

Elvira Gonzalez de Mejia

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

280 papers	10,328 citations	60 h-index	88 g-index
293 ext. papers	12,107 ext. citations	5.1 avg, IF	7.08 L-index

#	Paper	IF	Citations
280	Phytochemicals from the Cocoa Shell Modulate Mitochondrial Function, Lipid and Glucose Metabolism in Hepatocytes via Activation of FGF21/ERK, AKT, and mTOR Pathways.. <i>Antioxidants</i> , 2022 , 11,	7.1	2
279	Designer food and feeds from underutilized fruits and vegetables 2022 , 165-182		
278	Coffee constituents with antiadipogenic and antidiabetic potentials: A narrative review.. <i>Food and Chemical Toxicology</i> , 2022 , 161, 112821	4.7	1
277	Activating Effects of the Bioactive Compounds From Coffee By-Products on FGF21 Signaling Modulate Hepatic Mitochondrial Bioenergetics and Energy Metabolism .. <i>Frontiers in Nutrition</i> , 2022 , 9, 866233	6.2	0
276	Cooked common bean flour, but not its protein hydrolysate, has the potential to improve gut microbiota composition and function in BALB/c mice fed a high-fat diet added with 6-propyl-2-thiouracil.. <i>Journal of Nutritional Biochemistry</i> , 2022 , 109022	6.3	0
275	Proteomic analysis of chemically transformed NIH-3T3 cells reveals novel mechanisms of action of amaranth lunasin-like peptide. <i>Food Research International</i> , 2022 , 111374	7	0
274	Digested protein from chia seed (<i>Salvia hispanica</i> L) prevents obesity and associated inflammation of adipose tissue in mice fed a high-fat diet. <i>PharmaNutrition</i> , 2022 , 100298	2.9	1
273	Optimization, identification, and comparison of peptides from germinated chickpea (<i>Cicer arietinum</i>) protein hydrolysates using either papain or ficin and their relationship with markers of type 2 diabetes.. <i>Food Chemistry</i> , 2021 , 374, 131717	8.5	0
272	Technological properties of chickpea (<i>Cicer arietinum</i>): Production of snacks and health benefits related to type-2 diabetes. <i>Comprehensive Reviews in Food Science and Food Safety</i> , 2021 , 20, 3762-3787	16.4	6
271	Feasibility of commercial breadmaking using chickpea as an ingredient: Functional properties and potential health benefits. <i>Journal of Food Science</i> , 2021 , 86, 2208-2224	3.4	2
270	Bioactive compounds from Octopus vulgaris ink extracts exerted anti-proliferative and anti-inflammatory effects in vitro. <i>Food and Chemical Toxicology</i> , 2021 , 151, 112119	4.7	2
269	Potential Health Benefits Associated with Lunasin Concentration in Dietary Supplements and Lunasin-Enriched Soy Extract. <i>Nutrients</i> , 2021 , 13,	6.7	3
268	Baked Corn (<i>Zea mays</i> L.) and Cooked Common Bean (<i>Phaseolus vulgaris</i> L.) Snack Consumption Reduced Inflammation and Upregulated NRF2 and SOD2 in Chronic Colitis In Vivo. <i>Current Developments in Nutrition</i> , 2021 , 5, 595-595	0.4	1
267	Common Bean (<i>Phaseolus vulgaris</i> L.) Flour Can Improve the Gut Microbiota Composition and Function in Mice Fed a High-Fat Diet. <i>Current Developments in Nutrition</i> , 2021 , 5, 1159-1159	0.4	1
266	Enhancement of DPP-IV Inhibitory Activity and GLP-1 Release Through RADA16-assisted Molecular Designed Rapeseed Peptide Nanogels. <i>Current Developments in Nutrition</i> , 2021 , 5, 614-614	0.4	78
265	Phytochemicals from Cocoa Shell Protect Mitochondrial Function and Alleviate Oxidative Stress in Hepatocytes via Regulation of ERK and PI3K-AKT Pathways. <i>Medical Sciences Forum</i> , 2021 , 2, 25		0
264	Liposomes Loaded with Unsaponifiable Matter from as a Source of Squalene and Carrying Soybean Lunasin Inhibited Melanoma Cells. <i>Nanomaterials</i> , 2021 , 11,	5.4	2

263	Colonic metabolites from digested leaves induced HT-29 cell death via apoptosis, necrosis, and autophagy. <i>International Journal of Food Sciences and Nutrition</i> , 2021 , 72, 485-498	3.7	2
262	Octopus vulgaris ink extracts exhibit antioxidant, antimutagenic, cytoprotective, antiproliferative, and proapoptotic effects in selected human cancer cell lines. <i>Journal of Food Science</i> , 2021 , 86, 587-601	3.4	3
261	Role of anthocyanins in oxidative stress and the prevention of cancer in the digestive system 2021 , 265-280		
260	Protein Digests and Pure Peptides from Chia Seed Prevented Adipogenesis and Inflammation by Inhibiting PPAR α and NF- κ B Pathways in 3T3L-1 Adipocytes. <i>Nutrients</i> , 2021 , 13,	6.7	5
259	Prediction of the Physicochemical and Nutraceutical Characteristics of Hass Avocado Seeds by Correlating the Physicochemical Avocado Fruit Properties According to Their Ripening State. <i>Plant Foods for Human Nutrition</i> , 2021 , 76, 311-318	3.9	4
258	Influence of extrusion process on the release of phenolic compounds from mango (<i>Mangifera indica</i> L.) bagasse-added confections and evaluation of their bioaccessibility, intestinal permeability, and antioxidant capacity. <i>Food Research International</i> , 2021 , 148, 110591	7	1
257	Phenolic composition, antioxidant capacity and physical characterization of ten blackcurrant (<i>Ribes nigrum</i>) cultivars, their juices, and the inhibition of type 2 diabetes and inflammation biochemical markers. <i>Food Chemistry</i> , 2021 , 359, 129889	8.5	7
256	Methodologies for bioactivity assay: animal study 2021 , 191-220		
255	Glucosinolate-rich hydrolyzed extract from <i>Moringa oleifera</i> leaves decreased the production of TNF- α and IL-1 β cytokines and induced ROS and apoptosis in human colon cancer cells. <i>Journal of Functional Foods</i> , 2020 , 75, 104270	5.1	10
254	Citrus Waste Recovery for Sustainable Nutrition and Health 2020 , 193-222		4
253	Chia Seed (<i>Salvia hispanica</i> L.) Digested Total Protein Prevented Adipose Tissue Inflammation and Reduce Obesity Complications in Mice Fed a High-Fat Diet. <i>Current Developments in Nutrition</i> , 2020 , 4, 436-436	0.4	1
252	Aquafaba, from Food Waste to a Value-Added Product 2020 , 93-126		6
251	Emerging and Potential Bio-Applications of Agro-Industrial By-products Through Implementation of Nanobiotechnology 2020 , 413-443		
250	Effect of the extrusion process on allergen reduction and the texture change of soybean protein isolate-corn and soybean flour-corn mixtures. <i>Innovative Food Science and Emerging Technologies</i> , 2020 , 64, 102421	6.8	10
249	Molecular size and immunoreactivity of ethanol extracted soybean protein concentrate in comparison with other products. <i>Process Biochemistry</i> , 2020 , 96, 122-130	4.8	3
248	Fibroblast Growth Factor 21 Signaling Activation by Selected Bioactive Compounds from Cocoa Shell Modulated Metabolism and Mitochondrial Function in Hepatocytes. <i>Current Developments in Nutrition</i> , 2020 , 4, 459-459	0.4	2
247	The Colors of Health: Chemistry, Bioactivity, and Market Demand for Colorful Foods and Natural Food Sources of Colorants. <i>Annual Review of Food Science and Technology</i> , 2020 , 11, 145-182	14.7	36
246	Spent coffee (<i>Coffea arabica</i> L.) grounds promote satiety and attenuate energy intake: A pilot study. <i>Journal of Food Biochemistry</i> , 2020 , 44, e13204	3.3	5

245	Ferulic Acid and Anthocyanin from Colored Maize Correlated with Prevention of High-Fat Induced Obesity in Mice by Modulating Lipid, Glucose and Inflammatory Pathways. <i>Current Developments in Nutrition</i> , 2020 , 4, 433-433	0.4	0
244	Consumption of a baked corn and bean snack reduced chronic colitis inflammation in CD-1 mice via downregulation of IL-1 receptor, TLR, and TNF- α associated pathways. <i>Food Research International</i> , 2020 , 132, 109097	7	15
243	Reduction of colitis-associated colon carcinogenesis by a black lentil water extract through inhibition of inflammatory and immunomodulatory cytokines. <i>Carcinogenesis</i> , 2020 , 41, 790-803	4.6	2
242	Protocatechuic acid attenuates adipogenesis-induced inflammation and mitochondrial dysfunction in 3T3-L1 adipocytes by regulation of AMPK pathway. <i>Journal of Functional Foods</i> , 2020 , 69, 103972	5.1	10
241	Fermented Non-Digestible Fraction of Andean Berry (Swartz) Juice Induces Apoptosis in Colon Adenocarcinoma Cells. <i>Preventive Nutrition and Food Science</i> , 2020 , 25, 272-279	2.4	
240	Health Benefits of Silverskin 2020 , 353-371		0
239	Common bean protein hydrolysate modulates lipid metabolism and prevents endothelial dysfunction in BALB/c mice fed an atherogenic diet. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2020 , 30, 141-150	4.5	15
238	Caffeine, but not other phytochemicals, in mate tea (<i>Ilex paraguariensis</i> St. Hilaire) attenuates high-fat-high-sucrose-diet-driven lipogenesis and body fat accumulation. <i>Journal of Functional Foods</i> , 2020 , 64, 103646	5.1	15
237	Maize extract rich in ferulic acid and anthocyanins prevents high-fat-induced obesity in mice by modulating SIRT1, AMPK and IL-6 associated metabolic and inflammatory pathways. <i>Journal of Nutritional Biochemistry</i> , 2020 , 79, 108343	6.3	25
236	Pulse By-products 2020 , 59-92		2
235	Flaxseed By-products 2020 , 267-289		3
234	Cereal/Grain By-products 2020 , 1-34		3
233	Health Benefits of Spent Coffee Grounds 2020 , 327-351		1
232	Vegetable By-products 2020 , 223-266		1
231	Health Benefits of Mango By-products 2020 , 159-191		8
230	Brazilian (North and Northeast) Fruit By-Products 2020 , 127-158		5
229	Seed Hull Utilization 2020 , 291-326		1
228	Cocoa By-products 2020 , 373-411		5

227	Enrichment and Utilization of Thin Stillage By-products 2020 , 35-57		1
226	Development, Characterization and Use of Liposomes as Amphipathic Transporters of Bioactive Compounds for Melanoma Treatment and Reduction of Skin Inflammation: A Review. <i>International Journal of Nanomedicine</i> , 2020 , 15, 7627-7650	7.3	10
225	Effect of drying methods on the gastrointestinal fate and bioactivity of phytochemicals from cocoa pod husk: In vitro and in silico approaches. <i>Food Research International</i> , 2020 , 137, 109725	7	1
224	Black Lentil Water Extract Inhibited Inflammatory Cytokines in a Colitis-Associated Colon Carcinogenesis Model. <i>Current Developments in Nutrition</i> , 2020 , 4, 317-317	0.4	78
223	Protein Digests and Pure Peptides from Chia Seed (<i>Salvia hispanica</i> L) Prevented Adipogenesis and Its Associated Inflammation by Inhibition of PPAR- α and NF- κ B Pathways. <i>Current Developments in Nutrition</i> , 2020 , 4, 399-399	0.4	78
222	Protocatechuic Acid Attenuates Adipogenesis-Induced Inflammation and Mitochondrial Dysfunction in 3T3-L1 Adipocytes via Regulation of AMPK Pathway. <i>Current Developments in Nutrition</i> , 2020 , 4, 495-495	0.4	78
221	Effect of Three Polysaccharides (Inulin, and Mucilage from Chia and Flax Seeds) on the Survival of Probiotic Bacteria Encapsulated by Spray Drying. <i>Applied Sciences (Switzerland)</i> , 2020 , 10, 4623	2.6	11
220	Andean berry (<i>Vaccinium meridionale</i> Swartz) juice in combination with Aspirin modulated anti-inflammatory markers on LPS-stimulated RAW 264.7 macrophages. <i>Food Research International</i> , 2020 , 137, 109541	7	11
219	Enhancement of Biological Properties of Blackcurrants by Lactic Acid Fermentation and Incorporation into Yogurt: A Review. <i>Antioxidants</i> , 2020 , 9,	7.1	3
218	Combinations of Legume Protein Hydrolysates Synergistically Inhibit Biological Markers Associated with Adipogenesis. <i>Foods</i> , 2020 , 9,	4.9	2
217	Assessment of the DPP-IV inhibitory activity of a novel octapeptide derived from rapeseed using Caco-2 cell monolayers and molecular docking analysis. <i>Journal of Food Biochemistry</i> , 2020 , 44, e13406	3.3	5
216	Gallic and butyric acids modulated NLRP3 inflammasome markers in a co-culture model of intestinal inflammation. <i>Food and Chemical Toxicology</i> , 2020 , 146, 111835	4.7	11
215	Antioxidant Potential of Mung Bean () Albumin Peptides Produced by Enzymatic Hydrolysis Analyzed by Biochemical and In Silico Methods. <i>Foods</i> , 2020 , 9,	4.9	8
214	Identification and Comparison of Peptides from Chickpea Protein Hydrolysates Using Either Bromelain or Gastrointestinal Enzymes and Their Relationship with Markers of Type 2 Diabetes and Bitterness. <i>Nutrients</i> , 2020 , 12,	6.7	12
213	Impact of cooking and nixtamalization on the bioaccessibility and antioxidant capacity of phenolic compounds from two sorghum varieties. <i>Food Chemistry</i> , 2020 , 309, 125684	8.5	20
212	Enzymatic Production, Bioactivity, and Bitterness of Chickpea (<i>Cicer arietinum</i>) Peptides. <i>Comprehensive Reviews in Food Science and Food Safety</i> , 2019 , 18, 1913-1946	16.4	17
211	Blackcurrants (<i>Ribes nigrum</i>): A Review on Chemistry, Processing, and Health Benefits. <i>Journal of Food Science</i> , 2019 , 84, 2387-2401	3.4	38
210	Anthocyanins from colored maize ameliorated the inflammatory paracrine interplay between macrophages and adipocytes through regulation of NF- κ B and JNK-dependent MAPK pathways. <i>Journal of Functional Foods</i> , 2019 , 54, 175-186	5.1	26

209	Moringa Oleifera Leaves Induced Antioxidant and Phase II Enzymes in a Colitis-associated Colon Carcinogenesis Model (P06-053-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	78
208	Baked corn (<i>Zea mays</i> L.) and cooked common bean (<i>Phaseolus vulgaris</i> L.) chips improved enzymatic biomarkers and alleviated inflammation during chronic colitis in vivo (P06-063-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	78
207	Bioactive Peptides from Black Bean Proteins Play a Potential Role in the Prevention of Adipogenesis (P06-119-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	1
206	Cocoa Shell Phenolic Compounds Preserve Mitochondrial Function and Insulin Sensitivity in Adipocytes by Attenuating Their Inflammatory Interplay with Macrophages (FS15-06-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	78
205	Impact of in vitro gastrointestinal digestion on the bioaccessibility and antioxidant capacity of bioactive compounds from Passion fruit (<i>Passiflora edulis</i>) leaves and juice extracts. <i>Journal of Food Biochemistry</i> , 2019 , 43, e12879	3.3	11
204	Cocoa Shell Aqueous Phenolic Extract Preserves Mitochondrial Function and Insulin Sensitivity by Attenuating Inflammation between Macrophages and Adipocytes In Vitro. <i>Molecular Nutrition and Food Research</i> , 2019 , 63, e1801413	5.9	26
203	Whole flour and protein hydrolysate from common beans reduce the inflammation in BALB/c mice fed with high fat high cholesterol diet. <i>Food Research International</i> , 2019 , 122, 330-339	7	13
202	Effect of sulfur dioxide and lactic acid in steeping water on the extraction of anthocyanins and bioactives from purple corn pericarp. <i>Cereal Chemistry</i> , 2019 , 96, 575-589	2.4	8
201	Digested total protein and protein fractions from chia seed (<i>Salvia hispanica</i> L.) had high scavenging capacity and inhibited 5-LOX, COX-1-2, and iNOS enzymes. <i>Food Chemistry</i> , 2019 , 289, 204-214	8.5	22
200	Relationship of phenolic composition of selected purple maize (<i>Zea mays</i> L.) genotypes with their anti-inflammatory, anti-adipogenic and anti-diabetic potential. <i>Food Chemistry</i> , 2019 , 289, 739-750	8.5	41
199	Anthocyanins, delphinidin-3-O-glucoside and cyanidin-3-O-glucoside, inhibit immune checkpoints in human colorectal cancer cells in vitro and in silico. <i>Scientific Reports</i> , 2019 , 9, 11560	4.9	28
198	Relationship of the Phytochemicals from Coffee and Cocoa By-Products with their Potential to Modulate Biomarkers of Metabolic Syndrome In Vitro. <i>Antioxidants</i> , 2019 , 8,	7.1	23
197	Black Lentil Aqueous Extract Attenuates Colitis-Associated Colon Carcinogenesis in Mice (OR04-06-19). <i>Current Developments in Nutrition</i> , 2019 , 3,	0.4	1
196	Phenolic compounds from coffee by-products modulate adipogenesis-related inflammation, mitochondrial dysfunction, and insulin resistance in adipocytes, via insulin/PI3K/AKT signaling pathways. <i>Food and Chemical Toxicology</i> , 2019 , 132, 110672	4.7	47
195	Chia (<i>Salvia hispanica</i> L.) Seed Total Protein and Protein Fractions Digests Reduce Biomarkers of Inflammation and Atherosclerosis in Macrophages In Vitro. <i>Molecular Nutrition and Food Research</i> , 2019 , 63, e1900021	5.9	9
194	Activating Effects of Phenolics from Apache Red L. on Free Fatty Acid Receptor 1 and Glucokinase Evaluated with a Dual Culture System with Epithelial, Pancreatic, and Liver Cells. <i>Journal of Agricultural and Food Chemistry</i> , 2019 , 67, 9148-9159	5.7	10
193	Chia Seed (<i>Salvia hispanica</i> L.) as a Source of Proteins and Bioactive Peptides with Health Benefits: A Review. <i>Comprehensive Reviews in Food Science and Food Safety</i> , 2019 , 18, 480-499	16.4	61
192	Peptides from legumes with antigastrointestinal cancer potential: current evidence for their molecular mechanisms. <i>Current Opinion in Food Science</i> , 2018 , 20, 13-18	9.8	18

191	Extraction techniques and analysis of anthocyanins from food sources by mass spectrometry: An update. <i>Food Chemistry</i> , 2018 , 250, 113-126	8.5	81
190	Gamma-conglutin peptides from Andean lupin legume (<i>Lupinus mutabilis</i> Sweet) enhanced glucose uptake and reduced gluconeogenesis in vitro. <i>Journal of Functional Foods</i> , 2018 , 45, 339-347	5.1	28
189	Black bean peptides inhibit glucose uptake in Caco-2 adenocarcinoma cells by blocking the expression and translocation pathway of glucose transporters. <i>Toxicology Reports</i> , 2018 , 5, 552-560	4.8	18
188	Comparison of the effect of chemical composition of anthocyanin-rich plant extracts on colon cancer cell proliferation and their potential mechanism of action using in vitro, in silico, and biochemical assays. <i>Food Chemistry</i> , 2018 , 242, 378-388	8.5	54
187	Anthocyanins from purple corn activate free fatty acid-receptor 1 and glucokinase enhancing in vitro insulin secretion and hepatic glucose uptake. <i>PLoS ONE</i> , 2018 , 13, e0200449	3.7	36
186	Comparative oesophageal cancer risk assessment of hot beverage consumption (coffee, mate and tea): the margin of exposure of PAH vs very hot temperatures. <i>BMC Cancer</i> , 2018 , 18, 236	4.8	20
185	Bioaccessibility during In Vitro Digestion and Antiproliferative Effect of Bioactive Compounds from Andean Berry (<i>Vaccinium meridionale</i> Swartz) Juice. <i>Journal of Agricultural and Food Chemistry</i> , 2018 , 66, 7358-7366	5.7	16
184	Physicochemical and nutraceutical properties of moringa (<i>Moringa oleifera</i>) leaves and their effects in an in vivo AOM/DSS-induced colorectal carcinogenesis model. <i>Food Research International</i> , 2018 , 105, 159-168	7	47
183	Protection of color and chemical degradation of anthocyanin from purple corn (<i>Zea mays</i> L.) by zinc ions and alginate through chemical interaction in a beverage model. <i>Food Research International</i> , 2018 , 105, 169-177	7	19
182	Comparison of chemical, color stability, and phenolic composition from pericarp of nine colored corn unique varieties in a beverage model. <i>Food Research International</i> , 2018 , 105, 286-297	7	14
181	Impact of Anthocyanins on Colorectal Cancer. <i>ACS Symposium Series</i> , 2018 , 339-370	0.4	1
180	Amaranth peptides decreased the activity and expression of cellular tissue factor on LPS activated THP-1 human monocytes. <i>Food and Function</i> , 2018 , 9, 3823-3834	6.1	4
179	Evaluation of the hypoglycemic potential of a black bean hydrolyzed protein isolate and its pure peptides using in silico, in vitro and in vivo approaches. <i>Journal of Functional Foods</i> , 2017 , 31, 274-286	5.1	47
178	Black bean anthocyanin-rich extracts as food colorants: Physicochemical stability and antidiabetes potential. <i>Food Chemistry</i> , 2017 , 229, 628-639	8.5	83
177	Bean peptides have higher in silico binding affinities than ezetimibe for the N-terminal domain of cholesterol receptor Niemann-Pick C1 Like-1. <i>Peptides</i> , 2017 , 90, 83-89	3.8	10
176	Microbiota source impact in vitro metabolite colonic production and anti-proliferative effect of spent coffee grounds on human colon cancer cells (HT-29). <i>Food Research International</i> , 2017 , 97, 191-198	7	14
175	Antiproliferative effect of peptide fractions isolated from a quality protein maize, a white hybrid maize, and their derived peptides on hepatocarcinoma human HepG2 cells. <i>Journal of Functional Foods</i> , 2017 , 34, 36-48	5.1	34
174	Inhibitory potential of anthocyanin-rich purple and red corn extracts on human colorectal cancer cell proliferation in vitro. <i>Journal of Functional Foods</i> , 2017 , 34, 254-265	5.1	45

173	Natural Pigments: Stabilization Methods of Anthocyanins for Food Applications. <i>Comprehensive Reviews in Food Science and Food Safety</i> , 2017 , 16, 180-198	16.4	236
172	A comparative study of anthocyanin distribution in purple and blue corn coproducts from three conventional fractionation processes. <i>Food Chemistry</i> , 2017 , 231, 332-339	8.5	40
171	Anthocyanin condensed forms do not affect color or chemical stability of purple corn pericarp extracts stored under different pHs. <i>Food Chemistry</i> , 2017 , 232, 639-647	8.5	28
170	Chemical characterization of proanthocyanidins in purple, blue, and red maize coproducts from different milling processes and their anti-inflammatory properties. <i>Industrial Crops and Products</i> , 2017 , 109, 464-475	5.9	22
169	Dietary Peptides from Phaseolus vulgaris L. Reduced AOM/DSS-Induced Colitis-Associated Colon Carcinogenesis in Balb/c Mice. <i>Plant Foods for Human Nutrition</i> , 2017 , 72, 445-447	3.9	12
168	A new lab scale corn dry milling protocol generating commercial sized flaking grits for quick estimation of coproduct yield and composition. <i>Industrial Crops and Products</i> , 2017 , 109, 92-100	5.9	11
167	Baked corn (Zea mays L.) and bean (Phaseolus vulgaris L.) snack consumption lowered serum lipids and differentiated liver gene expression in C57BL/6 mice fed a high-fat diet by inhibiting PPAR α and SREBF2. <i>Journal of Nutritional Biochemistry</i> , 2017 , 50, 1-15	6.3	10
166	Anthocyanins from Purple Corn Ameliorated Tumor Necrosis Factor- α -Induced Inflammation and Insulin Resistance in 3T3-L1 Adipocytes via Activation of Insulin Signaling and Enhanced GLUT4 Translocation. <i>Molecular Nutrition and Food Research</i> , 2017 , 61, 1700362	5.9	68
165	Characterization of peptides from common bean protein isolates and their potential to inhibit markers of type-2 diabetes, hypertension and oxidative stress. <i>Journal of the Science of Food and Agriculture</i> , 2017 , 97, 2401-2410	4.3	51
164	Consumption of Amaranth Induces the Accumulation of the Antioxidant Protein Paraoxonase/Arylesterase 1 and Modulates Dipeptidyl Peptidase IV Activity in Plasma of Streptozotocin-Induced Hyperglycemic Rats. <i>Journal of Nutrigenetics and Nutrigenomics</i> , 2017 , 10, 181-193		6
163	The Health Benefits of Selected Culinary Herbs and Spices Found in the Traditional Mediterranean Diet. <i>Critical Reviews in Food Science and Nutrition</i> , 2016 , 56, 2728-46	11.5	56
162	Black bean coats: New source of anthocyanins stabilized by β -cyclodextrin copigmentation in a sport beverage. <i>Food Chemistry</i> , 2016 , 212, 561-70	8.5	44
161	Spent coffee grounds, an innovative source of colonic fermentable compounds, inhibit inflammatory mediators in vitro. <i>Food Chemistry</i> , 2016 , 212, 282-90	8.5	81
160	Evaluation of iron and zinc bioavailability of beans targeted for biofortification using in vitro and in vivo models and their effect on the nutritional status of preschool children. <i>Journal of the Science of Food and Agriculture</i> , 2016 , 96, 1326-32	4.3	22
159	Alcohol-free fermented blueberry-blackberry beverage phenolic extract attenuates diet-induced obesity and blood glucose in C57BL/6J mice. <i>Journal of Nutritional Biochemistry</i> , 2016 , 31, 45-59	6.3	32
158	Optimization of enzymatic production of anti-diabetic peptides from black bean (Phaseolus vulgaris L.) proteins, their characterization and biological potential. <i>Food and Function</i> , 2016 , 7, 713-27	6.1	66
157	Inhibitory effect of , and tea extracts on the proliferation of human head and neck squamous carcinoma cells. <i>Toxicology Reports</i> , 2016 , 3, 269-278	4.8	19
156	Use of Pigmented Maize in Both Conventional Dry-Grind and Modified Processes Using Granular Starch Hydrolyzing Enzyme. <i>Cereal Chemistry</i> , 2016 , 93, 344-351	2.4	8

155	Selective mechanism of action of dietary peptides from common bean on HCT116 human colorectal cancer cells through loss of mitochondrial membrane potential and DNA damage. <i>Journal of Functional Foods</i> , 2016 , 23, 24-39	5.1	17
154	Phenolic Compounds from Fermented Berry Beverages Modulated Gene and Protein Expression To Increase Insulin Secretion from Pancreatic β Cells in Vitro. <i>Journal of Agricultural and Food Chemistry</i> , 2016 , 64, 2569-81	5.7	41
153	Phenolic compounds in fruits and beverages consumed as part of the mediterranean diet: their role in prevention of chronic diseases. <i>Phytochemistry Reviews</i> , 2016 , 15, 405-423	7.7	84
152	Biological Effect of Antioxidant Fiber from Common Beans (<i>Phaseolus vulgaris</i> L.) 2016 , 95-122		
151	Postharvest storage of Carioca bean (<i>Phaseolus vulgaris</i> L.) did not impair inhibition of inflammation in lipopolysaccharide-induced human THP-1 macrophage-like cells. <i>Journal of Functional Foods</i> , 2016 , 23, 154-166	5.1	12
150	Coproduct yield comparisons of purple, blue and yellow dent corn for various milling processes. <i>Industrial Crops and Products</i> , 2016 , 87, 266-272	5.9	36
149	Digested protein isolate from fresh and stored Carioca beans reduced markers of atherosclerosis in oxidized LDL-induced THP-1 macrophages. <i>Journal of Functional Foods</i> , 2016 , 24, 97-111	5.1	8
148	Dietary peptides from the non-digestible fraction of <i>Phaseolus vulgaris</i> L. decrease angiotensin II-dependent proliferation in HCT116 human colorectal cancer cells through the blockade of the renin-angiotensin system. <i>Food and Function</i> , 2016 , 7, 2409-19	6.1	7
147	Anti-inflammatory and anti-oxidant effect of <i>Calea urticifolia</i> lyophilized aqueous extract on lipopolysaccharide-stimulated RAW 264.7 macrophages. <i>Journal of Ethnopharmacology</i> , 2016 , 188, 266-274	5.4	30
146	Common bean (<i>Phaseolus vulgaris</i> L.) protein-derived peptides increased insulin secretion, inhibited lipid accumulation, increased glucose uptake and reduced the phosphatase and tensin homologue activation in vitro. <i>Journal of Functional Foods</i> , 2016 , 27, 160-177	5.1	34
145	Hard-to-cook bean (<i>Phaseolus vulgaris</i> L.) proteins hydrolyzed by alcalase and bromelain produced bioactive peptide fractions that inhibit targets of type-2 diabetes and oxidative stress. <i>Food Research International</i> , 2015 , 76, 839-851	7	72
144	Germination of <i>Phaseolus vulgaris</i> and alcalase hydrolysis of its proteins produced bioactive peptides capable of improving markers related to type-2 diabetes in vitro. <i>Food Research International</i> , 2015 , 76, 150-159	7	42
143	Characterization of peptides found in unprocessed and extruded amaranth (<i>Amaranthus hypochondriacus</i>) pepsin/pancreatin hydrolysates. <i>International Journal of Molecular Sciences</i> , 2015 , 16, 8536-54	6.3	8
142	Processing method and corn cultivar affected anthocyanin concentration from dried distillers grains with solubles. <i>Journal of Agricultural and Food Chemistry</i> , 2015 , 63, 3205-18	5.7	25
141	Characterization and Comparison of Protein and Peptide Profiles and their Biological Activities of Improved Common Bean Cultivars (<i>Phaseolus vulgaris</i> L.) from Mexico and Brazil. <i>Plant Foods for Human Nutrition</i> , 2015 , 70, 105-12	3.9	39
140	Luteolin and Gemcitabine Protect Against Pancreatic Cancer in an Orthotopic Mouse Model. <i>Pancreas</i> , 2015 , 44, 144-51	2.6	18
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138	Pure peptides from amaranth (<i>Amaranthus hypochondriacus</i>) proteins inhibit LOX-1 receptor and cellular markers associated with atherosclerosis development in vitro. <i>Food Research International</i> , 2015 , 77, 204-214	7	17

137	Impact of commercial precooking of common bean (<i>Phaseolus vulgaris</i>) on the generation of peptides, after pepsin-pancreatin hydrolysis, capable to inhibit dipeptidyl peptidase-IV. <i>Journal of Food Science</i> , 2015 , 80, H188-98	3.4	77
136	Biological potential of protein hydrolysates and peptides from common bean (<i>Phaseolus vulgaris</i> L.): A review. <i>Food Research International</i> , 2015 , 76, 39-50	7	96
135	Anthocyanins from fermented berry beverages inhibit inflammation-related adiposity response in vitro. <i>Journal of Medicinal Food</i> , 2015 , 18, 489-96	2.8	30
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133	Berry Phenolic Compounds Increase Expression of Hepatocyte Nuclear Factor-1[α]HNF-1[α]in Caco-2 and Normal Colon Cells Due to High Affinities with Transcription and Dimerization Domains of HNF-1[α]. <i>PLoS ONE</i> , 2015 , 10, e0138768	3.7	12
132	Temperature dependency of shelf and thermal stabilities of anthocyanins from corn distillers dried grains with solubles in different ethanol extracts and a commercially available beverage. <i>Journal of Agricultural and Food Chemistry</i> , 2015 , 63, 10032-41	5.7	16
131	Bean cultivars (<i>Phaseolus vulgaris</i> L.) have similar high antioxidant capacity, in vitro inhibition of α -amylase and α -glucosidase while diverse phenolic composition and concentration. <i>Food Research International</i> , 2015 , 69, 38-48	7	89
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128	Peptides from Common Bean (<i>Phaseolus vulgaris</i> L.) non-Digestible Fraction Inhibit Angiotensin-I Converting Enzyme by Interacting with Amino Acids in its Catalytic Cavity. <i>FASEB Journal</i> , 2015 , 29, 924.179		179
127	Peptides in Common Bean Protein Hydrolysates Inhibit Molecular Target Enzymes in type-2 Diabetes. <i>FASEB Journal</i> , 2015 , 29, 607.11	0.9	
126	Extruded Amaranth (<i>Amaranthus hypochondriacus</i>) Hydrolysates Showed Potential Anti-atherosclerotic Effect on THP-1 Human Cells. <i>FASEB Journal</i> , 2015 , 29, 923.19	0.9	
125	Peptides in common bean fractions inhibit human colorectal cancer cells. <i>Food Chemistry</i> , 2014 , 157, 347-55	8.5	74
124	Extrusion improved the anti-inflammatory effect of amaranth (<i>Amaranthus hypochondriacus</i>) hydrolysates in LPS-induced human THP-1 macrophage-like and mouse RAW 264.7 macrophages by preventing activation of NF- κ B signaling. <i>Molecular Nutrition and Food Research</i> , 2014 , 58, 1028-41	5.9	61
123	Impact of germination and enzymatic hydrolysis of cowpea bean (<i>Vigna unguiculata</i>) on the generation of peptides capable of inhibiting dipeptidyl peptidase IV. <i>Food Research International</i> , 2014 , 64, 799-809	7	50
122	Impact of caffeine and coffee on our health. <i>Trends in Endocrinology and Metabolism</i> , 2014 , 25, 489-92	8.8	118
121	Pepsin-pancreatin protein hydrolysates from extruded amaranth inhibit markers of atherosclerosis in LPS-induced THP-1 macrophages-like human cells by reducing expression of proteins in LOX-1 signaling pathway. <i>Proteome Science</i> , 2014 , 12, 30	2.6	19
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107	The soybean peptide lunasin promotes apoptosis of mammary epithelial cells via induction of tumor suppressor PTEN: similarities and distinct actions from soy isoflavone genistein. <i>Genes and Nutrition</i> , 2013 , 8, 79-90	4.3	41
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105	Identification of Bioactive Peptides from Cereal Storage Proteins and Their Potential Role in Prevention of Chronic Diseases. <i>Comprehensive Reviews in Food Science and Food Safety</i> , 2013 , 12, 364-380	16.4	112
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