

Jon L Oliver

List of Publications by Year in descending order

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Version: 2024-02-01

86
papers

4,180
citations

136950

32
h-index

123424

61
g-index

88
all docs

88
docs citations

88
times ranked

2459
citing authors

#	ARTICLE	IF	CITATIONS
1	The Youth Physical Development Model. <i>Strength and Conditioning Journal</i> , 2012, 34, 61-72.	1.4	369
2	Position statement on youth resistance training: the 2014 International Consensus. <i>British Journal of Sports Medicine</i> , 2014, 48, 498-505.	6.7	339
3	National Strength and Conditioning Association Position Statement on Long-Term Athletic Development. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 1491-1509.	2.1	263
4	Chronological Age vs. Biological Maturation. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 1454-1464.	2.1	226
5	Bio-banding in Sport: Applications to Competition, Talent Identification, and Strength and Conditioning of Youth Athletes. <i>Strength and Conditioning Journal</i> , 2017, 39, 34-47.	1.4	182
6	Long-Term Athletic Development- Part 1. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1439-1450.	2.1	164
7	Reliability and validity of field-based measures of leg stiffness and reactive strength index in youths. <i>Journal of Sports Sciences</i> , 2009, 27, 1565-1573.	2.0	140
8	The Influence of Growth and Maturation on Stretch-Shortening Cycle Function in Youth. <i>Sports Medicine</i> , 2018, 48, 57-71.	6.5	138
9	Relationships between functional movement screen scores, maturation and physical performance in young soccer players. <i>Journal of Sports Sciences</i> , 2015, 33, 11-19.	2.0	110
10	Changes in Sprint and Jump Performances After Traditional, Plyometric, and Combined Resistance Training in Male Youth Pre- and Post-Peak Height Velocity. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 1239-1247.	2.1	110
11	Neuromuscular Risk Factors for Knee and Ankle Ligament Injuries in Male Youth Soccer Players. <i>Sports Medicine</i> , 2016, 46, 1059-1066.	6.5	95
12	The Effects of 4-Weeks of Plyometric Training on Reactive Strength Index and Leg Stiffness in Male Youths. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2812-2819.	2.1	87
13	Long-Term Athletic Development, Part 2. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1451-1464.	2.1	86
14	An audit of injuries in six english professional soccer academies. <i>Journal of Sports Sciences</i> , 2018, 36, 1542-1548.	2.0	86
15	The Influence of Chronological Age on Periods of Accelerated Adaptation of Stretch-Shortening Cycle Performance in Pre and Postpubescent Boys. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1889-1897.	2.1	82
16	Age-related differences in the neural regulation of stretch-shortening cycle activities in male youths during maximal and sub-maximal hopping. <i>Journal of Electromyography and Kinesiology</i> , 2012, 22, 37-43.	1.7	73
17	The Natural Development and Trainability of Plyometric Ability During Childhood. <i>Strength and Conditioning Journal</i> , 2011, 33, 23-32.	1.4	69
18	Neural control of leg stiffness during hopping in boys and men. <i>Journal of Electromyography and Kinesiology</i> , 2010, 20, 973-979.	1.7	60

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19	A prospective investigation to evaluate risk factors for lower extremity injury risk in male youth soccer players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 1244-1251.	2.9	57
20	Individual Response to Different Forms of Resistance Training in School-Aged Boys. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 787-797.	2.1	55
21	Drop Jump: A Technical Model for Scientific Application. <i>Strength and Conditioning Journal</i> , 2017, 39, 36-44.	1.4	51
22	The Reliability of Jump Kinematics and Kinetics in Children of Different Maturity Status. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 1015-1026.	2.1	50
23	Reliability of the Tuck Jump Injury Risk Screening Assessment in Elite Male Youth Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 1510-1516.	2.1	50
24	The effect of resisted sprint training on maximum sprint kinetics and kinematics in youth. <i>European Journal of Sport Science</i> , 2015, 15, 374-381.	2.7	48
25	The scientific foundations and associated injury risks of early soccer specialisation. <i>Journal of Sports Sciences</i> , 2016, 34, 2295-2302.	2.0	44
26	The Effects of Maturation on Measures of Asymmetry During Neuromuscular Control Tests in Elite Male Youth Soccer Players. <i>Pediatric Exercise Science</i> , 2018, 30, 168-175.	1.0	44
27	Seasonal Monitoring of Sprint and Jump Performance in a Soccer Youth Academy. <i>International Journal of Sports Physiology and Performance</i> , 2011, 6, 264-275.	2.3	43
28	Injury prevention in male youth soccer: Current practices and perceptions of practitioners working at elite English academies. <i>Journal of Sports Sciences</i> , 2018, 36, 1423-1431.	2.0	43
29	Using machine learning to improve our understanding of injury risk and prediction in elite male youth football players. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 1044-1048.	1.3	43
30	Influence of Age, Maturity, and Body Size on the Spatiotemporal Determinants of Maximal Sprint Speed in Boys. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1009-1016.	2.1	40
31	A Review of Field-Based Assessments of Neuromuscular Control and Their Utility in Male Youth Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 283-299.	2.1	39
32	Kinetic asymmetries during running in male youth. <i>Physical Therapy in Sport</i> , 2014, 15, 53-57.	1.9	36
33	Integrating models of long-term athletic development to maximize the physical development of youth. <i>International Journal of Sports Science and Coaching</i> , 2018, 13, 1189-1199.	1.4	36
34	Altered neuromuscular control of leg stiffness following soccer-specific exercise. <i>European Journal of Applied Physiology</i> , 2014, 114, 2241-2249.	2.5	35
35	Epidemiology of injuries in male and female youth football players: A systematic review and meta-analysis. <i>Journal of Sport and Health Science</i> , 2022, 11, 681-695.	6.5	34
36	Landing Kinematics in Elite Male Youth Soccer Players of Different Chronologic Ages and Stages of Maturation. <i>Journal of Athletic Training</i> , 2018, 53, 372-378.	1.8	33

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37	Within- and Between-Session Reliability of the Isometric Midthigh Pull in Young Female Athletes. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1892-1901.	2.1	33
38	Reliability and Validity of a Soccer-Specific Test of Prolonged Repeated-Sprint Ability. <i>International Journal of Sports Physiology and Performance</i> , 2007, 2, 137-149.	2.3	31
39	Sled-Pull Loadâ€“Velocity Profiling and Implications for Sprint Training Prescription in Young Male Athletes. <i>Sports</i> , 2019, 7, 119.	1.7	31
40	Comparison of Weightlifting, Traditional Resistance Training and Plyometrics on Strength, Power and Speed: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2022, 52, 1533-1554.	6.5	29
41	The Influence of Maturation on Sprint Performance in Boys over a 21-Month Period. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 2555-2562.	0.4	28
42	Injury Risk Factors in Male Youth Soccer Players. <i>Strength and Conditioning Journal</i> , 2015, 37, 1-7.	1.4	24
43	Altered landing mechanics are shown by male youth soccer players at different stages of maturation. <i>Physical Therapy in Sport</i> , 2018, 33, 48-53.	1.9	23
44	Sled Pushing and Pulling to Enhance Speed Capability. <i>Strength and Conditioning Journal</i> , 2019, 41, 94-104.	1.4	23
45	Utility of Kinetic and Kinematic Jumping and Landing Variables as Predictors of Injury Risk: A Systematic Review. <i>Journal of Science in Sport and Exercise</i> , 2020, 2, 287-304.	1.0	22
46	Maturity Has a Greater Association than Relative Age with Physical Performance in English Male Academy Soccer Players. <i>Sports</i> , 2021, 9, 171.	1.7	22
47	The Effect of Varying Plyometric Volume on Stretch-Shortening Cycle Capability in Collegiate Male Rugby Players. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 139-145.	2.1	21
48	External Cueing Influences Drop Jump Performance in Trained Young Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 1700-1706.	2.1	21
49	Asymmetry During Maximal Sprint Performance in 11- to 16-Year-Old Boys. <i>Pediatric Exercise Science</i> , 2017, 29, 94-102.	1.0	20
50	The Physiological Demands of Youth Artistic Gymnastics: Applications to Strength and Conditioning. <i>Strength and Conditioning Journal</i> , 2019, 41, 1-13.	1.4	20
51	Influence of resisted sledâ€“push training on the sprint forceâ€“velocity profile of male high school athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 442-449.	2.9	20
52	Influence of Resisted Sled-Pull Training on the Sprint Force-Velocity Profile of Male High-School Athletes. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 2751-2759.	2.1	20
53	Developing Athletic Motor Skill Competencies in Youth. <i>Strength and Conditioning Journal</i> , 2020, 42, 54-70.	1.4	20
54	Consistency of Field-Based Measures of Neuromuscular Control Using Force-Plate Diagnostics in Elite Male Youth Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 3304-3311.	2.1	19

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55	The Influence of Maturity Offset, Strength, and Movement Competency on Motor Skill Performance in Adolescent Males. <i>Sports</i> , 2019, 7, 168.	1.7	19
56	New Insights Into the Development of Maximal Sprint Speed in Male Youth. <i>Strength and Conditioning Journal</i> , 2017, 39, 2-10.	1.4	18
57	The Influence of Growth, Maturation and Resistance Training on Muscle-Tendon and Neuromuscular Adaptations: A Narrative Review. <i>Sports</i> , 2021, 9, 59.	1.7	18
58	Assessment of Injury Risk Factors in Male Youth Soccer Players. <i>Strength and Conditioning Journal</i> , 2016, 38, 12-21.	1.4	16
59	Individual Responses to an 8-Week Neuromuscular Training Intervention in Trained Pre-Pubescent Female Artistic Gymnasts. <i>Sports</i> , 2018, 6, 128.	1.7	16
60	The Effects of Strength and Conditioning in Physical Education on Athletic Motor Skill Competencies and Psychological Attributes of Secondary School Children: A Pilot Study. <i>Sports</i> , 2020, 8, 138.	1.7	15
61	Utility of the anterior reach Y-BALANCE test as an injury risk screening tool in elite male youth soccer players. <i>Physical Therapy in Sport</i> , 2020, 45, 103-110.	1.9	15
62	Specificity of test selection for the appropriate assessment of different measures of stretch-shortening cycle function in children. <i>Journal of Sports Medicine and Physical Fitness</i> , 2011, 51, 595-602.	0.7	14
63	Hopping and Landing Performance in Male Youth Soccer Players: Effects of Age and Maturation. <i>International Journal of Sports Medicine</i> , 2017, 38, 902-908.	1.7	12
64	Individual hop analysis and reactive strength ratios provide better discrimination of ACL reconstructed limb deficits than triple hop for distance scores in athletes returning to sport. <i>Knee</i> , 2020, 27, 1357-1364.	1.6	12
65	A Novel Method to Categorize Stretch-Shortening Cycle Performance Across Maturity in Youth Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2573-2580.	2.1	12
66	Lower-Limb Stiffness and Maximal Sprint Speed in 11-16-Year-Old Boys. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 1987-1995.	2.1	11
67	Effects of a 12-Week Training Program on Isometric and Dynamic Force-Time Characteristics in Pre-Peak and Post-Peak Height Velocity Male Athletes. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 653-662.	2.1	11
68	Programming Plyometric-Jump Training in Soccer: A Review. <i>Sports</i> , 2022, 10, 94.	1.7	11
69	Effects of a 4-Week Neuromuscular Training Program on Movement Competency During the Back-Squat Assessment in Pre-Peak and Post-Peak Height Velocity Male Athletes. <i>Journal of Strength and Conditioning Research</i> , 2019, Publish Ahead of Print, 2698-2705.	2.1	10
70	Muscle Architecture and Maturation Influence Sprint and Jump Ability in Young Boys: A Multistudy Approach. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2741-2751.	2.1	9
71	Movement competency and measures of isometric and dynamic strength and power in boys of different maturity status. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 2143-2153.	2.9	8
72	Impaired Stretch-Shortening Cycle Function Persists Despite Improvements in Reactive Strength After Anterior Cruciate Ligament Reconstruction. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 1238-1244.	2.1	8

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73	Contribution of Vertical Strength and Power to Sprint Performance in Young Male Athletes. <i>International Journal of Sports Medicine</i> , 2014, 35, 749-754.	1.7	6
74	Seasonal variation in neuromuscular control in young male soccer players. <i>Physical Therapy in Sport</i> , 2020, 42, 33-39.	1.9	6
75	Maturity alters drop vertical jump landing force-time profiles but not performance outcomes in adolescent females. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 2055-2063.	2.9	6
76	The Influence of Biological Maturity on Dynamic Force-Time Variables and Vaulting Performance in Young Female Gymnasts. <i>Journal of Science in Sport and Exercise</i> , 2020, 2, 319-329.	1.0	5
77	Assessing Athletic Motor Skill Competencies in Youths: A Narrative Review of Movement Competency Screens. <i>Strength and Conditioning Journal</i> , 2022, 44, 95-110.	1.4	5
78	Effects of Combined Resistance Training and Weightlifting on Injury Risk Factors and Resistance Training Skill of Adolescent Males. <i>Journal of Strength and Conditioning Research</i> , 2019, Publish Ahead of Print, .	2.1	4
79	Resisted Sled Training for Young Athletes: When to Push and Pull. <i>Strength and Conditioning Journal</i> , 2020, 42, 91-99.	1.4	4
80	Practical Strategies for Integrating Strength and Conditioning Into Early Specialization Sports. <i>Strength and Conditioning Journal</i> , 2021, Publish Ahead of Print, .	1.4	4
81	Effects of Training Frequency During a 6-Month Neuromuscular Training Intervention on Movement Competency, Strength, and Power in Male Youth. <i>Sports Health</i> , 2022, 14, 57-68.	2.7	4
82	The Effects of a Four-Week Neuromuscular Training Program on Landing Kinematics in Pre- and Post-Peak Height Velocity Male Athletes. <i>Journal of Science in Sport and Exercise</i> , 2021, 3, 37-46.	1.0	3
83	Reliability, validity, and maturation-related differences of frontal and sagittal plane landing kinematic measures during drop jump and tuck jump screening tests in male youth soccer players. <i>Physical Therapy in Sport</i> , 2021, 50, 206-216.	1.9	3
84	Influence of Muscle Architecture on Maximal Rebounding in Young Boys. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 3378-3385.	2.1	3
85	The Influence of Competitive Level on Stretch-Shortening Cycle Function in Young Female Gymnasts. <i>Sports</i> , 2022, 10, 107.	1.7	3
86	Relationships between Athletic Motor Skill Competencies and Maturity, Sex, Physical Performance, and Psychological Constructs in Boys and Girls. <i>Children</i> , 2022, 9, 375.	1.5	2