81, 197-198	7	
20	Dietary Fibre, Carbohydrate Metabolism and Chronic Disease162-167		
19	The Garden of Eden: Implications for cardiovascular disease prevention. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2000 , 9 Suppl 1, S1-3	1	

18	Almonds, Glycemic Index, Dietary Antioxidants and Risk Factors for Coronary Heart Disease. <i>FASEB Journal</i> , 2006 , 20, A593	0.9
17	Effect of a vegan based high protein, low carbohydrate diet on weight loss and serum lipids. <i>FASEB Journal</i> , 2006 , 20, A596	0.9
16	Effect of human serum on cancer cell growth. FASEB Journal, 2007, 21, A1095	0.9
15	Long Term Effectiveness of A Dietary Portfolio of Cholesterol-Lowering Foods in Hypercholesterolemic Subjects. <i>FASEB Journal</i> , 2008 , 22, 460.8	0.9
14	The Effects of Pistachios on Postprandial Glucose and Insulin Levels, Gut Satiety Hormones and Measures of Oxidative Stress. <i>FASEB Journal</i> , 2008 , 22, 702.16	0.9
13	Effect of Almonds on Insulin Secretion and Insulin Resistance: A Randomized Controlled Cross-over Trial. <i>FASEB Journal</i> , 2008 , 22, 702.25	0.9
12	Biotransformation of soy isoflavones and enhanced cholesterol lowering effect with an oligofructose-enriched inulin in equol producers. <i>FASEB Journal</i> , 2008 , 22, 303.6	0.9
11	DietEnicrobiome interaction in colorectal cancer: a potentially discriminatory role for Fusobacterium nucleatum 2020 , 211-241	
10	Effect of non-oil seed pulses on glycemic control: a meta-analysis of randomized controlled experimental trials in humans <i>FASEB Journal</i> , 2009 , 23, 213.7	0.9
9	Reproducibility in growth of breast and prostate cells stimulated with serum taken at different points in time from individuals on their habitual diets. <i>FASEB Journal</i> , 2010 , 24, 728.6	0.9
8	Effect of almond consumption on the serum fatty acid profile: a dose response study. <i>FASEB Journal</i> , 2010 , 24, 564.16	0.9
7	The effect of physiological concentrations of six hormones on the growth of breast and prostate cell lines treated with human serum. <i>FASEB Journal</i> , 2010 , 24, 207.3	0.9
6	Effects of nuts on glycemic control and coronary heart disease risk factors in type 2 diabetes. <i>FASEB Journal</i> , 2010 , 24, 564.2	0.9
5	The effect of adding monounsaturated fat to a dietary portfolio of cholesterol-lowering foods in hypercholesterolemia. <i>FASEB Journal</i> , 2010 , 24, 564.3	0.9
4	Adiponectin levels in individuals with type 2 diabetes on a high fiber or a low glycemic index diet <i>FASEB Journal</i> , 2013 , 27, 1067.14	0.9
3	Low Glycemic Index Diets on Long-term Blood Pressure Control: A Systematic Review and Meta-analysis. <i>FASEB Journal</i> , 2013 , 27, 615.5	0.9
2	Association between changes in plant protein and mineral intakes and blood pressure as part of a dietary portfolio: a randomized controlled trial. <i>FASEB Journal</i> , 2013 , 27, 368.8	0.9
1	The effect of fructose on risk of incident hypertension: a systematic review and meta-analysis of 3 large U.S. prospective cohorts. <i>FASEB Journal</i> , 2013 , 27, 120.7	0.9