

David Markland

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

47
papers

5,683
citations

31
h-index

47
g-index

47
ext. papers

6,503
ext. citations

3.4
avg, IF

5.81
L-index

#	Paper	IF	Citations
47	Motivational Strategies Used by Exercise Professionals: A Latent Profile Analysis. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 895-903	2.5	
46	Perceived Environmental Supportiveness Scale: Portuguese Translation, Validation and Adaptation to the Physical Education Domain. <i>Motriz Revista De Educacao Fisica</i> , 2019 , 25,	0.9	1
45	Stirring the motivational soup: within-person latent profiles of motivation in exercise. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 4	8.4	31
44	Moderators of Implicit-Explicit Exercise Cognition Concordance. <i>Journal of Sport and Exercise Psychology</i> , 2016 , 38, 579-589	1.5	9
43	Perceived social pressures and the internalization of the mesomorphic ideal: The role of drive for muscularity and autonomy in physically active men. <i>Body Image</i> , 2016 , 16, 63-9	7.4	19
42	Using self-determination theory to understand motivation for walking: Instrument development and model testing using Bayesian structural equation modelling. <i>Psychology of Sport and Exercise</i> , 2016 , 23, 90-100	4.2	37
41	I sit because I have fun when I do so! Using self-determination theory to understand sedentary behavior motivation among university students and staff. <i>Health Psychology and Behavioral Medicine</i> , 2016 , 4, 138-154	2.2	15
40	Development of the Exercise Motives and Gains Inventory. <i>Measurement in Physical Education and Exercise Science</i> , 2015 , 19, 53-68	1.9	6
39	Distinguishing perceived competence and self-efficacy: an example from exercise. <i>Research Quarterly for Exercise and Sport</i> , 2014 , 85, 527-39	1.9	57
38	Elucidating the roles of motives and gains in exercise participation.. <i>Sport, Exercise, and Performance Psychology</i> , 2014 , 3, 116-131	2.3	16
37	Motivation, self-determination, and long-term weight control. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012 , 9, 22	8.4	212
36	Exercise, physical activity, and self-determination theory: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012 , 9, 78	8.4	1129
35	Physical activity predicts changes in body image during obesity treatment in women. <i>Medicine and Science in Sports and Exercise</i> , 2012 , 44, 1604-12	1.2	15
34	Exercise autonomous motivation predicts 3-yr weight loss in women. <i>Medicine and Science in Sports and Exercise</i> , 2011 , 43, 728-37	1.2	190
33	Dysfunctional body investment versus body dissatisfaction: Relations with well-being and controlled motivations for obesity treatment. <i>Motivation and Emotion</i> , 2011 , 35, 423-434	2.5	9
32	Body image change and improved eating self-regulation in a weight management intervention in women. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2011 , 8, 75	8.4	32
31	Motives and sun-related behaviour. <i>Journal of Health Psychology</i> , 2010 , 15, 8-20	3.1	20

30	Need support and behavioural regulations for exercise among exercise referral scheme clients: The mediating role of psychological need satisfaction. <i>Psychology of Sport and Exercise</i> , 2010 , 11, 91-99	4.2	113
29	Identifying important practice behaviors for the development of high-level youth athletes: Exploring the perspectives of elite coaches. <i>Psychology of Sport and Exercise</i> , 2010 , 11, 433-443	4.2	18
28	Helping overweight women become more active: Need support and motivational regulations for different forms of physical activity. <i>Psychology of Sport and Exercise</i> , 2010 , 11, 591-601	4.2	77
27	Interpretation of self-talk and post-lecture affective states of higher education students: a self-determination theory perspective. <i>British Journal of Educational Psychology</i> , 2010 , 80, 307-23	3.2	16
26	Toward a three-dimensional conceptualization of performance anxiety: Rationale and initial measurement development. <i>Psychology of Sport and Exercise</i> , 2009 , 10, 271-278	4.2	62
25	Three Levels of Exercise Motivation. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 336-355	6.8	56
24	A randomized controlled trial to evaluate self-determination theory for exercise adherence and weight control: rationale and intervention description. <i>BMC Public Health</i> , 2008 , 8, 234	4.1	121
23	The Sociocultural Attitudes Towards Appearance Questionnaire-3: a confirmatory factor analysis. <i>Body Image</i> , 2008 , 5, 116-21	7.4	31
22	The Development of a Goal Orientation in Exercise Measure (GOEM). <i>Measurement in Physical Education and Exercise Science</i> , 2008 , 12, 55-71	1.9	12
21	The role of motives in exercise participation. <i>Psychology and Health</i> , 2008 , 23, 807-28	2.9	181
20	Movement imagery ability: development and assessment of a revised version of the vividness of movement imagery questionnaire. <i>Journal of Sport and Exercise Psychology</i> , 2008 , 30, 200-21	1.5	198
19	The effects of autonomy-supportive versus controlling environments on self-talk. <i>Motivation and Emotion</i> , 2008 , 32, 200-212	2.5	35
18	The golden rule is that there are no golden rules: A commentary on Paul Barrett's recommendations for reporting model fit in structural equation modelling. <i>Personality and Individual Differences</i> , 2007 , 42, 851-858	3.3	154
17	The relationships between body mass and body image and relative autonomy for exercise among adolescent males and females. <i>Psychology of Sport and Exercise</i> , 2007 , 8, 836-853	4.2	80
16	Why should we exercise when our knees hurt? A qualitative study of primary care patients with osteoarthritis of the knee. <i>Family Practice</i> , 2006 , 23, 558-67	1.9	124
15	Work-related goal perceptions and affective well-being. <i>Journal of Health Psychology</i> , 2005 , 10, 101-22	3.1	9
14	Motivational Interviewing and Self-Determination Theory. <i>Journal of Social and Clinical Psychology</i> , 2005 , 24, 811-831	1.6	399
13	Personality and self-determination of exercise behaviour. <i>Personality and Individual Differences</i> , 2004 , 36, 1921-1932	3.3	73

12	A Modification to the Behavioural Regulation in Exercise Questionnaire to Include an Assessment of Amotivation. <i>Journal of Sport and Exercise Psychology</i> , 2004 , 26, 191-196	1.5	678
11	The development and initial validation of the Exercise Causality Orientations Scale. <i>Journal of Sports Sciences</i> , 2001 , 19, 445-62	3.6	41
10	Research methods in sport and exercise psychology: quantitative and qualitative issues. <i>Journal of Sports Sciences</i> , 2001 , 19, 777-809	3.6	225
9	Self-Determination Moderates the Effects of Perceived Competence on Intrinsic Motivation in an Exercise Setting. <i>Journal of Sport and Exercise Psychology</i> , 1999 , 21, 351-361	1.5	63
8	Exercise motives and stages of change. <i>Journal of Health Psychology</i> , 1998 , 3, 477-89	3.1	145
7	On the factorial and construct validity of the Intrinsic Motivation Inventory: conceptual and operational concerns. <i>Research Quarterly for Exercise and Sport</i> , 1997 , 68, 20-32	1.9	102
6	The measurement of exercise motives: Factorial validity and invariance across gender of a revised Exercise Motivations Inventory. <i>British Journal of Health Psychology</i> , 1997 , 2, 361-376	8.3	204
5	A graded conceptualisation of self-determination in the regulation of exercise behaviour: Development of a measure using confirmatory factor analytic procedures. <i>Personality and Individual Differences</i> , 1997 , 23, 745-752	3.3	308
4	Variations in Self-Determination Across the Stages of Change for Exercise in Adults. <i>Motivation and Emotion</i> , 1997 , 21, 349-362	2.5	144
3	Responses to Physical Exertion in Active and Inactive Males and Females. <i>Journal of Sport and Exercise Psychology</i> , 1994 , 16, 178-186	1.5	44
2	The exercise motivations inventory: Preliminary development and validity of a measure of individuals' reasons for participation in regular physical exercise. <i>Personality and Individual Differences</i> , 1993 , 15, 289-296	3.3	124
1	Anxiety, relaxation and anaesthesia for day-case surgery. <i>British Journal of Clinical Psychology</i> , 1993 , 32, 493-504	3.6	48