John A Rathmacher

List of Publications by Year in descending order

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18 papers	892 citations	12 h-index	940134 16 g-index
19	19	19	783
all docs	docs citations	times ranked	citing authors

#	Article	IF	CITATIONS
1	Acute dose toxicity evaluation of the food supplement calcium 3-hydroxy-3-methylbutyrate (HMB) in female Sprague Dawley rats. Regulatory Toxicology and Pharmacology, 2022, 130, 105133.	1.3	O
2	Health and ergogenic potential of oral adenosine-5′-triphosphate (ATP) supplementation. Journal of Functional Foods, 2021, 78, 104357.	1.6	6
3	The impact of acute beta-hydroxy-beta-methylbutyrate (HMB) ingestion on glucose and insulin kinetics in young and older men. Journal of Functional Foods, 2020, 73, 104163.	1.6	3
4	Long-term Effects of Calcium Î ² -Hydroxy-Î ² -Methylbutyrate and Vitamin D3 Supplementation on Muscular Function in Older Adults With and Without Resistance Training: A Randomized, Double-blind, Controlled Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2020, 75, 2089-2097.	1.7	17
5	Authors' Response. Journal of Strength and Conditioning Research, 2018, 32, e4-e6.	1.0	O
6	Genotoxicity assessment of calcium \hat{l}^2 -hydroxy- \hat{l}^2 -methylbutyrate. Regulatory Toxicology and Pharmacology, 2018, 100, 68-71.	1.3	4
7	Interaction of Beta-Hydroxy-Beta-Methylbutyrate Free Acid and Adenosine Triphosphate on Muscle Mass, Strength, and Power in Resistance Trained Individuals. Journal of Strength and Conditioning Research, 2016, 30, 1843-1854.	1.0	46
8	Comparison of availability and plasma clearance rates of \hat{l}^2 -hydroxy- \hat{l}^2 -methylbutyrate delivery in the free acid and calcium salt forms. British Journal of Nutrition, 2015, 114, 1403-1409.	1.2	21
9	Subchronic toxicity study of β-hydroxy-β-methylbutyric free acid in Sprague–Dawley rats. Food and Chemical Toxicology, 2014, 67, 145-153.	1.8	9
10	Effects of oral adenosine-5′-triphosphate supplementation on athletic performance, skeletal muscle hypertrophy and recovery in resistance-trained men. Nutrition and Metabolism, 2013, 10, 57.	1.3	39
11	Adenosine-5'-triphosphate (ATP) supplementation improves low peak muscle torque and torque fatigue during repeated high intensity exercise sets. Journal of the International Society of Sports Nutrition, 2012, 9, 48.	1.7	22
12	Free acid gel form of \hat{l}^2 -hydroxy- \hat{l}^2 -methylbutyrate (HMB) improves HMB clearance from plasma in human subjects compared with the calcium HMB salt. British Journal of Nutrition, 2011, 105, 367-372.	1.2	60
13	Vitamin D Status Affects Strength Gains in Older Adults Supplemented With a Combination of βâ€Hydroxyâ€Î²â€Methylbutyrate, Arginine, and Lysine. Journal of Parenteral and Enteral Nutrition, 2011, 35, 757-762.	1.3	48
14	Yearâ€long Changes in Protein Metabolism in Elderly Men and Women Supplemented With a Nutrition Cocktail of βâ€Hydroxyâ€Î²â€methylbutyrate (HMB), Lâ€Arginine, and Lâ€Lysine. Journal of Parenteral and Enter Nutrition, 2009, 33, 71-82.	al1.3	105
15	Acute and timing effects of beta-hydroxy-beta-methylbutyrate (HMB) on indirect markers of skeletal muscle damage. Nutrition and Metabolism, 2009, 6, 6.	1.3	48
16	??-Hydroxy-??-Methylbutyrate Supplementation in Critically Ill Trauma Patients. Journal of Trauma, 2007, 62, 125-132.	2.3	80
17	Nutritional supplementation of the leucine metabolite \hat{l}^2 -hydroxy- \hat{l}^2 -methylbutyrate (hmb) during resistance training. Nutrition, 2000, 16, 734-739.	1.1	179
18	Nutritional Treatment for Acquired Immunodeficiency Virusâ€Associated Wasting Using βâ€Hydroxy βâ€Methylbutyrate, Glutamine, and Arginine: A Randomized, Doubleâ€Blind, Placeboâ€Controlled Study. Journal of Parenteral and Enteral Nutrition, 2000, 24, 133-139.	1.3	204