Michelle A Short

List of Publications by Year
in descending order

Source: https://exaly.com/author-pdf/11528582/publications.pdf

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41	2,337	279798 23	330143 37
papers	citations	h-index	g-index

41	41	41	2742
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Time for Bed: Parent-Set Bedtimes Associated with Improved Sleep and Daytime Functioning in Adolescents. Sleep, 2011, 34, 797-800.	1.1	192
2	The discrepancy between actigraphic and sleep diary measures of sleep in adolescents. Sleep Medicine, 2012, 13, 378-384.	1.6	180
3	The impact of sleep on adolescent depressed mood, alertness and academic performance. Journal of Adolescence, 2013, 36, 1025-1033.	2.4	171
4	Sleep deprivation leads to mood deficits in healthy adolescents. Sleep Medicine, 2015, 16, 987-993.	1.6	162
5	Establishing normal values for pediatric nighttime sleep measured by actigraphy: a systematic review and meta-analysis. Sleep, 2018, 41, .	1.1	139
6	Estimating adolescent sleep patterns: parent reports versus adolescent self-report surveys, sleep diaries, and actigraphy. Nature and Science of Sleep, 2013, 5, 23.	2.7	127
7	Cognition and objectively measured sleep duration in children: a systematic review and meta-analysis. Sleep Health, 2018, 4, 292-300.	2.5	118
8	The sleep patterns and wellâ€being of Australian adolescents^{â˜†}. Journal of Adolescence, 2013, 36, 103-110.	2.4	104
9	The relationship between sleep duration and mood in adolescents: A systematic review and meta-analysis. Sleep Medicine Reviews, 2020, 52, 101311.	8.5	101
10	A Cross-Cultural Comparison of Sleep Duration Between U.S. and Australian Adolescents. Health Education and Behavior, 2013, 40, 323-330.	2.5	98
11	The Effect of One Night's Sleep Deprivation on Adolescent Neurobehavioral Performance. Sleep, 2014, 37, 1799-1807.	1.1	81
12	Evaluation of novel school-based interventions for adolescent sleep problems: does parental involvement and bright light improve outcomes?. Sleep Health, 2015, 1, 66-74.	2.5	80
13	Estimating adolescent sleep need using dose-response modeling. Sleep, 2018, 41, .	1.1	73
14	Sleep duration and risk-taking in adolescents: A systematic review and meta-analysis. Sleep Medicine Reviews, 2018, 41, 185-196.	8.5	70
15	Sleep Loss and Affective Functioning: More Than Just Mood. Behavioral Sleep Medicine, 2017, 15, 394-409.	2.1	67
16	Identifying Adolescent Sleep Problems. PLoS ONE, 2013, 8, e75301.	2.5	59
17	An experimental study of adolescent sleep restriction during a simulated school week: changes in phase, sleep staging, performance and sleepiness. Journal of Sleep Research, 2017, 26, 227-235.	3.2	47
18	Single night videoâ€game use leads to sleep loss and attention deficits in older adolescents^{â˜†}. Journal of Adolescence, 2014, 37, 1003-1009.	2.4	44

#	Article	IF	Citations
19	How Many Sleep Diary Entries Are Needed to Reliably Estimate Adolescent Sleep?. Sleep, 2017, 40, .	1.1	44
20	A systematic review of the sleep, sleepiness, and performance implications of limited wake shift work schedules. Scandinavian Journal of Work, Environment and Health, 2015, 41, 425-440.	3.4	41
21	The Chronic Sleep Reduction Questionnaire (CSRQ): a crossâ€cultural comparison and validation in Dutch and Australian adolescents. Journal of Sleep Research, 2012, 21, 584-594.	3.2	40
22	Adolescent sleep restriction effects on cognition and mood. Progress in Brain Research, 2019, 246, 55-71.	1.4	40
23	Can exercise regulate the circadian system of adolescents? Novel implications for the treatment of delayed sleep-wake phase disorder. Sleep Medicine Reviews, 2017, 34, 122-129.	8.5	26
24	Adolescents who perceive fewer consequences of riskâ€taking choose to switch off games later at night. Acta Paediatrica, International Journal of Paediatrics, 2015, 104, e222-7.	1.5	23
25	The effect of split sleep schedules (6h-on/6h-off) on neurobehavioural performance, sleep and sleepiness. Applied Ergonomics, 2016, 54, 72-82.	3.1	23
26	The Functional Impact of Sleep Deprivation, Sleep Restriction, and Sleep Fragmentation. , 2014, , 13-26.		22
27	Screening for Sleep Reduction in Adolescents Through Self-report: Development and Validation of the Sleep Reduction Screening Questionnaire (SRSQ). Child and Youth Care Forum, 2014, 43, 607-619.	1.6	20
28	An investigation of the longitudinal relationship between sleep and depressed mood in developing teens. Nature and Science of Sleep, 2017, Volume 9, 3-10.	2.7	20
29	Validation of the Flinders Fatigue Scale as a measure of daytime fatigue. Sleep Medicine, 2017, 30, 105-112.	1.6	15
30	An open trial of bedtime fading for sleep disturbances in preschool children: a parent group education approach. Sleep Medicine, 2018, 46, 98-106.	1.6	14
31	The roles of repetitive negative thinking and perfectionism in explaining the relationship between sleep onset difficulties and depressed mood in adolescents. Sleep Health, 2020, 6, 166-171.	2.5	14
32	Sleep duration and mood in adolescents: an experimental study. Sleep, 2021, 44, .	1.1	14
33	How internal and external cues for bedtime affect sleep and adaptive functioning in adolescents. Sleep Medicine, 2019, 59, 1-6.	1.6	13
34	Sleep spindles in adolescence: a comparison across sleep restriction and sleep extension. Sleep Medicine, 2018, 50, 166-174.	1.6	12
35	Reliability of sleep spindle measurements in adolescents: How many nights are necessary?. Journal of Sleep Research, 2019, 28, e12698.	3.2	11
36	Sleep and mental health in children and adolescents. , 2019, , 435-445.		9

#	Article	IF	Citations
37	Homeostatic response to sleep restriction in adolescents. Sleep, 2021, 44, .	1.1	9
38	Measuring sleep need. Sleep Medicine Reviews, 2014, 18, 369-370.	8.5	6
39	Variability of the cortisol awakening response and morning salivary oxytocin in late adolescence. Journal of Neuroendocrinology, 2018, 30, e12645.	2.6	4
40	Sleep Hygiene and Environment. , 2013, , .		4
41	Maritime Shift Workers Sleepiness Detection System With Multi-Modality Cues. IEEE Access, 2019, 7, 98792-98802.	4.2	0