

# Mohamed Ahmed Said

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/11521705/publications.pdf>

Version: 2024-02-01

4  
papers

38  
citations

2258059

3  
h-index

2550090

3  
g-index

4  
all docs

4  
docs citations

4  
times ranked

35  
citing authors

#	ARTICLE	IF	CITATIONS
1	Multidisciplinary approach to obesity: Aerobic or resistance physical exercise?. Journal of Exercise Science and Fitness, 2018, 16, 118-123.	2.2	18
2	Effects of diet versus diet plus aerobic and resistance exercise on metabolic syndrome in obese young men. Journal of Exercise Science and Fitness, 2020, 18, 101-108.	2.2	11
3	Aerobic training, resistance training, or their combination as a means to fight against excess weight and metabolic syndrome in obese students” which is the most effective modality? A randomized controlled trial. Applied Physiology, Nutrition and Metabolism, 2021, 46, 952-963.	1.9	9
4	Position-dependent morning-to-evening variability in physical performances in elite male handball players. Biological Rhythm Research, 0, , 1-13.	0.9	0