Kian F Wong

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/11390037/publications.pdf

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		1684188	1872680	
6	118	5	6	
papers	citations	h-index	g-index	
6	6	6	142	
all docs	docs citations	times ranked	citing authors	

#	Article	lF	CITATIONS
1	Sleep after learning aids the consolidation of factual knowledge, but not relearning. Sleep, 2021, 44, .	1.1	1
2	Multi-Night Sleep Restriction Impairs Long-Term Retention of Factual Knowledge in Adolescents. Journal of Adolescent Health, 2019, 65, 549-557.	2.5	11
3	Does splitting sleep improve long-term memory in chronically sleep deprived adolescents?. Npj Science of Learning, 2019, 4, 8.	2.8	16
4	The long-term memory benefits of a daytime nap compared with cramming. Sleep, 2019, 42, .	1.1	21
5	Towards an Objective Measure of Mindfulness: Replicating and Extending the Features of the Breath-Counting Task. Mindfulness, 2018, 9, 1402-1410.	2.8	44
6	Positive Effects of Mindfulness-Based Training on Energy Maintenance and the EEG Correlates of Sustained Attention in a Cohort of Nurses. Frontiers in Human Neuroscience, 2018, 12, 80.	2.0	25