

Mohammadali Gharaat

List of Publications by Year in descending order

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Version: 2024-02-01

5
papers

96
citations

1684188

5
h-index

2053705

5
g-index

5
all docs

5
docs citations

5
times ranked

71
citing authors

#	ARTICLE	IF	CITATIONS
1	Low-Volume High-Intensity Interval Versus Continuous Endurance Training: Effects on Hematological and Cardiorespiratory System Adaptations in Professional Canoe Polo Athletes. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1852-1860.	2.1	21
2	Practical Model of Low-Volume Paddling-Based Sprint Interval Training Improves Aerobic and Anaerobic Performances in Professional Female Canoe Polo Athletes. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2375-2382.	2.1	20
3	Physiological and performance responses to high-intensity interval training in female inline speed skaters. <i>Apunts Medicine De L'Esport</i> , 2017, 52, 131-138.	0.5	15
4	Hormonal and Physiological Adaptations to High-Intensity Interval Training in Professional Male Canoe Polo Athletes. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 859-866.	2.1	28
5	Anthropometric, physiological, and performance characteristics of elite canoe polo players.. <i>Psychology and Neuroscience</i> , 2015, 8, 257-266.	0.8	12