

# Michelle A Short

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/11528582/publications.pdf>

Version: 2024-02-01

41  
papers

2,337  
citations

279798

23  
h-index

330143

37  
g-index

41  
all docs

41  
docs citations

41  
times ranked

2742  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep duration and mood in adolescents: an experimental study. <i>Sleep</i> , 2021, 44, .	1.1	14
2	Homeostatic response to sleep restriction in adolescents. <i>Sleep</i> , 2021, 44, .	1.1	9
3	The relationship between sleep duration and mood in adolescents: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2020, 52, 101311.	8.5	101
4	The roles of repetitive negative thinking and perfectionism in explaining the relationship between sleep onset difficulties and depressed mood in adolescents. <i>Sleep Health</i> , 2020, 6, 166-171.	2.5	14
5	Reliability of sleep spindle measurements in adolescents: How many nights are necessary?. <i>Journal of Sleep Research</i> , 2019, 28, e12698.	3.2	11
6	Maritime Shift Workers Sleepiness Detection System With Multi-Modality Cues. <i>IEEE Access</i> , 2019, 7, 98792-98802.	4.2	0
7	Sleep and mental health in children and adolescents. , 2019, , 435-445.		9
8	Adolescent sleep restriction effects on cognition and mood. <i>Progress in Brain Research</i> , 2019, 246, 55-71.	1.4	40
9	How internal and external cues for bedtime affect sleep and adaptive functioning in adolescents. <i>Sleep Medicine</i> , 2019, 59, 1-6.	1.6	13
10	Estimating adolescent sleep need using dose-response modeling. <i>Sleep</i> , 2018, 41, .	1.1	73
11	Establishing normal values for pediatric nighttime sleep measured by actigraphy: a systematic review and meta-analysis. <i>Sleep</i> , 2018, 41, .	1.1	139
12	An open trial of bedtime fading for sleep disturbances in preschool children: a parent group education approach. <i>Sleep Medicine</i> , 2018, 46, 98-106.	1.6	14
13	Sleep duration and risk-taking in adolescents: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 41, 185-196.	8.5	70
14	Cognition and objectively measured sleep duration in children: a systematic review and meta-analysis. <i>Sleep Health</i> , 2018, 4, 292-300.	2.5	118
15	Variability of the cortisol awakening response and morning salivary oxytocin in late adolescence. <i>Journal of Neuroendocrinology</i> , 2018, 30, e12645.	2.6	4
16	Sleep spindles in adolescence: a comparison across sleep restriction and sleep extension. <i>Sleep Medicine</i> , 2018, 50, 166-174.	1.6	12
17	Sleep Loss and Affective Functioning: More Than Just Mood. <i>Behavioral Sleep Medicine</i> , 2017, 15, 394-409.	2.1	67
18	How Many Sleep Diary Entries Are Needed to Reliably Estimate Adolescent Sleep?. <i>Sleep</i> , 2017, 40, .	1.1	44

#	ARTICLE	IF	CITATIONS
19	Validation of the Flinders Fatigue Scale as a measure of daytime fatigue. <i>Sleep Medicine</i> , 2017, 30, 105-112.	1.6	15
20	Can exercise regulate the circadian system of adolescents? Novel implications for the treatment of delayed sleep-wake phase disorder. <i>Sleep Medicine Reviews</i> , 2017, 34, 122-129.	8.5	26
21	An experimental study of adolescent sleep restriction during a simulated school week: changes in phase, sleep staging, performance and sleepiness. <i>Journal of Sleep Research</i> , 2017, 26, 227-235.	3.2	47
22	An investigation of the longitudinal relationship between sleep and depressed mood in developing teens. <i>Nature and Science of Sleep</i> , 2017, Volume 9, 3-10.	2.7	20
23	The effect of split sleep schedules (6h-on/6h-off) on neurobehavioural performance, sleep and sleepiness. <i>Applied Ergonomics</i> , 2016, 54, 72-82.	3.1	23
24	Evaluation of novel school-based interventions for adolescent sleep problems: does parental involvement and bright light improve outcomes?. <i>Sleep Health</i> , 2015, 1, 66-74.	2.5	80
25	Adolescents who perceive fewer consequences of risk-taking choose to switch off games later at night. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2015, 104, e222-7.	1.5	23
26	Sleep deprivation leads to mood deficits in healthy adolescents. <i>Sleep Medicine</i> , 2015, 16, 987-993.	1.6	162
27	A systematic review of the sleep, sleepiness, and performance implications of limited wake shift work schedules. <i>Scandinavian Journal of Work, Environment and Health</i> , 2015, 41, 425-440.	3.4	41
28	The Functional Impact of Sleep Deprivation, Sleep Restriction, and Sleep Fragmentation. , 2014, , 13-26.		22
29	Measuring sleep need. <i>Sleep Medicine Reviews</i> , 2014, 18, 369-370.	8.5	6
30	Single night video game use leads to sleep loss and attention deficits in older adolescents. <i>Journal of Adolescence</i> , 2014, 37, 1003-1009.	2.4	44
31	Screening for Sleep Reduction in Adolescents Through Self-report: Development and Validation of the Sleep Reduction Screening Questionnaire (SRSQ). <i>Child and Youth Care Forum</i> , 2014, 43, 607-619.	1.6	20
32	The Effect of One Night's Sleep Deprivation on Adolescent Neurobehavioral Performance. <i>Sleep</i> , 2014, 37, 1799-1807.	1.1	81
33	The impact of sleep on adolescent depressed mood, alertness and academic performance. <i>Journal of Adolescence</i> , 2013, 36, 1025-1033.	2.4	171
34	The sleep patterns and well-being of Australian adolescents. <i>Journal of Adolescence</i> , 2013, 36, 103-110.	2.4	104
35	A Cross-Cultural Comparison of Sleep Duration Between U.S. and Australian Adolescents. <i>Health Education and Behavior</i> , 2013, 40, 323-330.	2.5	98
36	Estimating adolescent sleep patterns: parent reports versus adolescent self-report surveys, sleep diaries, and actigraphy. <i>Nature and Science of Sleep</i> , 2013, 5, 23.	2.7	127

#	ARTICLE	IF	CITATIONS
37	Sleep Hygiene and Environment. , 2013, , .		4
38	Identifying Adolescent Sleep Problems. PLoS ONE, 2013, 8, e75301.	2.5	59
39	The discrepancy between actigraphic and sleep diary measures of sleep in adolescents. Sleep Medicine, 2012, 13, 378-384.	1.6	180
40	The Chronic Sleep Reduction Questionnaire (CSRQ): a cross-cultural comparison and validation in Dutch and Australian adolescents. Journal of Sleep Research, 2012, 21, 584-594.	3.2	40
41	Time for Bed: Parent-Set Bedtimes Associated with Improved Sleep and Daytime Functioning in Adolescents. Sleep, 2011, 34, 797-800.	1.1	192