

# Iwona Traczyk

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1155218/publications.pdf>

Version: 2024-02-01

54  
papers

1,419  
citations

331670

21  
h-index

345221

36  
g-index

57  
all docs

57  
docs citations

57  
times ranked

1949  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of personalized nutrition on health-related behaviour change: evidence from the Food4me European randomized controlled trial. <i>International Journal of Epidemiology</i> , 2017, 46, dyw186.	1.9	219
2	Design and baseline characteristics of the Food4Me study: a web-based randomised controlled trial of personalised nutrition in seven European countries. <i>Genes and Nutrition</i> , 2015, 10, 450.	2.5	134
3	Proposed guidelines to evaluate scientific validity and evidence for genotype-based dietary advice. <i>Genes and Nutrition</i> , 2017, 12, 35.	2.5	95
4	Effect of an Internet-based, personalized nutrition randomized trial on dietary changes associated with the Mediterranean diet: the Food4Me Study. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 288-297.	4.7	77
5	Factors influencing European consumer uptake of personalised nutrition. Results of a qualitative analysis. <i>Appetite</i> , 2013, 66, 67-74.	3.7	55
6	Associations between <i>FTO</i> genotype and total energy and macronutrient intake in adults: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2015, 16, 666-678.	6.5	51
7	Can genetic-based advice help you lose weight? Findings from the Food4Me European randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1204-1213.	4.7	50
8	Physical activity attenuates the effect of the <i>FTO</i> genotype on obesity traits in European adults: The Food4Me study. <i>Obesity</i> , 2016, 24, 962-969.	3.0	47
9	How reliable is internet-based self-reported identity, socio-demographic and obesity measures in European adults?. <i>Genes and Nutrition</i> , 2015, 10, 28.	2.5	42
10	Application of dried blood spots to determine vitamin D status in a large nutritional study with unsupervised sampling: the Food4Me project. <i>British Journal of Nutrition</i> , 2016, 115, 202-211.	2.3	42
11	The effect of the apolipoprotein E genotype on response to personalized dietary advice intervention: findings from the Food4Me randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2016, 104, 827-836.	4.7	41
12	A Dietary Feedback System for the Delivery of Consistent Personalized Dietary Advice in the Web-Based Multicenter Food4Me Study. <i>Journal of Medical Internet Research</i> , 2016, 18, e150.	4.3	37
13	Profile of European adults interested in internet-based personalised nutrition: the Food4Me study. <i>European Journal of Nutrition</i> , 2016, 55, 759-769.	3.9	34
14	Effects of a Web-Based Personalized Intervention on Physical Activity in European Adults: A Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2015, 17, e231.	4.3	34
15	Associations of vitamin D status with dietary intakes and physical activity levels among adults from seven European countries: the Food4Me study. <i>European Journal of Nutrition</i> , 2018, 57, 1357-1368.	3.9	29
16	Metabotyping for the development of tailored dietary advice solutions in a European population: the Food4Me study. <i>British Journal of Nutrition</i> , 2017, 118, 561-569.	2.3	28
17	Exploring the association of dairy product intake with the fatty acids C15:0 and C17:0 measured from dried blood spots in a multipopulation cohort: Findings from the Food4Me study. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 834-845.	3.3	27
18	Personalised nutrition advice reduces intake of discretionary foods and beverages: findings from the Food4Me randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 70.	4.6	27

#	ARTICLE	IF	CITATIONS
19	Changes in Physical Activity Following a Genetic-Based Internet-Delivered Personalized Intervention: Randomized Controlled Trial (Food4Me). <i>Journal of Medical Internet Research</i> , 2016, 18, e30.	4.3	25
20	Reproducibility of the Online Food4Me Food-Frequency Questionnaire for Estimating Dietary Intakes across Europe. <i>Journal of Nutrition</i> , 2016, 146, 1068-1075.	2.9	24
21	Fat mass- and obesity-associated genotype, dietary intakes and anthropometric measures in European adults: the Food4Me study. <i>British Journal of Nutrition</i> , 2016, 115, 440-448.	2.3	22
22	Analysis of Dietary Pattern Impact on Weight Status for Personalised Nutrition through On-Line Advice: The Food4Me Spanish Cohort. <i>Nutrients</i> , 2015, 7, 9523-9537.	4.1	21
23	Correlates of overall and central obesity in adults from seven European countries: findings from the Food4Me Study. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 207-219.	2.9	20
24	Objectively Measured Physical Activity in European Adults: Cross-Sectional Findings from the Food4Me Study. <i>PLoS ONE</i> , 2016, 11, e0150902.	2.5	19
25	Frequent Nutritional Feedback, Personalized Advice, and Behavioral Changes: Findings from the European Food4Me Internet-Based RCT. <i>American Journal of Preventive Medicine</i> , 2019, 57, 209-219.	3.0	18
26	Long-term dietary exposure to lead in young European children: comparing a pan-European approach with a national exposure assessment. <i>Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure and Risk Assessment</i> , 2012, 29, 1701-1715.	2.3	14
27	Phenotypic factors influencing the variation in response of circulating cholesterol level to personalised dietary advice in the Food4Me study. <i>British Journal of Nutrition</i> , 2016, 116, 2011-2019.	2.3	14
28	Characteristics of participants who benefit most from personalised nutrition: findings from the pan-European Food4Me randomised controlled trial. <i>British Journal of Nutrition</i> , 2020, 123, 1396-1405.	2.3	14
29	The Role of Resilience and Basic Hope in the Adherence to Dietary Recommendations in the Polish Population during the COVID-19 Pandemic. <i>Nutrients</i> , 2021, 13, 2108.	4.1	14
30	Gene methylation parallelisms between peripheral blood cells and oral mucosa samples in relation to overweight. <i>Journal of Physiology and Biochemistry</i> , 2016, 73, 465-474.	3.0	13
31	Within-person reproducibility and sensitivity to dietary change of C15:0 and C17:0 levels in dried blood spots: Data from the European Food4Me Study. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1700142.	3.3	13
32	Comparison of the portion size and frequency of consumption of 156 foods across seven European countries: insights from the Food4ME study. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 642-644.	2.9	12
33	The impact of MTHFR 677C>T risk knowledge on changes in folate intake: findings from the Food4Me study. <i>Genes and Nutrition</i> , 2016, 11, 25.	2.5	12
34	Baseline characteristics of the Food4Me Proof of Principle Study: a web-based randomised controlled trial of personalised nutrition in seven European countries. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	1.0	10
35	Clustering of adherence to personalised dietary recommendations and changes in healthy eating index within the Food4Me study. <i>Public Health Nutrition</i> , 2016, 19, 3296-3305.	2.2	10
36	Predicting fatty acid profiles in blood based on food intake and the FADS1 rs174546 SNP. <i>Molecular Nutrition and Food Research</i> , 2015, 59, 2565-2573.	3.3	9

#	ARTICLE	IF	CITATIONS
37	Weekday sunlight exposure, but not vitamin D intake, influences the association between vitamin D receptor genotype and circulating concentration 25-hydroxyvitamin D in a pan-European population: the Food4Me study. <i>Molecular Nutrition and Food Research</i> , 2017, 61, 1600476.	3.3	9
38	Characteristics of European adults who dropped out from the Food4Me Internet-based personalised nutrition intervention. <i>Public Health Nutrition</i> , 2017, 20, 53-63.	2.2	8
39	Metabolic Parameters in Patients with Suspected Reactive Hypoglycemia. <i>Journal of Personalized Medicine</i> , 2021, 11, 276.	2.5	8
40	Concentration of IgG antibodies against food allergens in patients with irritable bowel syndrome and healthy individuals. <i>Przegląd Gastroenterologiczny</i> , 2011, 6, 382-387.	0.7	4
41	Validation of Web-based self-reported socio-demographic and anthropometric data collected in the Food4Me Study. <i>Proceedings of the Nutrition Society</i> , 2014, 73, .	1.0	4
42	Personalized Nutrition Advice Reduces Intake of Discretionary Foods and Beverages: Findings From the Food4Me Randomized Controlled Trial. <i>Current Developments in Nutrition</i> , 2021, 5, 152.	0.3	4
43	Reactive hypoglycemia – an interdisciplinary approach of the disease of XXI Century. <i>Wiadomości Lekarskie</i> , 2020, 73, 384-389.	0.3	4
44	Use of market share data to select food products for an occurrence survey on flavourings in eight EU countries within the FACET project. <i>International Journal of Food Sciences and Nutrition</i> , 2013, 64, 768-779.	2.8	3
45	Nutritional knowledge and practice preliminary results of the nationally representative study on nutrition of Polish population, (National Health Programme 2016–2020). <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	1.0	3
46	A National Study of Nutrition and Nutritional Status of the Adult Polish Population in the Years 2017–2020 before and during the COVID-19 Pandemic – Design and Methods. <i>Nutrients</i> , 2021, 13, 2568.	4.1	3
47	Glycemic control and awareness among diabetic patients of nutrition recommendations in diabetes. <i>Roczniki Państwowego Zakładu Higieny</i> , 2020, 71, 191-196.	0.7	3
48	Is it reasonable to perform serological tests for celiac disease in patients with irritable bowel syndrome?. <i>Przegląd Gastroenterologiczny</i> , 2013, 3, 184-190.	0.7	2
49	Development and automation of a dietary feedback system for the delivery of personalised dietary advice. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	1.0	2
50	Dietary patterns in Europe: the Food4Me proof of principle study. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	1.0	2
51	Associations between dietary patterns, FTO genotype and obesity in adults from seven European countries. <i>European Journal of Nutrition</i> , 2022, 61, 2953-2965.	3.9	2
52	Assessing Long-Term Impact of Dietary Interventions on Occurrence of Symptoms Consistent with Hypoglycemia in Patients without Diabetes: A One-Year Follow-Up Study. <i>Nutrients</i> , 2022, 14, 497.	4.1	1
53	The influence of MTHFR risk knowledge on changes in folate intake: results from the Food4Me study. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	1.0	0
54	The Influence of Obesity on Nutrition and Physical Activity during COVID-19 Pandemic: A Case-Control Study. <i>Nutrients</i> , 2022, 14, 2236.	4.1	0