

Miguel A SÃ¡nchez-Lastra

List of Publications by Year in descending order

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Version: 2024-02-01

34
papers

352
citations

1039406

9
h-index

887659

17
g-index

37
all docs

37
docs citations

37
times ranked

486
citing authors

#	ARTICLE	IF	CITATIONS
1	Impact of COVID-19 Pandemic on University Students' Physical Activity Levels: An Early Systematic Review. <i>Frontiers in Psychology</i> , 2020, 11, 624567.	1.1	152
2	Pilates for people with multiple sclerosis: A systematic review and meta-analysis. <i>Multiple Sclerosis and Related Disorders</i> , 2019, 28, 199-212.	0.9	48
3	Physical Activity and Mortality Across Levels of Adiposity. <i>Mayo Clinic Proceedings</i> , 2021, 96, 105-119.	1.4	16
4	Fitness, Fatness, and Mortality in Men and Women From the UK Biobank: Prospective Cohort Study. <i>Journal of the American Heart Association</i> , 2021, 10, e019605.	1.6	16
5	Systematic review and meta-analysis of randomised controlled trials on the effects of yoga in people with Parkinson's disease. <i>Disability and Rehabilitation</i> , 2022, 44, 6210-6229.	0.9	14
6	Effects of exercise on the physical fitness and functionality of people with amputations: Systematic review and meta-analysis. <i>Disability and Health Journal</i> , 2021, 14, 100976.	1.6	13
7	Stair climbing and mortality: a prospective cohort study from the UK Biobank. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2021, 12, 298-307.	2.9	13
8	Nordic walking for women with breast cancer: A systematic review. <i>European Journal of Cancer Care</i> , 2019, 28, e13130.	0.7	11
9	Impact of a five-month detraining period on the functional fitness and physical activity levels on active older people. <i>Archives of Gerontology and Geriatrics</i> , 2020, 91, 104191.	1.4	10
10	Effectiveness of Prison-Based Exercise Training Programs: A Systematic Review. <i>Journal of Physical Activity and Health</i> , 2019, 16, 1196-1209.	1.0	10
11	Nordic Walking for Overweight and Obese People: A Systematic Review and Meta-Analysis. <i>Journal of Physical Activity and Health</i> , 2020, 17, 762-772.	1.0	7
12	Construct Validity of the Spanish Version of the CHAMPS Questionnaire for institutionalized patients over 65 years old. <i>Motriz Revista De Educacao Fisica</i> , 2017, 23, 81-87.	0.3	4
13	Exercise Interventions for Improving Flexibility in People with Multiple Sclerosis: A Systematic Review and Meta-Analysis. <i>Medicina (Lithuania)</i> , 2019, 55, 726.	0.8	4
14	Effects of exercise training on obesity-related parameters in people with intellectual disabilities: systematic review and meta-analysis. <i>Journal of Intellectual Disability Research</i> , 2022, 66, 413-441.	1.2	4
15	Sport Injuries among Amateur Women and Young Intermediate Level Female Handball Players: A Preliminary Investigation. <i>Medicina (Lithuania)</i> , 2021, 57, 565.	0.8	3
16	Feasibility and reliability of the Functional Movement Screen battery in adults with intellectual disability. <i>Journal of Intellectual Disability Research</i> , 2022, 66, 568-575.	1.2	3
17	Mortality of Spanish Former Elite Soccer Players and Coaches. <i>International Journal of Sports Medicine</i> , 2021, 42, 662-668.	0.8	2
18	Effectiveness of equine-assisted therapies for improving health outcomes in people with multiple sclerosis: a systematic review and meta-analysis. <i>Multiple Sclerosis and Related Disorders</i> , 2021, 55, 103161.	0.9	2

#	ARTICLE	IF	CITATIONS
19	Fiabilidad y Validez de la Batería TGMD-2 en Población Española. Revista Iberoamericana De Diagnostico Y Evaluacion Psicologica, 2019, 50, .	0.1	2
20	The use of adapted boxing as a rehabilitation strategy in people with diverse health conditions: a systematic review. European Journal of Adapted Physical Activity, 2020, 13, 6-6.	0.5	2
21	Mejora de la coordinación en niños mediante el entrenamiento propioceptivo. Apunts Educacion Fisica Y Deportes, 2019, , 22-35.	0.0	2
22	Efecto de un programa de natación en la condición física de preescolares (Effect of a swimming) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50	0.3	2
23	Upper versus lower body resistance exercise with elastic bands: effects on cognitive and physical function of institutionalized older adults. European Geriatric Medicine, 2022, 13, 907-916.	1.2	2
24	APLICACIÓN DE EJERCICIOS DE BRAIN GYM® EN PERSONAS INSTITUCIONALIZADAS CON DETERIORO COGNITIVO. Revista Internacional De Medicina Y Ciencias De La Actividad Fisica Y Del Deporte, 2018, 18, 753.	0.1	1
25	Aquatic exercise for people with intellectual disabilities: findings from a systematic review. International Journal of Developmental Disabilities, 2023, 69, 134-146.	1.3	1
26	Questionnaires for assessing self-perceived physical fitness: A systematic review. Experimental Gerontology, 2021, 152, 111463.	1.2	1
27	Hematological detraining-related changes among elderly individuals with high blood pressure. Revista Da Associação Médica Brasileira, 2020, 66, 1108-1115.	0.3	1
28	Is Stretching Exercise An Adequate Control Group in Clinical Trials Aimed at Improving Physical Fitness and Function of Older Adults? A Systematic Review and Meta-Analysis. Journal of Aging and Physical Activity, 2020, 28, 889-910.	0.5	1
29	Validity and reference values for the 3-minute shuttle run test in spanish preschoolers. Revista Da Associação Médica Brasileira, 2021, 67, 839-844.	0.3	1
30	Accuracy of a simple school-based submaximal effort test to predict cardiorespiratory fitness in primary school children. Medicina Dello Sport, 2020, 73, .	0.1	1
31	Brain Gym exercises versus standard exercises for institutionalised older people with cognitive impairment: a randomised controlled study. , 2021, 15, 74-80.		0
32	Home-Based Exercise for People With Chronic Kidney Disease: A Systematic Review and Meta-Analysis. Journal of Physical Activity and Health, 2021, 18, 1143-1154.	1.0	0
33	Validez y fiabilidad del cuestionario APAFOP en población española anciana e institucionalizada con deterioro cognitivo.. Revista Andaluza De Medicina Del Deporte, 2019, 12, 322-326.	0.1	0
34	All-cause Mortality And The Fat-but-fit Hypothesis: A Reexamination Using Uk Biobank. Medicine and Science in Sports and Exercise, 2020, 52, 546-547.	0.2	0