Salvador Vargas-Molina

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Creatine Enhances the Effects of Cluster-Set Resistance Training on Lower-Limb Body Composition and Strength in Resistance-Trained Men: A Pilot Study. Nutrients, 2021, 13, 2303.	4.1	11
2	Comparison of post-activation performance enhancement (PAPE) after isometric and isotonic exercise on vertical jump performance. PLoS ONE, 2021, 16, e0260866.	2.5	11
3	Effects of heavy barbell hip thrust vs back squat on subsequent sprint performance in rugby players. Biology of Sport, 2020, 37, 325-331.	3.2	14
4	Effects of cluster training on body composition and strength in resistance-trained men. Isokinetics and Exercise Science, 2020, 28, 391-399.	0.4	3
5	Effects of a ketogenic diet on body composition and strength in trained women. Journal of the International Society of Sports Nutrition, 2020, 17, 19.	3.9	36