

Lee M Ashton

List of Publications by Year in descending order

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Version: 2024-02-01

39
papers

2,527
citations

471061

17
h-index

288905

40
g-index

41
all docs

41
docs citations

41
times ranked

5819
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic review to identify and appraise outcome measures used to evaluate childhood obesity treatment interventions (CoOR): evidence of purpose, application, validity, reliability and sensitivity. <i>Health Technology Assessment</i> , 2014, 18, 1-380.	1.3	1,553
2	A systematic review of eHealth behavioral interventions targeting smoking, nutrition, alcohol, physical activity and/or obesity for young adults. <i>Preventive Medicine</i> , 2017, 99, 197-206.	1.6	108
3	Motivators and Barriers to Engaging in Healthy Eating and Physical Activity. <i>American Journal of Men's Health</i> , 2017, 11, 330-343.	0.7	107
4	Young adult males'™ motivators and perceived barriers towards eating healthily and being active: a qualitative study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 93.	2.0	89
5	Feasibility and preliminary efficacy of the 'HEYMAN'™ healthy lifestyle program for young men: a pilot randomised controlled trial. <i>Nutrition Journal</i> , 2017, 16, 2.	1.5	78
6	Effectiveness of Interventions and Behaviour Change Techniques for Improving Dietary Intake in Young Adults: A Systematic Review and Meta-Analysis of RCTs. <i>Nutrients</i> , 2019, 11, 825.	1.7	64
7	Effectiveness of brief nutrition interventions on dietary behaviours in adults: A systematic review. <i>Appetite</i> , 2018, 120, 335-347.	1.8	62
8	Which behaviour change techniques within interventions to prevent weight gain and/or initiate weight loss improve adiposity outcomes in young adults? A systematic review and meta-analysis of randomized controlled trials. <i>Obesity Reviews</i> , 2020, 21, e13009.	3.1	38
9	Is Skin Coloration Measured by Reflectance Spectroscopy Related to Intake of Nutrient-Dense Foods? A Cross-Sectional Evaluation in Australian Young Adults. <i>Nutrients</i> , 2018, 10, 11.	1.7	33
10	eHealth interventions targeting nutrition, physical activity, sedentary behavior, or obesity in adults: A scoping review of systematic reviews. <i>Obesity Reviews</i> , 2021, 22, e13295.	3.1	33
11	Comparison of Australian Recommended Food Score (ARFS) and Plasma Carotenoid Concentrations: A Validation Study in Adults. <i>Nutrients</i> , 2017, 9, 888.	1.7	32
12	A Targeted and Tailored eHealth Weight Loss Program for Young Women: The Be Positive Be Health Randomized Controlled Trial. <i>Healthcare (Switzerland)</i> , 2018, 6, 39.	1.0	31
13	Effectiveness of gender-targeted versus gender-neutral interventions aimed at improving dietary intake, physical activity and/or overweight/obesity in young adults (aged 17-35 years): a systematic review and meta-analysis. <i>Nutrition Journal</i> , 2020, 19, 78.	1.5	29
14	Latent Class Analysis of Multiple Health Risk Behaviors among Australian University Students and Associations with Psychological Distress. <i>Nutrients</i> , 2021, 13, 425.	1.7	28
15	A scoping review of risk behaviour interventions in young men. <i>BMC Public Health</i> , 2014, 14, 957.	1.2	27
16	A systematic review of SNAPO (Smoking, Nutrition, Alcohol, Physical activity and Obesity) randomized controlled trials in young adult men. <i>Preventive Medicine</i> , 2015, 81, 221-231.	1.6	24
17	Recruiting and retaining young adults: what can we learn from behavioural interventions targeting nutrition, physical activity and/or obesity? A systematic review of the literature. <i>Public Health Nutrition</i> , 2021, 24, 5686-5703.	1.1	21
18	Do the Dietary Intakes of Pregnant Women Attending Public Hospital Antenatal Clinics Align with Australian Guide to Healthy Eating Recommendations?. <i>Nutrients</i> , 2020, 12, 2438.	1.7	19

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19	Impact of weight management nutrition interventions on dietary outcomes in children and adolescents with overweight or obesity: a systematic review with meta-analysis. <i>Journal of Human Nutrition and Dietetics</i> , 2021, 34, 147-177.	1.3	18
20	e&#amp;mHealth interventions targeting nutrition, physical activity, sedentary behavior, and/or obesity among children: A scoping review of systematic reviews and meta-analyses. <i>Obesity Reviews</i> , 2021, 22, e13331.	3.1	17
21	Young Men's Preferences for Design and Delivery of Physical Activity and Nutrition Interventions: A Mixed-Methods Study. <i>American Journal of Men's Health</i> , 2017, 11, 1588-1599.	0.7	14
22	Framework of outcome measures recommended for use in the evaluation of childhood obesity treatment interventions: the <sc>CoOR</sc> framework. <i>Pediatric Obesity</i> , 2014, 9, e116-31.	1.4	12
23	Effectiveness of interventions and behaviour change techniques for improving physical activity in young adults: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2021, 39, 1754-1771.	1.0	11
24	The comparative validity of a brief diet screening tool for adults: The Fruit And Vegetable Variety index (FAVVA). <i>Clinical Nutrition ESPEN</i> , 2019, 29, 189-197.	0.5	10
25	Health and wellness in the Australian coal mining industry: A cross sectional analysis of baseline findings from the RESHAPE workplace wellness program. <i>PLoS ONE</i> , 2021, 16, e0252802.	1.1	9
26	Gender differences in social desirability and approval biases, and associations with diet quality in young adults.. <i>Appetite</i> , 2022, 175, 106035.	1.8	8
27	Issues in Measuring and Interpreting Diet and Its Contribution to Obesity. <i>Current Obesity Reports</i> , 2019, 8, 53-65.	3.5	7
28	Process Evaluation of the "No Money No Time" Healthy Eating Website Promoted Using Social Marketing Principles. A Case Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3589.	1.2	6
29	Increasing Fruit and Vegetable Variety over Time Is Associated with Lower 15-Year Healthcare Costs: Results from the Australian Longitudinal Study on Women's Health. <i>Nutrients</i> , 2021, 13, 2829.	1.7	5
30	Dietary Outcomes of the "Healthy Youngsters, Healthy Dads" Randomised Controlled Trial. <i>Nutrients</i> , 2021, 13, 3306.	1.7	5
31	Workplace wellness programs targeting weight outcomes in men: A scoping review. <i>Obesity Reviews</i> , 2022, 23, e13410.	3.1	5
32	The use and reporting of primary and secondary outcome measures in trials evaluating childhood obesity treatment interventions. <i>BMC Obesity</i> , 2014, 1, .	3.1	3
33	Update of the best practice dietetic management of overweight and obese children and adolescents. <i>JBIC Database of Systematic Reviews and Implementation Reports</i> , 2018, 16, 1495-1502.	1.7	3
34	Macronutrient Intake in Pregnancy and Child Cognitive and Behavioural Outcomes. <i>Children</i> , 2021, 8, 425.	0.6	3
35	Engaging New Parents in the Development of a Peer Nutrition Education Model Using Participatory Action Research. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 102.	1.2	3
36	Online reach and engagement of a child nutrition peer-education program (PICNIC): insights from social media and web analytics. <i>BMC Public Health</i> , 2022, 22, 836.	1.2	3

#	ARTICLE	IF	CITATIONS
37	Development of the Home Cooking Environment and Equipment Inventory Observation form (Home-CookERITM): An Assessment of Content Validity, Face Validity, and Inter-Rater Agreement. <i>Nutrients</i> , 2020, 12, 1853.	1.7	2
38	Do disparities exist between national food group recommendations and the dietary intakes of contemporary young adults?. <i>Nutrition and Dietetics</i> , 2021, 78, 524-534.	0.9	2
39	Are health behaviors associated with academic performance among tertiary education students? A systematic review of cohort studies. <i>Journal of American College Health</i> , 2022, , 1-13.	0.8	2