

# Vladimir Sprygin

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

11  
papers

43  
citations

5  
h-index

6  
g-index

11  
ext. papers

44  
ext. citations

0.7  
avg, IF

0.94  
L-index

#	Paper	IF	Citations
11	Fatty acids composition in blood plasma and erythrocyte membranes in operators of the Vessel Traffic Control Center. <i>Gigiena I Sanitariia</i> , <b>2022</b> , 101, 382-388	0.4	
10	Effect of the Lipid Complex from Green Seaweed <i>Ulva lactuca</i> Linnaeus, 1753 on the Biochemical Parameters of Blood Plasma and the Liver in Experimental Dyslipidemia. <i>Russian Journal of Marine Biology</i> , <b>2022</b> , 48, 113-121	0.7	
9	Assessment of changes in blood plasma biochemical indices at hypercholesterol diet with a high fat load. <i>Gigiena I Sanitariia</i> , <b>2021</b> , 100, 617-622	0.4	
8	ASSESSMENT OF CHANGES IN THE LIPID COMPOSITION OF BLOOD PLASMA AND ERYTHROCYTE MEMBRANES IN STUDENTS UNDER STUDY LOAD AND THEIR PREVENTION. <i>Gigiena I Sanitariia</i> , <b>2020</b> , 99, 187-192	0.4	1
7	The Influence of an Extract from the Marine Brown Alga <i>Sargassum pallidum</i> on the Metabolic Reactions in the Liver under Experimental Toxic Hepatitis. <i>Russian Journal of Marine Biology</i> , <b>2017</b> , 43, 479-484	0.7	5
6	Chemical composition and biological action of rowanberry extract. <i>Russian Journal of Bioorganic Chemistry</i> , <b>2016</b> , 42, 764-769	1	5
5	Effects of Isoflavonoids from <i>Maackia Amurensis</i> Roots on the Metabolic Reactions of the Liver in Experimental Toxic Hepatitis. <i>Pharmaceutical Chemistry Journal</i> , <b>2016</b> , 50, 451-457	0.9	5
4	The antioxidant and stress-protective properties of an extract from the green alga <i>Ulva lactuca</i> Linnaeus, 1753. <i>Russian Journal of Marine Biology</i> , <b>2016</b> , 42, 509-514	0.7	6
3	The hepatoprotective properties of an extract from the brown alga <i>Saccharina japonica</i> . <i>Russian Journal of Marine Biology</i> , <b>2013</b> , 39, 65-69	0.7	5
2	An extract from the brown alga <i>Laminaria japonica</i> : a promising stress-protective preparation. <i>Russian Journal of Marine Biology</i> , <b>2010</b> , 36, 209-214	0.7	13
1	Antioxidant and membrane-protective properties of an extract from the brown alga <i>Laminaria japonica</i> . <i>Russian Journal of Marine Biology</i> , <b>2010</b> , 36, 390-395	0.7	3