

Thomas Roth

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

142
papers

15,151
citations

60
h-index

122
g-index

150
ext. papers

17,598
ext. citations

3.3
avg, IF

6.67
L-index

#	Paper	IF	Citations
142	Impact of lemborexant treatment on insomnia severity: analyses from a 12-month study of adults with insomnia disorder.. <i>Sleep Medicine</i> , 2022 , 90, 249-257	4.6	0
141	Sleep and alertness disturbance and substance use disorders: A bi-directional relation. <i>Pharmacology Biochemistry and Behavior</i> , 2021 , 203, 173153	3.9	4
140	Predicting circadian misalignment with wearable technology: validation of wrist-worn actigraphy and photometry in night shift workers. <i>Sleep</i> , 2021 , 44,	1.1	19
139	Sleep Disorders in Athletes 2021 , 275-295		
138	Nocturnal cognitive arousal is associated with objective sleep disturbance and indicators of physiologic hyperarousal in good sleepers and individuals with insomnia disorder. <i>Sleep Medicine</i> , 2020 , 71, 151-160	4.6	19
137	Sleep and pain in humans with fibromyalgia and comorbid insomnia: double-blind, crossover study of suvorexant 20 mg versus placebo. <i>Journal of Clinical Sleep Medicine</i> , 2020 , 16, 415-421	3.1	3
136	Efficacy and safety of esmirtzapine in adult outpatients with chronic primary insomnia: a randomized, double-blind placebo-controlled study and open-label extension. <i>Journal of Clinical Sleep Medicine</i> , 2020 , 16, 1455-1467	3.1	5
135	Depression and suicidal ideation in pregnancy: exploring relationships with insomnia, short sleep, and nocturnal rumination. <i>Sleep Medicine</i> , 2020 , 65, 62-73	4.6	22
134	Treating insomnia improves depression, maladaptive thinking, and hyperarousal in postmenopausal women: comparing cognitive-behavioral therapy for insomnia (CBTI), sleep restriction therapy, and sleep hygiene education. <i>Sleep Medicine</i> , 2019 , 55, 124-134	4.6	40
133	Irritable Bowel Syndrome, Immune Fitness, and Insomnia: Results from an Online Survey Among People Reporting Sleep Complaints. <i>Sleep and Vigilance</i> , 2019 , 3, 121-129	1.4	9
132	Efficacy of digital CBT for insomnia to reduce depression across demographic groups: a randomized trial. <i>Psychological Medicine</i> , 2019 , 49, 491-500	6.9	58
131	Shift Work: A Perspective on Shift Work Disorder-Is Prevention the Answer?. <i>Journal of Clinical Sleep Medicine</i> , 2019 , 15, 1863-1865	3.1	2
130	Pharmacodynamic and pharmacokinetic profile of SM-1, a triple-drug combination to increase total sleep time. <i>Human Psychopharmacology</i> , 2019 , 34, e2716	2.3	1
129	Efficacy of SM-1 in a transient insomnia model. <i>Human Psychopharmacology</i> , 2019 , 34, e2713	2.3	2
128	A novel forehead temperature-regulating device for insomnia: a randomized clinical trial. <i>Sleep</i> , 2018 , 41,	1.1	11
127	Daytime Sleep Disturbance in Night Shift Work and the Role of. <i>Journal of Clinical Sleep Medicine</i> , 2018 , 14, 393-400	3.1	9
126	Increasing presurgery sleep reduces postsurgery pain and analgesic use following joint replacement: a feasibility study. <i>Sleep Medicine</i> , 2017 , 33, 109-113	4.6	18

125	Pharmacologic Treatment of Insomnia 2017 , 832-841.e4		6
124	Daytime Sleepiness and Alertness 2017 , 39-48.e4		9
123	Effectiveness of Benzodiazepine Receptor Agonists in the Treatment of Insomnia: An Examination of Response and Remission Rates. <i>Sleep</i> , 2017 , 40,	1.1	26
122	Gender Differences in the Efficacy and Safety of Chronic Nightly Zolpidem. <i>Journal of Clinical Sleep Medicine</i> , 2016 , 12, 319-25	3.1	14
121	Pain and Sleep 2015 , 377-397		2
120	Effects of reduced time in bed on daytime sleepiness and recovery sleep in fibromyalgia and rheumatoid arthritis. <i>Journal of Psychosomatic Research</i> , 2015 , 79, 27-31	4.1	2
119	Sleep Disturbance in Substance Use Disorders. <i>Psychiatric Clinics of North America</i> , 2015 , 38, 793-803	3.1	39
118	Length polymorphism in the Period 3 gene is associated with sleepiness and maladaptive circadian phase in night-shift workers. <i>Journal of Sleep Research</i> , 2015 , 24, 254-61	5.8	12
117	Differential sleep, sleepiness, and neurophysiology in the insomnia phenotypes of shift work disorder. <i>Sleep</i> , 2015 , 38, 119-26	1.1	35
116	Insomnia in shift work disorder relates to occupational and neurophysiological impairment. <i>Journal of Clinical Sleep Medicine</i> , 2015 , 11, 457-65	3.1	11
115	Quantitative measures of nocturnal insomnia symptoms predict greater deficits across multiple daytime impairment domains. <i>Behavioral Sleep Medicine</i> , 2015 , 13, 73-87	4.2	14
114	A review of the effects of pregabalin on sleep disturbance across multiple clinical conditions. <i>Sleep Medicine Reviews</i> , 2014 , 18, 261-71	10.2	32
113	Physiological correlates of insomnia. <i>Current Topics in Behavioral Neurosciences</i> , 2014 , 21, 277-90	3.4	16
112	Safety and efficacy of suvorexant during 1-year treatment of insomnia with subsequent abrupt treatment discontinuation: a phase 3 randomised, double-blind, placebo-controlled trial. <i>Lancet Neurology, The</i> , 2014 , 13, 461-71	24.1	291
111	Effects of armodafinil on simulated driving and alertness in shift work disorder. <i>Sleep</i> , 2014 , 37, 1987-94	1.1	18
110	Sleep loss, circadian mismatch, and abnormalities in reorienting of attention in night workers with shift work disorder. <i>Sleep</i> , 2014 , 37, 545-56	1.1	47
109	Stress and sleep reactivity: a prospective investigation of the stress-diathesis model of insomnia. <i>Sleep</i> , 2014 , 37, 1295-304	1.1	161
108	The interplay between daily affect and sleep: a 2-week study of young women. <i>Journal of Sleep Research</i> , 2014 , 23, 636-645	5.8	54

107	A single-dose, randomized, double-blind, double dummy, placebo and positive-controlled, five-way cross-over study to assess the pharmacodynamic effects of lorediplon in a phase advance model of insomnia in healthy Caucasian adult male subjects. <i>Human Psychopharmacology</i> , 2014 , 29, 266-73	2.3	10
106	The effects of armodafinil on objective sleepiness and performance in a shift work disorder sample unselected for objective sleepiness. <i>Journal of Clinical Psychopharmacology</i> , 2014 , 34, 369-73	1.7	8
105	Caffeine effects on sleep taken 0, 3, or 6 hours before going to bed. <i>Journal of Clinical Sleep Medicine</i> , 2013 , 9, 1195-200	3.1	141
104	The associations of insomnia with costly workplace accidents and errors: results from the America Insomnia Survey. <i>Archives of General Psychiatry</i> , 2012 , 69, 1054-63		86
103	Insomnia pharmacotherapy. <i>Neurotherapeutics</i> , 2012 , 9, 728-38	6.4	89
102	Impact of paroxetine on sleep problems in 426 cancer patients receiving chemotherapy: a trial from the University of Rochester Cancer Center Community Clinical Oncology Program. <i>Sleep Medicine</i> , 2012 , 13, 1184-90	4.6	30
101	Pharmacotherapy of Excessive Sleepiness. <i>Sleep Medicine Clinics</i> , 2012 , 7, 333-340	3.6	1
100	Appropriate therapeutic selection for patients with shift work disorder. <i>Sleep Medicine</i> , 2012 , 13, 335-414.6	4.6	26
99	Circadian phase, sleepiness, and light exposure assessment in night workers with and without shift work disorder. <i>Chronobiology International</i> , 2012 , 29, 928-36	3.6	68
98	Zolpidem for insomnia. <i>Expert Opinion on Pharmacotherapy</i> , 2012 , 13, 879-93	4	154
97	Pharmacology of Benzodiazepine Receptor Agonist Hypnotics 2012 , 99-108		0
96	Insomnia: Etiology, Clinical Manifestations, and Morbidity 2012 , 233-248		
95	Insomnia, comorbidity, and risk of injury among insured Americans: results from the America Insomnia Survey. <i>Sleep</i> , 2012 , 35, 825-34	1.1	65
94	Pain sensitivity and recovery from mild chronic sleep loss. <i>Sleep</i> , 2012 , 35, 1667-72	1.1	81
93	Efficacy of eight months of nightly zolpidem: a prospective placebo-controlled study. <i>Sleep</i> , 2012 , 35, 1551-7	1.1	63
92	Management of Insomnia 2012 , 249-276		
91	Sleep and Sleep Disorders 2012 , 375-384		
90	Prevalence and perceived health associated with insomnia based on DSM-IV-TR; International Statistical Classification of Diseases and Related Health Problems, Tenth Revision; and Research Diagnostic Criteria/International Classification of Sleep Disorders, Second Edition criteria: results from the America Insomnia Survey. <i>Biological Psychiatry</i> , 2011 , 69, 592-600	7.9	308

89	Use of a post-sleep questionnaire-interactive voice response system (PSQ-IVRS) to evaluate the subjective sleep effects of ramelteon in adults with chronic insomnia. <i>Sleep Medicine</i> , 2011 , 12, 920-3	4.6	12
88	Prevalence and polysomnographic correlates of insomnia comorbid with medical disorders. <i>Sleep</i> , 2011 , 34, 859-67	1.1	157
87	Twelve months of nightly zolpidem does not lead to dose escalation: a prospective placebo-controlled study. <i>Sleep</i> , 2011 , 34, 207-12	1.1	33
86	Insomnia and the performance of US workers: results from the America insomnia survey. <i>Sleep</i> , 2011 , 34, 1161-71	1.1	317
85	Continuous positive airway pressure in severe obstructive sleep apnea reduces pain sensitivity. <i>Sleep</i> , 2011 , 34, 1687-91	1.1	60
84	Efficacy and safety of doxepin 3 and 6 mg in a 35-day sleep laboratory trial in adults with chronic primary insomnia. <i>Sleep</i> , 2011 , 34, 1433-42	1.1	78
83	Daytime Sleepiness and Alertness 2011 , 42-53		11
82	Pharmacologic Treatment of Insomnia 2011 , 905-915		9
81	Reliability and Validity of the Brief Insomnia Questionnaire in the America Insomnia Survey. <i>Sleep</i> , 2010 , 33, 1539-1549	1.1	51
80	Armodafinil in the treatment of sleep/wake disorders. <i>Neuropsychiatric Disease and Treatment</i> , 2010 , 6, 417-27	3.1	6
79	Effect of Gaboxadol on Patient-reported Measures of Sleep and Waking Function in Patients with Primary Insomnia: Results from Two Randomized, Controlled, 3-month Studies. <i>Journal of Clinical Sleep Medicine</i> , 2010 , 06, 30-39	3.1	19
78	Prevalence, demographics, and psychological associations of sleep disruption in patients with cancer: University of Rochester Cancer Center-Community Clinical Oncology Program. <i>Journal of Clinical Oncology</i> , 2010 , 28, 292-8	2.2	337
77	Pharmacotherapy for Insomnia. <i>Sleep Medicine Clinics</i> , 2010 , 5, 529-539	3.6	11
76	Comparative levels of excessive daytime sleepiness in common medical disorders. <i>Sleep Medicine</i> , 2010 , 11, 890-6	4.6	33
75	Efficacy and Safety of Doxepin 1 mg and 3 mg in a 12-week Sleep Laboratory and Outpatient Trial of Elderly Subjects with Chronic Primary Insomnia. <i>Sleep</i> , 2010 , 33, 1553-61	1.1	123
74	Differential effect of codeine on thermal nociceptive sensitivity in sleepy versus nonsleepy healthy subjects. <i>Experimental and Clinical Psychopharmacology</i> , 2010 , 18, 277-83	3.2	21
73	Shift work sleep disorder is associated with an attenuated brain response of sensory memory and an increased brain response to novelty: an ERP study. <i>Sleep</i> , 2010 , 33, 703-13	1.1	46
72	The 10-year risk of verified motor vehicle crashes in relation to physiologic sleepiness. <i>Sleep</i> , 2010 , 33, 745-52	1.1	101

71	Reliability and Validity of the Brief Insomnia Questionnaire in the America Insomnia Survey. <i>Sleep</i> , 2010 , 33, 1539-1549	1.1	30
70	A 12-week, randomized, double-blind, placebo-controlled study evaluating the effect of eszopiclone 2 mg on sleep/wake function in older adults with primary and comorbid insomnia. <i>Sleep</i> , 2010 , 33, 225-34	1.1	62
69	Effect of gaboxadol on patient-reported measures of sleep and waking function in patients with Primary Insomnia: results from two randomized, controlled, 3-month studies. <i>Journal of Clinical Sleep Medicine</i> , 2010 , 6, 30-9	3.1	11
68	Reliability and validity of the brief insomnia questionnaire in the America insomnia survey. <i>Sleep</i> , 2010 , 33, 1539-49	1.1	25
67	Benzodiazepine Receptor Agonist Safety. <i>Medical Psychiatry</i> , 2010 , 387-396		2
66	Armodafinil for treatment of excessive sleepiness associated with shift work disorder: a randomized controlled study. <i>Mayo Clinic Proceedings</i> , 2009 , 84, 958-72	6.4	107
65	Armodafinil for Treatment of Excessive Sleepiness Associated With Shift Work Disorder: A Randomized Controlled Study. <i>Mayo Clinic Proceedings</i> , 2009 , 84, 958-972	6.4	76
64	Zolpidem extended-release improves sleep and next-day symptoms in comorbid insomnia and generalized anxiety disorder. <i>Journal of Clinical Psychopharmacology</i> , 2009 , 29, 222-30	1.7	57
63	Pain sensitivity in sleepy pain-free normals. <i>Sleep</i> , 2009 , 32, 1011-7	1.1	42
62	Recognition and management of excessive sleepiness in the primary care setting. <i>Primary Care Companion To the Journal of Clinical Psychiatry</i> , 2009 , 11, 197-204		11
61	The effect of eszopiclone in patients with insomnia and coexisting rheumatoid arthritis: a pilot study. <i>Primary Care Companion To the Journal of Clinical Psychiatry</i> , 2009 , 11, 292-301		36
60	Vulnerability to insomnia: the role of familial aggregation. <i>Sleep Medicine</i> , 2008 , 9, 297-302	4.6	52
59	Caffeine: sleep and daytime sleepiness. <i>Sleep Medicine Reviews</i> , 2008 , 12, 153-62	10.2	254
58	Efficacy and Safety of Sleep-Promoting Agents. <i>Sleep Medicine Clinics</i> , 2008 , 3, 175-187	3.6	5
57	Eszopiclone coadministered with escitalopram in patients with insomnia and comorbid generalized anxiety disorder. <i>Archives of General Psychiatry</i> , 2008 , 65, 551-62		127
56	Sleep disturbance in psychiatric disorders: effects on function and quality of life in mood disorders, alcoholism, and schizophrenia. <i>Annals of Clinical Psychiatry</i> , 2008 , 20, 39-46	1.4	95
55	Long-term efficacy and safety of zolpidem extended-release 12.5 mg, administered 3 to 7 nights per week for 24 weeks, in patients with chronic primary insomnia: a 6-month, randomized, double-blind, placebo-controlled, parallel-group, multicenter study. <i>Sleep</i> , 2008 , 31, 79-90	1.1	162
54	Periodic limb movements during sleep: population prevalence, clinical correlates, and racial differences. <i>Sleep</i> , 2008 , 31, 1221-7	1.1	96

53	Neurophysiology of sleep and wakefulness: basic science and clinical implications. <i>Current Neuropharmacology</i> , 2008 , 6, 367-78	7.6	180
52	Nightly treatment of primary insomnia with eszopiclone for six months: effect on sleep, quality of life, and work limitations. <i>Sleep</i> , 2007 , 30, 959-68	1.1	186
51	Insomnia: Definition, Prevalence, Etiology, and Consequences. <i>Journal of Clinical Sleep Medicine</i> , 2007 , 3,	3.1	319
50	Efficacy and safety of as-needed, post bedtime dosing with indiplon in insomnia patients with chronic difficulty maintaining sleep. <i>Sleep</i> , 2007 , 30, 1731-8	1.1	17
49	The Nature of Insomnia. <i>CNS Spectrums</i> , 2007 , 12, 3-5	1.8	11
48	Efficacy and safety of doxepin 1 mg, 3 mg, and 6 mg in adults with primary insomnia. <i>Sleep</i> , 2007 , 30, 1555-61	1.1	213
47	Insomnia: pathophysiology and implications for treatment. <i>Sleep Medicine Reviews</i> , 2007 , 11, 71-9	10.2	131
46	Insomnia: definition, prevalence, etiology, and consequences. <i>Journal of Clinical Sleep Medicine</i> , 2007 , 3, S7-10	3.1	429
45	Evaluation of the safety of modafinil for treatment of excessive sleepiness. <i>Journal of Clinical Sleep Medicine</i> , 2007 , 3, 595-602	3.1	15
44	The association of insomnia with anxiety disorders and depression: exploration of the direction of risk. <i>Journal of Psychiatric Research</i> , 2006 , 40, 700-8	5.2	497
43	Eszopiclone in patients with insomnia during perimenopause and early postmenopause: a randomized controlled trial. <i>Obstetrics and Gynecology</i> , 2006 , 108, 1402-10	4.9	102
42	Epidemiology of DSM-IV insomnia in adolescence: lifetime prevalence, chronicity, and an emergent gender difference. <i>Pediatrics</i> , 2006 , 117, e247-56	7.4	372
41	Safety of Insomnia Pharmacotherapy. <i>Sleep Medicine Clinics</i> , 2006 , 1, 399-407	3.6	6
40	Predisposition in the Evolution of Insomnia: Evidence, Potential Mechanisms, and Future Directions. <i>Sleep Medicine Clinics</i> , 2006 , 1, 333-349	3.6	31
39	Shift work sleep disorder: burden of illness and approaches to management. <i>Drugs</i> , 2006 , 66, 2357-70	12.1	75
38	Eszopiclone co-administered with fluoxetine in patients with insomnia coexisting with major depressive disorder. <i>Biological Psychiatry</i> , 2006 , 59, 1052-60	7.9	369
37	Sleep problems, comorbid mental disorders, and role functioning in the national comorbidity survey replication. <i>Biological Psychiatry</i> , 2006 , 60, 1364-71	7.9	276
36	Efficacy and safety of zolpidem-MR: a double-blind, placebo-controlled study in adults with primary insomnia. <i>Sleep Medicine</i> , 2006 , 7, 397-406	4.6	92

35	Defining insomnia: the role of quantitative criteria. <i>Sleep</i> , 2006 , 29, 424-5	1.1	12
34	Sleep loss and REM sleep loss are hyperalgesic. <i>Sleep</i> , 2006 , 29, 145-51	1.1	355
33	Modafinil for excessive sleepiness associated with shift-work sleep disorder. <i>New England Journal of Medicine</i> , 2005 , 353, 476-86	59.2	306
32	An assessment of the efficacy and safety of eszopiclone in the treatment of transient insomnia in healthy adults. <i>Sleep Medicine</i> , 2005 , 6, 15-22	4.6	54
31	An evaluation of the efficacy and safety of eszopiclone over 12 months in patients with chronic primary insomnia. <i>Sleep Medicine</i> , 2005 , 6, 487-95	4.6	178
30	History of the Development of Sleep Medicine in the United States. <i>Journal of Clinical Sleep Medicine</i> , 2005 , 01, 61-82	3.1	63
29	History of the development of sleep medicine in the United States. <i>Journal of Clinical Sleep Medicine</i> , 2005 , 1, 61-82	3.1	28
28	Pharmacologic Treatment of Primary Insomnia 2005 , 749-760		17
27	Prevalence, associated risks, and treatment patterns of insomnia. <i>Journal of Clinical Psychiatry</i> , 2005 , 66 Suppl 9, 10-3; quiz 42-3	4.6	26
26	The Sustained 6-Month Efficacy of Eszopiclone in the Treatment of Chronic Insomnia. <i>Sleep</i> , 2004 , 27, 346-347	1.1	6
25	Efficacy and safety of eszopiclone across 6-weeks of treatment for primary insomnia. <i>Current Medical Research and Opinion</i> , 2004 , 20, 1979-91	2.5	187
24	Sleep disorders: an overview. <i>Clinical Cornerstone</i> , 2004 , 6 Suppl 1C, S6-16		11
23	Evolution of insomnia: current status and future direction. <i>Sleep Medicine</i> , 2004 , 5 Suppl 1, S23-30	4.6	86
22	Shift work sleep disorder: prevalence and consequences beyond that of symptomatic day workers. <i>Sleep</i> , 2004 , 27, 1453-62	1.1	564
21	Vulnerability to stress-related sleep disturbance and hyperarousal. <i>Sleep</i> , 2004 , 27, 285-91	1.1	267
20	Sustained efficacy of eszopiclone over 6 months of nightly treatment: results of a randomized, double-blind, placebo-controlled study in adults with chronic insomnia. <i>Sleep</i> , 2003 , 26, 793-9	1.1	458
19	Insomnia: epidemiology, characteristics, and consequences. <i>Clinical Cornerstone</i> , 2003 , 5, 5-15		222
18	Place of chronic insomnia in the course of depressive and anxiety disorders. <i>Journal of Psychiatric Research</i> , 2003 , 37, 9-15	5.2	617

17	Insomnia causes, consequences, and therapeutics: an overview. <i>Depression and Anxiety</i> , 2003 , 18, 163-768.4	205
16	Prevalence of restless legs syndrome and periodic limb movement disorder in the general population. <i>Journal of Psychosomatic Research</i> , 2002 , 53, 547-54	4.1 550
15	Substance use for insomnia in Metropolitan Detroit. <i>Journal of Psychosomatic Research</i> , 2002 , 53, 571-6	4.1 58
14	Effects of rapid versus slow accumulation of eight hours of sleep loss. <i>Psychophysiology</i> , 2001 , 38, 979-87.4	4.1 148
13	What are the contributing factors for insomnia in the general population?. <i>Journal of Psychosomatic Research</i> , 2001 , 51, 745-55	4.1 205
12	Diagnosis and management of insomnia. <i>Clinical Cornerstone</i> , 2000 , 2, 28-38	11
11	Epidemiology of alcohol and medication as aids to sleep in early adulthood. <i>Sleep</i> , 1998 , 21, 178-86	1.1 184
10	The effects of REM sleep deprivation on the level of sleepiness/alertness. <i>Sleep</i> , 1998 , 21, 609-14	1.1 114
9	Sleep disturbance and psychiatric disorders: a longitudinal epidemiological study of young adults. <i>Biological Psychiatry</i> , 1996 , 39, 411-8	7.9 1391
8	Phase advance in moderately sleepy and alert normals. <i>Sleep</i> , 1996 , 19, 417-22	1.1 21
7	Neuropsychological function in obstructive sleep apnea syndrome (OSAS) compared to chronic obstructive pulmonary disease (COPD). <i>Sleep</i> , 1995 , 18, 382-8	1.1 73
6	Clinical diagnoses in 216 insomnia patients using the International Classification of Sleep Disorders (ICSD), DSM-IV and ICD-10 categories: a report from the APA/NIMH DSM-IV Field Trial. <i>Sleep</i> , 1994 , 17, 630-7	1.1 182
5	Polysomnographic, performance, and personality differences of sleepy and alert normals. <i>Sleep</i> , 1990 , 13, 395-402	1.1 27
4	Sleep extension in sleepy and alert normals. <i>Sleep</i> , 1989 , 12, 449-57	1.1 92
3	Daytime alertness in patients with chronic insomnia compared with asymptomatic control subjects. <i>Sleep</i> , 1988 , 11, 54-60	1.1 247
2	Daytime sleepiness and daytime wakefulness: the effect of instruction. <i>Sleep</i> , 1982 , 5 Suppl 2, S107-18	1.1 40
1	Efficacy of the triple-combination SM-1 in a 5-h phase advance transient insomnia model. <i>Sleep and Biological Rhythms</i> , 1	1.3