

# Morey J Kolber

## List of Publications by Year in descending order

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74  
papers

1,841  
citations

304743

22  
h-index

276875

41  
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74  
all docs

74  
docs citations

74  
times ranked

1815  
citing authors

#	ARTICLE	IF	CITATIONS
1	THE EFFECTS OF SELF-MYOFASCIAL RELEASE USING A FOAM ROLL OR ROLLER MASSAGER ON JOINT RANGE OF MOTION, MUSCLE RECOVERY, AND PERFORMANCE: A SYSTEMATIC REVIEW. <i>International Journal of Sports Physical Therapy</i> , 2015, 10, 827-38.	1.3	141
2	The reliability and concurrent validity of shoulder mobility measurements using a digital inclinometer and goniometer: a technical report. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 306-13.	1.3	134
3	The reliability and minimal detectable change of shoulder mobility measurements using a digital inclinometer. <i>Physiotherapy Theory and Practice</i> , 2011, 27, 176-184.	1.3	104
4	Reliability, Minimal Detectable Change, and Normative Values for Tests of Upper Extremity Function and Power. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 3318-3325.	2.1	100
5	The reliability of hand-held dynamometry in measuring isometric strength of the shoulder internal and external rotator musculature using a stabilization device. <i>Physiotherapy Theory and Practice</i> , 2007, 23, 119-124.	1.3	93
6	Strength testing using hand-held dynamometry. <i>Physical Therapy Reviews</i> , 2005, 10, 99-112.	0.8	86
7	The reliability and concurrent validity of scapular plane shoulder elevation measurements using a digital inclinometer and goniometer. <i>Physiotherapy Theory and Practice</i> , 2012, 28, 161-168.	1.3	79
8	Shoulder Injuries Attributed to Resistance Training: A Brief Review. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1696-1704.	2.1	68
9	The Influence of Physical Therapy Guideline Adherence on Healthcare Utilization and Costs among Patients with Low Back Pain: A Systematic Review of the Literature. <i>PLoS ONE</i> , 2016, 11, e0156799.	2.5	64
10	Intrarater reliability of hand held dynamometry in measuring lower extremity isometric strength using a portable stabilization device. <i>Musculoskeletal Science and Practice</i> , 2017, 27, 137-141.	1.3	61
11	Shoulder Joint and Muscle Characteristics in the Recreational Weight Training Population. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 148-157.	2.1	59
12	Comparison of a Vibration Roller and a Nonvibration Roller Intervention on Knee Range of Motion and Pressure Pain Threshold: A Randomized Controlled Trial. <i>Journal of Sport Rehabilitation</i> , 2019, 28, 39-45.	1.0	53
13	Postoperative Rehabilitation After Hip Arthroscopy: A Search for the Evidence. <i>Journal of Sport Rehabilitation</i> , 2015, 24, 413-418.	1.0	48
14	Immediate Physical Therapy Initiation in Patients With Acute Low Back Pain Is Associated With a Reduction in Downstream Health Care Utilization and Costs. <i>Physical Therapy</i> , 2018, 98, 336-347.	2.4	45
15	Effect of Scapular Stabilization During Horizontal Adduction Stretching on Passive Internal Rotation and Posterior Shoulder Tightness in Young Women Volleyball Athletes: A Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , 2015, 96, 349-356.	0.9	41
16	Reliability and minimal detectable change of inclinometric shoulder mobility measurements. <i>Physiotherapy Theory and Practice</i> , 2009, 25, 572-581.	1.3	40
17	Does Roller Massage With a Foam Roll Change Pressure Pain Threshold of the Ipsilateral Lower Extremity Antagonist and Contralateral Muscle Groups? An Exploratory Study. <i>Journal of Sport Rehabilitation</i> , 2018, 27, 165-169.	1.0	37
18	Upper Extremity Strength Characteristics in Female Recreational Tennis Players With and Without Lateral Epicondylalgia. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , 2012, 42, 1025-1031.	3.5	36

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19	SHOULDER EXTERNAL ROTATOR ECCENTRIC TRAINING VERSUS GENERAL SHOULDER EXERCISE FOR SUBACROMIAL PAIN SYNDROME: A RANDOMIZED CONTROLLED TRIAL. <i>International Journal of Sports Physical Therapy</i> , 2017, 12, 1121-1133.	1.3	36
20	Concurrent validation of a pressure pain threshold scale for individuals with myofascial pain syndrome and fibromyalgia. <i>Journal of Manual and Manipulative Therapy</i> , 2018, 26, 25-35.	1.2	29
21	Can upper extremity functional tests predict the softball throw for distance: a predictive validity investigation. <i>International Journal of Sports Physical Therapy</i> , 2011, 6, 104-111.	1.3	27
22	Commentary on Cheatham et al, "Postoperative Rehabilitation After Hip Arthroscopy: A Search for the Evidence." <i>Journal of Sport Rehabilitation</i> , 2015, 24, 419-420.	1.0	26
23	Concurrent validity of pain scales in individuals with myofascial pain and fibromyalgia. <i>Journal of Bodywork and Movement Therapies</i> , 2018, 22, 355-360.	1.2	26
24	Shoulder Joint and Muscle Characteristics Among Healthy Female Recreational Weight Training Participants. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 231-241.	2.1	23
25	The dynamic disc model: a systematic review of the literature. <i>Physical Therapy Reviews</i> , 2009, 14, 181-189.	0.8	20
26	Characteristics of Anterior Shoulder Instability and Hyperlaxity in the Weight-Training Population. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1333-1339.	2.1	20
27	COMPARISON OF VIDEO-GUIDED, LIVE INSTRUCTED, AND SELF-GUIDED FOAM ROLL INTERVENTIONS ON KNEE JOINT RANGE OF MOTION AND PRESSURE PAIN THRESHOLD: A RANDOMIZED CONTROLLED TRIAL. <i>International Journal of Sports Physical Therapy</i> , 2017, 12, 242-249.	1.3	20
28	Rehabilitation after hip arthroscopy and labral repair in a high school football athlete. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 173-84.	1.3	18
29	Implications for Physical Activity in the Population With Low Back Pain. <i>American Journal of Lifestyle Medicine</i> , 2009, 3, 63-70.	1.9	16
30	Motor control exercise for persistent nonspecific neck pain. <i>Physical Therapy Reviews</i> , 2010, 15, 84-91.	0.8	16
31	The immediate effects of manual stretching and cervicothoracic junction manipulation on cervical range of motion and upper trapezius pressure pain thresholds. <i>Journal of Back and Musculoskeletal Rehabilitation</i> , 2017, 30, 1005-1013.	1.1	15
32	Characteristics of Shoulder Impingement in the Recreational Weight-Training Population. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 1081-1089.	2.1	14
33	Use of Mindfulness Meditation in the Management of Chronic Pain. <i>American Journal of Lifestyle Medicine</i> , 2015, 9, 176-184.	1.9	14
34	Upper body push and pull strength ratio in recreationally active adults. <i>International Journal of Sports Physical Therapy</i> , 2013, 8, 138-44.	1.3	13
35	Utilization and Payments of Office-Based Physical Rehabilitation Services Among Individuals With Commercial Insurance in New York State. <i>Physical Therapy</i> , 2016, 96, 202-211.	2.4	12
36	The clinical presentation of individuals with femoral acetabular impingement and labral tears: A narrative review of the evidence. <i>Journal of Bodywork and Movement Therapies</i> , 2016, 20, 346-355.	1.2	11

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37	Shoulder Joint and Muscle Characteristics Among Weight-Training Participants With and Without Impingement Syndrome. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1024-1032.	2.1	11
38	The Short-Term Effect of Kettlebell Swings on Lumbopelvic Pressure Pain Thresholds: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 3001-3009.	2.1	11
39	The Influence of Education and Exercise on Neck Pain. <i>American Journal of Lifestyle Medicine</i> , 2010, 4, 166-175.	1.9	10
40	Clinimetric evaluation of the disabilities of the arm, shoulder, and hand (DASH) and QuickDASH questionnaires for patients with shoulder disorders. <i>Physical Therapy Reviews</i> , 2014, 19, 163-173.	0.8	10
41	The Influence of Exercise on Perceived Pain and Disability in Patients With Lumbar Spinal Stenosis. <i>American Journal of Lifestyle Medicine</i> , 2016, 10, 136-147.	1.9	10
42	Development of a preliminary clinical prediction rule to identify patients with neck pain that may benefit from a standardized program of stretching and muscle performance exercise: a prospective cohort study. <i>International Journal of Sports Physical Therapy</i> , 2013, 8, 756-76.	1.3	10
43	The reliability of clinical measurements designed to quantify shoulder mobility. <i>Physical Therapy Reviews</i> , 2011, 16, 413-422.	0.8	9
44	Factors contributing to rehabilitation outcomes following hip arthroplasty. <i>Physical Therapy Reviews</i> , 2012, 17, 301-310.	0.8	9
45	The reliability, minimal detectable change and construct validity of a clinical measurement for identifying posterior shoulder tightness. <i>North American Journal of Sports Physical Therapy: NAJSPT</i> , 2010, 5, 208-19.	0.1	9
46	Spinal Conditioning for Athletes With Lumbar Spondylolysis and Spondylolisthesis. <i>Strength and Conditioning Journal</i> , 2008, 30, 43-52.	1.4	8
47	Weight Training Modifications for the Individual With Anterior Shoulder Instability. <i>Strength and Conditioning Journal</i> , 2010, 32, 52-55.	1.4	8
48	Abdominal Crunches Are/Are Not a Safe and Effective Exercise. <i>Strength and Conditioning Journal</i> , 2016, 38, 61-64.	1.4	8
49	The efficacy of stretching exercises to reduce posterior shoulder tightness acutely in the postoperative population: a single blinded randomized controlled trial. <i>Physiotherapy Theory and Practice</i> , 2018, 34, 111-120.	1.3	8
50	The efficacy and fidelity of clinical interventions used to reduce posterior shoulder tightness: a systematic review with meta-analysis. <i>Journal of Shoulder and Elbow Surgery</i> , 2019, 28, 1204-1213.	2.6	8
51	Platelet Rich Plasma: Postprocedural Considerations for the Sports Medicine Professional. <i>Strength and Conditioning Journal</i> , 2018, 40, 95-107.	1.4	7
52	The reliability, minimal detectable change and construct validity of a clinical measurement for quantifying posterior shoulder tightness in the post-operative population. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 565-75.	1.3	7
53	The reliability and validity of measurements designed to quantify posterior shoulder tightness. <i>Physical Therapy Reviews</i> , 2011, 16, 347-355.	0.8	6
54	The reliability, validity, and methodologic quality of measurements used to quantify posterior shoulder tightness: a systematic review of the literature with meta-analysis. <i>Journal of Shoulder and Elbow Surgery</i> , 2019, 28, 178-185.	2.6	6

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55	The Efficacy of Yoga as an Intervention for Chronic Low Back Pain. American Journal of Lifestyle Medicine, 2013, 7, 418-430.	1.9	4
56	The effects of a standardized belly dance program on perceived pain, disability, and function in women with chronic low back pain. Journal of Back and Musculoskeletal Rehabilitation, 2017, 30, 477-496.	1.1	4
57	Rehabilitation of a female dancer with patellofemoral pain syndrome: applying concepts of regional interdependence in practice. North American Journal of Sports Physical Therapy: NAJSPT, 2010, 5, 85-97.	0.1	4
58	REHABILITATION AFTER HIP ARTHROSCOPY AND LABRAL REPAIR IN A HIGH SCHOOL FOOTBALL ATHLETE: A 3.6 YEAR FOLLOW-UP WITH INSIGHT INTO POTENTIAL RISK FACTORS. International Journal of Sports Physical Therapy, 2015, 10, 530-9.	1.3	4
59	Quantifying Posterior Shoulder Tightness in the Athletic Population. Strength and Conditioning Journal, 2012, 34, 18-21.	1.4	3
60	Influence of Femoral Acetabular Impingement on Squat Performance. Strength and Conditioning Journal, 2018, 40, 47-53.	1.4	3
61	The Influence of an Active Treatment Approach in Patients With Low Back Pain: A Systematic Review. American Journal of Lifestyle Medicine, 2019, 13, 190-203.	1.9	3
62	Achilles Tendinopathy: An Evidence-Based Overview for the Sports Medicine Professional. Strength and Conditioning Journal, 2019, 41, 24-40.	1.4	3
63	Postrehabilitation Exercise Considerations Following Hip Arthroplasty. Strength and Conditioning Journal, 2013, 35, 19-30.	1.4	2
64	The Influence of Hip Muscle Impairments on Squat Performance. Strength and Conditioning Journal, 2017, 39, 66-73.	1.4	2
65	Rotator Cuff Tendinopathy: An Evidence-Based Overview for the Sports Medicine Professional. Strength and Conditioning Journal, 2018, 40, 61-71.	1.4	2
66	Progressive Exercise Strategies to Mitigate Shoulder Injuries Among Weight-Training Participants. Strength and Conditioning Journal, 2021, 43, 72-85.	1.4	2
67	HIP RANGE OF MOTION IN RECREATIONAL WEIGHT TRAINING PARTICIPANTS: A DESCRIPTIVE REPORT. International Journal of Sports Physical Therapy, 2017, 12, 764-773.	1.3	2
68	ANALYSIS OF RANGE OF MOTION IN FEMALE RECREATIONAL TENNIS PLAYERS WITH AND WITHOUT LATERAL ELBOW TENDINOPATHY. International Journal of Sports Physical Therapy, 2020, 15, 526-536.	1.3	2
69	Roller massage: is the numeric pain rating scale a reliable measurement and can it direct individuals with no experience to a specific roller density?. Journal of the Canadian Chiropractic Association, 2018, 62, 161-169.	0.2	1
70	This is a response to the commentary on "Physiotherapy after total hip arthroplasty: Why do we know so little?" <sup>TM</sup> . Physical Therapy Reviews, 2013, 18, 57-58.	0.8	0
71	Response to commentary on "Clinimetric evaluation of the Disabilities of the Arm, Shoulder, and Hand (DASH) and QuickDASH questionnaires for patients with shoulder disorders" <sup>TM</sup> . Physical Therapy Reviews, 2014, 19, 447-447.	0.8	0
72	Response to commentary on "Clinimetric evaluation of the disabilities of the arm, shoulder and hand (DASH) and QuickDASH questionnaires for patients with shoulder disorders" <sup>TM</sup> . Physical Therapy Reviews, 2014, 19, 288-288.	0.8	0

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73	Roman Chair Back Extension Is/Is Not a Safe and Effective Exercise?. Strength and Conditioning Journal, 2017, 39, 42-45.	1.4	0
74	The Reliability and Validity of a Clinical Measurement Proposed to Quantify Humeral Torsion. International Journal of Sports Physical Therapy, 2021, 16, 1504-1512.	1.3	0