Mohammadali Gharaat

List of Publications by Year in descending order

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1684188 2053705 5 96 5 5 citations g-index h-index papers 5 5 5 71 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Hormonal and Physiological Adaptations to High-Intensity Interval Training in Professional Male Canoe Polo Athletes. Journal of Strength and Conditioning Research, 2016, 30, 859-866.	2.1	28
2	Low-Volume High-Intensity Interval Versus Continuous Endurance Training: Effects on Hematological and Cardiorespiratory System Adaptations in Professional Canoe Polo Athletes. Journal of Strength and Conditioning Research, 2018, 32, 1852-1860.	2.1	21
3	Practical Model of Low-Volume Paddling-Based Sprint Interval Training Improves Aerobic and Anaerobic Performances in Professional Female Canoe Polo Athletes. Journal of Strength and Conditioning Research, 2018, 32, 2375-2382.	2.1	20
4	Physiological and performance responses to high-intensity interval training in female inline speed skaters. Apunts Medicine De L'Esport, 2017, 52, 131-138.	0.5	15
5	Anthropometric, physiological, and performance characteristics of elite canoe polo players Psychology and Neuroscience, 2015, 8, 257-266.	0.8	12