

# Lee M Ashton

## List of Publications by Year in descending order

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Version: 2024-02-01

39  
papers

2,527  
citations

471061

17  
h-index

288905

40  
g-index

41  
all docs

41  
docs citations

41  
times ranked

5819  
citing authors

#	ARTICLE	IF	CITATIONS
1	Workplace wellness programs targeting weight outcomes in men: A scoping review. <i>Obesity Reviews</i> , 2022, 23, e13410.	3.1	5
2	Gender differences in social desirability and approval biases, and associations with diet quality in young adults.. <i>Appetite</i> , 2022, 175, 106035.	1.8	8
3	Engaging New Parents in the Development of a Peer Nutrition Education Model Using Participatory Action Research. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 102.	1.2	3
4	Online reach and engagement of a child nutrition peer-education program (PICNIC): insights from social media and web analytics. <i>BMC Public Health</i> , 2022, 22, 836.	1.2	3
5	Are health behaviors associated with academic performance among tertiary education students? A systematic review of cohort studies. <i>Journal of American College Health</i> , 2022, , 1-13.	0.8	2
6	Impact of weight management nutrition interventions on dietary outcomes in children and adolescents with overweight or obesity: a systematic review with meta-analysis. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 147-177.	1.3	18
7	Process Evaluation of the "No Money No Time" Healthy Eating Website Promoted Using Social Marketing Principles. A Case Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3589.	1.2	6
8	Recruiting and retaining young adults: what can we learn from behavioural interventions targeting nutrition, physical activity and/or obesity? A systematic review of the literature. <i>Public Health Nutrition</i> , 2021, 24, 5686-5703.	1.1	21
9	Effectiveness of interventions and behaviour change techniques for improving physical activity in young adults: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2021, 39, 1754-1771.	1.0	11
10	Macronutrient Intake in Pregnancy and Child Cognitive and Behavioural Outcomes. <i>Children</i> , 2021, 8, 425.	0.6	3
11	eHealth interventions targeting nutrition, physical activity, sedentary behavior, or obesity in adults: A scoping review of systematic reviews. <i>Obesity Reviews</i> , 2021, 22, e13295.	3.1	33
12	Do disparities exist between national food group recommendations and the dietary intakes of contemporary young adults?. <i>Nutrition and Dietetics</i> , 2021, 78, 524-534.	0.9	2
13	Health and wellness in the Australian coal mining industry: A cross sectional analysis of baseline findings from the RESHAPE workplace wellness program. <i>PLoS ONE</i> , 2021, 16, e0252802.	1.1	9
14	Increasing Fruit and Vegetable Variety over Time Is Associated with Lower 15-Year Healthcare Costs: Results from the Australian Longitudinal Study on Women's Health. <i>Nutrients</i> , 2021, 13, 2829.	1.7	5
15	eHealth interventions targeting nutrition, physical activity, sedentary behavior, and/or obesity among children: A scoping review of systematic reviews and meta-analyses. <i>Obesity Reviews</i> , 2021, 22, e13331.	3.1	17
16	Dietary Outcomes of the "Healthy Youngsters, Healthy Dads" Randomised Controlled Trial. <i>Nutrients</i> , 2021, 13, 3306.	1.7	5
17	Latent Class Analysis of Multiple Health Risk Behaviors among Australian University Students and Associations with Psychological Distress. <i>Nutrients</i> , 2021, 13, 425.	1.7	28
18	Effectiveness of gender-targeted versus gender-neutral interventions aimed at improving dietary intake, physical activity and/or overweight/obesity in young adults (aged 17-35 years): a systematic review and meta-analysis. <i>Nutrition Journal</i> , 2020, 19, 78.	1.5	29

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19	Do the Dietary Intakes of Pregnant Women Attending Public Hospital Antenatal Clinics Align with Australian Guide to Healthy Eating Recommendations?. <i>Nutrients</i> , 2020, 12, 2438.	1.7	19
20	Development of the Home Cooking Environment and Equipment Inventory Observation form (Home-CookERITM): An Assessment of Content Validity, Face Validity, and Inter-Rater Agreement. <i>Nutrients</i> , 2020, 12, 1853.	1.7	2
21	Which behaviour change techniques within interventions to prevent weight gain and/or initiate weight loss improve adiposity outcomes in young adults? A systematic review and meta-analysis of randomized controlled trials. <i>Obesity Reviews</i> , 2020, 21, e13009.	3.1	38
22	Effectiveness of Interventions and Behaviour Change Techniques for Improving Dietary Intake in Young Adults: A Systematic Review and Meta-Analysis of RCTs. <i>Nutrients</i> , 2019, 11, 825.	1.7	64
23	Issues in Measuring and Interpreting Diet and Its Contribution to Obesity. <i>Current Obesity Reports</i> , 2019, 8, 53-65.	3.5	7
24	The comparative validity of a brief diet screening tool for adults: The Fruit And Vegetable Variety index (FAVVA). <i>Clinical Nutrition ESPEN</i> , 2019, 29, 189-197.	0.5	10
25	Effectiveness of brief nutrition interventions on dietary behaviours in adults: A systematic review. <i>Appetite</i> , 2018, 120, 335-347.	1.8	62
26	Update of the best practice dietetic management of overweight and obese children and adolescents. <i>JBI Database of Systematic Reviews and Implementation Reports</i> , 2018, 16, 1495-1502.	1.7	3
27	A Targeted and Tailored eHealth Weight Loss Program for Young Women: The Be Positive Be Healthy Randomized Controlled Trial. <i>Healthcare (Switzerland)</i> , 2018, 6, 39.	1.0	31
28	Is Skin Coloration Measured by Reflectance Spectroscopy Related to Intake of Nutrient-Dense Foods? A Cross-Sectional Evaluation in Australian Young Adults. <i>Nutrients</i> , 2018, 10, 11.	1.7	33
29	Feasibility and preliminary efficacy of the "HEYMAN" healthy lifestyle program for young men: a pilot randomised controlled trial. <i>Nutrition Journal</i> , 2017, 16, 2.	1.5	78
30	A systematic review of eHealth behavioral interventions targeting smoking, nutrition, alcohol, physical activity and/or obesity for young adults. <i>Preventive Medicine</i> , 2017, 99, 197-206.	1.6	108
31	Motivators and Barriers to Engaging in Healthy Eating and Physical Activity. <i>American Journal of Men's Health</i> , 2017, 11, 330-343.	0.7	107
32	Young Men's Preferences for Design and Delivery of Physical Activity and Nutrition Interventions: A Mixed-Methods Study. <i>American Journal of Men's Health</i> , 2017, 11, 1588-1599.	0.7	14
33	Comparison of Australian Recommended Food Score (ARFS) and Plasma Carotenoid Concentrations: A Validation Study in Adults. <i>Nutrients</i> , 2017, 9, 888.	1.7	32
34	Young adult males' motivators and perceived barriers towards eating healthily and being active: a qualitative study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 93.	2.0	89
35	A systematic review of SNAPO (Smoking, Nutrition, Alcohol, Physical activity and Obesity) randomized controlled trials in young adult men. <i>Preventive Medicine</i> , 2015, 81, 221-231.	1.6	24
36	The use and reporting of primary and secondary outcome measures in trials evaluating childhood obesity treatment interventions. <i>BMC Obesity</i> , 2014, 1, .	3.1	3

#	ARTICLE	IF	CITATIONS
37	A scoping review of risk behaviour interventions in young men. BMC Public Health, 2014, 14, 957.	1.2	27
38	Systematic review to identify and appraise outcome measures used to evaluate childhood obesity treatment interventions (CoOR): evidence of purpose, application, validity, reliability and sensitivity. Health Technology Assessment, 2014, 18, 1-380.	1.3	1,553
39	Framework of outcome measures recommended for use in the evaluation of childhood obesity treatment interventions: the <sc>CoOR</sc> framework. Pediatric Obesity, 2014, 9, e116-31.	1.4	12