

Katya Fernandez

List of Publications by Year in descending order

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Version: 2024-02-01

65
papers

4,706
citations

159585

30
h-index

106344

65
g-index

65
all docs

65
docs citations

65
times ranked

3657
citing authors

#	ARTICLE	IF	CITATIONS
1	Using bodily postures in the treatment of anorexia nervosa: Effects of power posing on interoception and affective states. <i>European Eating Disorders Review</i> , 2021, 29, 216-231.	4.1	8
2	Parental Self-Efficacyâ€”A Predictor of Children's Health Behaviors? Its Impact on Children's Physical Activity and Screen Media Use and Potential Interaction Effect Within a Health Promotion Program. <i>Frontiers in Psychology</i> , 2021, 12, 712796.	2.1	3
3	The Effects of a Standardized Cognitive-Behavioural Therapy and an Additional Mindfulness-Based Training on Interoceptive Abilities in a Depressed Cohort. <i>Brain Sciences</i> , 2021, 11, 1355.	2.3	3
4	Effects of a Single Yoga Session on Cardiac Interoceptive Accuracy and Emotional Experience. <i>Brain Sciences</i> , 2021, 11, 1572.	2.3	5
5	Emotional responses to illness imagery in young adults: Effects of attention to somatic sensations and levels of illness anxiety. <i>Biological Psychology</i> , 2020, 149, 107812.	2.2	6
6	StudiCare mindfulnessâ€”study protocol of a randomized controlled trial evaluating an internet- and mobile-based intervention for college students with no and â€œon demandâ€”guidance. <i>Trials</i> , 2020, 21, 975.	1.6	7
7	Are interoceptive accuracy scores from the heartbeat counting task problematic? A comment on Zamariola et al. (2018). <i>Biological Psychology</i> , 2020, 152, 107868.	2.2	46
8	Comment on â€œZamariola et al. (2018), Interoceptive Accuracy Scores are Problematic: Evidence from Simple Bivariate Correlationsâ€”The empirical data base, the conceptual reasoning and the analysis behind this statement are misconceived and do not support the authorsâ€™ conclusions. <i>Biological Psychology</i> , 2020, 152, 107870.	2.2	61
9	Effectiveness of a guided online mindfulness-focused intervention in a student population: Study protocol for a randomised control trial. <i>BMJ Open</i> , 2020, 10, e032775.	1.9	9
10	On the Relationship of Interoceptive Accuracy and Attention: A Controlled Study With Depressed Inpatients and a Healthy Cohort. <i>Frontiers in Psychology</i> , 2020, 11, 597488.	2.1	3
11	Interaction Between Sex and Cardiac Interoceptive Accuracy in Measures of Induced Pain. <i>Frontiers in Psychology</i> , 2020, 11, 577961.	2.1	8
12	Discrepancies Between Explicit Feelings of Power and Implicit Power Motives Are Related to Anxiety in Women With Anorexia Nervosa. <i>Frontiers in Psychology</i> , 2020, 11, 618650.	2.1	2
13	Using bodily postures to reduce anxiety and improve interoception: A comparison between powerful and neutral poses. <i>PLoS ONE</i> , 2020, 15, e0242578.	2.5	11
14	Affect Improvements and Measurement Concordance Between a Subjective and an Accelerometric Estimate of Physical Activity. <i>European Journal of Health Psychology</i> , 2020, 27, 66-75.	0.6	6
15	A Pilot Study on the Effect of an Energy Drink on Interoception in High vs. Low Anxiety Sensitivity Individuals. <i>European Journal of Health Psychology</i> , 2020, 27, 171-187.	0.6	3
16	Interoception and Health. <i>European Journal of Health Psychology</i> , 2020, 27, 127-131.	0.6	5
17	Feasibility and relative validity of a digital photo-based dietary assessment: results from the Nutris-Phone study. <i>Public Health Nutrition</i> , 2019, 22, 1-8.	2.2	14
18	Effects of an 8-Week Body Scan Intervention on Individually Perceived Psychological Stress and Related Steroid Hormones in Hair. <i>Mindfulness</i> , 2019, 10, 2532-2543.	2.8	16

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19	Bidirectional relationship of stress and affect with physical activity and healthy eating. <i>British Journal of Health Psychology</i> , 2019, 24, 315-333.	3.5	143
20	Interoceptive accuracy is related to long-term stress via self-regulation. <i>Psychophysiology</i> , 2019, 56, e13429.	2.4	17
21	Interoceptive deficits in patients with obsessive-compulsive disorder in the time course of cognitive-behavioral therapy. <i>PLoS ONE</i> , 2019, 14, e0217237.	2.5	21
22	Changes in emotional processing following interoceptive network stimulation with rTMS. <i>Neuroscience</i> , 2019, 406, 405-419.	2.3	19
23	Improving interoceptive ability through the practice of power posing: A pilot study. <i>PLoS ONE</i> , 2019, 14, e0211453.	2.5	24
24	Trait-Based Emotional Intelligence, Body Image Dissatisfaction, and HRQoL in Children. <i>Frontiers in Psychiatry</i> , 2019, 10, 973.	2.6	4
25	It's craving time: time of day effects on momentary hunger and food craving in daily life. <i>Nutrition</i> , 2018, 55-56, 15-20.	2.4	55
26	Interoception and Mental Health: A Roadmap. <i>Biological Psychiatry: Cognitive Neuroscience and Neuroimaging</i> , 2018, 3, 501-513.	1.5	524
27	"I see neither your Fear, nor your Sadness" Interoception in adolescents. <i>Consciousness and Cognition</i> , 2018, 60, 52-61.	1.5	20
28	Interoception is associated with heartbeat-evoked brain potentials (HEPs) in adolescents. <i>Biological Psychology</i> , 2018, 137, 24-33.	2.2	37
29	Disconnected " Impaired Interoceptive Accuracy and Its Association With Self-Perception and Cardiac Vagal Tone in Patients With Dissociative Disorder. <i>Frontiers in Psychology</i> , 2018, 9, 897.	2.1	22
30	Reply to Coll <i>et al.</i> "Important methodological issues regarding the use of transcranial magnetic stimulation to investigate interoceptive processing" (2017). <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2017, 372, 20170046.	4.0	2
31	Atypical Self-Focus Effect on Interoceptive Accuracy in Anorexia Nervosa. <i>Frontiers in Human Neuroscience</i> , 2016, 10, 484.	2.0	47
32	Describe Your Feelings: Body Illusion Related to Alexithymia in Adolescence. <i>Frontiers in Psychology</i> , 2016, 7, 1690.	2.1	7
33	Interoceptive Processes in Anorexia Nervosa in the Time Course of Cognitive-Behavioral Therapy: A Pilot Study. <i>Frontiers in Psychiatry</i> , 2016, 7, 199.	2.6	36
34	Changes in interoceptive processes following brain stimulation. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2016, 371, 20160016.	4.0	83
35	Normal interoceptive accuracy in women with bulimia nervosa. <i>Psychiatry Research</i> , 2016, 240, 328-332.	3.3	45
36	Microsaccades Are Coupled to Heartbeat. <i>Journal of Neuroscience</i> , 2016, 36, 1237-1241.	3.6	51

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37	Interaction of physical activity and interoception in children. <i>Frontiers in Psychology</i> , 2015, 6, 502.	2.1	34
38	When interoception helps to overcome negative feelings caused by social exclusion. <i>Frontiers in Psychology</i> , 2015, 6, 786.	2.1	51
39	Complaints as starting point for vicious cycles in customer–employee-interactions. <i>Frontiers in Psychology</i> , 2015, 6, 1454.	2.1	14
40	Good is up—spatial metaphors in action observation. <i>Frontiers in Psychology</i> , 2015, 6, 1605.	2.1	11
41	Alexithymic Trait, Painful Heat Stimulation, and Everyday Pain Experience. <i>Frontiers in Psychiatry</i> , 2015, 6, 139.	2.6	9
42	Reduced facial emotion recognition in overweight and obese children. <i>Journal of Psychosomatic Research</i> , 2015, 79, 635-639.	2.6	20
43	Electrophysiological evidence for an attentional bias in processing body stimuli in bulimia nervosa. <i>Biological Psychology</i> , 2015, 108, 105-114.	2.2	29
44	Perceiving one's body shapes empathy. <i>Physiology and Behavior</i> , 2015, 140, 54-60.	2.1	86
45	Interoceptive Focus Shapes the Experience of Time. <i>PLoS ONE</i> , 2014, 9, e86934.	2.5	57
46	How much time has passed? Ask your heart. <i>Frontiers in Neurobotics</i> , 2014, 8, 15.	2.8	30
47	Cardiac sensitivity in children: Sex differences and its relationship to parameters of emotional processing. <i>Psychophysiology</i> , 2014, 51, 932-941.	2.4	53
48	Attenuated interoceptive sensitivity in overweight and obese individuals. <i>Eating Behaviors</i> , 2014, 15, 445-448.	2.0	169
49	Interoceptive sensitivity, body weight and eating behavior in children: a prospective study. <i>Frontiers in Psychology</i> , 2014, 5, 1003.	2.1	49
50	On the embodiment of emotion regulation: interoceptive awareness facilitates reappraisal. <i>Social Cognitive and Affective Neuroscience</i> , 2013, 8, 911-917.	3.0	333
51	On the Relationship Between Interoceptive Awareness and Alexithymia: Is Interoceptive Awareness Related to Emotional Awareness?. <i>Journal of Personality</i> , 2011, 79, 1149-1175.	3.2	319
52	Academic-contingent self-worth and the social monitoring system. <i>Personality and Individual Differences</i> , 2011, 50, 59-63.	2.9	2
53	Blunted autonomic reactivity and increased pain tolerance in somatoform patients. <i>Pain</i> , 2011, 152, 2157-2164.	4.2	33
54	Differential effects of anxiety and depression on interoceptive accuracy. <i>Depression and Anxiety</i> , 2009, 26, 167-173.	4.1	212

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55	Deficits in early emotional reactivity in alexithymia. <i>Psychophysiology</i> , 2008, 45, 839-846.	2.4	23
56	Reduced perception of bodily signals in anorexia nervosa. <i>Eating Behaviors</i> , 2008, 9, 381-388.	2.0	345
57	Impaired Central Processing of Emotional Faces in Anorexia Nervosa. <i>Psychosomatic Medicine</i> , 2008, 70, 701-708.	2.0	89
58	Interoceptive awareness mediates the relationship between anxiety and the intensity of unpleasant feelings. <i>Journal of Anxiety Disorders</i> , 2007, 21, 931-943.	3.2	160
59	Heart rate response after emotional picture presentation is modulated by interoceptive awareness. <i>International Journal of Psychophysiology</i> , 2007, 63, 117-124.	1.0	162
60	Interoceptive awareness, anxiety and cardiovascular reactivity to isometric exercise. <i>International Journal of Psychophysiology</i> , 2007, 65, 167-173.	1.0	101
61	Interoceptive sensitivity and emotion processing: An EEG study. <i>International Journal of Psychophysiology</i> , 2007, 65, 214-227.	1.0	192
62	Heartbeat perception and P300 amplitude in a visual oddball paradigm. <i>Clinical Neurophysiology</i> , 2007, 118, 2248-2253.	1.5	16
63	Brain structures mediating cardiovascular arousal and interoceptive awareness. <i>Brain Research</i> , 2007, 1141, 178-187.	2.2	284
64	Brain structures involved in interoceptive awareness and cardioafferent signal processing: A dipole source localization study. <i>Human Brain Mapping</i> , 2005, 26, 54-64.	3.6	213
65	On the relationship between interoceptive awareness, emotional experience, and brain processes. <i>Cognitive Brain Research</i> , 2005, 25, 948-962.	3.0	237