

# Cecilie ThÃgersen-Ntoumani

## List of Publications by Year in descending order

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Version: 2024-02-01

52  
papers

5,187  
citations

218677

26  
h-index

175258

52  
g-index

52  
all docs

52  
docs citations

52  
times ranked

4840  
citing authors

#	ARTICLE	IF	CITATIONS
1	Self-Determination Theory Applied to Health Contexts. <i>Perspectives on Psychological Science</i> , 2012, 7, 325-340.	9.0	1,309
2	Self-Determination Theory and Diminished Functioning. <i>Personality and Social Psychology Bulletin</i> , 2011, 37, 1459-1473.	3.0	720
3	Psychological Need Thwarting in the Sport Context: Assessing the Darker Side of Athletic Experience. <i>Journal of Sport and Exercise Psychology</i> , 2011, 33, 75-102.	1.2	536
4	A meta-analysis of self-determination theory-informed intervention studies in the health domain: effects on motivation, health behavior, physical, and psychological health. <i>Health Psychology Review</i> , 2021, 15, 214-244.	8.6	374
5	The Controlling Interpersonal Style in a Coaching Context: Development and Initial Validation of a Psychometric Scale. <i>Journal of Sport and Exercise Psychology</i> , 2010, 32, 193-216.	1.2	291
6	The role of self-determined motivation in the understanding of exercise-related behaviours, cognitions and physical self-evaluations. <i>Journal of Sports Sciences</i> , 2006, 24, 393-404.	2.0	275
7	Motivating the unmotivated: how can health behavior be changed in those unwilling to change?. <i>Frontiers in Psychology</i> , 2015, 6, 835.	2.1	127
8	Beware of your teaching style: A school-year long investigation of controlling teaching and student motivational experiences. <i>Learning and Instruction</i> , 2018, 53, 50-63.	3.2	123
9	Unhealthy weight control behaviours in adolescent girls: a process model based on self-determination theory. <i>Psychology and Health</i> , 2010, 25, 535-550.	2.2	109
10	A longitudinal examination of coach and peer motivational climates in youth sport: Implications for moral attitudes, well-being, and behavioral investment.. <i>Developmental Psychology</i> , 2012, 48, 213-223.	1.6	95
11	Conceptualizing and testing a new tripartite measure of coach interpersonal behaviors. <i>Psychology of Sport and Exercise</i> , 2019, 44, 107-120.	2.1	90
12	A Self-determination Theory Approach to the Study of Body Image Concerns, Self-presentation and Self-perceptions in a Sample of Aerobic Instructors. <i>Journal of Health Psychology</i> , 2007, 12, 301-315.	2.3	89
13	Low-Volume High-Intensity Interval Training in a Gym Setting Improves Cardio-Metabolic and Psychological Health. <i>PLoS ONE</i> , 2015, 10, e0139056.	2.5	86
14	Developmental trajectories of motivation in physical education: Course, demographic differences, and antecedents.. <i>Journal of Educational Psychology</i> , 2009, 101, 717-728.	2.9	84
15	Physical Activity Adoption to Adherence, Lapse, and Dropout. <i>Qualitative Health Research</i> , 2014, 24, 706-718.	2.1	73
16	Effects of perceived autonomy support from social agents on motivation and engagement of Chinese primary school students: Psychological need satisfaction as mediator. <i>Contemporary Educational Psychology</i> , 2019, 58, 323-330.	2.9	55
17	Autonomy support and control in weight management: What important others do and say matters. <i>British Journal of Health Psychology</i> , 2014, 19, 540-552.	3.5	51
18	The effect of need supportive text messages on motivation and physical activity behaviour. <i>Journal of Behavioral Medicine</i> , 2016, 39, 574-586.	2.1	50

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19	Predicting Psychological Needs and Well-Being of Individuals Engaging in Weight Management: The Role of Important Others. <i>Applied Psychology: Health and Well-Being</i> , 2013, 5, 291-310.	3.0	49
20	Relationships between exercise and three components of mental well-being in corporate employees. <i>Psychology of Sport and Exercise</i> , 2005, 6, 609-627.	2.1	46
21	Stirring the motivational soup: within-person latent profiles of motivation in exercise. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 4.	4.6	46
22	Putting self-determination theory into practice: application of adaptive motivational principles in the exercise domain. <i>Qualitative Research in Sport, Exercise and Health</i> , 2018, 10, 75-91.	5.9	42
23	Evaluating quality of implementation in physical activity interventions based on theories of motivation: current challenges and future directions. <i>International Review of Sport and Exercise Psychology</i> , 2017, 10, 252-269.	5.7	37
24	Measuring psychological need states in sport: Theoretical considerations and a new measure. <i>Psychology of Sport and Exercise</i> , 2020, 47, 101617.	2.1	36
25	Motivational processes and well-being in cardiac rehabilitation: a self-determination theory perspective. <i>Psychology, Health and Medicine</i> , 2015, 20, 518-529.	2.4	29
26	Intrinsic motivation in two exercise interventions: Associations with fitness and body composition.. <i>Health Psychology</i> , 2016, 35, 195-198.	1.6	29
27	Sources of autonomy support, subjective vitality and physical activity behaviour associated with participation in a lunchtime walking intervention for physically inactive adults. <i>Psychology of Sport and Exercise</i> , 2014, 15, 190-197.	2.1	27
28	An intervention to train group exercise class instructors to adopt a motivationally adaptive communication style: a quasi-experimental study protocol. <i>Health Psychology and Behavioral Medicine</i> , 2015, 3, 190-203.	1.8	25
29	In It Together: A Qualitative Evaluation of Participant Experiences of a 10-Week, Group-Based, Workplace HIIT Program for Insufficiently Active Adults. <i>Journal of Sport and Exercise Psychology</i> , 2018, 40, 10-19.	1.2	25
30	"Step by Step". A feasibility study of a lunchtime walking intervention designed to increase walking, improve mental well-being and work performance in sedentary employees: Rationale and study design. <i>BMC Public Health</i> , 2010, 10, 578.	2.9	24
31	Protocol for a gender-sensitised weight loss and healthy living programme for overweight and obese men delivered in Australian football league settings (Aussie-FIT): A feasibility and pilot randomised controlled trial. <i>BMJ Open</i> , 2018, 8, e022663.	1.9	22
32	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial. <i>PLoS Medicine</i> , 2020, 17, e1003136.	8.4	22
33	A step in the right direction? Change in mental well-being and self-reported work performance among physically inactive university employees during a walking intervention. <i>Mental Health and Physical Activity</i> , 2014, 7, 89-94.	1.8	19
34	Motivation Contagion When Instructing Obese Individuals: A Test in Exercise Settings. <i>Journal of Sport and Exercise Psychology</i> , 2012, 34, 525-538.	1.2	18
35	Trial feasibility and process evaluation of a motivationally-embellished group peer led walking intervention in retirement villages using the RE-AIM framework: the residents in action trial (RiAT). <i>Health Psychology and Behavioral Medicine</i> , 2019, 7, 202-233.	1.8	17
36	When feeling attractive matters too much to women: A process underpinning the relation between psychological need satisfaction and unhealthy weight control behaviors. <i>Motivation and Emotion</i> , 2011, 35, 413-422.	1.3	16

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37	Does self-compassion help to deal with dietary lapses among overweight and obese adults who pursue weight-loss goals?. <i>British Journal of Health Psychology</i> , 2021, 26, 767-788.	3.5	16
38	â€œShall We Dance?â€•Older Adultsâ€™ Perspectives on the Feasibility of a Dance Intervention for Cognitive Function. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 553-560.	1.0	11
39	Development and feasibility of a mobile phone application designed to support physically inactive employees to increase walking. <i>BMC Medical Informatics and Decision Making</i> , 2021, 21, 23.	3.0	11
40	Typologies of Greek inactive older adults based on reasons for abstaining from exercise and conditions for change. <i>Journal of Sports Sciences</i> , 2008, 26, 1341-1350.	2.0	10
41	Self-Presentational Cognitions for Exercise in Female Adolescents. <i>Journal of Applied Social Psychology</i> , 2011, 41, 429-444.	2.0	9
42	â€œItâ€™s Better Togetherâ€• A Nested Longitudinal Study Examining the Benefits of Walking Regularly With Peers Versus Primarily Alone in Older Adults. <i>Journal of Aging and Physical Activity</i> , 2021, 29, 455-465.	1.0	9
43	Mind the gap: Habit and self-determined motivation predict health behaviours in middle-aged and older adults. <i>British Journal of Health Psychology</i> , 2021, 26, 1095-1113.	3.5	8
44	â€œMum's the wordâ€™: Predictors and outcomes of weight concerns in pre-adolescent and early adolescent girls. <i>Body Image</i> , 2016, 16, 107-112.	4.3	7
45	Protocol for the residents in action pilot cluster randomised controlled trial (RiAT): evaluating a behaviour change intervention to promote walking, reduce sitting and improve mental health in physically inactive older adults in retirement villages. <i>BMJ Open</i> , 2017, 7, e015543.	1.9	7
46	Perceptions of Group-Based Walks and Strategies to Inform the Development of an Intervention in Retirement Villages: Perspectives of Residents and Village Managers. <i>Journal of Aging and Physical Activity</i> , 2017, 25, 261-268.	1.0	7
47	Volunteer Motivation and Retention of Older Peer Walk Leaders: A 4-Month Long Investigation. <i>Gerontologist</i> , The, 2021, 61, 1118-1130.	3.9	7
48	The Aussie-FIT process evaluation: feasibility and acceptability of a weight loss intervention for men, delivered in Australian Football League settings. <i>Psychology and Health</i> , 2022, 37, 470-489.	2.2	7
49	Do exerciser weight status and perceived motivation predict instructorsâ€™ motivation and beliefs about the exerciser? A test of motivation contagion effects. <i>Body Image</i> , 2018, 26, 10-18.	4.3	6
50	Self-Compassion and Need Frustration Moderate the Effects of Upward Appearance Comparisons on Body Image Discrepancies. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2020, 154, 292-308.	1.6	4
51	A Person-Centered Analysis of Motivation for Physical Activity and Perceived Neighborhood Environment in Residents of Assisted Living Facilities. <i>International Journal of Aging and Human Development</i> , 2019, 89, 257-278.	1.6	1
52	Postnatal Exercise Partners Study (PEEPS): a pilot randomized trial of a dyadic physical activity intervention for postpartum mothers and a significant other. <i>Health Psychology and Behavioral Medicine</i> , 2021, 9, 251-284.	1.8	1