Martin Buchheit

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The ballistic hip thrust test: a potential tool to monitor neuromuscular performance. Biology of Sport, 2022, 39, 73-77.	1.7	2
2	Hot water immersion; potential to improve intermittent running performance and perception of in-game running ability in semi-professional Australian Rules Footballers?. PLoS ONE, 2022, 17, e0263752.	1.1	3
3	Concurrent Validity of a Continuous Glucose-Monitoring System at Rest and During and Following a High-Intensity Interval Training Session. International Journal of Sports Physiology and Performance, 2022, 17, 627-633.	1.1	7
4	Assessing the usefulness of submaximal exercise heart rates for monitoring cardiorespiratory fitness changes in elite youth soccer players. Science and Medicine in Football, 2022, , 1-6.	1.0	1
5	To Optimize? First, Empathize. International Journal of Sports Physiology and Performance, 2022, 17, 505-506.	1.1	Ο
6	Submaximal Fitness Tests in Team Sports: A Theoretical Framework for Evaluating Physiological State. Sports Medicine, 2022, 52, 2605-2626.	3.1	10
7	Occurrences of near-to-maximal speed-running bouts in elite soccer: insights for training prescription and injury mitigation. Science and Medicine in Football, 2021, 5, 105-110.	1.0	18
8	Upper-Body Resistance Training Following Soccer Match Play: Compatible, Complementary, or Contraindicated?. International Journal of Sports Physiology and Performance, 2021, 16, 165-175.	1.1	3
9	Anaerobic Speed/Power Reserve and Sport Performance: Scientific Basis, Current Applications and Future Directions. Sports Medicine, 2021, 51, 2017-2028.	3.1	37
10	Using Submaximal Exercise Heart Rate for Monitoring Cardiorespiratory Fitness Changes in Professional Soccer Players: A Replication Study. International Journal of Sports Physiology and Performance, 2021, 16, 1096-1102.	1.1	11
11	Oxygen availability affects exercise capacity, but not neuromuscular fatigue characteristics of knee extensors, during exhaustive intermittent cycling. European Journal of Applied Physiology, 2021, 121, 95-107.	1.2	3
12	Hamstring Eccentric Strengthening Program: Does Training Volume Matter?. International Journal of Sports Physiology and Performance, 2020, 15, 81-90.	1.1	32
13	Exercise-Based Strategies to Prevent Muscle Injury in Male Elite Footballers: An Expert-Led Delphi Survey of 21 Practitioners Belonging to 18 Teams from the Big-5 European Leagues. Sports Medicine, 2020, 50, 1667-1681.	3.1	55
14	Validity of an ultra-wideband local positioning system to assess specific movements in handball. Biology of Sport, 2020, 37, 351-357.	1.7	26
15	Monitoring Cardiorespiratory Fitness in Professional Soccer Players: Is It Worth the Prick?. International Journal of Sports Physiology and Performance, 2020, 15, 1437-1441.	1.1	16
16	Whom Do We Publish For? Ourselves or Others?. International Journal of Sports Physiology and Performance, 2020, 15, 1057-1058.	1.1	3
17	Injury rate and prevention in elite football: let us first search within our own hearts. British Journal of Sports Medicine, 2019, 53, 1327-1328.	3.1	16
18	Reply to Lewin and O'Driscoll: Comment on: "Monitoring of Post-Match Fatigue in Professional Soccer: Welcome to the Real World― Sports Medicine, 2019, 49, 491-492.	3.1	1

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19	Heart rate variability responses to acute and repeated postexercise sauna in trained cyclists. Applied Physiology, Nutrition and Metabolism, 2018, 43, 704-710.	0.9	13
20	Monitoring Players' Readiness Using Predicted Heart-Rate Responses to Soccer Drills. International Journal of Sports Physiology and Performance, 2018, 13, 1273-1280.	1.1	29
21	Small-Sided Games in Elite Soccer: Does One Size Fit All?. International Journal of Sports Physiology and Performance, 2018, 13, 568-576.	1.1	107
22	Locomotor and Heart Rate Responses of Floaters During Small-Sided Games in Elite Soccer Players: Effect of Pitch Size and Inclusion of Goalkeepers. International Journal of Sports Physiology and Performance, 2018, 13, 668-671.	1.1	20
23	Neuromuscular Responses to Conditioned Soccer Sessions Assessed via GPS-Embedded Accelerometers: Insights Into Tactical Periodization. International Journal of Sports Physiology and Performance, 2018, 13, 577-583.	1.1	65
24	Elite clubs and national teams: sharing the same party?. Science and Medicine in Football, 2018, 2, 83-85.	1.0	10
25	Monitoring of Post-match Fatigue in Professional Soccer: Welcome to the Real World. Sports Medicine, 2018, 48, 2695-2702.	3.1	67
26	Applying the acute:chronic workload ratio in elite football: worth the effort?. British Journal of Sports Medicine, 2017, 51, 1325-1327.	3.1	47
27	The Influence of Changes in Acute Training Load on Daily Sensitivity of Morning-Measured Fatigue Variables in Elite Soccer Players. International Journal of Sports Physiology and Performance, 2017, 12, S2-107-S2-113.	1.1	68
28	Does Short-Duration Heat Exposure at a Matched Cardiovascular Intensity Improve Intermittent-Running Performance in a Cool Environment?. International Journal of Sports Physiology and Performance, 2017, 12, 812-818.	1.1	13
29	Player-Tracking Technology: Half-Full or Half-Empty Glass?. International Journal of Sports Physiology and Performance, 2017, 12, S2-35-S2-41.	1.1	137
30	Outside the Box. International Journal of Sports Physiology and Performance, 2017, 12, 1001-1002.	1.1	8
31	Houston, We Still Have a Problem. International Journal of Sports Physiology and Performance, 2017, 12, 1111-1114.	1.1	41
32	Monitoring player fitness, fatigue status and running performance during an in-season training camp in elite Gaelic football. Science and Medicine in Football, 2017, 1, 229-236.	1.0	26
33	Day-to-Day Heart-Rate Variability Recordings in World-Champion Rowers: Appreciating Unique Athlete Characteristics. International Journal of Sports Physiology and Performance, 2017, 12, 697-703.	1.1	48
34	Assessing Overreaching With Heart-Rate Recovery: What Is the Minimal Exercise Intensity Required?. International Journal of Sports Physiology and Performance, 2017, 12, 569-573.	1.1	25
35	Metabolic Power Requirement of Change of Direction Speed in Young Soccer Players: Not All Is What It Seems. PLoS ONE, 2016, 11, e0149839.	1.1	80
36	Ground travel-induced impairment of wellness is associated with fitness and travel distance in young soccer players. Kinesiology, 2016, 48, 200-206.	0.3	13

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37	Tracking Morning Fatigue Status Across In-Season Training Weeks in Elite Soccer Players. International Journal of Sports Physiology and Performance, 2016, 11, 947-952.	1.1	107
38	Chasing the 0.2. International Journal of Sports Physiology and Performance, 2016, 11, 417-418.	1.1	24
39	The Numbers Will Love You Back in Return—I Promise. International Journal of Sports Physiology and Performance, 2016, 11, 551-554.	1.1	88
40	Quantification of Training and Competition Load Across a Season in an Elite Australian Football Club. International Journal of Sports Physiology and Performance, 2016, 11, 474-479.	1.1	64
41	The Effect of Body Mass on Eccentric Knee-Flexor Strength Assessed With an Instrumented Nordic Hamstring Device (Nordbord) in Football Players. International Journal of Sports Physiology and Performance, 2016, 11, 721-726.	1.1	44
42	Psychometric and Physiological Responses to a Preseason Competitive Camp in the Heat With a 6-Hour Time Difference in Elite Soccer Players. International Journal of Sports Physiology and Performance, 2016, 11, 176-181.	1.1	30
43	Sprint Running Performance Monitoring: Methodological and Practical Considerations. Sports Medicine, 2016, 46, 641-656.	3.1	204
44	Cross-Country Skiing and Postexercise Heart-Rate Recovery. International Journal of Sports Physiology and Performance, 2015, 10, 11-16.	1.1	6
45	Physiological, Psychometric, and Performance Effects of the Christmas Break in Australian Football. International Journal of Sports Physiology and Performance, 2015, 10, 120-123.	1.1	19
46	Peak Match Speed and Maximal Sprinting Speed in Young Soccer Players: Effect of Age and Playing Position. International Journal of Sports Physiology and Performance, 2015, 10, 888-896.	1.1	86
47	Monitoring Fatigue During the In-Season Competitive Phase in Elite Soccer Players. International Journal of Sports Physiology and Performance, 2015, 10, 958-964.	1.1	170
48	The Development of Functional Overreaching Is Associated with a Faster Heart Rate Recovery in Endurance Athletes. PLoS ONE, 2015, 10, e0139754.	1.1	48
49	Cardiac Parasympathetic Activity and Race Performance: An Elite Triathlete Case Study. International Journal of Sports Physiology and Performance, 2015, 10, 528-534.	1.1	26
50	Effect of sauna-based heat acclimation on plasma volume and heart rate variability. European Journal of Applied Physiology, 2015, 115, 785-794.	1.2	73
51	Relative Match Intensities at High Altitude in Highly-Trained Young Soccer Players (ISA3600). Journal of Sports Science and Medicine, 2015, 14, 98-102.	0.7	8
52	A longitudinal study investigating the stability of anthropometry and soccer-specific endurance in pubertal high-level youth soccer players. Journal of Sports Science and Medicine, 2015, 14, 418-26.	0.7	16
53	Assessing Stride Variables and Vertical Stiffness with GPS-Embedded Accelerometers: Preliminary Insights for the Monitoring of Neuromuscular Fatigue on the Field. Journal of Sports Science and Medicine, 2015, 14, 698-701.	0.7	32
54	Integrating different tracking systems in football: multiple camera semi-automatic system, local position measurement and GPS technologies. Journal of Sports Sciences, 2014, 32, 1844-1857.	1.0	194

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55	Monitoring training status with HR measures: do all roads lead to Rome?. Frontiers in Physiology, 2014, 5, 73.	1.3	521
56	Mechanical determinants of acceleration and maximal sprinting speed in highly trained young soccer players. Journal of Sports Sciences, 2014, 32, 1906-1913.	1.0	122
57	Changes of direction during high-intensity intermittent runs: neuromuscular and metabolic responses. BMC Sports Science, Medicine and Rehabilitation, 2014, 6, 2.	0.7	40
58	Dr. Boullosa's Forgotten Pieces Don't Fit the Puzzle. Sports Medicine, 2014, 44, 1171-1175.	3.1	4
59	Central and peripheral adjustments during high-intensity exercise following cold water immersion. European Journal of Applied Physiology, 2014, 114, 147-163.	1.2	34
60	Effects of age, maturity and body dimensions on match running performance in highly trained under-15 soccer players. Journal of Sports Sciences, 2014, 32, 1271-1278.	1.0	78
61	Changes in repeated-sprint performance in relation to change in locomotor profile in highly-trained young soccer players. Journal of Sports Sciences, 2014, 32, 1309-1317.	1.0	29
62	On-Court Demands of Elite Handball, with Special Reference to Playing Positions. Sports Medicine, 2014, 44, 797-814.	3.1	242
63	Physiological and Performance Responses to a Training Camp in the Heat in Professional Australian Football Players. International Journal of Sports Physiology and Performance, 2014, 9, 598-603.	1.1	60
64	The 30–15 Intermittent Fitness Test Versus the Yo-Yo Intermittent Recovery Test Level 1: Relationship and Sensitivity to Training. International Journal of Sports Physiology and Performance, 2014, 9, 522-524.	1.1	54
65	Heart-Rate Variability and Training-Intensity Distribution in Elite Rowers. International Journal of Sports Physiology and Performance, 2014, 9, 1026-1032.	1.1	76
66	Monitoring Accelerations With GPS in Football: Time to Slow Down?. International Journal of Sports Physiology and Performance, 2014, 9, 442-445.	1.1	183
67	Monitoring Training With Heart-Rate Variability: How Much Compliance Is Needed for Valid Assessment?. International Journal of Sports Physiology and Performance, 2014, 9, 783-790.	1.1	121
68	Moderate Recovery Unnecessary to Sustain High Stroke Volume during Interval Training. A Brief Report. Journal of Sports Science and Medicine, 2014, 13, 393-6.	0.7	6
69	Predicting changes in high-intensity intermittent running performance with acute responses to short jump rope workouts in children. Journal of Sports Science and Medicine, 2014, 13, 476-82.	0.7	12
70	Training Adaptation and Heart Rate Variability in Elite Endurance Athletes: Opening the Door to Effective Monitoring. Sports Medicine, 2013, 43, 773-781.	3.1	370
71	High-Intensity Interval Training, Solutions to the Programming Puzzle. Sports Medicine, 2013, 43, 927-954.	3.1	463
72	Reliability of a novel procedure to monitor the flexibility of lower limb muscle groups in highly-trained adolescent athletes. Physical Therapy in Sport, 2013, 14, 28-34.	0.8	17

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73	Football-specific fitness testing: adding value or confirming the evidence?. Journal of Sports Sciences, 2013, 31, 1503-1508.	1.0	40
74	Consecutive days of cold water immersion: effects on cycling performance and heart rate variability. European Journal of Applied Physiology, 2013, 113, 371-384.	1.2	52
75	High-Intensity Interval Training, Solutions to the Programming Puzzle. Sports Medicine, 2013, 43, 313-338.	3.1	858
76	Reliability and stability of anthropometric and performance measures in highly-trained young soccer players: effect of age and maturation. Journal of Sports Sciences, 2013, 31, 1332-1343.	1.0	78
77	Methods of the international study on soccer at altitude 3600â€m (ISA3600). British Journal of Sports Medicine, 2013, 47, i80-i85.	3.1	15
78	Cardiac Parasympathetic Reactivation Following Exercise: Implications for Training Prescription. Sports Medicine, 2013, 43, 1259-1277.	3.1	312
79	Position statement—altitude training for improving team-sport players' performance: current knowledge and unresolved issues. British Journal of Sports Medicine, 2013, 47, i8-i16.	3.1	54
80	Soccer activity profile of altitude versus sea-level natives during acclimatisation to 3600â€m (ISA3600). British Journal of Sports Medicine, 2013, 47, i107-i113.	3.1	27
81	The impact of altitude on the sleep of young elite soccer players (ISA3600). British Journal of Sports Medicine, 2013, 47, i86-i92.	3.1	46
82	Predicting sickness during a 2-week soccer camp at 3600â€m (ISA3600). British Journal of Sports Medicine, 2013, 47, i124-i127.	3.1	17
83	Yin and yang, or peas in a pod? Individual-sport versus team-sport athletes and altitude training. British Journal of Sports Medicine, 2013, 47, 1150-1154.	3.1	14
84	Wellness, fatigue and physical performance acclimatisation to a 2-week soccer camp at 3600â€m (ISA3600). British Journal of Sports Medicine, 2013, 47, i100-i106.	3.1	47
85	Supramaximal intermittent running performance in relation to age and locomotor profile in highly-trained young soccer players. Journal of Sports Sciences, 2013, 31, 1402-1411.	1.0	12
86	Cardiorespiratory Responses to the 30-15 Intermittent Ice Test. International Journal of Sports Physiology and Performance, 2013, 8, 173-180.	1.1	7
87	Evaluating Training Adaptation With Heart-Rate Measures: A Methodological Comparison. International Journal of Sports Physiology and Performance, 2013, 8, 688-691.	1.1	107
88	Effect of Acute Hypoxia on Post-Exercise Parasympathetic Reactivation in Healthy Men. Frontiers in Physiology, 2012, 3, 289.	1.3	19
89	Tolerance to high-intensity intermittent running exercise: do oxygen uptake kinetics really matter?. Frontiers in Physiology, 2012, 3, 406.	1.3	22
90	Physiological Strain Associated with High-Intensity Hypoxic Intervals in Highly Trained Young Runners. Journal of Strength and Conditioning Research, 2012, 26, 94-105.	1.0	43

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91	Effect of Daily Cold Water Immersion on Heart Rate Variability and Subjective Ratings of Well-Being in Highly Trained Swimmers. International Journal of Sports Physiology and Performance, 2012, 7, 33-38.	1.1	32
92	Assessing Maximal Sprinting Speed in Highly Trained Young Soccer Players. International Journal of Sports Physiology and Performance, 2012, 7, 76-78.	1.1	64
93	Muscle force recovery in relation to muscle oxygenation. Clinical Physiology and Functional Imaging, 2012, 32, 380-387.	0.5	10
94	Individual responses to short-term heat acclimatisation as predictors of football performance in a hot, dry environment. British Journal of Sports Medicine, 2012, 46, 810-815.	3.1	101
95	Fatigue during Repeated Sprints. Sports Medicine, 2012, 42, 165-167.	3.1	10
96	Should We be Recommending Repeated Sprints to Improve Repeated-Sprint Performance?. Sports Medicine, 2012, 42, 169-172.	3.1	22
97	Repeated sprints with directional changes: do angles matter?. Journal of Sports Sciences, 2012, 30, 555-562.	1.0	52
98	Heart rate variability in elite triathletes, is variation in variability the key to effective training? A case comparison. European Journal of Applied Physiology, 2012, 112, 3729-3741.	1.2	225
99	Performance and physiological responses during a sprint interval training session: relationships with muscle oxygenation and pulmonary oxygen uptake kinetics. European Journal of Applied Physiology, 2012, 112, 767-779.	1.2	64
100	The effect of post-exercise hydrotherapy on subsequent exercise performance and heart rate variability. European Journal of Applied Physiology, 2012, 112, 951-961.	1.2	66
101	Age-related differences in acceleration, maximum running speed, and repeated-sprint performance in young soccer players. Journal of Sports Sciences, 2011, 29, 477-484.	1.0	147
102	Effects of age and spa treatment on match running performance over two consecutive games in highly trained young soccer players. Journal of Sports Sciences, 2011, 29, 591-598.	1.0	38
103	Reliability, Usefulness, and Validity of the 30–15 Intermittent Ice Test in Young Elite Ice Hockey Players. Journal of Strength and Conditioning Research, 2011, 25, 1457-1464.	1.0	80
104	Does On-Field Sprinting Performance in Young Soccer Players Depend on How Fast They Can Run or How Fast They Do Run?. Journal of Strength and Conditioning Research, 2011, 25, 2634-2638.	1.0	70
105	Assessing Running Economy During Field Running with Changes of Direction: Application to 20 m Shuttle Runs. International Journal of Sports Physiology and Performance, 2011, 6, 380-395.	1.1	39
106	Effect of Maturation on Hemodynamic and Autonomic Control Recovery Following Maximal Running Exercise in Highly Trained Young Soccer Players. Frontiers in Physiology, 2011, 2, 69.	1.3	31
107	Reproducibility and sensitivity of muscle reoxygenation and oxygen uptake recovery kinetics following running exercise in the field. Clinical Physiology and Functional Imaging, 2011, 31, 337-346.	0.5	47
108	Effect of endurance training on performance and muscle reoxygenation rate during repeated-sprint running. European Journal of Applied Physiology, 2011, 111, 293-301.	1.2	93

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109	Physical capacity–match physical performance relationships in soccer: simply, more complex. European Journal of Applied Physiology, 2011, 111, 2387-2389.	1.2	27
110	Physiological Responses to On-Court vs Running Interval Training in Competitive Tennis Players. Journal of Sports Science and Medicine, 2011, 10, 540-5.	0.7	12
111	Assessing inter-effort recovery and change of direction ability with the 30-15 intermittent fitness test. Journal of Sports Science and Medicine, 2011, 10, 346-54.	0.7	23
112	Improving Repeated Sprint Ability in Young Elite Soccer Players: Repeated Shuttle Sprints Vs. Explosive Strength Training. Journal of Strength and Conditioning Research, 2010, 24, 2715-2722.	1.0	200
113	Improving Acceleration and Repeated Sprint Ability in Well-Trained Adolescent Handball Players: Speed Versus Sprint Interval Training. International Journal of Sports Physiology and Performance, 2010, 5, 152-164.	1.1	87
114	Is the Relationship Between Sprinting and Maximal Aerobic Speeds in Young Soccer Players Affected by Maturation?. Pediatric Exercise Science, 2010, 22, 497-510.	0.5	62
115	Reliability, Usefulness, and Validity of a Repeated Sprint and Jump Ability Test. International Journal of Sports Physiology and Performance, 2010, 5, 3-17.	1.1	71
116	Effect of in- versus out-of-water recovery on repeated swimming sprint performance. European Journal of Applied Physiology, 2010, 108, 321-327.	1.2	11
117	Influence of cold water face immersion on post-exercise parasympathetic reactivation. European Journal of Applied Physiology, 2010, 108, 599-606.	1.2	31
118	Monitoring endurance running performance using cardiac parasympathetic function. European Journal of Applied Physiology, 2010, 108, 1153-1167.	1.2	194
119	Are 200 students really affecting heart rate variability and alpha-amylase activity?. European Journal of Applied Physiology, 2010, 109, 569-570.	1.2	1
120	Effect of cold water immersion on 100-m sprint performance in well-trained swimmers. European Journal of Applied Physiology, 2010, 109, 483-490.	1.2	54
121	Improbable effect of carbohydrate diet on cardiac autonomic modulation during exercise. European Journal of Applied Physiology, 2010, 109, 571-574.	1.2	4
122	Determinants of the variability of heart rate measures during a competitive period in young soccer players. European Journal of Applied Physiology, 2010, 109, 869-878.	1.2	100
123	Performance and physiological responses to repeated-sprint and jump sequences. European Journal of Applied Physiology, 2010, 110, 1007-1018.	1.2	42
124	Effect of cold or thermoneutral water immersion on post-exercise heart rate recovery and heart rate variability indices. Autonomic Neuroscience: Basic and Clinical, 2010, 156, 111-116.	1.4	55
125	Postexercise heart rate recovery in children: relationship with power output, blood pH, and lactate. Applied Physiology, Nutrition and Metabolism, 2010, 35, 142-150.	0.9	45
126	Reliability, usefulness, and validity of a repeated sprint and jump ability test. International Journal of Sports Physiology and Performance, 2010, 5, 3-17.	1.1	18

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127	Effect of prior exercise on pulmonary O ₂ uptake and estimated muscle capillary blood flow kinetics during moderate-intensity field running in men. Journal of Applied Physiology, 2009, 107, 460-470.	1.2	48
128	Assessment of cardiac autonomic nervous activity in frail elderly people with postural abnormalities and in control subjects. Archives of Gerontology and Geriatrics, 2009, 48, 121-124.	1.4	8
129	Cardiorespiratory and Cardiac Autonomic Responses to 30-15 Intermittent Fitness Test in Team Sport Players. Journal of Strength and Conditioning Research, 2009, 23, 93-100.	1.0	87
130	Nocturnal Heart Rate Variability Following Supramaximal Intermittent Exercise. International Journal of Sports Physiology and Performance, 2009, 4, 435-447.	1.1	58
131	Supramaximal Training and Postexercise Parasympathetic Reactivation in Adolescents. Medicine and Science in Sports and Exercise, 2008, 40, 362-371.	0.2	181
132	The 30-15 Intermittent Fitness Test: Accuracy for Individualizing Interval Training of Young Intermittent Sport Players. Journal of Strength and Conditioning Research, 2008, 22, 365-374.	1.0	273
133	Noninvasive assessment of cardiac parasympathetic function: postexercise heart rate recovery or heart rate variability?. American Journal of Physiology - Heart and Circulatory Physiology, 2007, 293, H8-H10.	1.5	186
134	Parasympathetic reactivation after repeated sprint exercise. American Journal of Physiology - Heart and Circulatory Physiology, 2007, 293, H133-H141.	1.5	212
135	Heart-Rate Deflection Point and the Second Heart-Rate Variability Threshold during Running Exercise in Trained Boys. Pediatric Exercise Science, 2007, 19, 192-204.	0.5	48
136	Cardiac parasympathetic regulation: respective associations with cardiorespiratory fitness and training load. American Journal of Physiology - Heart and Circulatory Physiology, 2006, 291, H451-H458.	1.5	226
137	Heart Rate Variability and Intensity of Habitual Physical Activity in Middle-Aged Persons. Medicine and Science in Sports and Exercise, 2005, 37, 1530-1534.	0.2	69
138	Is slow wave sleep an appropriate recording condition for heart rate variability analysis?. Autonomic Neuroscience: Basic and Clinical, 2005, 121, 81-86.	1.4	70
139	Sleep as a Tool for Evaluating Autonomic Drive to the Heart in Cardiac Transplant Patients. Sleep, 2004, 27, 641-647.	0.6	10
140	Heart Rate Variability in Sportive Elderly: Relationship with Daily Physical Activity. Medicine and Science in Sports and Exercise, 2004, 36, 601-605.	0.2	53
141	Non-invasive cardiac output evaluation during a maximal progressive exercise test, using a new impedance cardiograph device. European Journal of Applied Physiology, 2001, 85, 202-207.	1.2	217