

Paschal Sheeran

List of Publications by Citations

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Version: 2024-04-28

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176
papers

22,547
citations

68
h-index

149
g-index

180
ext. papers

25,485
ext. citations

4.8
avg. IF

7.48
L-index

#	Paper	IF	Citations
176	Does changing behavioral intentions engender behavior change? A meta-analysis of the experimental evidence. <i>Psychological Bulletin</i> , 2006 , 132, 249-68	19.1	2201
175	IntentionBehavior Relations: A Conceptual and Empirical Review. <i>European Review of Social Psychology</i> , 2002 , 12, 1-36	5.5	1944
174	Implementation Intentions and Goal Achievement: A Meta-analysis of Effects and Processes. <i>Advances in Experimental Social Psychology</i> , 2006 , 69-119	4.2	1568
173	Dealing with feeling: a meta-analysis of the effectiveness of strategies derived from the process model of emotion regulation. <i>Psychological Bulletin</i> , 2012 , 138, 775-808	19.1	1017
172	Prediction and Intervention in Health-Related Behavior: A Meta-Analytic Review of Protection Motivation Theory. <i>Journal of Applied Social Psychology</i> , 2000 , 30, 106-143	2.1	816
171	Descriptive norms as an additional predictor in the theory of planned behaviour: A meta-analysis. <i>Current Psychology</i> , 2003 , 22, 218-233		651
170	The IntentionBehavior Gap. <i>Social and Personality Psychology Compass</i> , 2016 , 10, 503-518	3	576
169	Does heightening risk appraisals change people's intentions and behavior? A meta-analysis of experimental studies. <i>Psychological Bulletin</i> , 2014 , 140, 511-43	19.1	505
168	Implementation Intentions and the Theory of Planned Behavior. <i>Personality and Social Psychology Bulletin</i> , 1997 , 23, 945-954	4.1	454
167	The impact of changing attitudes, norms, and self-efficacy on health-related intentions and behavior: A meta-analysis. <i>Health Psychology</i> , 2016 , 35, 1178-1188	5	431
166	The interplay between goal intentions and implementation intentions. <i>Personality and Social Psychology Bulletin</i> , 2005 , 31, 87-98	4.1	405
165	Combining motivational and volitional interventions to promote exercise participation: protection motivation theory and implementation intentions. <i>British Journal of Health Psychology</i> , 2002 , 7, 163-84	8.3	400
164	Nonconscious processes and health. <i>Health Psychology</i> , 2013 , 32, 460-73	5	392
163	Predicting Intentions to Use Condoms: A Meta-Analysis and Comparison of the Theories of Reasoned Action and Planned Behavior ¹ . <i>Journal of Applied Social Psychology</i> , 1999 , 29, 1624-1675	2.1	333
162	How do implementation intentions promote goal attainment? A test of component processes. <i>Journal of Experimental Social Psychology</i> , 2007 , 43, 295-302	2.6	315
161	'Inclined abstainers': a problem for predicting health-related behaviour. <i>British Journal of Social Psychology</i> , 1998 , 37 (Pt 2), 151-65	6.8	294
160	Augmenting the Theory of Planned Behavior: Roles for Anticipated Regret and Descriptive Norms ¹ . <i>Journal of Applied Social Psychology</i> , 1999 , 29, 2107-2142	2.1	283

159	Can implementation intentions help to overcome ego-depletion?. <i>Journal of Experimental Social Psychology</i> , 2003 , 39, 279-286	2.6	278
158	Do intentions predict condom use? Meta-analysis and examination of six moderator variables. <i>British Journal of Social Psychology</i> , 1998 , 37 (Pt 2), 231-50	6.8	254
157	Does monitoring goal progress promote goal attainment? A meta-analysis of the experimental evidence. <i>Psychological Bulletin</i> , 2016 , 142, 198-229	19.1	242
156	Some Tests of the Distinction between Cognitive and Affective Beliefs. <i>Journal of Experimental Social Psychology</i> , 1998 , 34, 378-397	2.6	241
155	Mechanisms of implementation intention effects: the role of goal intentions, self-efficacy, and accessibility of plan components. <i>British Journal of Social Psychology</i> , 2008 , 47, 373-95	6.8	238
154	The Role of Self-identity in the Theory of Planned Behavior: A Meta-Analysis. <i>Journal of Applied Social Psychology</i> , 2010 , 40, 1085-1105	2.1	233
153	Implementation intentions and shielding goal striving from unwanted thoughts and feelings. <i>Personality and Social Psychology Bulletin</i> , 2008 , 34, 381-93	4.1	227
152	Evidence that perceived behavioural control is a multidimensional construct: perceived control and perceived difficulty. <i>British Journal of Social Psychology</i> , 2002 , 41, 101-21	6.8	225
151	Health Behavior Change: Moving from Observation to Intervention. <i>Annual Review of Psychology</i> , 2017 , 68, 573-600	26.1	217
150	Expanding the Affective and Normative Components of the Theory of Planned Behavior: A Meta-Analysis of Anticipated Affect and Moral Norms. <i>Journal of Applied Social Psychology</i> , 2009 , 39, 2985-3019	2.1	217
149	Moderation of cognition-intention and cognition-behaviour relations: a meta-analysis of properties of variables from the theory of planned behaviour. <i>British Journal of Social Psychology</i> , 2004 , 43, 159-86	6.8	216
148	Mediator of moderators: temporal stability of intention and the intention-behavior relation. <i>Personality and Social Psychology Bulletin</i> , 2003 , 29, 205-15	4.1	199
147	Acting on intentions: the role of anticipated regret. <i>British Journal of Social Psychology</i> , 2003 , 42, 495-511	6.8	195
146	Motivational and Volitional Processes in Action Initiation: A Field Study of the Role of Implementation Intentions ¹ . <i>Journal of Applied Social Psychology</i> , 2000 , 30, 780-797	2.1	183
145	Bridging the intention-behaviour 'gap': the role of moral norm. <i>British Journal of Social Psychology</i> , 2005 , 44, 497-512	6.8	180
144	The impact of self-affirmation on health-behavior change: a meta-analysis. <i>Health Psychology</i> , 2015 , 34, 187-96	5	166
143	Planning to break unwanted habits: habit strength moderates implementation intention effects on behaviour change. <i>British Journal of Social Psychology</i> , 2009 , 48, 507-23	6.8	163
142	Deciding to exercise: the role of anticipated regret. <i>British Journal of Health Psychology</i> , 2004 , 9, 269-78	8.3	161

141	Does the Temporal Stability of Behavioral Intentions Moderate Intention-Behavior and Past Behavior-Future Behavior Relations?. <i>Personality and Social Psychology Bulletin</i> , 1999 , 25, 724-734	4.1	161
140	Effective regulation of affect: An action control perspective on emotion regulation. <i>European Review of Social Psychology</i> , 2012 , 23, 143-186	5.5	160
139	A network-individual-resource model for HIV prevention. <i>AIDS and Behavior</i> , 2010 , 14, 204-21	4.3	152
138	Asking questions changes behavior: mere measurement effects on frequency of blood donation. <i>Health Psychology</i> , 2008 , 27, 179-84	5	147
137	Identifying good opportunities to act: Implementation intentions and cue discrimination. <i>European Journal of Social Psychology</i> , 2004 , 34, 407-419	2.9	138
136	Predicting behaviour from perceived behavioural control: tests of the accuracy assumption of the theory of planned behaviour. <i>British Journal of Social Psychology</i> , 2003 , 42, 393-410	6.8	137
135	Temporal stability as a moderator of relationships in the Theory of Planned Behaviour. <i>British Journal of Social Psychology</i> , 2000 , 39 Pt 4, 469-93	6.8	137
134	Social Influences and the Theory of Planned Behaviour: Evidence for a Direct Relationship Between Prototypes and Young People's Exercise Behaviour. <i>Psychology and Health</i> , 2003 , 18, 567-583	2.9	134
133	Implementation intention and planning interventions in Health Psychology: Recommendations from the Synergy Expert Group for research and practice. <i>Psychology and Health</i> , 2016 , 31, 814-39	2.9	131
132	Augmenting the theory of planned behaviour with the prototype/willingness model: predictive validity of actor versus abstainer prototypes for adolescents' health-protective and health-risk intentions. <i>British Journal of Health Psychology</i> , 2006 , 11, 483-500	8.3	121
131	A Meta-Analytic Review of Stand-Alone Interventions to Improve Body Image. <i>PLoS ONE</i> , 2015 , 10, e0139177	3.77	117
130	Some feelings are more important: cognitive attitudes, affective attitudes, anticipated affect, and blood donation. <i>Health Psychology</i> , 2013 , 32, 264-72	5	117
129	The Tripartite Model of Risk Perception (TRIRISK): Distinguishing Deliberative, Affective, and Experiential Components of Perceived Risk. <i>Annals of Behavioral Medicine</i> , 2016 , 50, 653-663	4.5	113
128	Which survey questions change behavior? Randomized controlled trial of mere measurement interventions. <i>Health Psychology</i> , 2010 , 29, 636-44	5	113
127	Exploring teenagers' adaptive and maladaptive thinking in relation to the threat of hiv infection. <i>Psychology and Health</i> , 1994 , 9, 253-272	2.9	111
126	Increasing attendance for psychotherapy: implementation intentions and the self-regulation of attendance-related negative affect. <i>Journal of Consulting and Clinical Psychology</i> , 2007 , 75, 853-63	6.5	107
125	Self-regulatory processes mediate the intention-behavior relation for adherence and exercise behaviors. <i>Health Psychology</i> , 2012 , 31, 695-703	5	102
124	Combining self-affirmation with implementation intentions to promote fruit and vegetable consumption. <i>Health Psychology</i> , 2014 , 33, 729-36	5	100

123	Self-schemas and the theory of planned behaviour. <i>European Journal of Social Psychology</i> , 2000 , 30, 533-550	5.50	90
122	Strategic regulation of mimicry effects by implementation intentions. <i>Journal of Experimental Social Psychology</i> , 2014 , 53, 31-39	2.6	88
121	Enhancing antiepileptic drug adherence: a randomized controlled trial. <i>Epilepsy and Behavior</i> , 2009 , 16, 634-9	3.2	88
120	Changing Behavior Using the Model of Action Phases 2020 , 77-88		88
119	The neural correlates of emotion regulation by implementation intentions. <i>PLoS ONE</i> , 2015 , 10, e0119500	3.7	87
118	Evaluation of three interventions to promote workplace health and safety: evidence for the utility of implementation intentions. <i>Social Science and Medicine</i> , 2003 , 56, 2153-63	5.1	84
117	The goal-dependent automaticity of drinking habits. <i>British Journal of Social Psychology</i> , 2005 , 44, 47-63	6.8	84
116	Does self-control improve with practice? Evidence from a six-week training program. <i>Journal of Experimental Psychology: General</i> , 2016 , 145, 1075-91	4.7	83
115	When Good Intentions Are Not Enough: Modeling Postdecisional Cognitive Correlates of Condom Use1. <i>Journal of Applied Social Psychology</i> , 1999 , 29, 2591-2612	2.1	79
114	Health and romance: Understanding unprotected sex in relationships between gay men. <i>British Journal of Health Psychology</i> , 1997 , 2, 73-86	8.3	76
113	A randomized controlled trial of a brief online intervention to reduce alcohol consumption in new university students: Combining self-affirmation, theory of planned behaviour messages, and implementation intentions. <i>British Journal of Health Psychology</i> , 2018 , 23, 108-127	8.3	74
112	Affective and cognitive control of persons and behaviours. <i>British Journal of Social Psychology</i> , 2004 , 43, 207-24	6.8	74
111	Modelling and modifying young heterosexuals' HIV-preventive behaviour; a review of theories, findings and educational implications. <i>Patient Education and Counseling</i> , 1994 , 23, 173-86	3.1	73
110	Stages of change or changes of stage? Predicting transitions in transtheoretical model stages in relation to healthy food choice. <i>Journal of Consulting and Clinical Psychology</i> , 2004 , 72, 491-9	6.5	71
109	Durable effects of implementation intentions: reduced rates of confirmed pregnancy at 2 years. <i>Health Psychology</i> , 2011 , 30, 368-73	5	70
108	Social-cognitive determinants of hoist usage among health care workers. <i>Journal of Occupational Health Psychology</i> , 2006 , 11, 182-96	5.7	65
107	Measurement of condom use in 72 studies of HIV-preventive behaviour: a critical review. <i>Patient Education and Counseling</i> , 1994 , 24, 199-216	3.1	65
106	The Impact of Asking Intention or Self-Prediction Questions on Subsequent Behavior: A Meta-Analysis. <i>Personality and Social Psychology Review</i> , 2016 , 20, 245-68	13.4	62

105	Hale and Hearty Policies: How Psychological Science Can Create and Maintain Healthy Habits. <i>Perspectives on Psychological Science</i> , 2015 , 10, 701-5	9.8	61
104	Promoting physical activity among cancer survivors: Meta-analysis and meta-CART analysis of randomized controlled trials. <i>Health Psychology</i> , 2019 , 38, 467-482	5	61
103	Pathways to functional outcomes in schizophrenia spectrum disorders: Meta-analysis of social cognitive and neurocognitive predictors. <i>Neuroscience and Biobehavioral Reviews</i> , 2019 , 105, 212-219	9	60
102	Simulating behaviour change interventions based on the theory of planned behaviour: Impacts on intention and action. <i>British Journal of Social Psychology</i> , 2007 , 46, 43-68	6.8	60
101	IntentionBehavior Relations: A Conceptual and Empirical Review 2005 , 1-36		59
100	Feeling bad about progress does not lead people want to change their health behaviour. <i>Psychology and Health</i> , 2018 , 33, 275-291	2.9	56
99	Reactance to Health Warnings Scale: Development and Validation. <i>Annals of Behavioral Medicine</i> , 2016 , 50, 736-750	4.5	56
98	The development and validation of the Visual Analogue Self-Esteem Scale (VASES). <i>British Journal of Clinical Psychology</i> , 1999 , 38, 387-400	3.6	55
97	Interventions to increase attendance at psychotherapy: a meta-analysis of randomized controlled trials. <i>Journal of Consulting and Clinical Psychology</i> , 2012 , 80, 928-39	6.5	52
96	Negative affect, message reactance and perceived risk: how do pictorial cigarette pack warnings change quit intentions?. <i>Tobacco Control</i> , 2018 , 27, e136-e142	5.3	52
95	Evidence that the type of person affects the strength of the perceived behavioural control-intention relationship. <i>British Journal of Social Psychology</i> , 2002 , 41, 253-70	6.8	51
94	Implications of goal theories for the theories of reasoned action and planned behaviour. <i>Current Psychology</i> , 2003 , 22, 264-280		49
93	Religiosity and adolescents' premarital sexual attitudes and behaviour: an empirical study of conceptual issues. <i>European Journal of Social Psychology</i> , 1993 , 23, 39-52	2.9	49
92	The question-behaviour effect: A theoretical and methodological review and meta-analysis. <i>European Review of Social Psychology</i> , 2016 , 27, 196-230	5.5	49
91	Effective behaviour change techniques in smoking cessation interventions for people with chronic obstructive pulmonary disease: a meta-analysis. <i>British Journal of Health Psychology</i> , 2014 , 19, 181-203	8.3	47
90	Integrating concepts from goal theories to understand the achievement of personal goals. <i>European Journal of Social Psychology</i> , 2005 , 35, 69-96	2.9	47
89	When does risk perception predict protection motivation for health threats? A person-by-situation analysis. <i>PLoS ONE</i> , 2018 , 13, e0191994	3.7	47
88	Self-regulation of consumer decision making and behavior: The role of implementation intentions. <i>Journal of Consumer Psychology</i> , 2009 , 19, 593-607	3.1	43

87	Using the question-behavior effect to promote disease prevention behaviors: two randomized controlled trials. <i>Health Psychology</i> , 2011 , 30, 300-9	5	42
86	Gone exercising: mental contrasting promotes physical activity among overweight, middle-aged, low-SES fishermen. <i>Health Psychology</i> , 2013 , 32, 802-9	5	41
85	Social Psychological Factors in Lifestyle Change and Their Relevance to Policy. <i>Social Issues and Policy Review</i> , 2007 , 1, 99-137	8.6	41
84	Self-regulation of priming effects on behavior. <i>Psychological Science</i> , 2011 , 22, 901-7	7.9	40
83	A brief measure of reactance to health warnings. <i>Journal of Behavioral Medicine</i> , 2017 , 40, 520-529	3.6	39
82	Social structure, social cognition, and physical activity: a test of four models. <i>British Journal of Health Psychology</i> , 2010 , 15, 79-95	8.3	39
81	Development of theory-based health messages: three-phase programme of formative research. <i>Health Promotion International</i> , 2015 , 30, 756-68	3	37
80	Social Desirability Bias in the Reporting of Alcohol Consumption: A Randomized Trial. <i>Journal of Studies on Alcohol and Drugs</i> , 2016 , 77, 526-31	1.9	36
79	A theory-based online health behaviour intervention for new university students (U@Uni:LifeGuide): results from a repeat randomized controlled trial. <i>Trials</i> , 2015 , 16, 555	2.8	35
78	Promoting the return of lapsed blood donors: a seven-arm randomized controlled trial of the question-behavior effect. <i>Health Psychology</i> , 2014 , 33, 646-55	5	33
77	Religiosity, gender, and the double standard. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 1996 , 130, 23-33	2.7	33
76	Implicit processes in health psychology: Diversity and promise. <i>Health Psychology</i> , 2016 , 35, 761-6	5	32
75	Making self-help more helpful: a randomized controlled trial of the impact of augmenting self-help materials with implementation intentions on promoting the effective self-management of anxiety symptoms. <i>Journal of Consulting and Clinical Psychology</i> , 2011 , 79, 123-8	6.5	32
74	Using implementation intentions to overcome the effects of social anxiety on attention and appraisals of performance. <i>Personality and Social Psychology Bulletin</i> , 2010 , 36, 612-27	4.1	32
73	How confidently can we infer health beliefs from questionnaire responses?. <i>Psychology and Health</i> , 1996 , 11, 273-290	2.9	32
72	Automatic risk behavior: direct effects of binge drinker stereotypes on drinking behavior. <i>Health Psychology</i> , 2013 , 32, 571-80	5	30
71	Coming out and sexual debut: understanding the social context of HIV risk-related behaviour. <i>Journal of Community and Applied Social Psychology</i> , 1998 , 8, 409-421	2.8	30
70	In search of a psychology of safer-sex promotion; beyond beliefs and texts. <i>Health Education Research</i> , 1993 , 8, 245-54	1.8	30

69	'I deserve a treat!': justifications for indulgence undermine the translation of intentions into action. <i>British Journal of Social Psychology</i> , 2014 , 53, 501-20	6.8	29
68	Can social cognitive models contribute to the effectiveness of HIV-preventive behavioural interventions? A brief review of the literature and a reply to Joffe (1996; 1997) and Fife-Schaw (1997). <i>The British Journal of Medical Psychology</i> , 1998 , 71 (Pt 3), 297-310		26
67	Paradoxical Effects of Experience: Past Behavior Both Strengthens and Weakens the Intention-Behavior Relationship. <i>Journal of the Association for Consumer Research</i> , 2017 , 2, 309-318	1.7	25
66	The role of psychosocial factors in hiv risk-reduction among gay and bisexual men: A quantitative review. <i>Psychology and Health</i> , 1997 , 12, 197-230	2.9	25
65	An evaluation of short-term group therapy for people with aphasia. <i>Disability and Rehabilitation</i> , 1997 , 19, 221-30	2.4	25
64	Analyzing Additional Variables in the Theory of Reasoned Action. <i>Journal of Applied Social Psychology</i> , 2007 , 37, 1884-1913	2.1	24
63	Implementation intention formation reduces consultations for emergency contraception and pregnancy testing among teenage women. <i>Health Psychology</i> , 2009 , 28, 762-9	5	23
62	Young people learning about AIDS: a study of beliefs and information sources. <i>Health Education Research</i> , 1991 , 6, 19-29	1.8	23
61	Situation selection is a particularly effective emotion regulation strategy for people who need help regulating their emotions. <i>Cognition and Emotion</i> , 2018 , 32, 231-248	2.3	22
60	Does State Versus Action Orientation Moderate the Intention-Behavior Relationship?. <i>Journal of Applied Social Psychology</i> , 2003 , 33, 536-553	2.1	22
59	Self-determination theory interventions for health behavior change: Meta-analysis and meta-analytic structural equation modeling of randomized controlled trials. <i>Journal of Consulting and Clinical Psychology</i> , 2020 , 88, 726-737	6.5	22
58	Mental contrasting with implementation intentions (MCII) improves physical activity and weight loss among stroke survivors over one year. <i>Rehabilitation Psychology</i> , 2017 , 62, 580-590	2.7	22
57	Preformulated implementation intentions to promote colorectal cancer screening: a cluster-randomized trial. <i>Health Psychology</i> , 2014 , 33, 998-1002	5	21
56	The impact of positive affect on health cognitions and behaviours: a meta-analysis of the experimental evidence. <i>Health Psychology Review</i> , 2015 , 9, 345-65	7.1	21
55	Unemployment and self-conception: A symbolic interactionist analysis. <i>Journal of Community and Applied Social Psychology</i> , 1994 , 4, 115-129	2.8	20
54	Predicting physical activity among cancer survivors: Meta-analytic path modeling of longitudinal studies. <i>Health Psychology</i> , 2020 , 39, 269-280	5	20
53	The neural correlates of regulating another person's emotions: an exploratory fMRI study. <i>Frontiers in Human Neuroscience</i> , 2014 , 8, 376	3.3	19
52	Gaining control over responses to implicit attitude tests: Implementation intentions engender fast responses on attitude-incongruent trials. <i>British Journal of Social Psychology</i> , 2012 , 51, 13-32	6.8	19

51	Attitudes and Preferences towards Self-help Treatments for Depression in Comparison to Psychotherapy and Antidepressant Medication. <i>Behavioural and Cognitive Psychotherapy</i> , 2016 , 44, 129-39 ¹		19
50	Why does asking questions change health behaviours? The mediating role of attitude accessibility. <i>Psychology and Health</i> , 2014 , 29, 390-404	2.9	18
49	Using implementation intentions to overcome the effect of mood on risky behaviour. <i>British Journal of Social Psychology</i> , 2012 , 51, 330-45	6.8	18
48	Health beliefs and teenage condom use: a prospective study. <i>Psychology and Health</i> , 1996 , 11, 641-55	2.9	18
47	Positive affect and physical activity: Testing effects on goal setting, activation, prioritisation, and attainment. <i>Psychology and Health</i> , 2018 , 33, 258-274	2.9	17
46	Extending social cognition models of health behaviour. <i>Health Education Research</i> , 2011 , 26, 624-37	1.8	17
45	Exploring the relationship between different psychosocial determinants of depression: a multidimensional scaling analysis. <i>Journal of Affective Disorders</i> , 2001 , 64, 53-67	6.6	16
44	What works in smoking cessation interventions for cancer survivors? A meta-analysis. <i>Health Psychology</i> , 2019 , 38, 855-865	5	16
43	Unemployment, Self-Esteem, and Depression: A Social Comparison Theory Approach. <i>Basic and Applied Social Psychology</i> , 1995 , 17, 65-82	1.1	15
42	Evaluative conditioning makes slim models less desirable as standards for comparison and increases body satisfaction. <i>Health Psychology</i> , 2013 , 32, 433-8	5	14
41	Achieving the same for less: improving mood depletes blood glucose for people with poor (but not good) emotion control. <i>Cognition and Emotion</i> , 2013 , 27, 133-40	2.3	14
40	Blocked goals, persistent action: Implementation intentions engender tenacious goal striving. <i>Journal of Experimental Social Psychology</i> , 2008 , 44, 1137-1143	2.6	14
39	Health psychology and uptake of preventive health services: A review of 30 years' research on cervical screening. <i>Psychology and Health</i> , 1993 , 8, 417-433	2.9	14
38	Does perceived behavioural control mediate the relationship between power beliefs and intention?. <i>British Journal of Health Psychology</i> , 2004 , 9, 557-68	8.3	12
37	Social Structure, Self-Conception and Well-Being: An Examination of Four Models with Unemployed People. <i>Journal of Applied Social Psychology</i> , 1992 , 22, 117-133	2.1	12
36	Explaining adolescents' cigarette smoking: a comparison of four modes of action control and test of the role of self-regulatory mode. <i>Psychology and Health</i> , 2010 , 25, 893-909	2.9	11
35	Intention versus identification as determinants of adolescents' health behaviours: evidence and correlates. <i>Psychology and Health</i> , 2011 , 26, 1128-42	2.9	11
34	Improving the translation of intentions into health actions: The role of motivational coherence. <i>Health Psychology</i> , 2017 , 36, 1065-1073	5	11

33	Using the question-behavior effect to change multiple health behaviors: An exploratory randomized controlled trial. <i>Journal of Experimental Social Psychology</i> , 2019 , 81, 53-60	2.6	10
32	Properties of intention: component structure and consequences for behavior, information processing, and resistance. <i>Journal of Applied Social Psychology</i> , 2013 , 43, 749-760	2.1	10
31	Premarital contraceptive use: A review of the psychological literature. <i>Journal of Reproductive and Infant Psychology</i> , 1991 , 9, 253-269	2.9	10
30	Strategic Control Over the Unhelpful Effects of Primed Social Categories and Goals. <i>Zeitschrift Fur Psychologie / Journal of Psychology</i> , 2012 , 220, 187-193	1.8	10
29	The role of incidental affective states in appetitive risk behavior: A meta-analysis. <i>Health Psychology</i> , 2020 , 39, 1109-1124	5	10
28	Cigarette Constituent Health Communications for Smokers: Impact of Chemical, Imagery, and Source. <i>Nicotine and Tobacco Research</i> , 2019 , 21, 841-845	4.9	10
27	Biobehavioral Aspects of the COVID-19 Pandemic: A Review. <i>Psychosomatic Medicine</i> , 2021 , 83, 309-321	3.7	9
26	How Can Implicit and Explicit Attitudes Both Be Changed? Testing Two Interventions to Promote Consumption of Green Vegetables. <i>Annals of Behavioral Medicine</i> , 2017 , 51, 511-518	4.5	8
25	Degree of reasoned action predicts increased intentional control and reduced habitual control over health behaviors. <i>Social Science and Medicine</i> , 2019 , 228, 68-74	5.1	8
24	Moving from Theoretical Principles to Intervention Strategies: Applying the Experimental Medicine Approach 2020 , 285-299		8
23	Testing the Generalizability of Impulse Control Problems in Compulsive Buying. <i>Journal of Social and Clinical Psychology</i> , 2016 , 35, 269-288	1.6	8
22	Reducing exposure to ultraviolet radiation from the sun and indoor tanning: A meta-analysis. <i>Health Psychology</i> , 2020 , 39, 600-616	5	7
21	Words Will Never Hurt Me! Implementation Intentions Regulate Attention to Stigmatizing Comments About Appearance. <i>Journal of Social and Clinical Psychology</i> , 2010 , 29, 575-598	1.6	6
20	A viable, integrative framework for contemporary research in health psychology: commentary on Hall and Fong's Temporal Self-regulation Theory. <i>Health Psychology Review</i> , 2010 , 4, 79-82	7.1	6
19	Regulation of behaviour in pursuit of health goals. <i>Psychology and Health</i> , 1998 , 13, 753-758	2.9	6
18	Does increasing autonomous motivation or perceived competence lead to health behavior change? A meta-analysis. <i>Health Psychology</i> , 2021 , 40, 706-716	5	5
17	Information to Improve Public Perceptions of the Food and Drug Administration (FDA's) Tobacco Regulatory Role. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	4
16	Setting Realistic Health Goals: Antecedents and Consequences. <i>Annals of Behavioral Medicine</i> , 2019 , 53, 1020-1031	4.5	3

15	Milieu matters: Evidence that ongoing lifestyle activities influence health behaviors. <i>PLoS ONE</i> , 2017 , 12, e0179699	3.7	3
14	Sustaining attendance at a mental health service: A randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , 2018 , 86, 1056-1060	6.5	3
13	What's in the message? An analysis of themes and features used in vaping prevention messages.. <i>Addictive Behaviors Reports</i> , 2022 , 15, 100404	3.7	3
12	The dynamics of success and failure: how post-behaviour evaluations relate to subsequent exercise intentions and behaviour. <i>Psychology and Health</i> , 2018 , 33, 888-905	2.9	2
11	'They've invited me into their world': a focus group with clinicians delivering a behaviour change intervention in a UK contraceptive service. <i>Psychology, Health and Medicine</i> , 2017 , 22, 250-254	2.1	2
10	Impact and mechanisms of cigarillo flavor descriptors on susceptibility to use among young adult nonusers of tobacco. <i>Journal of Applied Social Psychology</i> , 2020 , 50, 699-708	2.1	2
9	Effects of Framing Proximal Benefits of Quitting and Motivation to Quit as a Query on Communications About Tobacco Constituents. <i>Nicotine and Tobacco Research</i> , 2017 , 19, 1178-1184	4.9	2
8	What Is Slowing Us Down? Six Challenges to Accelerating Advances in Health Behavior Change. <i>Annals of Behavioral Medicine</i> , 2020 , 54, 948-959	4.5	1
7	Harnessing Neuroimaging to Reduce Socioeconomic Disparities in Chronic Disease: A Conceptual Framework for Improving Health Messaging. <i>Frontiers in Human Neuroscience</i> , 2021 , 15, 576749	3.3	1
6	Physical Activity Can Enhance Life (PACE-Life): results from a 10-week walking intervention for individuals with schizophrenia spectrum disorders. <i>Journal of Mental Health</i> , 2021 , 1-9	2.7	1
5	Expanding the analysis of mechanisms of action in behavioral interventions: cognitive change versus cognitive activation. <i>Psychology and Health</i> , 2021 , 1-20	2.9	1
4	The relative influence of attitudes and subjective norms from childhood to adolescence: between-participant and within-participant analyses. <i>American Journal of Psychology</i> , 2002 , 115, 395-414	0.5	1
3	Effect of Cigarette Constituent Messages With Engagement Text on Intention to Quit Smoking Among Adults Who Smoke Cigarettes: A Randomized Clinical Trial. <i>JAMA Network Open</i> , 2021 , 4, e210045	10.4	0
2	Goal prioritization and behavior change: Evaluation of an intervention for multiple health behaviors.. <i>Health Psychology</i> , 2022 , 41, 356-365	5	0
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